**BAGELS & SHMEAR**
Served with Utensils, Plates & Napkins

- **Bagels & Shmear Half Dozen**  11.99
  6 Fresh-Baked Bagels & 1 Tub Shmear (Serves up to 6)

- **Bagels & Shmear Baker’s Dozen**  19.99
  13 Fresh-Baked Bagels & 2 Tubs Shmear (Serves up to 13)

- **Bagels & Shmear Nosh Box**  32.49
  24 Fresh-Baked Bagels & 4 Tubs Shmear (Serves up to 24)

**Fresh-Baked Bagels**
- Asiago  300 Cal
- Blueberry  290 Cal
- Chocolate Chip  300 Cal
- Cinnamon Raisin  280 Cal
- Cinnamon Sugar  320 Cal
- Honey Whole Wheat  260 Cal
- Everything  280 Cal
- Plain  270 Cal
- Sesame Seed  290 Cal

**Double-Whipped Shmear Tubes**
- Garden Veggie*  540 Cal
- Honey Almond*  630 Cal
- Jalapeño Salsa*  540 Cal
- Plain  630 Cal
- Onion & Chive  630 Cal
- Strawberry  560 Cal

**Toppings**
- Butter Blend  200 Cal
- Peanut Butter  160 Cal

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**EGG SANDWICHES**
Nosh Boxes Served with Utensils, Plates & Napkins

- **Individual Breakfast**  INDIVIDUALLY WRAPPED
  An egg sandwich with one cage-free egg served with a Twice-Baked Hash Brown side 170 Cal

  - **Classic**  8.99
    Bacon & Cheddar  550 Cal, Turkey-Sausage & Cheddar  570 Cal, Ham & Swiss  530 Cal, Cheddar Cheese  480 Cal

  - **Signature**  9.99
    Farmhouse - Bacon, Ham, Cheddar, Country Pepper Shmear on a Cheesy Hash Brown Gourmet Bagel  770 Cal
    All-Nighter - Bacon, American Cheese, Chipotle Mayo on a Cheesy Hash Brown Bagel  880 Cal
    Garden Avocado - Tomato, Spinach, Roasted Tomato Spread on an Everything Bagel  580 Cal

  - **Signature Egg Sandwich Nosh Box**  INDIVIDUALLY WRAPPED
    Chef-inspired fresh-cracked, cage-free egg & bagel sandwiches.
    Farmhouse - Bacon, Ham, Cheddar, Country Pepper Shmear on a Cheesy Hash Brown Gourmet Bagel  770 Cal
    All-Nighter - Bacon, American Cheese, Chipotle Mayo on a Cheesy Hash Brown Bagel  880 Cal
    Garden Avocado - Tomato, Spinach, Roasted Tomato Spread on an Everything Bagel  580 Cal

- **Dozen**  88.99
- **Half Dozen**  46.49

**Classic Egg Sandwich Nosh Box**  INDIVIDUALLY WRAPPED
An assortment of our most popular fresh-cracked, cage-free egg sandwiches on a Plain Bagel,
Bacon & Cheddar  550 Cal, Turkey-Sausage & Cheddar  550 Cal, Ham & Swiss  530 Cal, Cheddar Cheese  480 Cal

  - **Dozen**  74.99
  - **Half Dozen**  41.99

**BREAKFAST FAVORITES**

- **Add-On Twice-Baked Hash Brown**  1.99
  Complete your breakfast with a crispy, four-cheese Twice-Baked Hash Brown (up to 12)  170 Cal

- **Brunch Box**  34.99
  6 Bagels, 1 Tub Shmear, 1 Farmhouse Egg Sandwich, 2 Bacon & Cheddar Egg Sandwiches, 4 Twice-Baked Hash Browns and 4 Blueberry Muffins. (Serves 6-8)

- **Mixed Bagels & Sweets Nosh Box**  48.49
  An assortment of 9 Muffins & Assorted Pastries plus 12 Bagels with 2 Tubs of Shmear (Serves up to 21)

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**VEGETARIAN / CONTAINS NUTS**

*25% less fat than our regular shmear. Fat content has been reduced from 12g to 9g per serving.*
## SWEETS & MORE

**Sweets Nosh Box**
- Muffins & Assorted Pastries: Blueberry Muffin, Chocolate Chip Muffin, Apple Pastry, Strawberry Strudel and Cinnamon Roll
- **Dozen**: $37.99
- **Half Dozen**: $19.99

**Fruit & Yogurt Parfaits**
- **6 Parfaits**: $17.99
- **Dozen**: $29.99

**Chocolate Chip Cookie Box**
- Assorted Full-Size Gourmet Cookies Fresh-Baked Daily
- **Dozen**: $22.99
- **Half Dozen**: $13.69

**Sweets & Coffee Break**
- Large (Serves up to 12): $59.99
- 2 Coffee for the Group, 1 Half Dozen Chocolate Chip Cookie Box, 1 Half Dozen Sweets Nosh Box with Muffins and Assorted Pastries
- Small (Serves up to 6): $36.99
  - 1 Coffee for the Group, 2 Cookies, 4 Assorted Muffins & Pastries

## LUNCH SANDWICHES

*Served with Utensils, Plates & Napkins*

**Signature Lunch Nosh Box** **INDIVIDUALLY WRAPPED**
- Tasty Turkey on Asiago Bagel: 510 Cal
- Avocado Veg Out on Sesame Bagel: 420 Cal
- Ham & Swiss on Plain Bagel: 550 Cal
- Turkey, Bacon & Avocado on Plain Bagel: 610 Cal
- **10 Full Sandwiches (cut in half & wrapped)**: $84.49
- **5 Full Sandwiches (cut in half & wrapped)**: $44.99

**Classic Lunch Nosh Box** **INDIVIDUALLY WRAPPED**
- Turkey & Cheddar on Plain Bagel: 540 Cal
- Ham & Swiss on Plain Bagel: 550 Cal
- Avocado Veg Out on Sesame Bagel: 420 Cal
- **10 Full Sandwiches (cut in half & wrapped)**: $80.49
- **5 Full Sandwiches (cut in half & wrapped)**: $41.49

**Lunch for the Group**
- Choose 12 lunch sandwiches, 12 kettle chips, 12 bottled verages.
- Includes dozen cookie box.

## INDIVIDUAL SANDWICHES

<table>
<thead>
<tr>
<th>Sandwich Description</th>
<th>Calories</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tasty Turkey</td>
<td>510 Cal</td>
<td>$7.69</td>
</tr>
<tr>
<td>Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion &amp; Chive Shmear on Asiago Bagel</td>
<td></td>
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</tr>
<tr>
<td>Avocado Veg Out</td>
<td>420 Cal</td>
<td>$7.29</td>
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<tr>
<td>Avocado, Tomato, Cucumber, Red Onion, Spinach, Lettuce, with Garden Veggie Shmear on Sesame Bagel</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Turkey, Bacon &amp; Avocado</td>
<td>610 Cal</td>
<td>$7.99</td>
</tr>
<tr>
<td>Roasted Turkey, Thick-Cut Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on toasted Ciabatta</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Turkey &amp; Cheddar</td>
<td>540 Cal</td>
<td>$7.49</td>
</tr>
<tr>
<td>Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, Red Onion with Mayo on toasted Ciabatta</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Swiss</td>
<td>550 Cal</td>
<td>$7.49</td>
</tr>
<tr>
<td>Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion with Mayo on toasted Ciabatta</td>
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</tr>
</tbody>
</table>

*COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDERCOOKED SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS.*

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
**Beverages for the Group**

**Coffee for the Group**  20.99
Your choice of one of our Fresh-Brewed Coffee Blends conveniently served in a portable & pourable box with cups, lids, half & half, sweeteners & stir sticks (96 oz - Serves up to 10) Choose from:

- **Bros. Breakfast Blend** Smooth & Classic Medium Roast 5 Cal
- **Vanilla Hazelnut** Vanilla & Nutty Medium Roast  5 Cal
- **Darn Good Dark** Full-bodied & Chocolatey Dark Roast  5 Cal
- **Bros. Decaf** Medium Roast Caffeine-Free  5 Cal

Cold Brew Coffee for the Group  5 Cal  15.49
Includes cups, lids, half & half, sweeteners & stir sticks. (64 oz - Serves up to 6)

Hot Tea for the Group  5 Cal  16.49
Includes cups, lids, half & half, sweeteners & stir sticks. (96 oz - Serves up to 10)

Orange Juice for the Group  1227 Cal  12.99
Includes cups and ice. (64 oz - Serves up to 6)

Lemonade for the Group  630 Cal  11.99
Includes lemons, cups and ice. (64 oz - Serves up to 6)

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**Add Ons**

- **Shmear Tub**
  - Garden Veggie
  - Honey Almond
  - Jalapeño Salsa
  - Plain
  - Onion and Chive
  - Strawberry

- **Individual Chocolate Chip Cookie**  2.29

- **Individual Kettle Chip Bags**  180 Cal per Bag
  - 10 Bags  11.59
  - 5 Bags  6.09
  - 1 Bag  1.59

- **Individual Bottled Beverages**
  - Bottled Soda (asst. Pepsi products)  2.19
  - Bottled Tea  2.79
  - Bottled Water  2.09
  - Blackberry Lemonade  2.79

**To Place an Order**

Questions and orders can be directed to:
einstens@niu.edu

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*Prices subject to change without notice.

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