The NIU One Book
Your Guide to Becoming a Successful Huskie
2018-2019
Huskies, come on you Huskies, and make a score or two.
Huskies, you’re Northern Huskies, the team to pull us through.

Forward, together forward there’s victory in view.

Come on you Huskies, Fight on you Huskies

and win for N.I.U.

H-U-S-K-I-E-S...
Go Huskies!
Welcome from President Freeman

I would like to personally welcome you to the NIU Huskie family! You are about to embark on an exciting journey. We’re here to guide and support you on your path to career – and life – success. Your future really is our focus.

Experience tells me the best way to make the most out of your college days is to get involved and to try new things. Have no fear – that’s easy to do here at NIU.

Outstanding opportunities to learn and grow await you in the classroom and beyond. Our PLUS programs allow you to create an academic experience as unique as you are, and to connect the work you do here directly to your career goals and aspirations.

NIU is home to over 320 student organizations. Join one or more of them. Make lifelong friends. Find activities to spark your interest. Huskies are involved in everything from faculty-mentored research and artistry, to community service projects, to intramural sports.

Be sure to discover the many resources we offer to help you succeed. Be it tutoring, finding an on-campus job or figuring out which classes to take, we’ve got you covered. We want to ensure that every experience you have at NIU will not only prepare you to be successful, but help you stand out from the rest.

Embrace the Huskie spirit. Welcome new challenges and opportunities. And enjoy your time at NIU.

Your future begins now.

Go Huskies!

Lisa Freeman
Acting President,
Northern Illinois University
Welcome, Huskies!

My name is Kelly Wesener Michael and I have the privilege of serving as your dean of students. So what does a dean of students do? I am:

- Part of the university’s senior leadership team, where I advocate for your needs and provide the student perspective.
- Your problem-solver. Together with my staff, we help you address issues that involve multiple offices or departments on campus.
- Your support, referral agent and resource.

As your dean of students, I am also responsible for the Division of Student Affairs where our purpose is to make a difference in your life as you chart your path to success.

As we welcome you into our community, we celebrate your participation in our Northern Pact and the elements of community that it represents. As a member of the Huskie Family...

- We expect you to be **PURPOSEFUL** in your education.
- **JUST** in your actions and relationships.
- **CARING** in your interactions with others.
- **OPEN** to new opportunities, ideas and diverse perspectives.
- **DISCIPLINED** in your education and attitude.
- **CELEBRATIVE** about your university, classmates and life.

Community is important to us and we take every opportunity we can to help you be successful.

- We watch out for each other.
- We ask for help when we need it.
- We get you connected to the many resources and people we have here to help you.

As our newest Huskies, I want to make sure you know that we take our Huskie Pride seriously. You can show your #HuskiePride by wearing red and black every Friday!

Welcome to NIU and have a great semester!

Forward Together,

Kelly Wesener Michael, Ed.D.
Associate Vice President for Student Affairs
Chief Student Affairs Officer and Dean of Students
Welcome to NIU and Your Orientation Program!

We’re so glad you’re part of the NIU family! You’re going to find that we’re a community that truly cares about your success both in and out of the classroom. That’s why you received this OneBook – to help you transition to life at NIU.

In this book, you’ll be introduced to some of our many departments and resources. These departments and resources are here for YOU – to help you be successful from your very first day all the way to graduation. So, read the OneBook very carefully – and hang onto it – you’ll definitely refer to it over the next few years.

At the end of each chapter, you’ll see a list of tips and reminders. These tips and reminders are things you should know before you step foot in your first class at NIU. They work – so read carefully!

Let’s just get started. Go ahead and take a look at your first set of tips for success.

Tips for Success – Using the OneBook

1. You’ll use it throughout your orientation program, so make sure to keep it handy! You’ll be asked to follow along in certain sections or to take notes.
2. If your family isn’t with you today, give them an opportunity to look through the OneBook. There’s lots of information inside that will be helpful for them to know too.
3. Don’t lose your OneBook! It’s going to be a helpful resource for you. Be sure to bring it back with you at the beginning of the semester.
4. The OneBook is available to everyone on the NIU website. This way you’ll always have access to it no matter where you are on or off campus. You’ll find it at niu.edu/ofc.
Your Future. Our Focus.
No matter what you choose to study, our focus is to help you achieve your goals. The NIU baccalaureate degree experience enables graduates to think critically, create and communicate by participating in an engaged learning environment to prepare for success in a diverse, global society.
Understanding Your Curriculum

As an undergraduate student, you’re going to be working to earn either a Bachelor of Arts (B.A.), a Bachelor of Science (B.S.), a Bachelor of Science in Education (B.S.Ed.), a Bachelor of Fine Arts (B.F.A.), a Bachelor of General Studies (B.G.S.), or a Bachelor of Music (B.M.). The difference has to do with the types of courses you’ll take.

Don’t worry, your advisor will help you along the way to make sure you complete the right courses. Just know you’re going to need to complete at least 120 credit hours to graduate. However, some majors might require more. You’ll earn these credits by taking classes in your major along with general education courses. It’s a good idea for you to get familiar with the Undergraduate Catalog (catalog.niu.edu). The catalog will outline what classes and requirements you’ll need to earn your degree.

What are Credit Hours?
You’ll hear advisors and students refer to something called “credits” or “credit hours.” Credit hours are tied to each class you take at NIU. For example, English 103 is three credit hours. Credit hours roughly refers to the number of hours per week you spend in class.

What are My Major Requirements?
Your major requirement courses are specific to your individual major or program of study. You’ll take courses that will give you major-specific detailed knowledge, such as foundational understanding of concepts, terms and processes. Major requirements include not only courses within your given discipline but also necessary courses in other disciplines. Again, your advisor and Undergraduate Catalog will outline what’s needed to complete your degree.

What are General Education Requirements?
The Progressive Learning in Undergraduate Studies (PLUS) General Education Program at NIU provides you foundational skills and a breadth of knowledge through study in a variety of different topics. You’ll take two types of coursework to fulfill your PLUS General Education Program requirements.

1. Foundational Studies courses help you develop competencies to succeed academically and personally. The types of classes you’ll take to complete this requirement include English, Oral Communication and Math.
2. Knowledge Domain courses will help you continue to develop the foundational competencies as well as expose you to broad ideas, disciplines and ways of thinking critically about information. The Knowledge Domains are: Creativity and Critical Analysis, Nature and Technology, and Society and Culture. You’ll take courses in each of these Knowledge Domains.

Your academic advisor will help you track your progress toward this important requirement. For more information about the types of courses you’ll take, visit go.niu.edu/courses.
NIU PLUS: Make Your Learning Experiences Stand Out

NIU PLUS is an exciting program that helps put a unique stamp on your education.

- Explore your interests in and out of the classroom.
- Customize your general education requirements.
- Be recognized for your engaged-learning experiences.
- Earn and learn while on the job.
- Impress future employers.

NIU PLUS helps make your college learning experiences stand out and ensure you hit the ground running on the path to career success. The program has three components:

1) **Academics PLUS.** Every college student chooses a major and many pick a minor. With Academics PLUS, you also can customize your general education courses according to your personal interests, career aspirations or major area of study. You can work with your advisor to select one of seven “thematic pathways” to fit your interests and goals.

2) **Engage PLUS.** Part of attending NIU means hands-on learning experiences to drive home what you’ve learned in the classroom. With Engage PLUS, you’ll get the recognition you’ve earned on your transcript. These experiences not only bolster your résumé, but also help you make career-related connections, gain a deeper perspective on your interests, learn important professional skills and test the knowledge you gain in class.

3) **Jobs PLUS.** If you have a job or plan to get one, Jobs PLUS is for you. Jobs PLUS regularly hosts professional development events open to all NIU students. Through our partnerships with employers, you could even be eligible to attend these events on your paid work time.

For more information about NIU PLUS, just ask your advisor or visit niu.edu/plus.

**NIU PLUS Facts:**

- To date, 775 students have participated in Jobs PLUS workshops.
- Just over 40 departments offered courses as part of an Academics PLUS pathway in fall 2017.
- Over 230 students have applied to have cocurricular experiences like undergraduate research, internships and service-learning experiences documented on their academic transcript.
As a Northern Illinois University student admitted through the McKinley “Deacon” Davis CHANCE Program, you are continuing a proud history of student success and excellence! CHANCE has a history of identifying, recruiting, preparing and graduating students who will continue to engage in lifelong learning and demonstrate academic competence and a commitment to civic involvement.

CHANCE admitted students benefit from the diverse, supportive and empowering services during their NIU Huskie career. CHANCE services include:

- Individual and group academic, personal and career counseling.
- Financial aid counseling.
- Academic monitoring and follow-up throughout your undergraduate career.
- Tutorial assistance.
- Academic skills-enhancement courses.
- An introductory university experience course taught by a CHANCE counselor.
- Peer mentoring for first-year and transfer students.
- Leadership conferences.

The CHANCE program office is located in Williston Hall East. Call 815-753-0201 for more information about the program.
Registering for Classes

**Things to Do First:**
Check your enrollment appointment. Log in to MyNIU and click on **Student Center**. Click on the enrollment date to find the exact time you can register. Typically, the more credit hours you have, the sooner you can register.

In the Student Center, you can also check if you have a registration hold. A hold might be placed on your account for a variety of reasons, mainly to make sure you take care of a requirement or obligation critical to your success at NIU. Make sure to contact the office that placed a hold to learn more.

**Adding Classes in MyNIU (a Basic Overview)**
1. After logging in to MyNIU, click on **Student Center**.
2. Select the Enroll link.
3. Click the **Search** button to search for a class, or enter the class number in the **Enter Class Nbr** box and click Enter.
4. Find the course and click on **Class Details**. (See below example for what you might see.)
5. If you believe this course is correct, click on **Select Class**.
6. Click **Next** to continue with the enrollment process.
7. To add more classes repeat the steps above.
8. When finished adding classes, click **Proceed to Step 2 of 3** in bottom right-hand corner.
9. Click the **Finish Enrolling** button to complete the 3-step process. If you don’t click, **Finish Enrolling**, you won’t be enrolled in the classes you’ve selected.

To view your class schedule click the **My Class Schedule** button.

This gives more information about the class, including description, prerequisites (PRQ), corequisites (CRQ) and class notes. If a class requires a permit, it will say who is allowed to take the class. A PRQ must be taken before the class you want to enroll in, a CRQ can be taken before or during the same term.

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<thead>
<tr>
<th>Class</th>
<th>Section</th>
<th>Book Information</th>
<th>Days &amp; Times</th>
<th>Room</th>
<th>Instructor</th>
<th>Meeting Dates</th>
<th>Status</th>
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<td>Book Information</td>
<td>MoWe 10:00AM - 10:50AM</td>
<td>Wirtz Hall 202</td>
<td>Catherine Stoddard</td>
<td>08/27/2018 - 12/7/2018</td>
<td>![green_circle] = Class is OPEN!</td>
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<tr>
<th>Class</th>
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<td>Altgeld 125</td>
<td>Shannon Wapole</td>
<td>08/28/2018 - 12/8/2018</td>
<td>![green_circle] = Class is OPEN!</td>
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LEC is a course lecture. Some lectures may also require you take a recitation (REC) and/or a lab (LAB). If that’s the case, you must enroll in these components when you register for the course or you will not be able to register.

A link to the NIU Bookstore where current textbook and prices will be available. Not generally available until the month before classes begin.

If you see a **P**, **H** or **T** listed in the section number, the course is reserved for certain groups.

**P = Permit required.** Contact the department offering the course on how to get a permit.

**H = Honors section.** Reserved for honors students only.

**T = Themed Learning Community (TLC).** Reserved for first-semester new first-year students only and must be taken with other specific TLC courses.
Schedule Sample
The schedule below shows a student registered for 16 credit hours. Remember, that for every one credit hour you register, you’ll need to spend two to three hours outside of class studying each week. For example, if you register for 16 credit hours, you’ll need to budget at least 32 hours of study time outside of class during the week. This is important to remember if you have a job or are planning on joining a student organization.

Dates and Deadlines
Make sure you’re aware of important academic dates and deadlines including course withdrawal/add deadlines and university holidays by checking the Undergraduate Catalog (catalog.niu.edu). Just click on Academic Calendar.

Buying Your Books
1. Visit go.niu.edu/niubookstore. Have your schedule ready – you’ll need the semester, department where your class is taught, course and section number.
2. Don’t be afraid to compare prices with other online retailers. Just be very careful you’re selecting the correct book. Choose the retailer and price that’s right for you and your budget.
3. Check out! You can pick up your books during move-in weekend or at your convenience.

Can I Rent Books?
That depends. Not all books are available to rent. If your textbook is available to rent, the option will appear when you shop online at go.niu.edu/niubookstore. Most rental books will be half the price of a new or used textbook.

Can I use my Financial Aid to pay for my books?
If you have financial aid available, you sure can. You can charge up to $700 to your Bursar’s account from the bookstore. This is called your Book Charge account.
Life in the Classroom

Your very first week of classes at NIU is always exciting. You’ll find that the first day of each class is similar for all your classes. Your professor or instructor will share the expectations they have for you in their class, discuss what you’re going to learn, explain the importance of participation/attendance and share how grades are determined.
Syllabus

Your professors or instructors should give you a course syllabus too. This syllabus will include the most important information about the class. You’ll find course objectives, expectations, assignments, dates of exams/quizzes, university requirements and faculty contact information. It’s a good idea to put all important dates from the course syllabus in your planner right away. This will help with planning your time later in the semester.

Instructor Information: This section includes important contact information for your instructor. You’ll see their office location, phone number and email. Your instructor also lists office hours, which are times they set aside each week to meet with you. So make sure to take advantage of them and visit your instructor to ask for help and get questions answered.

Course Description: This section includes an in-depth description of what you’re going to learn in this class. It also points out if you need any prerequisites (PRQ), a requirement that must be fulfilled before you enroll in a desired class, or corequisites (CRQ), a course you would take at the same time. When you enroll in a class via MyNIU, you’ll see if you’ve met the PRQ or need to take a CRQ.

Required Readings. Every syllabus outlines what course materials you’ll need. Some may be required, some may be optional. You’ll find items such as books you’ll have to buy/rent or items you can find in Blackboard or on reserve at the library. Read carefully and ask questions of your instructor if you need help finding the appropriate class materials.

Grades and Grading Policies. Within this section are things you need to do or goals you need to meet to be successful. Professors and instructors all do this differently, so it’s important to see how assignments/tests are weighted.

Academic Integrity. This is a very important policy to read and, if not followed, can have a major impact on your grade and/or future in your class and at NIU. For more information on this policy visit, the Student Code of Conduct at go.niu.edu/studentcodeofconduct.
Blackboard

Blackboard is a course management system that allows professors or instructors to add and organize course resources for you to access online. To access Blackboard, just visit webcourses.niu.edu. You’re going to need your Z-ID and password to log in.

Once you log into Blackboard, you’ll see your courses listed under the My Courses tab on the right-hand side of the page. You can also click on the Courses tab at the upper left-hand corner of the page to get a listing of the courses you have registered for that have a Blackboard course website.

Now, most professors or instructors do use Blackboard, however, some don’t. Or some professors or instructors won’t update Blackboard until after the semester starts. Refer to your syllabus. Most professors or instructors will indicate if they’re going to use Blackboard.

Blackboard is a great tool to help monitor your class performance. Your professors or instructors will put grades for assignments in your Blackboard. However, your official final grade for classes and GPA is always found in MyNIU.

Accommodations for Students with Disabilities:
This policy is on every syllabus. See page 22 to learn more about receiving an accommodation through the Disability Resource Center.

Help: Within this section, your instructor will share information about how to get help in their class. See page 22 for more information on tutoring assistance.

Course Schedule and Assignments: This last section outlines your assignments, quizzes and exams. Use this section and put all of your due dates into your planner. It’ll help you later on.

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tr>
<td>02/02</td>
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<td>ASSESSING INTELLECTUAL CAPITAL OF THE FIRM</td>
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<td>02/23</td>
<td>INTERNATIONAL STRATEGY Reflection Paper Due</td>
<td>Ch. 07</td>
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<tr>
<td>02/28</td>
<td>STRATEGIC CONTROL AND CORPORATE GOVERNANCE</td>
<td>Ch. 09</td>
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</tbody>
</table>

The NIU OneBook 13
Academic Advising

Academic advisors help you translate your goals and interests into an effective and successful educational experience. They help you understand and navigate academic requirements, policies and procedures while guiding you in course selection.

Think of your advisor as a tour guide. You wouldn’t go on a tour alone in a foreign country; don’t try to go it alone in your education. Advisors know all the tricks and provide immeasurable perspective and assistance. Make a point to see them at least once each semester.

Your advisor will:

• Encourage you to become engaged in your education and meet your goals.
• Help you understand the academic and administrative processes of NIU.
• Provide correct information needed to plan your academic path.
• Provide necessary referrals to campus resources.
• Monitor your progress toward completion of your degree.

To make the most of your advising experience, you should do the following:

• Meet with your advisor each semester (by October/March) before you register for classes.
• Take proactive steps to learn about the policies, procedures and rules of NIU and your academic college at go.niu.edu/academicregs.
• Make sure you’re aware of important academic dates and deadlines including withdrawal (course or university), add/drop and university holidays by checking the Undergraduate Catalog (catalog.niu.edu). Just click on Academic Calendar.
• Understand university, general education and your major’s and/or minor’s requirements.
• Seek out information and make decisions regarding your academic/career goals.
• Take advantage of campus resources (found throughout this book).

Prepare for your advising appointment by:

• Reviewing your Academic Requirements Report (found in MyNIU).
• Looking at your previous advising meeting materials and the Undergraduate Catalog (catalog.niu.edu).
• Writing down questions you have for your advisor.
• Asking for help.
• Assuming final responsibility for course scheduling, program planning and successful completion of graduation requirements.

College Advising Information

College of Business
815-753-1325
cob.niu.edu/advising

College of Education
815-753-8352
go.niu.edu/advisingcoe

College of Engineering and Engineering Technology
815-753-1442
go.niu.edu/advisingceet

College of Health and Human Sciences
815-753-1891
go.niu.edu/advisingchhs

College of Liberal Arts and Sciences
815-753-0114
go.niu.edu/clasadvising

College of Visual and Performing Arts
815-753-1635
go.niu.edu/advisingvpa

Academic Advising Center
815-753-2573
go.niu.edu/advisingcenter
Academic Opportunities

Themed Learning Communities (TLCs)

TLCs provide incoming first-years with the opportunity to take a bundle of two to four courses with the same small cohort of students. By enrolling in a TLC you’ll be able to explore a common theme across all of your TLC courses, make friends with students who share similar academic goals and connect more with campus. Here are some of your options:

• Psychology: Growing a Mindset for Success.
• Calculus I and Physics I for Engineers.
• Career and Major Exploration.
• Exploring Health Majors.
• Hip Hop, Writing and Research.

For a complete list of Themed Learning Communities, instructions on how to sign up or to find more program information, check out go.niu.edu/tlc or speak to your advisor.

BONUS: If you’re interested in living in a community with peers who have similar academic interests, check out our Living-Learning Communities at go.niu.edu/lle.

Study Abroad

Want to experience new cultures, gain global competency, learn a new language, take unique classes, grow as an individual, strengthen your résumé and connect with people from all over the world?

At NIU, you’ll find our Study Abroad Office (niu.edu/studyabroad) has over 300 program options (no matter what your major) in 80 different countries. You can study abroad for a week, a full academic year or anywhere in between. Programs are led by NIU faculty or through NIU-affiliate partners. Classes you take will be included in your NIU transcript and GPA. The best part is, it’s totally affordable!

Want to learn more? Visit the Study Abroad Office in Williston Hall, Room 417. They have Study Abroad 101 sessions every Wednesday and Thursday at 3:30 p.m. You can also check out the Study Abroad Fair in the fall to help you explore the program options.

Fast Facts:

Last year, 200 NIU students enrolled in Themed Learning Communities.

Students who participate in Themed Learning Communities have higher retention rates than those who don’t enroll.

At NIU, students who participate in Themed Learning Communities have higher retention rates than those who don’t enroll.
Major and Career Planning
Major and career planning can seem overwhelming. You’re not alone though. We have many people and resources designated to help you along the way. We’ve listed a few resources below, but know you can always talk with your advisor about major and career planning.

Academic Advising Center
The Academic Advising Center (niu.edu/advising) is the academic home for students whose major is “Undecided-Any College” and students who choose to explore their options prior to deciding on a major. They assist students in selecting a major that best fits their personal, academic and career goals.

ACES House
The Academic and Career Exploratory Scholars (ACES) House is a Living-Learning Community option for first- and second-year students interested in exploring career paths and academic opportunities at NIU. For more information, visit go.niu.edu/lhc.

Majors and Minors Fair
The Majors and Minors Fair happens every year and offers you the opportunity to learn more about majors and minors and how they connect to various careers. Be on the lookout for when the dates are announced.

Career Services
Discovering your career path begins at Career Services. Career Services can help connect your major to a potential career that interests you. They can also help you:

Investigate careers and fields that suit you. Career Services helps you gain valuable information about your interests and priorities, through tools like the Strong Interest Inventory and FOCUS. This information can help point you toward careers and fields to investigate, and to make academic choices.

Identify/clarify career goals (Career Counseling). At a one-on-one appointment, a career counselor will help you identify your strengths, discuss your goals and create a plan to get the information you need to make academic and career decisions. We recommend that you schedule a career decision-making appointment no later than the second semester of your first year. Call 815-753-1642 to schedule your appointment.

Develop search strategies to find internships, jobs or graduate schools. Visit the Career Resource Center (Campus Life Building, Room 235) for help creating or updating your résumé and/or cover letter, honing your search strategy and finding internship and job postings.

Meet employers at NIU for internships and full-time jobs. Employers come to you. Internship and Career Fairs are held throughout the academic year so you can connect to a potential internship or job.

For more information on Career Services, visit CareerServices.niu.edu.
University Honors Program

Built on almost 50 years of excellence, the University Honors Program at NIU offers high achieving and highly motivated students the opportunity to elevate their educational pursuits through curricular and cocurricular endeavors. Specifically, students in the University Honors Program have access to:

- Priority registration for courses.
- Honors-only advising.
- Smaller class sizes taught by award-winning professors.
- Priority spots for admittance into graduate programs and courses.
- Externship program to job-shadow NIU alumni.
- Honors-only scholarships, grants and fellowships.
- An Honors Living-Learning Community in New Hall.
- Honors-only computer lab with free printing.
- Honors Preferred Program providing discounts for Honors students at local businesses.

If you’re a part of the University Honors program and complete either Associate University Honors or Full University Honors, you’ll also receive regalia to wear during commencement and an official notation on your transcript upon graduation from NIU.

For more information on requirements and to apply, visit niu.edu/honors.
Your First Year and Beyond

First- and Second-Year Experience (FSYE) is an office on campus dedicated to helping you transition successfully from your first day on campus and beyond.

To be successful your first year at NIU:

☐ **Enroll in UNIV 101/201.**

This class (101 for first-years and 201 for transfers) is an 11-week, one-credit-hour course designed especially for you. You can only take this course in your first semester at NIU. In this class, you’ll:

- Practice success strategies by collaborating with your peers.
- Learn how to use essential NIU online tools.
- Understand where and when to go for help.
- Gain vital skills in writing, communication and critical thinking.
- Network with faculty, staff and peers while making new and maintaining existing friendships.

Why should I take UNIV 101 or 201?

- You’re more likely to graduate and earn a higher GPA.
- You’ll get to know your faculty/staff educator and make friends with other students in a small class setting.
- You’ll learn tips and tricks from a junior/senior mentor who helps teach the course.

For more information about UNIV 101/201, permit numbers and section availability go to go.niu.edu/univ101 or go.niu.edu/univ201.

☐ **Participate in the Common Reading Experience (CRE).**

If you’re a first-year student, it’s likely you’ll be reading the 2017-2019 CRE book, *Make Your Home Among Strangers*, as a part of one of your course books. *Make Your Home Among Strangers* follows Lizet, a first-generation immigrant through her challenging journey as the first one in her family to attend college. Her story brings up complicated issues of relationships, immigration, independence and social justice. Bring friends and attend the exciting campus and community events surrounding themes of the book throughout the school year! View a full list of events at go.niu.edu/CRE.
Transfers, these resources are useful for you too!

After you finish your first year, FSYE will help you during your Second-Year Experience. Programs and activities are designed to help you discover your purpose, build connections and establish goals. When you start your second year, visit go.niu.edu/secondyear to learn more.

Get a Mentor.

At NIU, mentors can offer you support, provide you with meaningful advice, help you figure out how to navigate campus and learn about various programs. They assist you in reaching your personal, academic and cocurricular goals and connect you to opportunities that help you stand out in your career field. They can be your go-to person at NIU as a motivator, resource or coach.

FSYE offers two mentoring programs:
1) Student-Faculty Links connects you with a faculty or staff member. Find out more information and sign up online at go.niu.edu/StudentFacultyLinks.
2) Transfer2Transfer connects first-year transfer students with current transfer students. Find out more information and sign up online at go.niu.edu/Transfer2Transfer.

If you’re looking for other ways to get connected to a mentor, but don’t know where to start:
• Fill out our online Mentor Match survey at go.niu.edu/NIUmentor to get matched with your best fit mentor program.
• Visit niu.edu/mentor/programs to learn more about the variety of mentoring programs and mentors interested in connecting with you.

Attend a First- and Second-Year Success Series (FSYSS) event.

FSYSS events are free, brief, discussion-oriented workshops meant to assist you with your transition into college. They are offered throughout the fall semester and focus on a variety of topics, including learning about leadership opportunities, charting a path to career success and helping you to define your personal values and goals. View the list of FSYSS events online at go.niu.edu/FSYSS.

Schedule an Appointment with a Huskies Get Connected (HGC) Consultant.

HGC is a one-on-one consultation with an involved and knowledgeable peer to help you discover ways to get connected that are personally meaningful to you. HGC peer consultants are friendly, involved and successful NIU students who are trained to help you discover your place on campus and provide you with materials and a plan that fits your needs.

Learn more and sign up for an appointment at go.niu.edu/HGC.

Read your First-Year Newsletter.

Your newsletter will be sent to your NIU email twice each semester. Check your NIU email to find information specifically for you.

Be Recognized.

Plan on earning a high GPA your first semester! If you earn a 3.0 or higher your first semester, you’ll be invited to attend a ceremony to recognize this impressive accomplishment. During this ceremony, you’ll celebrate your success while networking with faculty, staff and your peers. Now, it’s time to get to work and earn those grades!

After you finish your first year, FSYE will help you during your Second-Year Experience. Programs and activities are designed to help you discover your purpose, build connections and establish goals. When you start your second year, visit go.niu.edu/secondyear to learn more.
NIU has opportunities that allow you to engage through research and service-learning programs that connect with your interests and major. Start with programs listed below to discover exciting ways of learning beyond the classroom lecture!

**Research Rookies.** Research Rookies allows undergraduates like you (in your first semester at NIU) to learn what research looks like in your field of study by working alongside a faculty mentor for five to 10 hours per week throughout the fall and spring semesters on a small-scale research project. You’ll receive a $500 stipend upon completion of the program. For more information, visit go.niu.edu/researchrookies.

**Huskie Service Scholars.** A service-learning program that connects eligible students with a supportive network, engages them with local community and provides partial tuition waiver. Learn more on page 69.

**Huskie Alternative Breaks.** This program facilitates short service-learning trips to communities across the nation through which you learn about social issues we face locally, nationally and globally.

**Summer Research Opportunities Program.** This program offers eight-weeks of full-time paid summer research experience. The program is specifically designed for underrepresented minority students, students from economically disadvantaged and underserved backgrounds and students with disabilities. For more information, visit go.niu.edu/srop.
Additional Academic Resources

NIU has lots of academic resources all here for you. Don’t be afraid to ask for help. Not sure where to start? You can always talk with your academic advisor. They’re happy to point you in the right direction.

University Libraries: Vital to Your Success

University Libraries will play an important role in your success. NIU has three libraries that you can use.

• Founders Memorial Library. The main library consists of five levels and houses all general collections as well as Government Publications, Rare Books and Special Collections, University Archives and the Regional History Center, and the Southeast Asian Collection.

• Faraday Library. This library serves faculty and students in the disciplines of chemistry and physics and is located in Room 212 of Faraday Hall.

• Music Library. This branch library, located on the first floor of the Music Building, supports the programs in the School of Music.

At the main library, you can do more than just check out books:

• Use the online catalog to search for books and other materials.
• Access thousands of e-books, magazines, journals and newspapers through online databases.
• Request materials not owned or accessible at NIU through interlibrary loan systems.
• Receive research help and library instruction from library faculty. Help is available via phone, chat, email or one-on-one appointments.
• Visit the Accessibility Resource Room (ARR), located on the first floor to use assistive devices for students with disabilities.
• Take advantage of the numerous desktop computers or check out a laptop.
• Find some quiet time in individual and group study rooms.
• Print, copy or scan your documents.
**Tips for Success: Life in the Classroom**

1. **Go to class!** That seems obvious, but it’s important to remember. How can you be successful if you’re not actually in class?

2. **Use a planner.** It’ll be your most important tool. It doesn’t matter if you use your phone or you buy a paper calendar, you’re just going to need a system to organize your class schedule, assignments, deadlines, involvements, jobs and just life in general. Pick whatever works for you – just make sure to use it!

3. **Schedule an appointment with your academic advisor every semester!** Your advisor is one of the most important people you’ll interact with at NIU. Meet with them every semester before you register. This person will make sure you stay on track and meet your ultimate goal: graduation.

4. **Get to know your professors.** They’re people too and can help you if you’re struggling in class or you’re just really interested in the topic they teach. Don’t be afraid to introduce yourself and visit them during their office hours.

5. **Ask for help.** Let’s face it, at some point in the next few years (or months) you’re going to need help with a class or an assignment. Ask the people around you (professor, advisor, community advisor, anyone) where you need to go to get help. You’ll be glad you did.

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**ACCESS Tutoring and Support Services**

ACCESS can provide you with free tutoring and other services to enhance your confidence in your learning. Walk-in tutoring, appointment tutoring and study groups for specific courses are all available to you. You can learn more effective ways to study, read textbooks and manage time. For more information, visit tutoring.niu.edu.

**A+ Program**

The A+ Program provides individual and group academic coaching by professional reading specialists. The program provides strategies designed to help you master college-level skills in reading, studying, critical thinking, time management and standardized test preparation for pre-nursing and education majors.

**ACCESS/PAL (Peer Assisted Learning)**

The PAL program provides a variety of peer tutoring services. Walk-in PAL tutoring centers are in three locations: Founders Memorial Library (Room 302), and the basement levels of both New Hall West and Grant South. These don’t require an appointment. To see what courses available for tutoring and to make a one-on-one appointment with a tutor, you can apply online at go.niu.edu/tutor.

**SI (Supplemental Instruction)**

SI provides an enhanced group tutoring experience for specific historically difficult courses. SI leaders attend classes with students and facilitate weekly study sessions based on course content and study strategies.

**University Writing Center**

NIU has a fantastic Writing Center (niu.edu/uwc) that offers individual training with a writing consultant to improve your writing skills. You can get help with any type of writing: essays, blog posts, résumés, scholarship essays and more. With locations across campus (Founders Memorial Library, Stevenson South, Barsema Hall, Nursing School and Gabel Hall), the Writing Center is very popular. Make sure you schedule an appointment at 815-753-6636 to secure a date/time that works for you. Hours vary by location.

**Disability Resource Center (DRC)**

The DRC uses the definition of disability as stated in Section 504 of the Rehabilitation Act, the ADA of 1990 and the ADAAA of 2008. If you had any accommodations in high school or in your previous institution or you recently acquired a disability but have not had disability-related services in the past, please contact the DRC if you would like to register for services. Such services include but are not limited to testing accommodations (preferred seating, extended testing time), sign language interpreters, note-taking, eBooks and assistive technology.

Contact the DRC to set up your initial conversation with the staff. Call 815-753-1303 or visit niu.edu/disability.
How do I get my OneCard?
As part of your orientation program, you’ll get an opportunity to get your OneCard. Refer to the orientation schedule for details.

How do I use my OneCard?
- Identification
- Print/Copy Services
- Book Charge Program
- University Library Services
- Recreation and Wellness
- Health Services
- Huskie Bus Line
- Huskie Bucks
- Meal Plans/Flex Dollars
- Door Access

What are Huskie Bucks?
Huskie Bucks is a prepaid debit account program that you can use both on and off campus. You’ll use Huskie Bucks to print/copy, use at vending machines or use at any on-campus dining location and restaurants in Dekalb that participate in the Huskie Bucks program.

The best part is, any funds left in your Huskie Bucks account at the end of the semester automatically roll over and are available next semester.

Depositing to your Huskie Bucks account is easy. Just visit the OneCard office with cash or check, or go online with your credit or debit card. NIU accepts American Express, Discover and MasterCard. Please note, NIU does not accept Visa. To make an online deposit, visit the Blackboard Transact eAccounts portal. Deposits are made virtually in real-time.

Things to Remember:
- You must be enrolled in at least one class to use your OneCard.
- Don’t be in possession of another student’s OneCard.
- Purchases made with your OneCard for books and supplies use the Book Charge account and is separate from Huskie Bucks. The Book Charge account is tied to your financial aid status.
- Visit go.niu.edu/eat for a quick list of all dining and restaurants where Huskie Bucks are accepted.
- Download the NIU Mobile App. You’ll be able to check your Huskie Bucks account balance.
Technology Use

Technology is such an important part of achieving success both in and out of the classroom. The cool part is, here at NIU, you don’t even need to own a computer to have access to online resources.

In this section

25 Computer Labs, Anywhere Printing, Mobile Apps
26 NIU Email, Calendar and Collaboration Guide
Computer Labs
We have technology labs and study lounges around campus with access to common applications like Microsoft Office, web browsers and Adobe Creative Suite. Find a lab that’s open near you by checking out go.niu.edu/labs.

Anywhere Printing
Many students either bring a small printer for their room or use one of ours. All you need is your OneCard and funds in your Huskie Bucks account. Send your print to our cloud and pick it up from any of our cloud-connected printers. Here are a few quick facts about printing on campus:

1. Visit go.niu.edu/anywhere to download the app and to learn more.
2. Printing costs 5 cents (black and white) and 12 cents (color).
3. Mobile printing is available. Start by registering your email address at anywhereprints@niu.edu.
   a. They’ll email you back. Just make sure you check your email from an NIU-wireless-connected device.
   b. Read the instructions in the email and then click the link provided to register your email address.
   c. Enter your Z-ID and password and click Log on.
   d. Return to your email and look for a new message titled Confirmation Required. Read the email and click the link provided to confirm email registration.

Visit go.niu.edu/anywhere to download the app and to learn more.

NIU Mobile Apps
These apps (via Android or iOS devices) make your life as a student that much easier. What can you do on the apps? Lots!

**NIU App:**
- Access the undergraduate catalog.
- Check out Huskie Link (student organizations).
- View the Huskie Bus GPS tracking system.
- Access Blackboard.
- Read NIU Today (campus news).
- Manage your NIU OneCard.
- Keep up with Huskie athletics (schedules, scores, news).

**MyNIU Mobile App:**
- Check your grades.
- Register for courses.
- View financial aid information.
- Update personal records.

Multi-Factor Authentication (MFA) for Students
We have implemented a MFA as the primary solution to increase the security of your email accounts. The use of MFA has significantly reduced the number of compromised accounts from malicious phishing attempts.

It’s a tool used to secure your information by requiring two factors of authentication prior to access.

**What does this mean for you?**
This means you will use both your password and a code texted to your cell phone to log in. Download the Microsoft Authenticator mobile app for free on either Google Play or the Apple App Store. Be prepared to provide a phone number as a means of authentication prior to login.

For more information, please visit go.niu.edu/multifactor. If you have additional questions or need further assistance, please contact the Service Desk at 815-753-8100 or servicedesk@niu.edu.
Your NIU Email, Calendar and Collaboration Suite

One of the many perks of being an official NIU student is that you automatically receive many helpful tools.

Using Your NIU Email

We know that you know how to use email. We just want to make sure you know how to communicate with NIU in a professional and respectful manner. Writing emails to professors or university officials might be a bit different than you’re used to – it’s not like texting or tweeting. It’s important that you communicate in a clear and respectful way.

Here’s an example of an email to a professor:

Hello
My name is NIU Huskie and I’m currently enrolled in your UNIV 101 course on Mondays and Wednesdays from 1 – 1:50 p.m. I had a few questions about our upcoming assignment and wanted to schedule a time to meet with you individually.
Unfortunately, I have another class during your assigned office hours. Any chance we can find another time that works for both of us? I’m flexible (outside of classes), so let me know what you’d prefer.
Thank you,
NIU Huskie
z1234567

Now this is just an example, but is a good place to start when drafting an email to your professors or other university officials. Trust us, you’re more likely to receive a quick response if you take this approach.

Here are some quick do’s and don’ts when emailing:

Do:
• Say hello.
• Introduce yourself.
• Give them some context regarding how they may know you. Your professor may teach up to four classes.
• Use punctuation.
• Use full sentences.
• Be respectful.
• Provide your name and Z-ID at the end.

Don’t:
• Treat it as a text message.
• Abbreviate words.
• Use emojis.
• Tell them what they need to do.
• Be rude or disrespectful.
• End without signing your name.

Need Help?

Having trouble accessing any of your NIU accounts? Password issues? You have three ways to contact the Service Desk. Visit it.niu.edu, email servicedesk@niu.edu or call 815-753-8100. You can always update your password at password.niu.edu as well.

Questions about technology in the residence halls? See page 41 for more info.

Lynda.com

As a new student, you’ll get a free subscription to Lynda.com. Lynda.com is a part of LinkedIn and a leading online learning platform that can help you learn business, software, technology and creative skills to achieve your goals. What a great resource! You can benefit from Lynda.com no matter your major. For more information, just visit go.niu.edu/lynda.

FREE subscription to Microsoft Office

Visit go.niu.edu/365 and download the entire Office application suite. You can install it on your phone, laptop or tablet. When you do, you receive 1TB of storage in OneDrive.

Tips for Success: Technology Use

1. Download the NIU app and the MyNIU app now. You’ll use these apps often.
2. Begin checking your NIU email daily – you never know when you’ll get something that requires a response. You don’t want anything important going overlooked.
3. Remember that as a student you get Office365 for free! Trust us, you’ll use this. Go to go.niu.edu/365 and download before you get to campus. You’ll be glad you did.
Managing Costs

Attending college is a significant financial investment in your future, more so than any other investment you’ve probably ever made. In addition to making sure you get the most out of your investment, we have numerous resources to help you manage your costs.
Financial Aid Timeline

To be eligible for any financial aid, you must complete your Free Application for Federal Student Aid (FAFSA) online at fafsa.gov.

You must apply every year (as soon as possible after Oct. 1 for the following school year). In early spring, you’ll be notified through an official award letter of your eligibility for grants, scholarships, work-study or loans from federal or state programs.

There are five steps you should keep in mind regarding financial aid.

**Step One:**
Complete your FAFSA at fafsa.gov.

**Timeline:** Complete your FAFSA as soon as possible after Oct. 1 for the following school year.

**Step Two:**
If required, submit additional documents to the Financial Aid and Scholarship Office and consistently check MyNIU for any additional information that may require your attention in your to-do list.

**Timeline:** ASAP.

**Step Three:**
Review your award letter and electronic Financial Aid Award notice.

**Timeline:** Beginning mid-March and ongoing.

**Step Four:**
Complete entrance counseling and promissory notes for any accepted loans.

**Timeline:** Complete before bill is due to avoid late fees associated with the loan amounts.

**Step Five:**
Receive your financial aid funds.

**Timeline:** Any accepted financial aid will appear on MyNIU as pending financial aid. Two weeks after classes begin, funds will be applied to your account, and charges and refunds (if applicable) will begin to be processed.

Have You Checked Your Financial Aid Status?

Just log on to your MyNIU and check your status. At the end of the orientation program, you and your family can meet individually with a financial aid counselor to discuss your specific needs and opportunities. If you have financial aid questions, you can always call 815-753-1395 or toll free at 800-892-3050 during university business hours.

Changes in Financial Situation

If your family has had a decrease in income or financial resources as compared to what was reported on your FAFSA, make sure to contact the Financial Aid and Scholarship Office to inquire about a special circumstances appeal.

**Types of Financial Aid**

**Scholarships/checks**

Merit scholarships are offered at the time of admission based on academic credentials. Scholarships will appear as part of your financial aid package. Scholarships do not have to be repaid.

If you’re receiving a non-university scholarship, checks should be sent to the Financial Aid and Scholarship Office and will be directly applied to your Bursar’s account (your financial account with NIU).

**Work-study**

A work-study award is a form of financial aid and is not guaranteed. Work-study is earned as wages by working on and off campus with eligible employers. To use the eligibility offered on your award notification, you must apply for a federal work-study job and be hired.

**Grants**

Grants are gift aid awarded based on demonstrated financial need. Grants do not have to be repaid.

**Loans**

Loans are funds that are borrowed to help pay for educational expenses. Loans must be repaid, usually with interest.
Common Questions

What is cost of attendance?
Tuition and fees are charged per credit hour according to your student classification and residency status. Illinois undergraduates are charged also per the term of initial enrollment as required by the truth-in-tuition law. A great tool to help you estimate your cost of attendance is the Tuition Estimator (go.niu.edu/estimatetuition). You'll be able to estimate tuition costs, mandatory fees, housing and other costs.

Are there any required undergraduate student fees?
Simple answer, yes. There are mandatory general student fees that are charged based on the number of credit hours you take. Check out niu.edu/bursar/tuition to learn more information and read an explanation of the individual fees.

Why was I charged for student health insurance? How do I cancel this policy?
You're automatically enrolled in the Student Health Insurance (SHI) plan if you're taking at least nine semester hours, and the fee will appear within 48 hours of registering for classes. If you have comparable health insurance coverage, you may cancel the SHI by submitting a waiver to niu.edu/shi by the 10th day of classes. See page 59 for additional details.

I've received grants and scholarships, but I still don't have enough to cover my entire bill. What do I do?
Contact the Financial Aid and Scholarship Office to talk through your options. You can call them at 815-753-1395 or toll free at 800-892-3050. Or feel free to stop by Swen Parson Hall, Room 245 to speak with a counselor.

Is there an easy way to look for scholarships?
Yes! You can use AcademicWorks which is the campuswide scholarship application system for NIU. In AcademicWorks, you can to apply for multiple competitive scholarships simultaneously. While the majority of NIU scholarships can be found on AcademicWorks, you should check with your academic department to see if they have any other opportunities not available in the system. To start looking for scholarships, visit niu.academicworks.com. A common deadline is Jan. 31 for the following academic year.

When are payments due?
Payments of all your charges for a term are due one week prior to the start of the term to which the charges apply. You can pay your full account balance at this time or an amount less than the full amount unless enrolled in the Huskie Installment Plan (see below). If you can’t pay the total amount due by the due date, you’ll be charged a late fee of 1.08 percent on the remaining unpaid portion, with a minimum late fee charge of $0.50. You can see your due dates by visiting go.niu.edu/bill.

What is the Huskie Installment Plan?
The Huskie Installment Plan (HIP) is a payment option designed to provide budgetary assistance in meeting your semester education expenses. Through HIP, instead of making a lump sum payment at the beginning of each semester, you can spread the payments for your semester over four monthly installments. Participation is based per semester. You’ll need to submit a completed application for each semester you wish to participate in the plan. A nonrefundable participation fee of $50 will be charged to your account and divided among the monthly installments. For more information and to sign up, visit go.niu.edu/hip.

Where can I see my Account Statement?
On your MyNIU account, navigate to the Finances Section of the Student Center and locate the option to View Account Statements. Account Statements are available to view and reprint on the date that they are issued. Additionally, Account Statements will be mailed to your permanent address on record or billing address if indicated.

Where can I see the total charges and payments for each semester?
The Term Account Detail option in the Finances Section of your MyNIU Student Center will show you the total charges, payments received, financial aid, pending financial aid if prior to the disbursement of funds and refunds (if applicable) processed within each term.
Where do I pay my bill?

1. You can pay using your MyNIU account. Once you log on, click on Student Center. You’ll find the Make a Payment link under the Finances section in the middle of the page. When you pay online, you can use an electronic check (no convenience charge) or with a credit/debit card (2.4 percent convenience fee is charged). NIU accepts American Express, Discover and MasterCard. (Visa is not accepted.)
   - If you’re having trouble making an online payment, please contact the DoIT Service Desk at 815-753-8100.
2. Feel free to make a payment in person (Office of the Bursar in Swen Parson Hall, Room 235). Credit card or debit card payments are not accepted in person at the Office of the Bursar.
3. You can also pay via mail. Send payment to: Northern Illinois University Office of the Bursar 1425 W. Lincoln Highway DeKalb, IL 60115-2828 Just make sure to include your Z-ID in the memo section of the check you send.
4. You may also use one of the drop boxes. One is located just to the left of the hotel desk on the second floor of the Holmes Student Center, while the other is on the wall to the left of the main entrance of the Office of the Bursar in Swen Parson Hall, Room 235. For drop box payments, please be sure that your Z-ID is written in the memo section of the check and is in a sealed envelope.
5. If you’re an international student, NIU has partnered with Flywire (go.niu.edu/flywire). Flywire is an innovative and streamlined way to make international tuition payments.

I’ll be getting a refund. What should I do?

To receive a refund, you must have financial aid in excess of your charges. Refunds are mailed to your local address and aren’t available for pickup. If your local address isn’t on file, the check will be mailed to your permanent address. For the most timely and reliable delivery of a credit balance refund, we recommend that you sign up for direct deposit (go.niu.edu/direct) to have your refund directly deposited to your personal bank account.

What happens if I don’t pay my entire bill by the due date?

If you pay less than the total amount due by the respective due date, you’ll be assessed a monthly late payment fee of 1.08 percent on the remaining unpaid portion, with a minimum late fee charge of $0.50.

If I don’t pay my entire bill by the due date, will I be kicked out of classes?

NIU does not kick you out of class for an unpaid bill. However, if you have a past due balance remaining, in addition to the assessment of late payment fees, you’ll have a hold placed on your records. This hold will prohibit you from obtaining official transcripts and/or registering for future term classes until the account balance is paid in full.

How can my family view and pay my bill?

You can register up to two members of your family for Shared Access. By signing up, you allow your family to access such information as your academics, financials and your to-do list. You’ll just need to log on to MyNIU and find “Share My Information” in the Student Center (green button on the right-hand side). Once you do this, your family member will receive information via email on how to finish the Shared Access setup. When this is complete, family members will log on to their portal and click on the “Make a Payment” link in the Finances section.

What is my financial responsibility as a student?

You accept financial responsibility for the cost related to your registration at the university which may include costs related to our residence halls, meal plan or other services. Also understand, in the event your account is past due, late payment fees will be applied to your past due amount. Continued failure to pay your past due debt may result in your debt being listed with the State Comptroller’s Offset Program, and, if necessary, referred to a collection agency and/or authorized legal action for the collection of your debt. You’re then responsible for all fees and costs incurred by the university in the collection of your past due debt, including collection fees and/or attorney’s fees.

Student Privacy

The Registration and Records Office at NIU strictly adheres to the policies governing students’ education records under the Family Educational Rights and Privacy Act (FERPA) of 1974 as amended in 1998. Before you enter college, your parental guardian(s) have access to your education records. Now that you’re taking classes on the college level, that changes. You’re now in charge of your education records. Now that you’re taking classes on the college level, that changes. You’re now in charge of your records and you get to determine who will receive what information. For example, who do you want to be able to see your financials and grades?

If you’d like to give your family access to your information, you can do so by using Shared Access in MyNIU. It’ll allow you to grant two people access to your student information including admissions, academics, financial statements, financial aid and your to-do list. For more information on FERPA and NIU policies about your student record privacy, visit go.niu.edu/records. For more information on Shared Access, visit go.niu.edu/FERPA.
Finding an On-campus Job

Looking for an on-campus job? Well, at NIU we have lots of opportunities to find on-campus employment regardless of your financial aid status.

NIU has four types of employment opportunities:

- **Regular Student Employment.** These types of jobs are open to all students regardless of your financial aid status.

- **Federal Work-Study Employment.** Federal work-study is awarded as part of the financial aid package based on demonstrated financial need. If you're eligible, you can earn up to the amount listed on your financial aid award letter and part of your wages will be subsidized by the federal government. Work-study positions will be noted in the postings. If you're not eligible for work-study, you can apply for a regular student employment position or internship.

- **Community Service.** NIU offers several off-campus work-study positions in the community or off-campus agencies. These positions require federal work-study and are also posted on the Student Employment website.

- **On-campus Internships.** These internships consist of both regular and work-study opportunities. An internship will provide you with direct experience in a work setting and allows you to apply what you have learned from faculty in the classroom. An internship may or may not offer academic credit. If it does offer credit, you’ll have to complete assignments from a supervising faculty member. Some on-campus internships may be paid and others are volunteer positions.

To search for an on-campus job, start by visiting go.niu.edu/jobs. Here’s where you’ll log in to the Human Resource Student Employment system and create your application.
Military Veterans
Military and Post-Traditional Student Services provides a wide range of services to military students and their families. To learn more about benefits, services and programs visit niu.edu/mptss, call 815-753-0691 or stop by the Campus Life Building, Room 240.

Undocumented Students
If you’re not a U.S. citizen or lawful permanent resident (green card), you’ll still be able to pay the in-state tuition rate for NIU. Under the Illinois General Assembly Public Act 093-07, undocumented Illinois high school graduates meeting certain criteria can benefit in these ways:

1. You’ll be classified as an Illinois resident, which means you’ll be charged in-state tuition rates for classes taken at NIU.
2. If you’re undocumented, you’re not eligible for state or federal financial aid (FAFSA). However, if you’re a U.S. citizen whose parents are undocumented, you’re eligible to complete the FAFSA as long as your parents file income taxes with an ITIN. For additional information, contact our Financial Aid and Scholarship Office (815-753-1395 or toll free at 800-892-3050) and request a staff member with expertise in working with U.S. citizen students of undocumented parents.
3. You’re eligible to apply for privately funded Illinois and national scholarships.

For more information, visit niu.edu/undocumented.

Banking Options on Campus and in DeKalb/Sycamore
You probably already have a bank back in your hometown. NIU has ATMs from various banks located around campus. DeKalb and Sycamore also have numerous banking locations. Make sure to ask your local bank if they have a location at or around NIU.

Tips for Success: Managing College Costs
1. Don’t forget, you can find your bill on MyNIU. It’ll be generated as soon as you’ve registered for classes. For billing and payment dates, check out go.niu.edu/bill.
2. Want to sign up for the Huskie Installment Plan (HIP)? This is a great option designed to provide budgetary assistance and spread out your payments throughout the semester. For more information, due dates and to sign up, visit go.niu.edu/hip.
3. Remember to sign up your family for Shared Access. You’ll be able to give up to two people access to your academics, financials and to-do list. It’s easy to set up.
4. Want a campus job? Visit go.niu.edu/jobs to create your application. We recommend doing this sooner rather than later. Jobs will fill up quickly after the start of the semester.
Your New Community

Your new community at NIU celebrates diversity in all its forms including gender, race, ethnicity, ability, spirituality, sexuality, age and all individual identities. We believe that engaging across differences will enrich your learning and personal growth while at NIU.

In this section
34 Celebrating Diversity
35 Supporting a Diverse Community
36 First In: First Generation
37 Religion and Spirituality
Celebrating Diversity

The experiences and perspectives you bring to NIU will add to what makes us special as a community.

You’re going to meet lots of other students (both domestic and international) who value the diversity that comprises our community. We want you to celebrate your own culture on campus because we know this will help make your experience here more successful and familiar.

Beginning to understand the differences around you starts with asking questions and engaging with others. Take the challenge to find common ground as you connect with others. By learning in an environment filled with students, faculty and staff from a wide range of backgrounds, you’ll find an environment where stereotypes are challenged, experiences are shared and minds are opened. This experience lays the groundwork for working and living with people from all backgrounds upon graduation.

By giving you the skills you need to understand and accept these differences, we open your mind to new areas of study, open your awareness to the needs of the underserved and give you the tools you need to affect social change.

The Office of Academic Diversity, Equity and Inclusion

The Office of Academic Diversity, Equity and Inclusion (ADEI) is committed to addressing issues of equity, justice and human dignity (niu.edu/diversity). ADEI supports programs, houses the cultural resource centers and works with the NIU community to promote inclusion. You can participate in social justice retreats and activism programs in Conversations about Diversity and Equity (CODE) educational workshops. ADEI is located in Altgeld Hall, Room 215. Contact ADEI at 815-753-8387.

The Northern Pact

The Northern Pact is a way for you to express your commitment to NIU and our values and principles (Purposeful, Just, Caring, Open, Disciplined, Celebrative). The Pact outlines the expectations we have for you and all members of our community. We encourage you to make a commitment to upholding these principles so we all have a collective benefit of a culture of care and sense of connectedness.

You’ll get your Northern Pact T-shirt at Huskie Fall Kick-Off! See page 73 for more information. Don’t forget to wear red and black on Fridays to show your commitment to the Pact, Huskie spirit and pride.
Supporting a Diverse Community

We know that student engagement, identity development, cultural exploration and affirming communities are important for all students. You’ll find NIU academic diversity centers located throughout campus that offer minors and certificates, diversity resource centers and other resources to further enrich your experiences.

- The **Asian American Resource Center** ([niu.edu/aac](http://niu.edu/aac)), along with the **Center for Southeast Asian Studies** ([niu.edu/cseas](http://niu.edu/cseas)) and the **Center for Burma Studies** ([niu.edu/burma](http://niu.edu/burma)) provide an inclusive environment to help create community and to raise awareness about the rich cultural heritage of Asian and Asian-Americans through regular exhibitions, events and programming.
- The **Center for Black Studies** ([niu.edu/blackstudies](http://niu.edu/blackstudies)) plays a significant, essential and unique role in advocating for black students at NIU and the DeKalb community. In addition, the Center for Black Studies facilitates social and academic support and exploration of the history and culture of African and African-American students and offers a Black Studies minor.
- The **Disability Resource Center** ([niu.edu/disability](http://niu.edu/disability)) supports students with disabilities to achieve success through accommodation and reduction of barriers by creating inclusive spaces within the classroom and educational experience.
- The **Gender and Sexuality Resource Center** ([niu.edu/gsrc](http://niu.edu/gsrc)) serves as a home for all persons, inclusive of sexual and gender identities, and all forms of masculinity and femininity. It’s a central location for resources and support, where acceptance of intersectional identities is encouraged and celebrated. You’ll also find eight academic programs through the **Center for the Study of Women, Gender and Sexuality** ([niu.edu/cswgs](http://niu.edu/cswgs)).
- The **International Student and Faculty Office** ([niu.edu/isfo](http://niu.edu/isfo)) advises international students on ways to succeed academically, socially and culturally at NIU. Staff work to keep you informed regarding the federal regulations pertaining to your status as non-immigrants in the United States (in F, J, or H status).
- The **Latino Resource Center** ([niu.edu/lrc](http://niu.edu/lrc)) celebrates Latin culture, development, resources, history and societies of Latin America and the Caribbean through programs and support of Latino student organizations. The **Center for Latino and Latin American Studies** ([niu.edu/latinostudies](http://niu.edu/latinostudies)) offers classes and a program minor to learn more about these cultures.
- The **Military and Post-Traditional Student Services** ([niu.edu/mptss](http://niu.edu/mptss)) offers programs and lounge space for military students, students who live off campus, have children, are transfer students or online learners and/or are over 24 years old. See pages 32 and 42 for more information.

Student Organizations

For the latest list of NIU organizations that promote diversity, visit Huskie Link ([go.niu.edu/orgs](http://go.niu.edu/orgs)). This resource provides information about all of the organizations on campus, publishes the latest event schedules and keeps track of your involvement. Also, see page 67 of this book to learn more about being engaged and involved on campus.
First In: First Generation

We know that coming to college for the first time can be an overwhelming and exciting experience. If you’re the first person to go to college in your family, congratulations! Attending college is a major accomplishment and we’re here to help you navigate your new community. It may seem to you that you’re entering a school with its own unspoken rules and culture norms. At NIU, you’ll find a large community of students just like you. In fact, 53 percent of students who started at NIU in 2017, are considered first generation (first gen) too. You’re considered a first gen if your parents/legal guardians have not completed a bachelor’s degree and/or the highest degree attained was no higher than a high school diploma or equivalent. So, you’re not alone – and you’ll find a community of faculty and staff who are dedicated to helping you succeed.

For more information about being First-Gen, visit niu.edu/first-generation.

Tips for Success: Just for First Gens

1. Join Breaking Barriers. Breaking Barriers is a student organization made up of other first gen students. During meetings, you’ll discuss areas of struggle such as seeking out financial aid, time management, career preparedness and networking. You can learn more at go.niu.edu/BreakingBarriers.

2. Sign up for UNIV 101 (See page 18). It’s a great way to make connections with NIU staff, juniors/seniors and other students.

3. Mentors are so important! NIU has great mentoring programs (see page 19). Having the support system that a mentor can provide is key.

4. Encourage your family members to sign up to get the Family Connections e-newsletter at go.niu.edu/familypubs. This monthly e-newsletter is a great way for them to learn more about NIU and get connected to resources that will help you.

5. As discussed in the Learning at NIU section, meeting with your advisor every semester is so important. They can connect you to other aspects of campus, too.

6. Apply to become one of the Huskie Service Scholars. This program provides partial tuition waiver while it connects you to a supportive peer network engaging in regular service-learning activities on campus and in the community. Learn more at go.niu.edu/hss.

Tips for Success: Your New Community

1. You’re entering a new environment. Make sure you’re respectful to everyone even if they don’t agree with you or share your values.

2. College is a great time to learn about others who are different from you. Be open to learning from other students. To do so, you must open your mind to new perspectives first.

3. NIU has lots of programs and opportunities to engage in dialogue about difference. Take advantage of them – these are always free. Nervous about going alone? Bring a friend!

4. Wear red and black on Fridays to express your Huskie spirit while showing support for the Northern Pact.
Religion and Spirituality

We’re a diverse community and we support your spiritual journey.

ACRO is an organization of professional religious leaders (not students) who work intentionally with our students. Visit go.niu.edu/acro or see below for a list of religious organizations around campus.

**Jewish Group**

**Hillel**

Jewish Student Movement
Congregation Beth Shalom
820 Russell Road
815-756-1010
bethshalomDEKALB.org
Rob Feldacker: rfieldacker1@gmail.com
Facebook: NIU Hillel

**Pagan, Wiccan, Nature Ministries**

**Circle Sanctuary**

John Dickerman
815-508-4691
dickermanjohn@gmail.com
Facebook: NIU Pagan Student Association

**Universalist Ministry**

**Unitarian Universalist Fellowship**

Rev. Jennifer Gray
815-756-7089
uufdekalb.org
Facebook: uufdekalb
Sunday service at 10 a.m.

**Islamic Ministry**

**Muslim Students Association**

801 Normal Road
815-753-7839
niusmsa.org
niusmsa@gmail.com
Five daily prayers, Friday prayer at 1:15 p.m.
Ramadan – Iftar and Eid prayers

**Christian Ministries**

**Prebyterian Campus Ministry**

Prebyterian Church – USA
Westminster Presbyterian Church
830 N. Annie Glidden Road
815-765-2905
westministerdekalb.org
christianed@westministerdekalb.org
Sunday worship at 10 a.m., bagels at 11:15 a.m.
Thursday dinner and Oasis at 7 p.m.

**Wesley Foundation**

Campus Ministry from the
United Methodist Church
Pastor Rosa Lee
pastorlee@niu.edu
815-669-9NIU (9648)
Facebook: Wesley Foundation at NIU
Sunday at 7 p.m.
Hungry Huskies free dinner at the Student Center

**The Church of Jesus Christ of Latter Day Saints**

Daniel McConkie, Institute Director
675 Fox Avenue
Sycamore, IL
815-895-5460
mcconkie7@gmail.com
institute.lds.org
Weekly campus meetings

**Campus Advance**

Phil and Jill Perez
Hopkins Park Building
1403 Sycamore Road
630-803-3036
phil@chicagochurch.org
jill@chicagochurch.org
Facebook: NIU Campus Advance
Sunday worship at 10 a.m.
Small group and individual bible studies

**Campus Missions International**

Thomas May, Director
cmidekalb.org
info@cmidekalb.org
ThomasMay@aol.com
815-519-5214
Tuesdays at 7 p.m.,
Fishbowl Room, Stevenson South
Sundays at 10 a.m.,
Blackhawk Annex Room, HSC

**Network of Nations**

Ruth O’Donnell, Campus Director
networkofnations.org
ruth@networkofnations.org

**New Hope Missionary Baptist Church**

Leroy Mitchell and Joe Mitchell
1201 Twombly Road
815-756-7706
newhopeofdekalb.org
newhopeofdekalb@gmail.com
Sunday worship at 7:30 and 10:45 a.m. (Church)
Monday bible study at 7 p.m. (Campus)

**Newman Catholic Student Center**

Fr. Matthew McMorrow
512 Normal Road
815-787-7770
newmanniu.org
Facebook: Newman Catholic Center at NIU
Saturday mass at 4:30 p.m.
Sunday mass at 8 and 10:15 a.m., noon and 9 p.m.

**Lutheran Student Fellowship**

Lutheran Church Missouri Synod
Rev. Marty Marks, Pastor
Immanuel Lutheran Church
675 Fox Avenue
815-756-6669
rev@godwithusILC.org
refugeLSF.org
Facebook: Refuge (LSF) at NIU
Sunday traditional worship at 8 a.m.
Bible study at 9:15 a.m.
Contemporary worship @ 10:30 a.m.

**Grace Place**

A ministry of The Episcopal Church, Evangelical Lutheran Church of Christ America and United Church of Christ
Rev. Bob Hansen, Campus Pastor
401 Normal Road
815-756-7700
graceplace@gmail.com
Facebook: Grace Place NIU
Wednesday community meal at 8 p.m.
Holy Communion at 9 p.m.

**Campus Crusade for Christ**

David F. White
daavid.f.white@cru.org
330-763-4455
Facebook: NiuCru

**InterVarsity Christian Fellowship**

Alex Holle
alex.holle@intervarsity.org
niuiv.org
Facebook: Intervarsity at NIU

**Judson Student Fellowship**

Baptist Campus Ministry
Pastor Walt Hoshaw
449 Normal Road
815-756-2131
judsonfellowship.wixsite.com/bcm

**New Global Destiny International Vision Ministries**

Apostle Bishop Bridget C. Outlaw,
Senior Pastor and Founder
3016 W. 63rd Street
Chicago, IL 60652
773-510-9774
newglobaldestiny@gmail.com
Life at NIU

We know that your life at NIU is going to be more than just going to classes. You’re going to be living on or commuting to campus every day. It’s very exciting to be entering a new community, but probably is a bit overwhelming at the same time. We’ve broken it down in this section to help you out.
NIU will provide you with a “MicroFridge.” It’s a microwave and refrigerator combo unit that’s perfect for those late-night snacks once the dining halls have closed. Everything else is simply against the rules. Not sure about something? Just ask or visit go.niu.edu/packing.

Move-In Day

Getting ready to move into your new home can definitely be overwhelming. You probably have tons of questions about what you need, what it’s going to be like and how it all works. Don’t worry, we’ve got you covered.

Don’t forget to bring:

• Towels and shower stuff
• Pillows and sheets
• Fan
• Lamp
• Your computer
• TV (Talk with your roommate – you really only need one TV)
• Items to decorate and make it like home

You’ll want to leave these items at home:

• Refrigerator
• Microwave
• Mattresses or large furniture
• Open-element cooking appliances (like a toaster)
• Candles
• Halogen lamps
• Plastic trash can
• Any animal but a fish
• Personal routers and access points

Housing and Residential Services
815-753-1525
housing@niu.edu
niu.edu/housing

Okay, so now that you know exactly what to bring, you’re probably wondering how Move-In Day actually works. It’s a simple four-step process:

Step 1: Pull up.
Step 2: Unload with help from your family.
Step 3: Pull away and park.
Step 4: Unpack all your stuff.

Easy enough, right? Well, maybe it’s a bit more complicated than that. Check out go.niu.edu/moveinday for specific instructions for you to get to your residence hall. There will be plenty of staff around to direct and help you – just listen carefully. We definitely don’t want to see you or your family members end up with an NIU souvenir (the parking ticket will be located on the windshield).
Living in the Halls

Living in the residence halls is an exciting change! In many cases you’re sharing a room, bathroom, floor and building with many new friends. We call this community living at NIU.

For most new students, sharing a community and a room will be a new experience. Along with this comes expectations for how you treat one another, care for the facilities and demonstration of appropriate behavior. The Housing Handbook and Policies (go.niu.edu/housinghandbook) provides most of what you need to know. The Housing Handbook and Policies outline housing procedures, policies, the housing contract terms and conditions, university guidelines and technology support.

Safety and Security

The main entrance and all outside doors to each building are secured 24 hours a day. Only NIU students, faculty and staff can enter residential facilities with the use of their OneCard. In the evenings, you and any guests you’ll have need proper identification in order to gain entry into the residence halls.

- Main Desk staff and Access Control provide security to your hall at night.
- You’ll have to show your Hall Entry Card and NIU OneCard to gain entrance to your hall. Make sure you have your Hall Entry Card at all times. If not, you may be fined.
- Make sure you and any visitors show proper identification to Housing and Residential Services staff upon request. Without proper identification, you may not get access and your guests will have to leave.

When it comes to the safety of your residence hall, make sure you:
- Don’t ever duplicate your room key or modify your key, Hall Entry Card or OneCard.
- Don’t use anyone else’s room key, Hall Entry Card or OneCard.

Have more questions about staying safe while on campus? Check out pages 52-54.

Guest Policies

You can have guests stay with you overnight in your residence hall room, but they can only stay for a maximum of 72 hours within a seven-day period. Make sure you’ve received permission from your roommate/clustermate first! You’re responsible for your guest, so make sure they’re with you at all times. Your guest must show proper identification and register with the reception desk in your residence hall. For more information, view the Housing Handbook and Policies information (go.niu.edu/housinghandbook).

Your Community Advisor (CA)

For many of our new students (probably you included) this may be the first time sharing a living space with someone else – or lots of new people. We know that different issues or questions may come up throughout the year, so that’s why we have resources available to support you.

CAs are trained student leaders whose primary responsibility is to support you with whatever you may need and to be a resource. Now here’s the trick – USE THEM!

What would you need them for?
- Building community. Your CA will help you get to know your new community.
- Help finding a building or resource on campus.
- Something isn’t working or is broken in your space.
- You and your roommate/clustermate/suitemate may not be getting along.
- People are being too loud during quiet hours.
- You’re struggling being away from home.
- You need to find tutoring for certain classes.
- And much more. Just ask your CA.
Roommate Agreement
A new roommate/clustermate/suitemate is pretty exciting! You may know who you’re sharing a space with already or you may not. Regardless, it’s an opportunity to get to know someone else who might be completely different from you.

Whether you know your roommate ahead of time, sharing a space can potentially be challenging at times. We want to make sure you’re communicating with your new roommate and are on the same page (sleeping hours, use of TV, sharing of items, etc.). During your first few days living on campus, you and your roommate will be asked to submit a roommate agreement.

You’ll discuss your roommate agreement with your CA and you can revisit it as often as you need.

Students in the New Residence Hall will complete a mini-suite and cluster agreement form.

Rental and Property Insurance
In an effort to provide peace of mind for you and your family, we encourage you to carry personal property insurance as NIU is not responsible for damage to your property. We recommend reviewing your homeowner’s policies to determine if any coverage gaps exist. If so, it’s best to consult with your insurance agent about purchasing rental insurance. Housing and Residential Services cannot be held responsible for damage to residents’ property.

Important Residence Hall Services

Doing Laundry
- You can only use Huskie Bucks to pay for laundry (see page 23 for more info on Huskie Bucks). A wash cycle costs $2 and dryers are free.
- Find out which washers and dryers are available before making a trip to the laundry room and sign up for an email notification when your laundry is done at go.niu.edu/yourlaundry.

Technology
You’ll have access to NIU wireless in your room and all public areas in your residence hall. Most rooms also have one Ethernet port for direct connections.

You’ve Got Mail
We know that sometimes you just need a care package from home to brighten up your day.

When you live on campus, you can pick up mail 24/7 at your own mailbox (or a shared mailbox if you have a roommate) near your residence hall’s front desk. If you get a package, we’ll let you know through email, then just stop by your front desk anytime with your OneCard to pick it up.

Mail is delivered Monday through Saturday (except holidays) while classes are in session. We only accept mail and packages addressed to current residents. When you move out of the residence halls, we’ll forward mail to your permanent address on MyNIU.

Addressing Mail to Residents
Full Resident Name
Hall and Room Number
(Include side A, B, C or D tower/wing)
Street Address
DeKalb, IL 60115

Example
John Doe
New Hall East 114G1
501 North Annie Glidden Road
DeKalb, IL 60115
Living Off Campus and Commuting

Whether you’re commuting from home or you’ve decided to move in with your friends somewhere off campus, NIU still wants to make sure you have what you need to be successful.

The Lounge
Need a space to relax in between classes? Military and Post-Traditional Student Services has a lounge located in Campus Life Building Room 170. It’s open from 8 a.m. to 6 p.m. during the week. This space comes equipped with just about everything you may need. Make sure to check out niu.edu/mptss for more details.

The Lounge includes:
• Couches, tables and chairs.
• Computer lab.
• Mini-kitchen with full-sized refrigerator.
• 40-inch TV.

You’ll find lots of lounge areas and other great places to study around campus.

Parking
As a commuter student, parking might be one of the most important aspects as you head into a new semester. All students MUST purchase a parking permit to park on campus. These can be purchased for a discounted rate online at prkapp.niu.edu.

For a more in-depth look at parking on campus and various permit rates, see page 48.

Carpool Connections
Are you looking to share a ride to campus? Connect with other students using the NIU Carpool Connections Facebook group. To join the Facebook group, please submit an intake form (go.niu.edu/carpool) using a valid Z-ID.

Feel free to post your travel needs and connect with other students by responding to their posts. Please include where you’re traveling from and your typical weekly schedule. It might also be helpful to mention whether you’re willing to drive all/some of the time or whether you need a lift.
Your Apartment Lease

We definitely recommend you bring your lease to Student Legal Services before signing it. Check out how to schedule an appointment or other services at go.niu.edu/studentlegal.

Still looking for a place to live? Military and Post-Traditional Student Services can help. Check out the annual “Housing Guide” or go on their website to find links to various management companies in the surrounding area at niu.edu/mptss.

Bad Weather

This should come as no surprise, but we get snow. Sometimes ice. Or other times it’s just really, really cold. If you’re commuting from outside the DeKalb/Sycamore area, we want to make sure that you’re staying safe on the road. You can always:

• Stay at the Holmes Student Center Hotel.
• Stay with a friend in the area.
• Stay at a local hotel.

If you have class but aren’t sure if the university is closed due to bad weather, use these resources before hitting the road:

• The NIU website. The announcement will be listed on the home page.
• Emergency text alerts. Sign up by including your cell phone number in MyNIU. Check out go.niu.edu/text for more details.

Tips for Success: Life at NIU

1. If you’re living on campus, connect with your roommate(s) before Move-In Day. That way you’ll figure out who’s bringing what. It’ll make the transition go that much more smoothly.

2. Commuting? Make sure you arrive early to give yourself enough time to find a parking space. You may need to check one or two alternate parking locations. There are many spaces to park, but the ones closest to academic buildings fill up fast.

3. Add funds to your Huskie Bucks account. This account can be used for so many things! Keep in mind that you must have money in this account if you plan to do laundry in the residence halls.

4. Review the move-in day policies and procedures at go.niu.edu/moveinday. We know that day might be a bit overwhelming … so knowing the game plan ahead of time can be beneficial.

Child Care Options

NIU Campus Child Care (CCC) is located on the east side of Annie Glidden Road behind Gabel Hall. CCC offers quality care to children ages 3 months to 5 years. CCC is licensed through the state of Illinois and accredited through NAECY’s Academy of Early Childhood Program Accreditation, which serves as an indicator of a high-quality program. For more information, rates and an application, visit niu.edu/ccc.

NIU Child Development Lab (CDL) is a teaching and research facility for child development and early childhood professionals, accredited through NAECY with a four-star rating from the Quality Rating System of the Illinois Department of Human Services. The CDL has three mixed-age classrooms: there are two classrooms with infants (8 weeks to 14 months old), toddlers (15-23 months old) and two-year-olds, and there is one classroom for preschoolers (3-5 years old). For more information, rates and an application, visit go.niu.edu/cdl.

Community Coordinated Child Care (4-C) helps parents find reliable child care on and off campus and will help with financial assistance for child care costs for those who qualify. For help searching for child care providers, visit four-c.org/child-care-referrals. For financial assistance with child care costs, visit four-c.org/apply-child-care.
One great perk at NIU is having so many dining options. Whether you live in the residence halls, off campus or you commute, Campus Dining Services has plenty of delicious and healthy eating choices all across campus.
Where Can I Eat?

There are Campus Dining locations in:
- Stevenson Towers.
- New Hall Community Center.
- Gilbert Hall.
- Neptune Hall.

You can also eat at other locations around campus, which include:
- Caribou Coffee (lower level, Founders Memorial Library).
- Dog Pound Deli (Stevenson Towers).
- DuSable Dugout (main floor, DuSable Hall).
- East Side Café (Gilbert Hall).
- Three Sons Café (main floor, Barsema Hall).
- The College Grind (main floor, HSC).

Be on the look out in fall 2019 – we’ll be adding new and exciting retail locations on campus!

For operating hours, menus and payment options, visit niu.edu/dining.

Meal Plans

If you're living in New Hall, Neptune, Grant, Gilbert or Stevenson, you automatically get our Huskie Unlimited Access Plan. This plan provides unlimited access seven days a week to any All You Care to Eat dining centers. You're welcome to come and go as often as you'd like during operating hours. You also get 10 free Flex Dollars to use at other campus dining locations.

Meal Plans for Off-Campus and Commuter Students

If you live off campus (including Northern View Community) or commute, we have meal plans designed just for you. We offer flexible Off-Campus Student Meal Plans. Check out go.niu.edu/offcampusmeal for more information.

Other Eating Options

Besides the residence hall dining options and other campus dining locations, the DeKalb and Sycamore communities have lots of eating options and most of them take Huskie Bucks (see page 23 for more information). For more information about eating options in DeKalb/Sycamore see page 56 and go.niu.edu/eatingoffcampus.

Recoup Soup

Feeling under the weather and living in the residence halls? We offer Recoup Soup in Stevenson, New Hall, Gilbert and Neptune Dining. Soups are available for pick up at the checkout stations during normal dining center hours. Each order includes crackers and a choice of fresh fruit.

Choose one of the following soups:
- Chicken noodle (contains egg, wheat/gluten).
- Chicken rice.
- Garden vegetable.

To order your Recoup Soup, please call:
- New Hall 815-753-7652.
- Stevenson 815-753-1475.
- Gilbert 815-753-3132.
- Neptune 815-753-0548.
Healthy Eating

While we know many students enjoy pizza and chicken tenders, that doesn’t mean you can’t still eat healthy. We’ve got resources to make healthy eating easy!

MyDining
MyDining provides nutrition and food allergy information to help you make decisions about the foods you choose to fill your plate. For more information, visit go.niu.edu/mydining.

Healthy Huskie Choices
To help you navigate healthy choices within the dining halls, we have identified Healthy Huskie food choices using guidelines developed by our registered dietitian nutritionist. For more information, visit go.niu.edu/healthyhuskie.

MyPaw
To consume a balanced meal, fill your plate with foods from all food groups to resemble the MyPaw plate. Plant-based foods are emphasized with MyPaw and provide the essential vitamins, minerals and disease-fighting nutrients to keep you energized and at your best when you’re pushed to your limits with the college life. Protein and dairy foods provide a feeling of satisfaction when eating and are essential to your strength and stamina. For more information, visit go.niu.edu/healthyhuskie.

Allergies and Food Limitations
If you have a dietary need, allergies or intolerances, we can help! First, visit go.niu.edu/foodoptions. You’ll find lots of helpful information on this site but we still want to hear from you.

Visit go.niu.edu/nutritionquestion and get in touch with our registered dietitian.

Tips for Success: Eating at NIU
1. Familiarize yourself with the dining labels at go.niu.edu/nutritionquestion, especially if you have food allergies or limitations. Don’t be afraid to ask for help from our Campus Dining team.
2. Explore your dining options across the entire campus and throughout the DeKalb/Sycamore community. Many local restaurants take Huskie Bucks.
3. Have a friend who lives off campus and doesn’t have a meal plan? Want to treat a faculty member staff to a meal? You can use one of your guest swipes included with your meal plan!
At first, campus can seem a bit large. Over time, campus will seem smaller and smaller because you’ll know your way around. This section gives an overview of ways to get around campus.
Parking

We’ll keep it simple for you in case you’re interested in parking anywhere on campus. You’ll need to get a parking permit. You’ll want to buy it online - it’s less expensive than in person. We’ll mail it to you after you purchase it online.

We have a few different kinds of permits:

- **Orange** = If you live in the residence halls.
- **Yellow** = If you commute.
- **Brown** = If you commute, but want to pay a little less.
- **Green** = If you want a free permit and park in Lot C by the Convocation Center.

Please remember that just because you’re living off campus (but still in DeKalb/Sycamore), that doesn’t necessarily mean you’d purchase a commuting permit. Visit niu.edu/parking to learn more, compare costs and find out what permit is right for you.

Not sure where to park? You’re not alone. Lots do fill up, but there’s always a spot for you somewhere. Check out go.niu.edu/findparking to begin figuring out where it might make the most sense for you to park each day you’re on campus.

Off-Campus Parking

If you’re living off campus, the City of DeKalb has adopted new parking regulations which are set to begin in fall 2018. The rules will vary depending on where you live, but street parking is discouraged and limited in many neighborhoods. As you’re finalizing your off-campus housing plans, make sure you figure out what kind of parking might be available for you. Some landlords include an off-street parking fee in your monthly rent; others may not be able to guarantee an off-street space.

If you must park on the street, you’ll need to purchase a permit at the City of DeKalb Police Department. These permits are limited and available on a first-come, first-served basis. You’ll need to provide an ID and documentation (like a utility bill) of where you’re living in DeKalb. If you’re having a guest come see you, they’ll need a 24-hour guest parking pass. You can get those at the City of DeKalb Police Department as well.

Make sure you’re familiarizing yourself with parking restrictions in DeKalb to avoid any unnecessary tickets. Questions, visit cityofdekalb.com/1110/Safe-Streets-Initiative.
Huskie Bus Line

If you live in the areas surrounding campus, you probably live by a Huskie Bus Line stop. Visit huskieline.com for more information.

Here's a quick glance at the 11 routes on the Huskie Bus Line:

- Routes that go to the residence halls.
- Routes that go off campus.
- Routes that go into the surrounding DeKalb community.
- All routes are free to NIU students.
- Most routes operate between 7 a.m. and 7:30 p.m.
- There is a GPS tracking system that can be found on both the NIU website and NIU app.

Getting Around Outside of DeKalb

Elburn Shuttle

What's great about the NIU location is that we're very close to the Elburn MetraRail Train Station. We've got a shuttle bus that can take you there, too.

This service is only offered Fridays and Sundays. There is no Elburn Shuttle service Saturday. The bus is identified as the No. 12.

Visit the Hotel Front Desk inside the Holmes Student Center to purchase your ticket. It costs $6.25 for students, but keep in mind that tickets MUST be purchased in advance. For information about Metra train fares and schedules, visit MetraRail.com. For the Elburn Shuttle Bus visit huskieline.com.

Greyhound Bus Service

The Holmes Student Center is among seven stops on a Greyhound Bus Lines route between Chicago and Davenport, Iowa. The route also includes stops in Rochelle, Dixon and Moline. Greyhound will service all cities on the route four times per day, seven days per week.

Tickets can be purchased online through the Greyhound website at greyhound.com or through Greyhound's mobile app.
More Transportation Resources

Zipcar

Get this – even if you don’t have a car on campus, you can borrow one of ours. Whether it’s for a quick trip to the store, a weekend getaway with friends or you just want to explore the area, you can make it happen.

NIU has partnered with Zipcar to bring self-service, on-demand car sharing to the area. To use Zipcars, simply register as a member, reserve a car online or by phone, use your Zipcard to enter the car and drive away. When you’re done, return the car to the same location where you picked it up.

As a member you get:
• Access to Zipcars 24/7.
• Discounted hourly rates for faculty, staff and students ages 18 and older. Rates start at just $7.50 per hour or $69 per day. These rates are subject to change.
• Free gas, insurance and maintenance!

Interested? Check out go.niu.edu/zip for more information.

Having a Visitor to Campus?

Visitors can go to Campus Parking Services at 121 Normal Road to purchase a visitor permit for the length of time they’ll be on campus. Visitor permits may also be purchased at one of the three pay stations on campus or online at prkapp.niu.edu. These are located at Recreation and Wellness, Campus Life Building and Anderson Hall. The visitor permit allows parking in just about every lot. The daily fee is $5. For more information, visit niu.edu/parking.

Tips for Success:
Getting Around NIU

1. Make sure to purchase your parking permit. Remember, it’s less expensive if you order it online.
2. Review the Huskie Bus schedule – we know it can seem confusing at first, but it’s really not once you get the hang of it. Trust us; it’ll make your life so much easier. Questions? Ask someone.
3. Download ETA SPOT app from the Apple Store or Google Play. ETA SPOT lets you know where Huskie Safe Line and the Huskie Buses are at all times.
Protecting the Pack

Our No. 1 priority is the safety and security of all students, faculty, staff, guests and community. We’re committed to maintaining a safe campus environment. From late night transportation services to self-defense classes, your safety is our focus.

In this section

52 Our Officers
53 Safety Resources
The NIU Department of Police and Public Safety provides service and protection to the university campus and community. Our police officers have powers of arrest in the state of Illinois and are certified emergency medical technicians. Police operations include proactive patrol, crime prevention, criminal investigation, evidence collection, paramedic services, traffic management and training. Our administrative services section includes our telecommunications, security guard, access control and police records units.

Collaboration is an important part of our jobs. We work with other organizations on and off campus. For example, our officers attend meetings in sorority houses, fraternity houses and residence halls. We provide dozens of safety education programs and services to help students, faculty, staff, visitors and members of the surrounding communities. We work closely with the DeKalb Police Department and other law enforcement agencies to proactively reduce crime and address quality of life issues in our community.

Keeping Safe and Smart
Here’s the reality: Stuff happens no matter where you live. What’s different about NIU and your hometown, however, is that we’re going to tell you about these incidents as quickly as possible and offer you multiple options for learning how to proactively protect yourself.

Follow these tips to help keep yourself and others safe on and off campus:
• Shut and lock your doors when leaving rooms and never leave property unattended.
• Report any criminal behavior to the campus police at 815-753-1212.
• Learn the location of Community Safety Centers and Emergency Assistance Call Boxes.
• When walking at night, walk in well-lit areas with companions or take advantage of the Huskie Safe Line Service or Huskie Safe Walk escorts.
• Follow all rules of the road when driving a car, walking, riding a bicycle or using other forms of personal transportation such as rollerblades, skateboards or scooters.
• Make wise decisions regarding alcohol use and other risky behaviors.
• Attend a R.A.D. Women’s Self-Defense Training (go.niu.edu/rad) to learn safety and self-defense techniques. You’ll also learn risk reduction strategies, safety awareness, safety tips, basic stances and hands-on defense training.
• Mark your property so it can be identified if it’s stolen and later recovered.
• Call 815-753-TIPS (8477) to provide information that may help the police solve crimes. Your call will remain anonymous. Tips that result in an arrest or university judicial action are eligible for a cash reward of up to $250.
Safety Resources

Here are free services designed to help you stay safe or to support you if you're the victim of a crime.

Huskie Patrol
On weeknights, between the hours of 8 p.m. and 4 a.m., you can contact the Huskie Patrol at 815-753-9658. Trained patrol members will meet and escort you to residence halls, parking lots or any other destination on campus free of charge.

Huskie Safe Line
Huskie Safe Line (go.niu.edu/safe) is a shuttle service during late night hours after the Huskie Bus Line stops running. This free service is available to NIU students, faculty and staff as well as community members with disabilities. The shuttle travels a fixed route with 35 pick-up and drop-off locations.

Motorist Assistance
Having car trouble on campus? Help is only a phone call away. The Department of Police and Public Safety can help if you've locked your keys in your car, need to jump start your car or require help changing a flat tire. For assistance call 815-753-1212.

Safety Bulletins
Safety bulletins (go.niu.edu/sh) from NIU inform you about crimes that recently occurred on or near campus so you can take the appropriate precautions. They also work to prevent similar crimes and assist us in identifying offenders.

By providing your mobile phone number in MyNIU, you are automatically registered with our emergency notification system to receive text messages about serious emergency situations and criminal activity on or near campus. All students and employees also receive emergency information at their NIU email address.

Download the Everbridge App
NIU also offers a downloadable app to receive these types of notifications. You can find the free app in Google Play or Apple Store – just search for Everbridge. Only users with an NIU ID (your Z-ID) and password can enable notifications through the app, which can be configured to sound an audible tone and display the notification when a safety bulletin is issued.

Follow the steps below to download and log in to the Everbridge app for NIU emergency notifications.
1. Download EverBridge app from the Apple Store or Google Play.
2. Open the app and choose "Enable Single Sign-On."
3. Enter the following in the Single Sign-on Key Phrase: NIUHuskies16.
4. Press "Continue."
5. Use your NIU credentials to sign in.
6. Choose "Share My Location and allow push notifications.
7. Press "Done."

We also notify the community of emergency situations using sirens and weather radios, broadcast voicemail messages, in-building public address announcements, Novell broadcast messages and via internet protocol television (IPTV).
Have you ever been concerned about a situation and wanted to help, but didn’t? Attend a 90-minute interactive training session that can help you recognize clues that something may be wrong, enhance the feelings of responsibility to safely intervene and increase the commitment and sense of empowerment to act. For more information and to sign up, visit go.niu.edu/speakup.

Students’ Legal Assistance
Should you ever need it, the Students’ Legal Assistance office (niu.edu/legal), staffed by our own law students, provides free legal counsel, advice and referral services to students.

Title IX/Sexual Misconduct
Most often associated with equity in sports, Title IX is a federal law that also covers sexual misconduct such as dating violence, sexual violence (rape, sexual assault), stalking, domestic violence, sexual harassment and gender-based harassment/discrimination. If you have questions about Title IX policies and procedures, email titleixcoordinator@niu.edu.

Did You Know?
- The NIU Student Code of Conduct (niu.edu/conduct) establishes academic and behavior standards for all students both on and off campus.
- The most common violations of the student code of conduct include noise violations and underage drinking. Serious violations can result in mandatory education, fines or dismissal from the university.
- Academic misconduct including plagiarism, cheating and fraud may result in lower academic grades or dismissal.
- Any violation of the university’s Alcohol or Drug Policy by someone under the age of 21 includes a notification to the parent/guardian of the violation.
- Remember that as a student you represent yourself, your family and the university. Huskies are active participants in their community and ensure that community standards are followed. It’s on each of us to make NIU a great place to learn and live!

Bias Incident Reporting
NIU expects a high level of responsible behavior by students, faculty and staff on and off campus. If something should happen where you feel that you have been a victim of discrimination based on gender, race, religion, sexual preference or physical ability, you should report it to the appropriate authority.

If you have observed or experienced a bias incident, please report it by using any of the following options:
- Complete the form found at go.niu.edu/form if you wish to remain anonymous.
- By phone: Office of Academic Diversity, Equity and Inclusion at 815-753-8387.
- In person: Office of Academic Diversity, Equity and Inclusion, Altgeld Hall, Room 215.

Tips for Success – Protecting Our Pack
1. Bringing a bike to campus? Make sure to register it with NIU Police. For more information on how to do this, visit go.niu.edu/bike.
2. Bringing an electronic device to campus? You should register it too. For more information on how to do this, visit go.niu.edu/device.
3. What expectations might your family have for you regarding your safety and decisions about alcohol? Talk with them before coming to school so you understand how they feel.
4. Don’t be afraid to speak up! If you see something that doesn’t seem right, tell someone who can help. Now that you’re part of the NIU community, you should be an active bystander.
Being part of the NIU community means being a part of the DeKalb/Sycamore community too!

What’s great about living here is the combination of urban, suburban and rural amenities all in one charming community.
Living in DeKalb

The following list is a just a sampling of DeKalb/Sycamore venues. Plus, check out dekalbcountycvb.com, dekalb.org or sycamorechamber.com for events happening in DeKalb and businesses in the area.

Grocery
77 AB Supermarket-Carniceria: 1612 Sycamore Rd., DeKalb
76 Aldi: 2569 Sycamore Rd., DeKalb
73 Guruskrea Indian Grocery: 1005 W. Lincoln Hwy., DeKalb
59 Hy-Vee of Sycamore: 2700 DeKalb Ave., Sycamore
55 Imboden’s Meat Market: 1106 N. First St., DeKalb
81 Jewel-Osco: 1520 Sycamore Rd., DeKalb
48 La Hacienda Chiquita Food Mart: 1013 Hillcrest Dr., DeKalb
78 Ruby’s Asian Market: 1406 Sycamore Rd., DeKalb
41 Schnucks: 975 S. Annie Glidden Rd., DeKalb

Pharmacies
9 CVS: 1022 W. Lincoln Hwy., DeKalb
81 Jewel-Osco: 1320 Sycamore Rd., DeKalb
62 Target: 2555 Sycamore Rd., DeKalb
74 Wal-Mart: 2300 Sycamore Rd., DeKalb
25 Walgreens: 100 W. Lincoln Hwy., DeKalb

Shopping
71 Bed, Bath and Beyond: 2530 Sycamore Rd., DeKalb
37 Cracker Jax: 118 N. 3rd St., DeKalb
64 Five Below: 2345 Sycamore Rd., DeKalb
62 Target: 2555 Sycamore Rd., DeKalb
74 Walmart: 2300 Sycamore Rd., DeKalb

Hair/Beauty
39 Dana’s Day Spa: 203 E. Locust St., DeKalb
54 Dolce Vita Salon & Day Spa: 2525 Bethany Hwy., Sycamore
42 Final Fades: 901 Lucinda Ave., DeKalb
19 My 1 Hair Solution: 818 W. Lincoln Hwy., DeKalb
53 Roc’s Barber Shop: 114 E. Hillcrest Dr., DeKalb
51 Studio One: 1007 N. First St., DeKalb
28 T’s Barber & Braiding Shop: 138 S 2nd St., DeKalb

Eating
For more options and to see which restaurants accept Huskie Bucks, visit go.niu.edu/eatingoffcampus.
63 Applebee’s Grill and Bar: 2411 Sycamore Rd., DeKalb
26 Barb City Bagels: 122 S. First St., DeKalb
80 Bea’s Wok’n Roll: 1402 Sycamore Rd., DeKalb
49 Burritoville: 1026 Hillcrest Dr., DeKalb
72 Chili’s Grill and Bar: 2370 Sycamore Rd #4, DeKalb
75 China House: 1900 Sycamore Rd., DeKalb
11 Chipotle Mexican Grill: 1015 W. Lincoln Hwy., DeKalb
10 Culvers: 1262 W. Lincoln Hwy, DeKalb
30 Ecuador’s Mexican Restaurant: 214 E. Lincoln Hwy., DeKalb
67 Egg Haven Pancakes and Cafe: 2562 Sycamore Rd., DeKalb
65 Ellwood Steak and Fish House: 2219 Sycamore Rd., DeKalb
50 Fanatico: 1215 Blackhawk Rd., DeKalb
1 Fatty’s Pub and Grille: 1312 W. Lincoln Hwy., DeKalb
79 Flappy’s Pancake House: 1406 Sycamore Rd. A, DeKalb
17 Fushi Yami Hibachi & Sushi: 822 W. Lincoln Hwy., DeKalb
4 Happy Wok: 1190 W. Lincoln Hwy., DeKalb
33 Hillside Restaurant: 121 N 2nd St., DeKalb
35 House Café: The: 263 E Lincoln Hwy, DeKalb
14 Huddle, The: 817 W. Lincoln Hwy., DeKalb
7 IHOP: 131 N. Annie Glidden Rd., DeKalb
58 Jamrah: 2672 DeKalb Ave., Sycamore
8 Jersey Mike’s Subs: 103 N. Annie Glidden Rd., DeKalb
18 Junction, The: 816 W. Lincoln Hwy., DeKalb
31 Lincoln Inn, The: 240 E Lincoln Hwy., DeKalb
23 Los Burritos: 185 W. Lincoln Hwy., DeKalb
70 Los Rancheros: 2350 A Sycamore Rd., DeKalb
47 Lukulos: 890 Pappas Dr., DeKalb
38 Marco’s Pizza: 456 E. Lincoln Hwy, DeKalb
61 Noodles and Company: 2561 Sycamore Rd., DeKalb
32 O’Leary’s Ale House: 260 E. Lincoln Hwy., DeKalb
69 Panda Express: 2434 Sycamore Rd., DeKalb
43 Panda House: 901 Lucinda Ave, DeKalb
68 Panera Bread: 2476 Sycamore Rd., DeKalb
45 Pita Pete’s: 901 Lucinda Ave T, DeKalb
3 Pizza Pro’s: 1205 W. Lincoln Hwy., DeKalb
16 Pizza Villa: 824 W. Lincoln Hwy., DeKalb
5 Popeye’s Louisiana Kitchen: 1127 W. Lincoln Hwy., DeKalb
56 Portillo’s Hot Dogs: 1780 DeKalb Ave, Sycamore
12 Potbelly Sandwich Shop: 1013 W Lincoln Hwy., DeKalb
46 Rosati’s Sports Pub of DeKalb: 930 Pappas Dr., DeKalb
40 Rosita’s Mexican Restaurant: 642 E. Lincoln Hwy., DeKalb
44 Sharks of DeKalb: 901 Lucinda Ave, DeKalb
6 Sonic Drive-In: 1115 W Lincoln Hwy., DeKalb
30 Tapa La Luna: 226 E Lincoln Hwy, DeKalb
57 Texas Roadhouse: 1950 DeKalb Ave, Sycamore
37 Thai Pavilion: 131 E. Lincoln Hwy., DeKalb
25 Tom and Jerry’s: 215 W. Lincoln Hwy., DeKalb
21 Vinny’s Pizza: 221 W. Lincoln Hwy., DeKalb
20 Yen Ching: 810 W Lincoln Hwy., DeKalb

Coffee/Sweets
29 Common Grounds Coffee and Books: 150 E. Lincoln Hwy., DeKalb
76 Dairy Queen: 1780 Sycamore Rd., DeKalb
34 DeKalb Confectionary: 149 N. 2nd St., DeKalb
8 Dunkin’ Donuts: 1101 W. Lincoln Hwy., DeKalb
24 La Michoacana Ice Cream Bar: 162 W. Lincoln Hwy. DeKalb
66 Ollie’s Frozen Custard: 2290 Oakland Dr., Sycamore
14 Smallcakes: 817 W. Lincoln Hwy., DeKalb
10 Starbucks: 1015 W Lincoln Hwy., DeKalb
55 Sweet Dreams Bakery: 1969 DeKalb Ave., Sycamore
With the DeKalb (43,849) and Sycamore (17,600) populations, you can always find something going on. One of our biggest community events is DeKalb Corn Fest, during the last week in August, which attracts more than 50,000 visitors! In the late fall, Sycamore hosts the state's largest autumn festival, Sycamore Pumpkin Festival. In addition to these annual events, the community is full of activities and entertainment venues year-round.

Tips for Success – Living in DeKalb

1. Going to NIU means living in DeKalb too. Explore your surrounding area and experience what the greater community has to offer.

2. DeKalb and Sycamore have lots of chain restaurants, but we encourage you to try some local eats!

3. Make sure to check out Corn Fest (late August), DeKalb Kite Fest (September) and Sycamore Pumpkin Festival (October). There's always something fun going on in the local community.
Being healthy is an important part of doing well in college. We’ve got lots of resources to help you along the way.
Health Services

As a student enrolled in classes, you get to use Health Services for free (some services do cost money though). You don’t have to have NIU Student Health Insurance (see next column, this page for information) to use Health Services. Health Services is a fully accredited, on-campus medical practice. We provide the same level of medical care and expertise that you would get at home.

While we provide the same services your primary physician may provide at home, we also offer:
- On-site pharmacy.
- Laboratory.
- On-site X-ray.
- Women’s health.
- Preventative medicine.
- Psychiatry.

Health Services Pharmacy

NIU has its own pharmacy on campus. We’re doing more than just filling your prescription. Our pharmacy provides plenty of information and explanation. While NIU doesn’t take other insurance benefits, you can just take your receipt and submit it to your insurance company. Often our prices are less expensive than your copay.

For other pharmacies in DeKalb and Sycamore, see page 56.

Student Health Insurance (SHI) and Immunizations

According to state and federal laws, you must have health insurance and have submitted the appropriate immunization records.

Student Health Insurance

You’re automatically enrolled in the SHI plan (niu.edu/shi) if you’re taking at least nine semester hours. The fee will appear within 48 hours of registering for classes. If you have comparable health insurance coverage, you may cancel the SHI by submitting a waiver. If you miss the deadline, you’ll still be responsible for paying for SHI.

Immunizations

If you’re enrolled in classes at NIU, you’re required by the Illinois College Student Immunization Act (110-ILCS 20) and university policy, to provide proof of immunity for a variety of vaccines. Documentation of immunity must be complete and on file at Health Services by Aug. 1 (if you’re enrolling for fall), Jan. 1 (if enrolling for spring) and June 1 (if enrolling for summer). For more information on what vaccines you need and how to submit documentation, visit go.niu.edu/immuniz .

Keep in mind that if you fail to provide the required immunization documentation, you’ll be given a fine which will prevent you from registering for the next semester.
AlcoholEDU

You’ll find that the NIU community is committed to your health, safety and academic success. Due to this commitment, we’ll require you to participate in an online learning module, AlcoholEDU for College. It’s up to all of us to create a safe community that promotes the well-being of our entire campus.

AlcoholEDU for College is a confidential, personalized and interactive science-based program that educates students on alcohol consumption and the behaviors associated with it.

AlcoholEDU is mandatory for all new students. All you have to do is wait for us to send an email to your official NIU account with instructions and details. You can anticipate this email close to the start of the semester. Part One of AlcoholEDU is due by the deadline stated in the email. Failure to complete the online course will prevent you from registering for the next semester.

Affirmative Action and Equity Compliance

AAEC is a campus resource that ensures everyone at NIU is free from unfair, unequal and discriminatory treatment. It also helps with situations related to Title IX/sexual misconduct, requests for ADA accommodations, affirmative action complaints, pregnancy discrimination and mediation services. For more information, visit AAEC at niu.edu/aaec.

Smoke-Free Campus

NIU provides and maintains an optimally healthy and safe working and living environment for students, faculty, staff and visitors.

In accordance with the Smoke-Free Campus Act, which prohibits smoking on all Illinois state-supported higher education institutions including public university and community college campuses, NIU is smoke-free.

A smoke-free campus can make an enormous impact on the lifelong health of students, faculty and staff who live, learn and work at NIU. Experience shows that 100 percent smoke-free policies effectively reduce tobacco use by preventing initiation and making it easier for smokers to quit. Smoke-free college campus policies specifically decrease smoking rates and positive attitudes toward tobacco use.

For more information, visit niu.edu/smokefree.

Updating your Emergency Contact and Medical Information

It’s important for NIU to have your most up-to-date emergency and mental health contact information. Head to MyNIU Student Center and see Personal Information. You’ll find the links to add emergency and mental health contact information.

Counseling and Consultation Services (CCS)

Many college students struggle with personal and mental health concerns at some point during their college career. These issues include challenges like:

- Mood (anxiety, depression, stress).
- Relationship concerns (roommates, romantic relationships or friends).
- Family concerns and pressures.
- Adjusting to transitions.
- Identity concerns.
- Impacts of substance use.

Struggles with your mental health and well-being can have a big effect on your academic performance and your success at NIU and beyond. CCS is committed to supporting you. Join their staff for events on campus like mindful meditation and monthly therapy dogs. Or come speak with a professional mental health counselor to get connected with individual or group therapy services. If you’re experiencing a crisis or mental health emergency, contact our office for immediate assistance any time of day or night. CCS can also talk with you confidentially about how to support a friend who you’re concerned about.

For more information, visit niu.edu/counseling or call us at 815-753-1206. Or visit the CCS office located in the Campus Life Building, Suite 200.

Tips for Self-care

- Exercise: Walk, run or bike to improve your mood.
- Eat healthy: Your mind needs a balanced diet.
- Stay connected: Talk to family and friends.
- Sleep: Go to bed and wake up at consistent times.
- Avoid alcohol or other drugs.
- Live in the present: Think about what you can do in the next hour or two.
- Engage in activities: They renew your heart and mind.
- Maintain a sense of humor: Laughing can reduce stress.
- Remind yourself, distress is temporary.
- Practice relaxation: Try breathing exercises.
- Color, write or sketch.

Advocacy Services at CCS

In addition to mental health services, CCS is home to the university’s advocacy coordinator for sexual assault, domestic/dating violence and stalking. If you or a friend are impacted by any of these situations, the advocacy coordinator can provide confidential support to help you navigate the university system, receive assistance for classes and figure out the next best steps for you. Contact the advocacy coordinator at 815-753-1206.
University Recreation and Wellness (RecWell)

Come play! Five recreation facilities are waiting for you.

There are so many ways to participate in RecWell activities!
Last year we had:

- **541** Intramural Teams
- **31** Sports Clubs
- **852** Group Fitness Classes
- **552** Personal Training Sessions
- **1,027** Nutrition Coaching Sessions
- **123** Different Outdoor Trips and Special Events
- **76** Different Types of Gear Available to Rent
- **18** Local, State and National Park Visits
Did you know that NIU students who participated in Recreation and Wellness (RecWell) activities reported increased skills in leadership, time management, problem-solving, ability to multitask, self-confidence, multicultural awareness, communication, concentration, group cooperation, being adventurous, developing friendships and felt a sense of belonging?

Also, students reported increased physical strength, athletic ability, fitness level, ability to handle stress, balance, overall health, weight control, feeling of well-being and ability to get a good night’s sleep.

Participating in RecWell helps you succeed.

Wellness is much more than merely physical health, exercise or nutrition. It is the full integration of states of physical, mental, and spiritual well-being.

The wellness model used by our campus includes:

- Social
- Emotional
- Spiritual
- Environmental
- Occupational
- Intellectual
- Physical

Each of these seven dimensions act and interact in ways that contribute to our own quality of life. Engaging in the wellness process allows you to learn about yourself and gives you the opportunity to make decisions to enhance your well-being. Everyone’s optimal wellness is different, depending on your own needs, experiences, personality and circumstances. Wellness is a conscious, self-directed, dynamic process of trying to achieve your potential.

Steps to Get Started

Work out at RecWell right away! As soon as the semester starts, head on over. Remember, you have to be enrolled in classes at the DeKalb campus to use any RecWell facility, or you can purchase a student membership. Just swipe – your OneCard gets you into all of the RecWell locations.

What you can do:

- Exercise on cardio equipment, jog/run on indoor tracks, strength train, play basketball, volleyball, racquetball, tennis, badminton, ping pong, pickleball, wallyball and more.
- Check out a variety of sport and exercise equipment with your OneCard – most of them are free.
- Store your stuff. Day and rental lockers are available.

All facilities are accessible. For disability-related accommodations, please contact RecWell at 815-753-0231.

Recreation and Wellness (RecWell) Facilities

**Recreation Center (RC).** Cardio and strength training, eight multipurpose courts, indoor track, fitness studios, racquetball courts, boxing and plyometric room, and more.

**Adventure Center (AC).** The headquarters for Outdoor Adventures (located within the RC) is the place to rent outdoor gear, register for adventure trips or get advice on planning your own trip.

**Chick Evans Fieldhouse (FH).** Includes a more private cardio and strength training room, four multipurpose courts, indoor track and activity rooms.

**Gilbert and New Hall Fitness Rooms (GH/NH).** Offers a more private workout space with a variety of cardio equipment, and New Hall has a complete line of strength equipment.

**Outdoor Recreation Sports Complex (ORSC).** Has multipurpose fields that accommodate baseball, flag football, lacrosse, rugby, soccer, softball and Ultimate Frisbee, and are dedicated to intramurals and sport clubs.

Ways to Engage with RecWell

- Drop in and exercise or play a pickup game with friends.
- Join one of 30 sport clubs (go.niu.edu/sportclubs). Sport clubs are a great way to stay healthy, active and compete against other schools.
- Compete in intramural sports (go.niu.edu/intramurals) with two levels of play, competitive or recreational.
- Schedule a nutrition coaching session (go.niu.edu/nutritioncoach) and learn to eat healthier, improve your focus for class and promote feeling better. Get started with a free 30-minute Meet-the-Nutrition-Coach session.
- Grab some friends and get personalized training (go.niu.edu/smallgroup). You can sign-up for a time that’s convenient for you.
- Schedule a free equipment orientation with a fitness
Tips for Success:
Health and Wellness

1. Submit all appropriate immunization records before the deadline and opt out of Student Health Insurance (if needed). You don’t want to get fined.
2. Complete Part 1 of AlcoholEdu by the deadline stated in your email. You don’t want a hold to be placed on your account.
3. Update your emergency and mental health contact information in MyNIU. It’s important that we have this information.
4. Visit RecWell and find out what you’ll want to get involved in. There are endless options and opportunities.

Stay Informed
Recreation Wellness’ website provides up-to-date information on hours, field status and activity details you need to be a part of RecWell.

Website
niu.edu/campusrec

Facebook
NIU University Recreation and Wellness

Instagram
niu_campus_rec

Snapchat
niucampusrec

Twitter
@NIUcampusrec

Get Rewarded!
Earn cool stuff! Who doesn’t like a little swag as incentive for your workout?

- **Rec Rewards** (go.niu.edu/rr1) – Your points for all RecWell activities. Points lead to prizes as you reach milestones on your health and wellness journey.
- **35 Class Challenge** (go.niu.edu/35cc1) – Become part of #FITFAM by attending 35 group fitness classes during a semester. Anyone completing the challenge gets an exclusive, free T-shirt. Be sure to check in at the Pass Checker desk before each class.

The NIU OneBook 63
One thing’s for sure – NIU students are involved and engaged on campus. We know that students who participate on campus in addition to just going to class get higher grades, graduate in four years, feel at home away from home, feel satisfied with their social life and are more appealing to employers after college.
So what does it mean to be involved? It can mean joining an organization and being a member. It can also mean being a leader in that organization. Being involved on campus is also going to an event (sporting, concert, etc.), working on campus or engaging with your faculty outside of the classroom. Read this section carefully. You’re bound to find something that appeals to you.

Involvement Opportunities

There are so many ways to get involved at NIU! No matter what your interests, you’ll find your fit.

304 Recognized Student Organizations

6,297 Students Involved in an Organization in 2017-2018
That’s approximately 50 percent of full-time undergraduates.

622 Student Organization Events in 2016-2017
That’s an average of 18.3 events per week.

463 Department Events Held in 2016-2017
The Leadership Academy
Were you involved in high school or at your previous school? Are you looking for new ways to develop your leadership skills and earn a leadership certificate? Student Involvement and Leadership Development (SILD) Leadership Academy provides a series of workshops, activities and interactions that will empower you to become a leader at NIU and beyond.

The Leadership Academy is a three-tiered, self-paced leadership program. As part of the Leadership Academy, you’ll have the opportunity to join organizations, attend workshops, write reflections, present your learning to others and much more. To learn more, visit go.niu.edu/academy.

Campus Activities Board (CAB)
Those 622 events on campus last year? Many of them were hosted by CAB. Don’t spend your weekends traveling home – join CAB for fun events on weeknights and weekends throughout the school year.

CAB events are planned for students by students who do a great job hosting concerts, parties, comedy shows, gaming events and more that students love to attend. Almost all CAB events are free to NIU students. Homecoming week in October has events every day, all planned by the students of CAB. If you love planning events and getting involved, you can be a member of the CAB team too. You can find CAB in the Campus Life Building, Room 160 or visit niu.edu/cab.

Student Association (SA)
The SA (niu.edu/sa) is the primary student government at NIU. Members of SA serve as the voice of the student body to NIU’s administration and advocate for students within the city of DeKalb and state of Illinois. SA is responsible for allocating a budget of $6.5 million to student organizations and campus departments and operates the Huskie Bus Line.

You can hone your leadership skills by running for a position on the Student Senate. The Senate recognizes new student organizations and has standing committees focused on improving various facets of the campus community. The Senate sets aside seats for incoming students every fall semester so you can get started right away. Mandatory meetings to run for a Senate seat are held the first week of September.

Residence Hall Association (RHA)
RHA is the governing body of our residence halls, and is the second largest student-led organization on campus. Operating under the motto of “Voice, Community, Change,” RHA serves as the representative voice for the on-campus population – advocating for positive change and improvements within the residence hall community. RHA provides social and educational programs throughout the year, which are open to all students living on campus. You can be involved in the planning and shaping of your residence hall events, or just bring your friends down to enjoy the experiences. RHA members create developmental leadership opportunities within Community Council and attend leadership conferences throughout the country where NIU’s delegations have recently won a multitude of state, regional and national awards. RHA also runs two on-campus game rooms: the New York City Lounge located in Grant North, and the New Orleans Room located in the basement of Stevenson C Tower. For more information, visit go.niu.edu/rha.

Environmental Sustainability
NIU has lots of synergy surrounding environmental sustainability. Our students lead the way with active groups such as the Green Paws Environmental Alliance and the Collegiate Association of Unreasonable Social Entrepreneurs. The Student Association has the Director of Environmental Affairs work with students and groups to plan events and create opportunities to get involved with environmental initiatives on campus.

The NIU Green Team works with students, faculty, and staff to find ways to increase engagement and decrease our collective impact on the environment. Students have been essential in the success of the Green Team – through class projects, internships, independent research, and student organization initiatives.

Learn more about environmental sustainability and how you can get involved at NIU. niu.edu/sustainability.
Student Organizations

One of the best ways to get involved in campus life is through a student organization. Joining an organization is a great way of meeting new people, developing critical skills for your career and life, and having fun in college.

NIU has 304 student organizations registered with the Student Association. These groups fall within the following categories:

- Academic interest and professional.
- Community service.
- Diversity and cultural.
- Governing bodies.
- Fraternity and sorority.
- Honorary society.
- Military.
- Political.
- Programming and performing.
- Public media and communication.
- Recreational and sports.
- Religious.
- Social justice, advocacy and support.
- Special interest.

You can browse the list of student organizations by visiting Huskie Link at go.niu.edu/huskielink. Huskie Link is a portal where each organization has its own webpage and contact information. Use Huskie Link to search for organizations by interest and learn about events the organizations are hosting.

Another great opportunity for connecting with student organizations is the Involvement Fair, taking place Sunday, Aug. 26, 2018, from 2 to 4 p.m. in the Holmes Student Center. This is the largest gathering of student organizations each year, allowing you to meet student organization leaders, NIU staff and faculty members and not-for-profit community agencies.

Freedom of Expression

When members of the university community or the public choose to express their thoughts and opinions – be that through words, peaceful actions or visuals – all should expect some form of opposing views. The role of university administration is not to weigh in on the varying perspectives, but rather to foster an environment in which differences can be explored, ideas challenged and society advanced. These points and counterpoints might be contrary to public opinion and NIU’s values of civility, collegiality, diversity and inclusiveness, but our First Amendment protects virtually all speech, no matter how unorthodox, offensive or distasteful. For more information, visit go.niu.edu/express.

Study Abroad

Want to experience new cultures, gain global competency, learn a new language, take unique classes, grow as an individual, strengthen your résumé and connect with people from all over the world?

At NIU, you’ll find our Study Abroad Office (niu.edu/studyabroad) has over 300 program options (no matter what your major) in 80 different countries. You can study abroad for a week, a full academic year or anywhere in between. Programs are led by NIU faculty or through NIU-affiliate partners and classes you take will be included in your NIU transcript and GPA.

The best part is, it’s totally affordable!

Want to learn more? Visit the Study Abroad Office in Williston Hall, Room 417. They have Study Abroad 101 sessions every Wednesday and Thursday at 3:30 p.m. You can also check out the Study Abroad Fair in the fall to help you explore the program options.

Study Abroad By the Numbers

- 232 Cities
- 80 Countries
- 818 Programs
- 6 Continents
- 90-plus Academic Subjects
- 28 NIU Faculty Leading Programs

Northern Star

The Northern Star is the student-produced, independent media at NIU. The Northern Star covers NIU campus news, DeKalb news, NIU Huskie sports and northern Illinois entertainment.

The newspaper has published continuously since 1899. It originally was called the Northern Illinois, until 1954 when it was renamed the Northern Star. The Northern Star Online was launched in 1995.

The newspaper publishes Monday and Thursday during the academic year and weekly during the summer sessions. Exceptions to publication are holidays, semester breaks and exam periods. Pick up a copy or read the Star online at northernstar.info.

Visual and Performing Arts

Support our Visual and Performing Arts programs (niu.edu/cvpa). Want to see one of the world’s leading steel pan bands? No problem ... they’re Huskies! Partial to theatre? No worries ... we’ve got a great theatre department, too. From art museums to theater and musical performances, there’s always an opportunity to check out the outstanding work of your classmates.
Unlike what you see in the media and movies, fraternities and sororities are student organizations founded on three basic pillars:

- Academic Excellence.
- Community Service/Civic Engagement.
- Brotherhood/Sisterhood.

Fraternity and sorority life provide a chance for students to meet friends with similar integrity and values and create a family away from home. When you join Greek life, you’re holding yourself to a higher standard, living up to values and goals of academic excellence and giving back to the community around you.

At NIU, 1,600 undergraduate students (11 percent) are part of a fraternity or a sorority. Our Greek system includes:

- Four governing councils.
- 45 chapters.
- 17,500 hours donated to community service in the 2016-2017 school year.
- An all-Greek cumulative GPA of 2.94.
  (The universitywide GPA is 2.89.)
- Various cultures, faiths and backgrounds.

Nationally, students who join fraternities and sororities tend to graduate at higher rates and with higher GPAs than students who do not go Greek. The benefits of joining a fraternity or a sorority include:

- Lifelong friendships.
- Social and career networking opportunities during and after college.
- Event planning and marketing experience.
- Charity fundraising events.
- Community service events.
- Social events.
- Leadership opportunities.

Fraternity and sorority members at NIU span all cultures, backgrounds, faiths and interests. Most groups at NIU are national organizations that have a headquarters somewhere in the United States, and have many chapters at colleges and universities across the country and across the world. The Greek chapters at NIU include men’s, women’s and co-ed organizations.

How to Join:

Fraternities and sororities belong to one of four councils. Please note that all chapters have a minimum GPA requirement of at least a 2.5 for new members to join.

- Interfraternity Council (IFC) (go.niu.edu/ifc) consists of 14 men’s chapters. Recruitment is typically the second week of class in the fall and spring semester. IFC allows first-semester students to become members.
- National Pan-Hellenic Council (NPHC, Divine Nine) (go.niu.edu/nphc) has eight chapters made up of men’s and women’s organizations. Recruitment will vary by chapter, but you’ll need at least 15 NIU credit hours to be eligible for membership.
- Panhellenic Association (PHA) (go.niu.edu/phc) consists of eight women’s chapters. Formal recruitment is in September with only six of the eight chapters participating. PHA allows first-semester students to become members.
- United Greek Council (UGC) (go.niu.edu/ugc) has 15 chapters made up of both men’s and women’s organizations. Recruitment will vary by chapter. Some chapters allow first-semester first-years while others require 15 credit hours.

To learn more about fraternities and sororities, visit niu.edu/fsl.
Community Engagement and Volunteerism

Huskie Service Scholars (HSS)
HSS is a program designed for incoming first-generation and Pell Grant-eligible, first-year or transfer students who enjoy engaging in the community.
As an HSS fellow you will:
• Connect with other students and staff through a supportive peer network.
• Engage in weekly service activities on campus and in the community.
• With a designated team, you’ll participate in reflection activities, professional development and networking experiences.
• Complete the program and 150 hours of direct service to community throughout the academic year and receive $1,200 partial tuition waiver.
For more information, visit go.niu.edu/hss.

NIU Service Leaders (NIU SL)
NIU Service Leaders is a work-study service-learning program that connects first-generation college students centered around civic engagement with local schools or organizations that engage with youth in civic engagement activities and programs for one academic year.
For more information, visit go.niu.edu/niusl.

Huskie Food Pantry
(Open weekly)
Since 2014, the Huskie Food Pantry has served over 1,400 NIU students experiencing food insecurity. For current hours, volunteer information and policies, please visit go.niu.edu/foodpantry.

Huskies Pull Together
To demonstrate that small acts of service can make a big impact, the Huskies Pull Together: Pop Tab Collection Program is conducted to help the Ronald McDonald House near Advocate Children’s Hospital in Chicago. This organization provides families with children in the hospital a low-cost place to stay, eat and recharge while their loved ones are receiving the critical care that they need. The tabs we collect help to fund their services. We are currently halfway to our goal of donating one million tabs in support of the cause.

Hunger and Homelessness Awareness Week
(Nov. 11-17, 2018)
Each year, one week before Thanksgiving, students come together to host events throughout Hunger and Homelessness Awareness week, which highlights the symptoms, root causes and possible solutions for these issues.

NIU Cares Day
Every April, you can team up with your fellow students to show the community that we care. Each year 600-plus students volunteer at over 60 sites to complete 3,000 hours of service in one day. For more information, visit go.niu.edu/niucaresday.
Huskie Athletics
H-U-S-K-I-E-S...Go Huskies!

NIU is an NCAA Division I program and belongs to the Mid-American Conference (MAC). Want to check out the games? Absolutely. Many of our students do, which is why they’re F-R-E-E... Free! Any regular season athletic event on the NIU campus is free for all students. All you need is your OneCard.

We have seven outstanding men’s teams:
• Basketball
• Football
• Soccer
• Wrestling

Our women are represented by nine incredible teams:
• Basketball
• Softball
• Volleyball
• Gymnastics
• Tennis
• Golf
• Cross country
• Track and field

So no matter where your sports interests may be, we probably have a team for you to cheer on. If not, college is always a great time to attend new sporting events.

Not only do our students love Huskie Athletics, but our family members do too. You can purchase up to two guest tickets per game with your OneCard. Tickets are available for sale at the NIU Athletics Ticket Office in the Convocation Center.
Huskie Traditions and Cheers

While in Huskie Country you’ll want to make sure that you’re familiar with a handful of the tradition and cheers conducted at various sporting events. It’s another way to showcase your Huskie spirit and provide some energy for our student athletes.

Huskie Kickoff Key Jingle. At football games, when it’s NIU’s turn to kick off everyone pulls out their keys and jingles them in anticipation of the kick.

Huskie “First Down.” At football games, when NIU achieves a first down the announcer will say, “And that’s good for another Huskie...” then you yell, “FIRST DOWN!”

Red and Black. During sporting events, the cheerleaders will assign sections of the crowd either the color red or black. When they point to your section you scream out your assigned color. It’s a competition to see which color can yell the loudest. Get your voice ready though, this tends to go on for a while.

The Huskie Fight Song. Every student has to learn the Huskie Fight Song. It’s kind of a thing, so you don’t want to be the only one not singing! Check out the inside front cover of this book for the entire song.

Homecoming

Homecoming week takes place each fall semester. It’s a week full of fun, traditions and celebrations. Check out niu.edu/homecoming for date announcements, schedules and information.

Family Weekend

Family Weekend takes place each fall semester, usually in September. (It’s Sept. 14-16 in 2018!) It’s a great time to invite your family to campus so they can learn more about your life as a Huskie. Plus, there are tons of fun events and things to do. Visit niu.edu/ofc each May for date announcements, registration, schedules and additional information.
Welcome Days

Hard to believe, but classes start soon. We know you’re excited, we are too!

Prior to classes starting, NIU has lots of fun events going on. Did we mention they’re free?

Welcome Days is a great opportunity for you to meet new friends and learn more about what it means to be a Huskie.

In this section

Huskie Fall Kick-Off,
RHA Block Party,
Meet the Greeks,
Glow in the Dark Dance Party,
Involvement Fair,
President’s Welcome Back Picnic
Huskie Fall Kickoff

At this dynamic event, you’ll learn what it means to be an NIU Huskie fan. We’ll celebrate the different NIU traditions with Acting President Freeman, faculty, staff, fellow students and some of our student athletes. Immediately following the Kickoff, you’ll head to the field and form a giant “NIU” for a class photo. A can’t miss event!

RHA Block Party

Join us at the Residence Hall Association’s Annual Block Party located at our Outdoor Recreation Sports Complex! Enjoy entertainment, giveaways and much more. The Block Party will offer a variety of games and activities throughout the night and is one of RHA’s biggest programs.

Meet the Greeks

Come have lunch with the NIU Greeks! Join current members of fraternity and sorority life at this picnic-style event for free food, music, games and mingling with current students. Each of our fraternities and sororities will have members at the event, so you can walk around, meet some new people and learn about all the great things Greek life has to offer at NIU!

Glow in the Dark Dance Party

Don’t miss our epic Glow in the Dark Dance Party. Decorate a free T-shirt with highlighters or wear fluorescent clothing and glow-in-the-dark accessories to dance the night away in all things neon. We bring the black lights, you bring the party.

Involvement Fair

Make your college years count by getting involved at NIU. With 304 student organizations on campus, you’ll be sure to find one (or more) that interests you. The Involvement Fair is an opportunity for you to learn more about what numerous student organizations and departments have to offer. You’ll also have an opportunity to meet student organization leaders, NIU staff and faculty members and not-for-profit community agencies.

President’s Welcome Back Picnic

Join Acting President Lisa Freeman at the East Lagoon for the annual President’s Welcome Back Picnic. Fun activities, fabulous food and friendly faculty, staff and university administration will greet you as we kick off the start of the new academic school year.

For the most up-to-date event details on all things Welcome Days, visit, niu.edu/welcomedays.

Questions about Welcome Days? Contact us at welcomedays@niu.edu or 815-753-6707.
NIU values the partnership we have with our families of students. Families play such an important role in the lives of our students. We want to partner with you to ensure that your student has a fulfilling college experience, achieving both academic and personal success.

Family Connections

Your Role

You know your student best and therefore know when it's time for them to utilize campus resources. Our goal is provide you with the crucial information you need to help support your support. Key things to remember:

1. Sign up to stay connected (go.niu.edu/familypubs) with Family Connections. We'll send you a monthly e-newsletter with helpful information about NIU and key campus resources.
2. Like us on Facebook at “NIU Orientation & Family Connections.” We'll make sure to keep you updated on important campus dates/deadlines.
3. Attend and volunteer for campus events. Family Weekend is a great time to come back to campus to learn more about your student’s NIU experience.

Transition Checklist

To best help you and your student prepare for the first semester, make sure you keep this OneBook and review the transition checklist below.

Staying Connected.
- Discuss expectations on how to stay in touch. Are you going to text or call? How often?
- Talk to your student about expectations regarding academics and safety.
- Discuss Shared Access. What information will your student share with you? go.niu.edu/FERPA
- Review your student’s class schedule with them and discuss time management and study skills.

Paying the bill. (See page 27.)
- Fall semester bill is first initiated July 20.
- View go.niu.edu/bill for billing and payment due dates.

Prepare for move-in.
- Find out what your student needs to bring. go.niu.edu/packing.
- Make sure your student has prepared their laptop or computer prior to move in. go.niu.edu/restech.
- Review move-in procedures and parking information. go.niu.edu/moveinday.
- Is your student bring a car to campus? Make sure they order the proper parking permit. prkapp.niu.edu.

Prepare for your student's first semester.
- Have your student add your cell phone number to NIU's Emergency Notification System for Safety Bulletin Text Messages. Your student can do this in MyNIU. go.niu.edu/MyNIUInfo.
- Your student is automatically enrolled in the Student Health Insurance plan if they are taking at least nine semester hours.

If you have comparable health insurance coverage, you may request a waiver of the NIU Student Health Insurance plan. This waiver is due Sept. 10, 2018. For deadlines and other information, visit niu.edu/shi.
- Your student MUST submit proof of immunity. This is due Aug. 1, 2018. For more information and to submit your form, visit go.niu.edu/immuniz.
- Make sure your student has completed AlcoholEDU for College. Information on taking the module and its deadline will be sent to your student’s NIU email.
- Ask your student to print off their fall schedule. Sometimes over the summer, class locations change.
- After your student has moved into their residence hall, encourage them to find their classrooms before the first day of classes.
- Is your student commuting? Encourage them to do a practice commute and find classrooms.
- Encourage your student to participate in Welcome Days. niu.edu/welcomedays.

Working toward a successful first semester.
- Encourage your student to get involved on campus!
- Remind your student to make an appointment with their academic advisor (October).
- Coach your student to visit their instructors’ office hours. Faculty are required to list their office hours on your student’s syllabus. Getting to know faculty can help your student feel more comfortable if they are struggling in class.
- Encourage your student to get help if needed.
## NIU Academic Calendar

For the complete NIU Academic Calendar visit [catalog.niu.edu](http://catalog.niu.edu).

### 2018-2019

#### Fall Semester 2018
- Aug. 27 Monday: Classes Begin
- Sept. 3 Monday: Labor Day (University Closed)
- Nov. 21 Wednesday: Thanksgiving Break Begins (No Classes Wednesday)
- Nov. 26 Monday: Classes Resume
- Dec. 8 Saturday: Classes End
- Dec. 10-15 Monday-Saturday: Final Exams
- Dec. 15 Saturday: Term Ends

#### Spring Semester 2019
- Jan. 14 Monday: Classes Begin
- Jan. 21 Monday: MLK Day (University Closed)
- March 10-17 Sunday-Sunday: Spring Recess
- March 18 Monday: Classes Resume
- April 14 Sunday: Honors Day
- May 2 Thursday: Classes End
- May 3 Friday: Reading Day
- May 4, 6-10 Saturday, May 4-10: Final Exams
- May 10 Friday: Term Ends

### 2019-2020

#### Fall 2019
- Aug. 26 Monday: Classes Begin
- Sept. 2 Monday: Labor Day (University Closed)
- Nov. 27 Wednesday: Thanksgiving Break Begin (No Classes Wednesday)
- Nov. 28 Thursday: Classes Resume
- Dec. 2 Saturday: Classes End
- Dec. 9-14 Monday-Saturday: Final Exams
- Dec. 14 Saturday: Term Ends

#### Spring Semester 2020
- Jan. 13 Monday: Classes Begin
- Jan. 20 Monday: MLK Day (University Closed)
- March 8-15 Sunday-Sunday: Spring Recess
- March 16 Monday: Classes Resume
- April 19 Sunday: Honors Day
- April 30 Thursday: Classes End
- May 1 Friday: Reading Day
- May 2-8 Saturday: Final Exams
- May 8 Friday: Term Ends

### 2020-2021

#### Fall Semester 2020
- Aug. 24 Monday: Classes Begin
- Sept. 7 Monday: Labor Day (University Closed)
- Nov. 25 Wednesday: Thanksgiving Break Begins (No Classes Wednesday)
- Nov. 30 Monday: Classes Resume
- Dec. 5 Saturday: Classes End
- Dec. 7-12 Monday-Saturday: Final Exams
- Dec. 12 Saturday: Term Ends

#### Spring Semester 2021
- Jan. 11 Monday: Classes Begin
- Jan. 18 Monday: MLK Day (University Closed)
- March 7-14 Sunday-Sunday: Spring Recess
- March 15 Monday: Classes Resume
- April 18 Sunday: Honors Day
- April 29 Thursday: Classes End
- April 30 Friday: Reading Day
- May 1, 3-7 Saturday, May 1-7: Final Exams
- May 7 Friday: Term Ends

### 2021-2022

#### Fall Semester 2021
- Aug. 23 Monday: Classes Begin
- Sept. 6 Monday: Labor Day (University Closed)
- Nov. 24 Wednesday: Thanksgiving Break Begins (No Classes Wednesday)
- Nov. 29 Monday: Classes Resume
- Dec. 4 Saturday: Classes End
- Dec. 6-11 Monday-Saturday: Final Exams
- Dec. 11 Saturday: Term Ends

#### Spring Semester 2022
- Jan. 17 Monday: MLK Day (University Closed)
- Jan. 18 Tuesday: Classes Begin
- March 13-20 Sunday-Sunday: Spring Recess
- March 21 Monday: Classes Resume
- April 24 Sunday: Honors Day
- May 5 Thursday: Classes End
- May 6 Friday: Reading Day
- May 7, 9-13 Saturday, May 7-13: Final Exams
- May 13 Friday: Term Ends
The new *Coffee and Bagels* on the lower level of Founders Memorial Library has become the go-to place both for students – from those on the run between classes who need to grab a quick bite to those looking to curl up with a cappuccino. It features bagels, sandwiches and other tasty treats from Einstein Bros. Bagels and premium drinks from Caribou Coffee.

We’re making way for even more new dining options – including a sports pub! A new student lounge, meeting rooms for student groups, expanded event spaces and a revitalized bookstore are also part of the overhaul. That work should be done by fall 2019.

If you’re looking forward to performances by students in our renowned School of Theatre and Dance, you’re in luck! You can now catch shows in their new state-of-the-art black box theater, or take in more intimate shows in the new Sally Stevens Corner Theatre. Either way, you’re in for a treat!

It’s all part of our plan to provide you the best setting possible to live, learn and relax.
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<tr>
<th>Name</th>
<th>Phone</th>
<th>Web Address</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Academic Advising Center</td>
<td>815-753-2573</td>
<td>niu.edu/advising</td>
<td>633 W. Locust Street</td>
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<tr>
<td>Academic Diversity, Equity and Inclusion (ADEI)</td>
<td>815-753-8399</td>
<td>niu.edu/diversity</td>
<td>Altgeld Hall, Room 215</td>
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<td>ACCESS Tutoring and Support Services</td>
<td>815-753-0203</td>
<td>niu.edu/access</td>
<td>Williston Hall, Room 215</td>
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<td>Affirmative Action and Equity Compliance (AAEC)</td>
<td>815-753-1118</td>
<td>niu.edu/aaec</td>
<td>1515 W. Lincoln Highway</td>
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<td>Athletic Ticket Office</td>
<td>800-745-3000</td>
<td>niu.edu/convo/tickets</td>
<td>1525 W. Lincoln Highway</td>
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<td>Asian American Resource Center</td>
<td>815-752-1177</td>
<td>niu.edu/aac</td>
<td>429 Garden Road</td>
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<td>Bursar, Office of the (Student Billing)</td>
<td>815-753-1885</td>
<td>niu.edu/bursar</td>
<td>Swen Parson Hall, Room 235</td>
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<td>Business, College of</td>
<td>815-753-1325</td>
<td>cob.niu.edu/advising</td>
<td>Barsema Hall, Room 201</td>
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<td>Campus Child Care</td>
<td>815-753-0125</td>
<td>niu.edu/ccc</td>
<td>220 N. Annie Glidden Road</td>
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<td>Campus Dining Services</td>
<td>815-753-9567</td>
<td>niu.edu/dining</td>
<td>Neptune Central</td>
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<td>Career Services</td>
<td>815-753-1641</td>
<td>niu.edu/careerservices</td>
<td>Campus Life Building, Room 220</td>
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<td>Center for Black Studies</td>
<td>815-753-1709</td>
<td>niu.edu/blackstudies</td>
<td>621 W. Lincoln Highway</td>
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<td>CHANCE Program</td>
<td>815-753-0201</td>
<td>niu.edu/chance</td>
<td>Williston Hall East</td>
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<td>Counseling and Consultation Services</td>
<td>815-753-1206</td>
<td>niu.edu/counseling</td>
<td>Campus Life Building, Room 200</td>
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<td>Disability Resource Center (DRC)</td>
<td>815-753-1303</td>
<td>niu.edu/disability</td>
<td>Health Services, Fourth Floor</td>
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<tr>
<td>Education, College of</td>
<td>815-753-8352</td>
<td>go.niu.edu/advisingcoe</td>
<td>Gabel Hall, Room 138</td>
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<td>Engineering and Engineering Technology, College of</td>
<td>815-753-9894</td>
<td>go.niu.edu/advisingceet</td>
<td>Engineering Building</td>
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<td>First- and Second-Year Experience (FSYE)</td>
<td>815-753-0028</td>
<td>niu.edu/fsye</td>
<td>Altgeld Hall, Room 100</td>
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<td>Fraternity and Sorority Life</td>
<td>815-753-1421</td>
<td>go.niu.edu/gogreek</td>
<td>Campus Life Building, Room 150</td>
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<tr>
<td>Gender and Sexuality Resource Center (GSRC)</td>
<td>815-753-4772</td>
<td>niu.edu/gsrc</td>
<td>105 Normal Road</td>
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<tr>
<td>Health and Human Sciences, College of</td>
<td>815-753-1891</td>
<td>go.niu.edu/advisingchhs</td>
<td>Wirtz Hall, Room 227</td>
</tr>
<tr>
<td>Health Services</td>
<td>815-753-1311</td>
<td>niu.edu/healthservices</td>
<td>Health Services Building</td>
</tr>
<tr>
<td>Honors, University</td>
<td>815-753-0694</td>
<td>niu.edu/honors</td>
<td>Campus Life Building, Room 110</td>
</tr>
<tr>
<td>Hotel at Holmes Reservations</td>
<td>815-753-1444</td>
<td>niu.edu/hsc/hotel</td>
<td>Holmes Student Center, First Floor</td>
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<tr>
<td>Housing and Residential Services</td>
<td>815-753-1525</td>
<td>niu.edu/housing</td>
<td>Neptune East, Room 101</td>
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<tr>
<td>Huskie Books and Gear</td>
<td>815-753-9894</td>
<td>niu.edu/bookstore</td>
<td>Holmes Student Center, Lower Level</td>
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<tr>
<td>International Student and Faculty Office</td>
<td>815-753-1346</td>
<td>niu.edu/isfo</td>
<td>Williston Hall, Room 406</td>
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<tr>
<td>Latino Resource Center</td>
<td>815-753-1986</td>
<td>niu.edu/lrc</td>
<td>515 Garden Road</td>
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<tr>
<td>Liberal Arts and Sciences, College of, Advising Office</td>
<td>815-753-0114</td>
<td>niu.edu/clasadvising</td>
<td>Zulauf Hall, Room 201</td>
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<tr>
<td>Military and Post-Traditional Student Services</td>
<td>815-753-9999</td>
<td>niu.edu/mptss</td>
<td>Campus Life Building, Room 170</td>
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<tr>
<td>Office of Student Engagement and Experiential Learning (OSEEL)</td>
<td>815-753-8154</td>
<td>niu.edu/engagedlearning</td>
<td>Altgeld Hall, Room 100</td>
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<tr>
<td>OneCard (Student ID/Huskie Bucks)</td>
<td>815-753-9569</td>
<td>niu.edu/onecard</td>
<td>Founders Memorial Library, Room 104</td>
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<tr>
<td>Orientation and Family Connections</td>
<td>815-753-1535</td>
<td>niu.edu/ofc</td>
<td>Holmes Student Center, Room 23</td>
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<td>Parking Services</td>
<td>815-753-1045</td>
<td>niu.edu/parking</td>
<td>121 Normal Road</td>
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<td>Police and Public Safety (Nonemergency)</td>
<td>815-753-1212</td>
<td>niu.edu/publicsafety</td>
<td>395 Wirtz Drive</td>
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<td>Recreation and Wellness</td>
<td>815-753-0231</td>
<td>go.niu.edu/RecWell</td>
<td>Student Recreation Center</td>
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<td>Student Conduct</td>
<td>815-753-1571</td>
<td>niu.edu/conduct</td>
<td>Campus Life Building, Room 280</td>
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<td>Student Employment</td>
<td>815-753-1394</td>
<td>niu.edu/hrs</td>
<td>Swen Parson Hall, Room 232</td>
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<td>Student Financial Aid and Scholarship Office</td>
<td>815-753-1395</td>
<td>niu.edu/ta</td>
<td>Swen Parson Hall, Room 245</td>
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<td>Student Health Insurance (SHI)</td>
<td>815-753-0122</td>
<td>niu.edu/shi</td>
<td>Health Services Building</td>
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<td>Students’ Legal Assistance</td>
<td>815-753-1701</td>
<td>go.niu.edu/studentlegal</td>
<td>Campus Life Building, Room 120</td>
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<td>Student Involvement and Leadership Development (SILD)</td>
<td>815-753-1421</td>
<td>niu.edu/studentinvolvement</td>
<td>Campus Life Building, Room 150</td>
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<td>Study Abroad</td>
<td>815-753-0700</td>
<td>niu.edu/studyabroad</td>
<td>Williston Hall, Room 417</td>
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<tr>
<td>Visual and Performing Arts, College of</td>
<td>815-753-1635</td>
<td>go.niu.edu/advisingvpa</td>
<td>Music Building</td>
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<tr>
<td>Writing Center, The</td>
<td>815-753-6636</td>
<td>niu.edu/uwc</td>
<td>Stevenson South, B Tower, Lower Level</td>
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