

HDFS 280 Human Development, the Family and Society Proficiency Examination

Testing Services and the School of Family & Consumer Sciences

# Course Description

A survey of human growth and development from conception to death with emphasis on interaction and socialization process.

# Proficiency Exam

The examination consists of 123 multiple choice items. Two hours of testing time are allowed.

The minimum passing score is 98 test items answered correctly (and 80%). Upon successful

Completion of the examination, three hours of credit for FCNS 280, Human Development, the

Family and Society will be granted.

**Note:** Students may not earn proficiency credit for a course for which they have received credit; nor may they receive credit for courses which substantially overlap or are prerequisite to any in which they are enrolled or for which they have received credit. Normally, a student may attempt to gain proficiency credit for a particular course only once (Academic Regulations, Proficiency Examinations)

# Registration

This exam must be scheduled in advance with [Testing Services](https://www.niu.edu/testing/), 815-753-1203, [testing@niu.edu](mailto:testing@niu.edu).

# Results

Results will be available immediately following completion of the exam.

# Areas To Be Covered

## Introduction

* Developmental principles and theories
* Influences of heredity and environment
* Research methods in lifespan development

## Theories of Development

* Basic lifespan developmental theories
* Historical aspects of theories

## Prenatal Development

* Physical development
* Cognitive development
* Social/emotional development

## Infancy

* Physical development
* Cognitive development
* Social/emotional development

## Middle Childhood

* Physical development
* Cognitive development
* Social/emotional development

## Adolescence

* Physical development
* Cognitive development
* Social/emotional development

## Early Adulthood

* Physical development
* Cognitive development
* Social/emotional development

## Middle Adulthood

* Physical development
* Cognitive development
* Social/emotional development

## Late Adulthood

* Physical development
* Cognitive development
* Social/emotional development

## Death, Dying and Bereavement

### Study Materials

Santrock. Lifespan Development with Connect Access (2017) . 16th Ed. New York. McGraw Hill. ISBN 9781259765490.

Connect access includes eBook as well as Learn Smarts to help you study.