

DeKalb County Resources

Campus Services

Counseling & Consultation Services, NIU (STUDENTS ONLY)

Phone: 815-753-1206
Address: Campus Life Building-200
Fees: None for counseling. Modest testing fees.
Hours: 8:00 a.m. – 4:30 p.m. Monday-Friday
Open whenever NIU is open, including breaks.
After Hours: Assistance after hours available by calling—815-753-1206

Description of Services: This service provides students with short-term, individual and group counseling for a broad range of personal concerns. Career counseling services include interest assessment, workshops, and use of computerized career counseling programs. Educational counseling services include assistance with test anxiety and study skills. Assessments of drug and alcohol abuse are also provided. First appointment scheduled with 3-7 days. (Handicapped Accessible).

Community Counseling Training Center, NIU

Phone: 815-753-9312
Address: 416 Graham Hall
Fees: None for students, faculty, or staff.
Hours: Call for available counseling hours.

Description of Services: A wide range of services are offered by the counselors including both personal and vocational counseling. In general, the approach used is one that promotes growth and focuses on increasing emotional well-being and self-awareness. All counselors are doctoral or masters level students who are being supervised by members of the counseling faculty. First appointments scheduled within 3-5 days.

The Couple and Family Therapy Clinic of NIU, NIU (formerly The Family Therapy Clinic)

Phone: 815-753-1684
Address: Wirtz Hall 146
Fees: The cost of services is determined by a sliding fee scale. No client is turned away due to the inability to pay. This gives clients of all income levels access to our high-quality care. Monday, Wednesday – 12 noon – 9:00 pm; Tuesday, Thursday - 9:00 am - 9:00pm; Friday - 9:00 am - 5:00 pm
Hours: Monday, Wednesday – 12 noon – 9:00 pm; Tuesday, Thursday - 9:00 am - 9:00pm; Friday - 9:00 am - 5:00 pm
Website: <http://www.chhs.niu.edu/clinics/couple-family-therapy/index.shtml>

Description of Services: The Couple and Family Therapy Clinic at NIU is a training and research facility that is an integral component of the specialization in Marriage and Family Therapy Program (SMFT). They provide clinical services to individuals, couples, and families with a unique perspective of addressing the issues in a larger systemic context. They follow rigorous training standards as set forth by our accrediting organization, being accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).

Psychological Services Center, NIU

Phone: 815-753-0591
Address: Psychology/Computer Science Building - Corner of Normal Rd and Lincoln Hwy.
Fees: \$5 fee for therapy for students; Fee for assessments for students. Faculty, staff, and community members charged on a sliding scale.
Hours: Monday – 11:00 a.m. – 7:00 p.m.
Tuesday – 12:00 noon – 8:00 p.m.
Wednesday-Friday-9:00 a.m. to 5:00 p.m. Open whenever NIU is open, including breaks.

Description of Services: Individual, couples, family, and group psychotherapy, Intellectual, personality, and academic assessments. Clients are generally seen by advanced level graduate student staff under faculty supervision. Services tailored to meet a client's specific needs. First appointment scheduled with 7 days. (Handicapped accessible.)

Community Resources

Northwestern Medicine Ben Gordon Center - DeKalb

Phone: 815-756-4875
Address: 12 Health Services Dr., DeKalb, IL 60115
Fees: Sliding fee scales based on income. Insurance accepted.
Hours: Monday-Thursday- 8:00 a.m. – 8:30 p.m.
Friday-8:00 a.m.-5:00 p.m.
After Hours: 866-242-0111 24/7 Hotline

Description of Services: Comprehensive counseling services to all residents of DeKalb County. Services to all persons affected by mental health problems, substance abuse, and family/child welfare concerns. 24-hour sexual assault/abuse services can be accessed through the Crisis Line. First appointment scheduled within 30 days. (Handicapped accessible and on Campus Bus Route).

Braden Counseling Center

Phone: 815-787-9000
Address: 2600 DeKalb Ave., Suite J, Sycamore, IL 60178
951 S. 7th St., Rochelle, IL 61068
Fees: Sliding fee scales based on income. Insurance accepted.

Description of Services: Free initial consultation. Specializes in counseling individuals, couples and families in various stages of life. Has flexible scheduling with Sycamore and Rochelle locations. Also offers a variety of evaluations, including same-day DUI evaluations, and legal and forensic work for attorneys.

Village Counseling

Phone: 815-517-0825
Address: 1211 Sycamore Rd., DeKalb, IL 60115
Fees: Sliding fee scales based on income. Insurance accepted.
Hours: Monday-9:00 a.m.-10:00 p.m.
Wednesday/Thursday-9:00 a.m.-9:00 p.m.
Friday-10:00 a.m.-10:00 p.m.

Description of Services: Provides relationship-centered counseling, including life counseling for individuals, couples, families, adolescents, and children, as well as marriage and family counseling.

Family Service Agency, Center for Counseling

Phone: 815-758-8616
Address: 1325 Sycamore Rd. - DeKalb
Fees: \$75.00 per visit. Insurance accepted, including NIU Student Insurance. Payment plans and scholarship funds available.
Hours: Monday-Wednesday-9:00 a.m. – 8:00 p.m.
Thursday – Friday – 8:00 a.m. – 4:00 p.m. Additional hours available by appointment.

Description of Services: Individual, couple, group counseling for children, adults, senior citizens, and families. First appointment scheduled within 1-7 days. (Handicapped accessible and on Campus Bus Route).

Living Rite, The Center for Behavioral Medicine.

Phone: 779-777-7335
Address: 1625 Bethany Rd., Sycamore, IL 60178
Fees: Based on insurance. Self-pay options are available.

Description of Services: Individual and Group Therapy. Therapy to deal with chronic pain.

Safe Passage, Inc.

Phone: 815-756-7930
Hotline/Crisis: 815-756-5228
Address: P.O. Box 621, DeKalb, IL 60115

Description of Services: A wide variety of services are offered to victims and perpetrators of domestic and sexual violence including crisis intervention and medical advocacy for victims of domestic and sexual violence, short- and long-term housing for victims and their children, counseling, legal advocacy, children's services, community education, a batterer's intervention program, and a Latina outreach program.