Northern Illinois University

Testing Services
and
School of Family & Consumer Sciences

HDFS 280 Human Development, the Family and Society Proficiency Examination

Course Description: A survey of human growth and development from conception to death with emphasis on interaction and socialization process.

Proficiency exam: The examination consists of 123 multiple choice items. Two hours of testing time are allowed. The minimum passing score is 98 test items answered correctly (and 80%). Upon successful completion of the examination, three (3) hours of credit for HDFS 280, Human Development, the Family and Society will be granted.

Note: Students may not earn proficiency credit for a course for which they have received credit; nor may they receive credit for courses which substantially overlap or are prerequisite to any in which they are enrolled or for which they have received credit. Normally, a student may attempt to gain proficiency credit for a particular course only once (Academic Regulations, Proficiency Examinations).

Registration: This exam must be scheduled in advance with Testing Services, www.niu.edu/testing, 815-753-1203, testing@niu.edu.

Results: Results will be available immediately following completion of the exam.

Areas to be covered:

Introduction:
- Developmental principles and theories
- Influences of heredity and environment
- Research methods in lifespan development

Theories of development:
- Basic lifespan developmental theories
- Historical aspects of theories

Prenatal development:
- Physical development
- Cognitive development
- Social/emotional development
Infancy:
  Physical development
  Cognitive development
  Social/emotional development

Early Childhood:
  Physical development
  Cognitive development
  Social/emotional development

Middle Childhood:
  Physical development
  Cognitive development
  Social/emotional development

Adolescence:
  Physical development
  Cognitive development
  Social/emotional development

Early Adulthood:
  Physical development
  Cognitive development
  Social/emotional development

Middle Adulthood:
  Physical development
  Cognitive development
  Social/emotional development

Late Adulthood:
  Physical development
  Cognitive development
  Social/emotional development

Death, Dying and Bereavement


1/23/20