

Name: _____ Date: _____

Reflecting on our Juggling Journey

What do you do when you become frustrated or angry when trying to learn something new, like juggling? (IL SEL 1A.2b.)

How can your classmates and teachers help you in learning something new? (IL SEL 1B.2b.)

What advice would you give to someone learning something new? (IL SEL 1C.2a.)

How do you know if you are improving while learning something new? (IL SEL 1C.2b.)

How do you know when someone is getting frustrated or is in need of help or encouragement? What can you do to help? Can you give an example of a time when this happened while learning to juggle? (IL SEL 2A.2b)

Not everyone has the same attitude toward learning. Describe a situation where you had to work with someone that did not share the same attitude as you. Can you help someone that does not want to learn? If so, how, if not, why not? (IL SEL 2B.2b & 2D.2b)

How do you show self respect when learning something new, like juggling? (IL SEL 3A.2a)

How did seeing others juggle with success impact your decision to learn how to juggle? Would you have wanted to learn to juggle if no one else was able to do it? Explain your thinking. (IL SEL 3A.2b)