You may choose to continue your pregnancy and raise the baby yourself.

You may feel overwhelmed at this prospect, but there are various resources available to help you: classes on pregnancy, childbirth, and parenting skills, as well as agencies to help you find adequate medical care, maternity and infant clothing, and furniture; and to lend a helping hand or listening ear when you need it. Family members may initially be shocked by the news, and may initially express disappointment or even anger, but in the long run most families will be supportive and helpful.

You may choose to continue your pregnancy and place your baby for adoption.

There are thousands of couples anxiously awaiting a baby. If you feel financially, emotionally, and physically unable to care for your baby, this may be an excellent choice. Adoption involves a personal commitment to provide a healthy environment as you carry your pregnancy.

You may choose to terminate the pregnancy.

Abortion puts an end to a pregnancy. It is performed by a licensed physician or surgeon. Prices for abortions vary from clinic to clinic and are based on the length of pregnancy, anesthesia choices, and other variables. You therefore need to contact individual abortion clinics directly for this information. If you choose abortion, it is best to have it done in the first trimester (first 3 months).
If you choose to continue your pregnancy:

- **Family Case Management Program**: located at the DeKalb County Health Department, 2550 N. Annie Glidden Road, DeKalb; (815) 748-2475. You must call to make an appointment. This program is designed to provide early prenatal care to pregnant women. An application needs to be filled out to determine financial eligibility for this program. [www.dekalbcounty.org/Health/Women/family_case_management](http://www.dekalbcounty.org/Health/Women/family_case_management)

- **The Nurturing Network**: International charitable organization designed to meet the needs of all pregnant women with a special emphasis on assisting college and working women. Toll free phone number is (800) TNN-4MOM. [www.nurturingnetwork.org](http://www.nurturingnetwork.org)

- **The Cradle**: provides options counseling and helps to arrange adoptions. A counselor will meet with you personally and confidentially in DeKalb. The toll free number is (800) 272-3534. [www.TheCradle.org](http://www.TheCradle.org)

- For a list of licensed adoption agencies in Illinois: [www.state.il.us/dcfs/adoption/a_adoption_la.shtml](http://www.state.il.us/dcfs/adoption/a_adoption_la.shtml)

If you choose to terminate your pregnancy:

- **Planned Parenthood of Illinois**: Locations in Aurora, Chicago, Champaign & Springfield. Call (800) 230-7526. [www.plannedparenthood.org](http://www.plannedparenthood.org)

- **Family Planning Associates**: Chicago, IL (800) 541-0356 [www.fpachicago.com](http://www.fpachicago.com)

- **ACU Health Center**: located at 736 N. York Road, Hinsdale, IL (888) 794-8822 [www.acuhealthcenter.com](http://www.acuhealthcenter.com)

- **The Hope Clinic for Women**: 1602 21st St., Granite City, IL (800) 844-3130 [www.hopeclinic.com](http://www.hopeclinic.com)