



NORTHERN ILLINOIS UNIVERSITY

Military and Veteran Services

Division of Student Affairs

THE HUSKIE FOXTROT

Military and Veteran Services

January/February 2024

Welcome Back Huskies!

Welcome back to NIU! Hopefully, your winter break wasn't too short. And, if you are a new or incoming transfer student, welcome to NIU also!

SVA News:

Student Veteran Association (SVA) is looking for members to join the organization or participate in its meetings.

Meetings:

Feb 14 at 3:30 PM

Feb 21 at 3:30 PM

Feb 28 at 3:30 PM



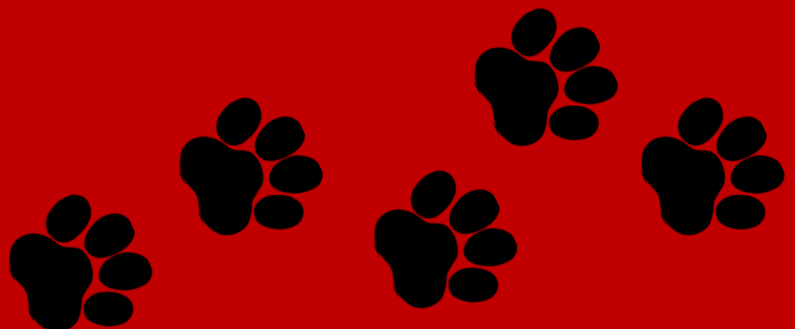
REMINDER: APPLYING BENEFITS AT NIU

If you are trying to apply your military benefits at NIU, please follow these steps:

Complete the Enrollment Certification Form **each semester** after enrolling in classes. Filling out the form is important as it lets us know you are using benefits for that semester. You can find the form on our website at www.niu.edu/military-veteran/certify/. Next, you will need to make sure you have provided us a copy of your Certificate of Eligibility for each benefit you are using. You will only need to do this once unless told otherwise. For example, all Illinois Guard Grant (ING) recipients must provide us with an updated copy of their letter of eligibility each year. That is, if you are applying your benefits at NIU. If you are still waiting for a certification, please check your email in case we have requested any other documents.

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Important Dates & Deadlines

Spring Break

March 10—17, 2024

Classes Resume

March 18, 2024

Classes End

May 2, 2024

Reading Day

May 3, 2024

Final's Week

May 4—10, 2024

Spring Graduate

Commencement

May 10, 2024

Spring Undergraduate Commencement

May 11, 2024

FEATURED RESOURCE: **JOB FAIRS**

Attend the career fair! Find opportunities in internships, jobs, or just check around! Job Fairs offer opportunities for almost every major!

Spring 2024 Accountancy Career Fair

Time: Feb. 15th from 6 PM to 8 PM

Where: Holmes Student Center, Duke Ellington Ballroom

All-major Internship and Job Fair

Time: Feb. 21st from 1 PM to 4:30 PM

Where: Convocation Center

Education Job Fair

Time: Feb. 26th from 9 AM to Noon

Where: Convocation Center

CEET Job & Internship Fair

Time: Feb. 27th from 10:30 AM to 3 PM

Where: Barsema Alumni and Visitors Center

Government, Nonprofit and Social Services Fair

Time: March 5th from 4 PM to 6 PM

Where: Holmes Student Center, Regency Room

End-of-the-Year Career Fair

Time: May 1st from 1 PM to 4 PM

Where: Holmes Student Center, Duke Ellington Ballroom

FEATURED RESOURCE: HEALTH & WELLNESS

Chilling with Chase

Chill out with Chase the therapy dog who visits next door to our office!

When: Feb. 20, March 5, March 19, April 9, April 16, and April 30., at 12:30 pm

Where: Peter's Campus Life Building, Center for Student Assistance—Room 150

Mindfulness and You

A weekly, art-based mindfulness skills group for all experience levels. 97% of students reported feeling less stressed after participating in Mindfulness and You.

When: Wednesdays at 5 PM

Where: Holmes Student Center, Illinois Room (second floor)

Procrastination Café

Don't procrastinate! Come on down to the Procrastination Café where you can learn how to overcome procrastination. 97% of students reported improved productivity after using the café.

When: Tuesdays from 5 to 8 PM

Where: Holmes Student Center, Ellington's (main floor)

Counseling and Consultation Services

Free counseling services to all NIU students. Students can call any time day or night for assistance.

Phone: 815-753-1206



The Rockford Vet Center is reaching out!

We will be providing office hours starting on Wednesday 2/14 from 0830-1230 hrs.

Where: Peters Campus Life Building—Room 160

Who We Are

Vet Centers are community-based counseling centers that provide a wide-range of social and psychological services, including professional readjustment counseling to eligible Veterans, active-duty service members, including National Guard and Reserve components, and their families. Readjustment counseling is offered to make a successful transition from military to civilian life or after a traumatic event experienced in the military. Individual, group, marriage and family counseling is offered in addition to referral and connection to other VA or community benefits and services. Vet Center counselors and outreach staff, many of whom are Veterans themselves, are experienced and prepared to discuss the tragedies of war, loss, grief, and transition after trauma.





Military and Veteran Student Life Hackathon

HOSTED BY THE DE LA VEGA INNOVATION LAB

Tuesday Mar. 26, 4 to 8 p.m.

De La Vega Innovation Lab, Barsema Hall Room 204

Open to all students who would like to contribute to improving the experience of military and veteran students on our campus. Bring your empathy and creativity and join veterans, professors and other students as we work together to solve the problems our military and veteran students face. You'll learn how to present your ideas to a panel of judges who will award a prize to the winning team. This event is Business Passport and Honors credit eligible.

Register at:
go.niu.edu/militaryhackathon



**Northern Illinois
University**

To request disability-related accommodations, please contact the Disability Resource Center at 815-753-1303 as early as possible. Advance notice is appreciated.

Event sponsors:
College of Business
Military and Veteran Services



GIVE US YOUR FEEDBACK!

To ensure this newsletter is tailored to your wants and needs— send us your feedback on this issue! Questions to consider:

1. Is there anything else I'd like to see included in the newsletter?
2. Did I think information provided was relevant to me?
3. Will this be something I read through in the future?
4. Can I provide any suggestions on improving the newsletter?
5. Do I want to have my club, event, project included?

Sending Newsletter Feedback:

Contact MSS@NIU.EDU and in the subject line of your email, put Newsletter Feedback. Note: This is also the main email for the department, so your feedback will be seen and saved by the staff. Although any benefits related questions should not have the same subject line in case the staff sorts feedback and does not see the benefits question.

Contact Us

Military and Veteran Services

- CLB 160
- (815) 753-0691
- mss@niu.edu
- <http://www.niu.edu/military-veteran>
- Hours: 8am-4:30pm M-F

