

NORTHERN ILLINOIS UNIVERSITY  
Testing Services and  
School of Family & Consumer Sciences

HDFS 284 – Introduction to Family Relationships  
Proficiency Exam

- Course Description:** Family development and internal family social processes using systemic perspectives. Family strengths and diversity. Interaction and communication patterns.
- Proficiency Exam:** The exam consists of 120 multiple choice items. Two hours of testing time are allowed. The minimum passing score is 96 test items (80%) answered correctly. Upon successful completion of the exam, three (3) credit hours of HDFS 284 – Introduction to Family Relationships will be granted.
- Please Note:** Students may not earn proficiency credit for a course for which they have received credit; nor may they receive credit for courses which substantially overlap or are prerequisite to any in which they are enrolled or for which they have received credit. Normally, a student may attempt to gain proficiency credit for a particular course only once (NIU Undergraduate Catalog: Academic Regulations: Proficiency Examinations).
- Study Materials:** Lamanna, M. A., Riedmann, A. C., & Stewart, S. (2018). *Marriages, families and relationships: Making choices in a diverse society*. (13th ed.) Boston: Cengage Learning.
- This textbook may be ordered through the Holmes Student Center Bookstore. Allow several weeks for delivery.
- Additional purchasing options and resources are available through the publisher at: <https://www.cengage.com/c/marriages-families-and-relationships-making-choices-in-a-diverse-society-13e-lamanna/>
- Registration:** This exam is administered by the NIU Testing Services by appointment only [www.niu.edu/testing](http://www.niu.edu/testing), [testing@niu.edu](mailto:testing@niu.edu), 815-753-1203.
- Results:** Results will be available immediately following completion of the exam.