Public Health and Health Education in Indonesia
Overseas Program:
June 4 - 22, 2012

Mandatory Pre- and Post-Program Meetings:
February 6, March 5, April 2, May 14 and August 27

This study abroad program is coordinated by the Northern Illinois University Study Abroad Office (SAO), in cooperation with the NIU College of Health and Human Sciences and School of Nursing and Health Studies and faculty of Public Health at Hasanuddin University in Makassar, Indonesia.

PROGRAM DATES: The program will officially begin with introductory class sessions at Northern Illinois University on February 6, 2012. The sessions will prepare the participants for travel to Indonesia and familiarize them with the format of the program. The overseas component of the program will officially begin in Makassar, Indonesia on Monday, June 4. Students will be responsible for making their own travel arrangements in order to arrive in Makassar, Indonesia on Monday, June 4. The overseas component of the program will end June 22, 2012 with departure from Makassar, Indonesia. A post-program class will be held on August 27, 2012. At this time students will be able to present their projects/activities to other students and faculty.

PROGRAM DIRECTOR: Professor Tomoyuki Shibata professor of Public Health in the NIU College of Health and Human Sciences will serve as the director of the program. This program was developed by a graduate student (class of 2012), Lindsey Watson and Dr. Shibata.

Professor Shibata is affiliated with the Center for Southeast Asia Studies and is partners with the Institute for the Study of the Environment, Sustainability and Energy. Professor Shibata’s specialty is environmental health. He received his Master’s in Environmental Health and Safety and his doctoral degree in Civil Engineering from the University of Miami in Coral Gables, Florida.

PROGRAM OVERVIEW/OBJECTIVES: The primary purpose of this program is to provide participants with a unique opportunity to explore a variety of experiences Indonesia has to offer. Each individual needs to have their own individual goal that they would like to accomplish. Specific goals will need to be approved by the director of the program prior to the overseas component of this program. Participants will be paired with students from Hasanuddin University (Makassar, Indonesia) based on their academic background and goals. Students will have the opportunity to intern with professionals depending on their academic background.
PROGRAM SITE(S): The program will take place in Indonesia, specifically in South Sulawesi. The majority of the time will be spent in Makassar, Indonesia. Indonesia is a country in Southeast Asia. Neighboring countries include Papau New Guinea, Australia, Philippines and Singapore. Makassar, Indonesia is the capital of Sulawesi and is located in the province of South Sulawesi. Many languages are spoken in Indonesia, however, Bahasa Indonesian is recognized as the official language of Indonesia. Most locals have limited English conversation skills. However, most locals are able to communicate using written English. This program will work in collaboration with Hasanuddin University in Makassar, Indonesia. Lessons and meetings will take place at the university. Field trips and other sites will depend on the students’ academic concentration/specialization.

HIGHLIGHTS:
This study abroad program offers several exciting highlights including:

- Internships with professionals depending on their area of interest
- Participate in on-going research and individual projects
- Tour of Fort Rotterdam to explore Dutch architecture (http://www.forumms.com/makassar.htm)
- A day trip to Air Terjun Bantimurung and Gua Leang Leang to see beautiful waterfalls and explore caves noted for their ancient paintings (http://www.omagnews.com/2011/05/bantimurung-waterfall-south-sulawesi.html)
- A weekend trip to Tana Toraja (the most popular destination in Sulawesi). Here students will be able to experience traditional villages, unique architecture, and interesting cultures. (http://www.trips-indonesia.com/files/toraja/index.htm)
- An optional weekend trip to Bali!

*To see more photos of our trip in the previous year (2011), visit us on Facebook at: http://www.facebook.com/pages/NIU-Study-Abroad-in-Indonesia/152539188148284
PROGRAM AUDIENCE: This study abroad program is intended for undergraduate and graduate students as well as students-at-large. Students from all academic backgrounds and other universities are encouraged to apply. While the program director’s background is in environmental/public health, students from a variety of academic backgrounds can benefit from this program. The following are examples of majors that could benefit from this study abroad program.

- Public Health Major:
  o Learn about the various public health issues affecting Indonesia
  o Participate in research and health promotion projects
- Nursing/Pre-Med/and other medical field majors:
  o Observe and gain experience in hospitals and health care settings
- Nutrition Major:
  o Participate in community nutrition programs
- Geography Major:
  o Participate in an on-going research project related to medical geography
- Environmental Major:
  o Participate in an on-going research project related to environmental pollution
- Southeast Asian Studies Major:
  o Learn Indonesian culture and practice the Indonesian language

Students from other fields who are interested in learning and doing research in Indonesia are strongly encouraged to apply. Please contact the program director for further information.

INSTRUCTION METHOD: Professor Tomoyuki Shibata will serve as the instructor for the course. The course will include four pre-departure meetings, 3 weeks in Indonesia and one post-meeting for presentations in the fall semester. Pre and post travel classes will be held in the Wirtz building and will last one to two hours each. During the first meeting information dealing with travel logistics will be discussed and the director will discuss the format of the program. During the second, third and fourth pre-travel meetings the students will discuss their area of focus and intended study/research plan.

While in Indonesia, instruction will be provided by Professor Shibata and by faculty from Hasanuddin University. There will be daily meetings to provide students with time for questions/answers and discussion. Upon returning, students will complete a written assignment and a formal presentation of their project and experiences.

PROGRAM ACADEMIC CREDIT: For satisfactory participation in the program, participants will receive 3 semester hours of undergraduate or graduate credit in one of the following NIU courses.
UNDERGRADUATE CREDIT:

PHHE 473  Topics in Public Health and Health Education  3 semester hours

**Description:** Examination of contemporary issues and problems in public health and health education. May be repeated to a maximum of 6 semester hours.

GRADUATE CREDIT:

PHHE 697  Independent Study in Public Health and Health Education  3 semester hours

**Description:** Independent study of current topics in public health and health education under faculty supervision. May be repeated to a maximum of 6 semester hours.

**Prerequisite:** Consent of school.

APPLICATION AND ADMISSION PROCEDURES: The program is open to all NIU students and students at large who meet the NIU general admission requirements and who are interested in public health and Indonesian culture. Currently enrolled students must meet College of Health and Human Sciences course GPA requirements. Graduate level students must also meet NIU Graduate School admission, course and GPA requirements.

Students must be in good academic and disciplinary standing at the time of application. Students who are on academic or disciplinary probation are not eligible to participate in study abroad programs. **Applicants must participate in the entire program and satisfy NIU undergraduate or graduate admission and course requirements.**

Students cannot have any encumbrances against their NIU records. Any encumbrances placed on a student’s records by NIU (i.e., the Graduate School, Undergraduate Admissions, Bursar’s Office, Accounts Receivable, Registration and Records, Health Services, Parking Services, etc.) must be cleared before a student is granted admission to a study abroad program.

For undergraduate students to be admitted to the program, an applicant’s official transcript must be on file in the NIU Study Abroad Office. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript; the Study Abroad Office will make this request on behalf of the applicant. Students who want to participate in the program and earn academic credit from NIU who have not previously enrolled at NIU, or who are not currently enrolled at NIU, should ask the Registrar at their institution to forward an official transcript as soon as possible to the Study Abroad Office. (Student-issued transcripts and photocopies are not acceptable.) Questions relating to the admission requirements or transcripts should be directed to the Study Abroad Office.

Students who desire to obtain graduate credit must either be admitted to a graduate program within the NIU Graduate School, or be admitted to the status of a "student-at-large" (SAL) within NIU's Graduate School. For students to be admitted to the program for graduate credit, the applicant's
official transcript must be on file in the NIU SAO. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript. However, students who will participate in the program in order to earn academic credit as a SAL (students who have not currently enrolled, nor are previously enrolled at NIU) must provide a transcript from the baccalaureate institution and from any institution at which graduate credit has been earned. This document must be provided to the SAO before a student can be admitted as a SAL to the program. (Student issued transcripts and photocopies are not acceptable.)

**APPLICATION FORMS AND DEPOSIT:** Applicants must submit the following at the time of application:

1. Application for NIU Administered/Faculty Directed Study Abroad Programs
2. Student Application Agreement
3. Release of Disciplinary Records and Information Form
4. Course Preference Form
5. $200 deposit/application fee
6. Four (4) of passport size photos for visa
7. A clear and readable copy of the first page of passport *(if student already has a passport)*

**$200 APPLICATION FEE/DEPOSIT:** Each application must be accompanied by a $200 check or money order made payable to NIU. NIU students also have the option of authorizing the Business Manager of International Programs to charge the $200 application fee/deposit to their account at the NIU Bursar’s Office. The $200 is broken down into $100 for the non-refundable application fee and $100 for a program deposit. The $100 deposit is refundable only if the participant withdraws prior to the withdrawal deadline indicated on the program materials or for medical reasons if the withdrawal is after the withdrawal deadline. Both the application fee and the deposit will be applied to the total balance of the program cost.

Applications that are not accompanied by the $200 application fee/deposit will be returned to the sender. (This $200 is also required of individuals who will be applying for financial aid.)

**APPLICATION DEADLINE:** March 1, 2012. Students should be advised that this program has limited enrollment. Early application is strongly encouraged. Late applications are not recommended, however, if space is available, late applications will be considered on a case-by-case basis.

**ACCOMMODATIONS AND MEALS:** Participants will reside in hotels and the guest house at Hasanuddin University. Accommodations are included in the program cost. Students will be responsible for their own meals.

**AIR TRANSPORTATION:** Individuals will be responsible for making their own air travel arrangements between the U.S. and Makassar, Indonesia and for purchasing their tickets from a travel agent or airline of their choice. (Travel insurance is recommended.) Participants should keep in mind that in order to arrive in Makassar, Indonesia in time for the official beginning of the program, they should typically plan to depart the U.S. no later than June 1, 2012.
For information regarding airfares and airlines students may wish to check-out additional airfare sites on the Internet.

**Important** - The Study Abroad Office advises all participants that flight reservations for this program should not be booked until:

a. After the March 1, 2012 application deadline

   AND

b. The SAO has accepted the minimum number of participants needed to operate this program.

c. This advisory is given so that participants do not find themselves financially responsible for airline tickets should it be necessary to cancel the program. (See section entitled, **CANCELLATION OF THE PROGRAM**)

**LAND TRANSPORTATION**: For program-related travel the group will travel by city bus, charter boat and taxi.

**PASSPORT**: --IMPORTANT--All participants are required to possess a valid passport by April 15, 2012. Important Note: U.S. passports must be valid SIX months beyond the intended stay overseas. Individuals who do not currently possess a valid passport should apply for one immediately upon acceptance into the program. Passport applications can take anywhere from two to six weeks to process therefore do not delay in applying for your passport. Information on acquiring a U.S. passport is available at the U.S. State Department’s website: http://travel.state.gov/passport/passport_1738.html. Foreign passport holders may need special visas for travel and are responsible for obtaining all necessary visas.

**VISA**: A tourist visa is required and will be purchased at the airport in Indonesia.

**HEALTH REQUIREMENTS/VACCINATIONS**: In order to enter Indonesia, students will be required to obtain the following immunizations: Hepatitis A, typhoid and polio. TB testing pre and post travel is also required. The NIU University Health Service can administer most immunizations. Contact the NIU University Health Service at least eight weeks before your program to allow time for immunizations to take effect. The NIU University Health Service can advise students on what immunizations are required and can administer most immunizations. Most immunizations require a fee. Consult the Travel Clinic several months before you travel. Some vaccines need to be given over a period of months, so participants in this program must **START EARLY**!

**NIU MAJOR MEDICAL INSURANCE**: NIU Student health insurance is required for participation in an NIU study abroad program. Participants not currently enrolled in the NIU Major Medical Insurance Plan will be enrolled by the Study Abroad Office. The NIU Major Medical Insurance Plan has a $250 deductible clause. Students requiring medical attention will be expected to pay any related costs and then file a claim with the NIU Student Insurance Office after returning to the States. Receipts showing payment for all medical expenses are required for reimbursement.
INTERNATIONAL STUDENT I.D. CARD: The ISIC card is provided as part of the program cost. The I.D. card can provide discount on international airfare and other travel. Students will receive an application and instructions for obtaining this card when accepted into the program.

The International Student Identity Card also includes a limited health and accident insurance policy which is only valid outside the U.S. Students will have to pay bills at the time of treatment and will be reimbursed later.

NIU PROGRAM COST: The program cost includes the following:

1. Hotel or guesthouse accommodations
2. Land transportation in Indonesia
3. Visa to enter Indonesia
4. Admission fees to cultural and historical sites visited as part of the daily schedule
5. International Student I.D.
6. NIU tuition for undergraduate or graduate credit
7. NIU major medical insurance

PROGRAM COST: $4,490

All prices quoted are subject to change. The information contained in the program documents and forms is presented in good faith and is believed to be correct as of the date presented. Northern Illinois University reserves the right to amend, modify, revise, or delete any information appearing in these documents, including but not limited to the cost of the program.

Non-NIU students should consult with their home institutions regarding additional costs that may apply to study abroad. Non-NIU students are responsible for any study abroad charges imposed by their home institution.

ADDITIONAL COSTS TO PARTICIPANTS:

- Airfare
- Cost of acquiring a passport (approximately $135, including 2 passport pictures).
- Passport size photos.
- Additional costs associated with obtaining a visa for non-U.S. passport holders.
- Immunization fees (if immunizations are required)
- $40 Undergraduate application fee for non-NIU undergraduate students.
- Independent travel and visa costs associated with independent travel.
- Expenses for free-time pursuits.
- Expenses and purchases of a personal nature.
NIU UNDERGRADUATE APPLICATION FEE: (Applies to Non-NIU students only):
There is a $40 non-refundable Undergraduate Application fee for students applying to NIU for
the first time. If you are currently enrolled at NIU as a degree-seeking undergraduate student,
you are not required to submit this payment.

If you are applying to NIU for the first time you will be provided with a link in your acceptance
packet that will guide you to the online NIU Undergraduate Application. In the online
application you will be asked to pay the $40 application fee by credit card or check.

FINANCIAL AID: As a participant in a study abroad program through NIU, applicants may be
eligible for: Pell Grant, SEOG, Perkins Loan, PLUS Loan, Subsidized or Unsubsidized Stafford
Loan, MAP Award or your privately awarded scholarship with consent of awarding organization.

Please contact Pamela Rosenberg, International Programs Business Manager, Williston Hall 407,
(815) 753-9530, prosenberg@niu.edu for more information.

WITHDRAWAL FROM THE PROGRAM: Applicants withdrawing from the program
after March 1, 2012 will not be refunded the $200 program deposit.

Applicants withdrawing from the program after this date will also be held accountable for
any funds obligated to overseas vendors and agents on the applicant’s behalf. This provision
is in effect even if the applicant has not submitted the $200 deposit or additional payments,
and if the applicant is applying for financial aid.

If the applicant must withdraw after March 1, 2012 for medical reasons, funds obligated on
their behalf to overseas vendors can only be refunded if:

1) The request is submitted to the Study Abroad Office in writing and
accompanied by a signed statement stating that travel is not advised from a
physician on the physician’s letterhead; and
2) NIU is able to obtain refunds from overseas vendors and agents.

CANCELLATION OF THE PROGRAM: The Study Abroad Office reserves the right to
cancel this program if the minimum required enrollment is not attained. If, prior to the
commencement of the program, a U.S. State Department Travel Warning is issued for Indonesia
all applicants will be notified promptly of the warning and the possibility of cancellation of the
program. If, during the course of the program, a U.S. State Department Travel Warning is issued
for Indonesia, students will be promptly notified of the warning and the advisability of canceling
the program.

NORTHERN ILLINOIS UNIVERSITY RESERVES THE RIGHT TO ALTER
OR CANCEL THIS PROGRAM AS MAY BE DEEMED NECESSARY!
TENTATIVE DAILY SCHEDULE
Public Health and Health Education in Indonesia
June 4 – 22, 2012

Friday, June 1: Leave for Indonesia
Week 1 (Monday, June 4):
  ▪ Weekday:
    o Core:
      ▪ Meeting with Dr. Shibata and faculty members and students from Hasanuddin University
      ▪ Lecture
      ▪ Field trip
    o Individual:
      ▪ (For example) Visit public facility (e.g. health center, community center)
      ▪ Individual activity based on participants interests
  ▪ Weekend:
    o Visit to Fort Rotterdam
    o Day trip to Terjun Bantimurung and Gua Leang Leang

Week 2 (Monday, June 11):
  ▪ Weekday:
    o Core:
      ▪ Lecture
      ▪ Field trip- For example, a visit to low socioeconomic neighborhoods (e.g. landfill, slum, improved community and street market)
      ▪ Homestay
    o Individual:
      ▪ Individual activity based on participants interests
      ▪ Internships with professional depending on area of interest
  ▪ Weekend:
    o Trip to Traja

Week 3 (Monday, June 18):
  ▪ Weekday:
    o Core:
      ▪ Lecture
      ▪ Field trip
      ▪ Closing meeting/reception
    o Individual:
      ▪ Individual activity based on participants interests
    o Closing reception (Friday, June 22)
      ▪ Presentations
      ▪ Farewell party

Saturday, June 23: Leave for Chicago
  • Option: Trip to Bali