Reflection Questions

At the Beginning of the Course
1. Why did I take this course?
2. What do I hope to gain from taking this course?
3. How will this course help me in the real world?
4. On a scale of 1-10, what is my current knowledge and skills in relationship to each of the objectives of the course?
5. What objectives will I need to focus more attention and effort on?
6. What are my academic strengths?
7. What are my academic weaknesses?
8. What type of support will I need from the instructor to help gain additional academic skills?

As Learners Complete Major Activities and Assignments in the Course
1. What did I learn from this activity?
2. What confuses me?
3. Where do I need to spend more time on concepts?
4. What knowledge and skills did I use to complete the activities?
5. What knowledge and skills do I need to work on?
6. What strategy did I use to make sure that I understood the requirements of the activity?
7. What strategy did I use to break down the components associated with the activity?
8. What strategy did I use to ensure I remained on task?
9. What strategy did I use to ensure I was learning?
10. What strategy did I use when I was not sure about what to do or when I needed clarification or elaboration to understand something?
11. What was the most enjoyable part of the activity?
12. What was the last enjoyable part of the activity?
13. How could the activity be improved?

At the End of the Course
1. Rate your level of knowledge and skills for each objective for the course.
2. What objectives were you most successful at achieving?
3. What objectives do you need to continue to develop?
4. What objectives did you improve on the most?
5. What strategy did you use throughout the course to ensure you understood the course content and associated activities?
6. What strategy did you use to ensure you met the criteria of the assignments?
7. What academic skills did you use to successfully complete the course?
8. What academic skills do you need to work on to improve your learning?
9. What did you enjoy the most about this course?
10. What did you enjoy the least about this course?
11. How could this course be improved?