Lifelong Learning Institute
at Northern Illinois University

Spring 2018

March 13 – May 3

The exciting collection of Spring 2018 study groups!

Learning for the fun of it!
www.LLI.niu.edu
NIULLI@niu.edu

Thank you to NIU Outreach for its assistance in funding our schedule catalogues.
Sweet & Savory Soirée

Hors d'oeuvre & Dessert Buffet Fundraiser

Friday, June 15
7:00 – 9:00 p.m.
Terrace Room, Hopkins Park
1403 Sycamore Road, DeKalb

Come join NIU Lifelong Learning Institute members and friends for an evening of delicious food and delightful company, with time to enjoy both, at our hors d’oeuvre and dessert buffet. We will be meeting at Hopkins Park, which has proven to be a convenient and comfortable location.

Friends who are not LLI members are most welcome, so invite them along to share the pleasures of LLI friendships. All proceeds benefit the NIU Lifelong Learning Institute.
NIU LLI Spring 2018

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NIU Lifelong Learning Institute

**Steering Committee**
Carol Zar, DeKalb, Acting Chair  
Elizabeth Bass, DeKalb  
Deborah Booth, DeKalb  
Brian Fulton, DeKalb  
Bob Higgerson, DeKalb  
Arnie Lehto, Sycamore  
Arlene Neher, DeKalb  
Pat Vary, DeKalb  
Gail Venteau, DeKalb  
Lise Schlosser, NIU, Ex-Officio

**Notables Committee**
Deborah Booth, DeKalb, chair  
Elizabeth Bass, DeKalb  
Joanne Dillman, DeKalb  
Arlene Neher, DeKalb  
Linda Schwarz, DeKalb  
George Spencer, Sycamore

**Curriculum Committee**
Carol Zar, DeKalb, Chair  
Linda Fulton, DeKalb, Co-chair  
Bill Cummings, DeKalb  
Dick Dowen, DeKalb  
Jitka Hurych, DeKalb  
Pat McKinley, DeKalb  
Arlene Neher, DeKalb  
Paul Pawlowski, St. Charles  
Sue Stelling, DeKalb  
Gail Venteau, DeKalb

**Newsletter Committee**
Elizabeth Bass, DeKalb, Chair  
Brad Pietens, DeKalb

**Cultural Events Committee**
Pat Vary, DeKalb, Chair  
Nancy Grey, Sycamore  
Arnie Lehto, Sycamore  
Pat McKinley, DeKalb  
Jan Modloff, Sycamore  
Elaine Spencer, Sycamore

**Soirée Committee**
Gail Venteau, DeKalb, Chair  
Elizabeth Bass, DeKalb  
Sue Lehto, Sycamore  
Arlene Neher, DeKalb  
Marlene Pawlowski, St. Charles  
Linda Pietens, DeKalb  
Linda Pool, DeKalb  
Carol Tweedy, DeKalb  
Carol Zar, DeKalb

**Outreach Committee**
Brian Fulton, DeKalb, Chair  
Elizabeth Bass, DeKalb  
Joanne Dillman, DeKalb  
Bob Higgerson, DeKalb  
Jerry Smith, DeKalb  
Carol Zar, DeKalb

**Finance Committee**
Bob Higgerson, DeKalb, Chair

*Members of the NIU LLI thank NIU Outreach for its support.*
LLI Notables Brown Bag Lecture Series
Tuesdays, 11:30 a.m. – 1 p.m., Holmes Student Center
(Lecture topics subject to change.)

March 13
Being Your Best After 60
Lynn Batalden, Physical Therapist and Owner, Creative Therapeutics

March 20
The Challenges of Brazilian Development
Anne Hanley, NIU Dept. of History faculty

March 27
Elections 2018: A Political Update
Matt Streb, NIU President’s Office

April 3
Nothing but the Truth: The Adventure of Writing Nonfiction for Children
Sally Walker, Author

April 10
Bison Impacts on Plants and Animals in a World-Class Prairie Restoration
Holly Jones, NIU Dept. of Biological Sciences faculty

April 17
Global Liberal Governance: The Limits of War and Peace
Abu Bakarr Bah, NIU Dept. of Sociology faculty

April 24
Science-Based Strategies for Better Work-Life Balance
Larissa Barber, NIU Dept. of Psychology faculty

May 1
Sprouts of Spring – Cooking From the Springtime Garden
Jo Cessna, Healthy Culinary Instructor, KishHealth

Bring a lunch, purchase one at the Holmes Student Center, or just come and listen. Guests welcome!
American Indians: Separating Myth from Reality
9:00 – 11:00 a.m.
Tuesdays: March 13, 20, 27, April 3, 10, 17, 24, May 1

Focusing on the period from 1840 to 1890 and the tribes of the Great Plains, the class will explore how Indian cultures and lifestyles inevitably conflicted with pioneer aspirations as well as U.S. laws, policies, and treaties designed to assimilate or eliminate American Indians. The class will also attempt to separate myth from reality about legendary Indian warriors (Cochise, Geronimo, and Crazy Horse), Indian chiefs (Joseph, Red Cloud, and Sitting Bull), and army officers (Sherman, Sheridan, and Custer), as well as major “battles” (Bozeman Trail, Little Big Horn, and Wounded Knee) fought between the two sides. More recent conflicts, reservation life today, and current success stories will be reviewed as well.

Convener: Joe Grush was professor and chair of the psychology department, associate and acting dean of the College of Liberal Arts and Sciences, and associate and deputy provost, all at NIU. He has previously taught and guest-lectured for LLI.

Microbes: Friends or Foes?
9:00 – 11:00 a.m.
Tuesdays: March 13, 20, 27, April 3, 10, 17, 24, May 1

This course will explore the diversity and roles of microbes in our environment – in soil, freshwater, oceans, and as a whole microbiome in our bodies. Through many YouTube clips and TED talks, we will look at microbes as waste managers, as food producers and spoilers, and as producers of antibiotics and many other industrial and pharmaceutical products.

Convener: Pat Vary is a biological sciences Distinguished Research Professor Emerita and taught microbiology and microbial genetics at NIU. She has convened LLI classes on microbiology, climate change, alternative energy, and musicals.
FDR is probably best known as America's only four-term president, but beyond that fact, he was a fascinating and complex individual. Born to the Roosevelts of Hyde Park, NY, and related to the Roosevelts of Oyster Bay, NY, he grew up in a life of privilege and was an early star in New York politics. But the contraction of polio at age 38 completely changed his personal and political life. He went on to become the governor of New York before guiding the nation through what is arguably the most difficult 12-year period in our history: the Great Depression and World War II. His leadership changed the United States profoundly, both at home and in the world. This course will use contemporary biographical materials, from books and video sources, to examine how this fascinating man became the most influential United States president of the 20th century.

Convener: Bill Cummings is a professor emeritus from the Department of Accountancy at NIU and has been involved with LLI for about 10 years. He has convened previous courses on railroad history, films involving trains, World War I, and the Manhattan Project. After a recent trip to Hyde Park, NY, he became interested in the life of FDR.

One of composer Aaron Copland's popular orchestral pieces is Fanfare for The Common Man. Borrowing from this title, this course focuses on the lives and works of four individuals, two from the world of music and two from art. All were Americans with modest beginnings: Copland and composer Leroy Anderson in music and Norman Rockwell and Andrew Wyeth in painting. All had the unique ability to capture the American spirit with expressions of universal appeal. Their themes and subjects ranged from Copland's Rodeo and Appalachian Spring to Anderson's Sleigh Ride and Typewriter Song to Rockwell's No Swimming and Saying Grace to Wyeth's That Gentleman and Christina's World.

Convener: Paul Pawlowski, a retired attorney, has convened numerous LLI courses dealing with the arts.
If the Allies were to defeat Nazi Germany in 1944, they first had to invade France. But how, when, and where? This study group will cover all aspects of the D-Day operation, beginning with preparations for war that began all the way back in 1919. We will examine the planning of the invasion, the choice of the landing site, the deception operations to mislead the Germans, the double agents, and the contributions of the Government Cipher School at Bletchley Park. D-Day was a combined arms operation before that term existed, so we will include the roles of the United States Army Air Corps and the United States Navy. Specialized craft will also be discussed. At the conclusion of the final session, participants will know and understand the sequence of events from the reconnaissance of the beaches to the end of D-Day plus one.

Convener: Roger Dale Seymore, a retired U.S. Army major, entered military service in June 1969 and retired from active duty in January 1995. Major Seymore has had a lifelong interest in the military history of the United States from 1850 to the present. He is happy to share his knowledge and insights with this LLI study group.

Undergraduate students will present the results of the research, artistry, and engagement projects that they have participated in throughout the academic year. This is an opportunity to learn about many of the cutting-edge projects going on at NIU.

Convener: Jack King, Director of Student Professional Development in the NIU College of Liberal Arts and Sciences, has convened many informative sessions for LLI.
Classic Western Movies
1:00 – 3:00 p.m.
Wednesdays: March 14, 21, 28, April 4, 11, 18, 25, May 2

This class will show and discuss classic western movies. Films to be shown include *Shane, The Big Country, Winchester '73, Ulzana’s Raid*, and others.

**Conveners: Elaine and George Spencer** are retired NIU history professors who have convened numerous LLI classes.

America:  The Land - The People, Part III
1:00 – 3:00 p.m.
Wednesdays: March 14, 21, 28, April 4, 11, 18, 25, May 2

_We must be free not because we claim freedom, but because we practice it._
—William Faulkner

America is known as "the land of opportunity," where you are free to follow your dreams. The promise of America is found not just in its land, but also in its people and their indomitable spirit. During this session, as we travel from sea to shining sea admiring the land, we will be returning to Louis Schwartzberg’s short vignettes highlighting ordinary Americans sharing their extraordinary stories as they strive to follow their dreams. These vignettes will be complemented by detailed profiles of three citizens who captured the incomparable beauty and spirit of America in their photography: David Brower, the father of modern environmentalism; Bill Cunningham, *New York Times* street photographer; and Vivian Maier, nanny and prolific amateur photographer. They all strove to capture the unique beauty of the land, the spirit of individualism, and the qualities of everyday American life.

**Conveners: Linda Fulton**, a retired middle-school teacher, and **Ginny Omerod**, a retired school counselor, both delight in America, its land and its people. Join them for conversation as they take you on a journey across America.
In this class, we will talk about the risks and returns of today’s investment opportunities. Emphasis will be on how investments are valued and are affected by changes in the interest-rate environment, changes in inflation, changes in technology, changes in taxation, and changes in the political environment. We will also discuss the effect of our own age on the investment opportunities we can effectively utilize.

**Convener: Dick Dowen** is professor emeritus in the NIU Department of Finance. He holds a CFA charter and is a past president of the Midwest Finance Association, a former member of a publicly traded mutual-fund board of trustees, and a past member of the State Treasurers Investment Advisory Board.

Join Professor Alicia Schatteman and her students for a hands-on experience. Share what you want your cell phone to help you with and let the students walk you through the steps to get those apps up and running! The first session is to go over your needs and try out some initial ideas. In the second session, we will review the earlier session and take your cell phone use to the next level. We will work with you on your needs such as text messaging, checking the weather, receiving and sending photos, using maps for directions, surfing the Web or using social media.

**Convener: Alicia M. Schatteman** is an NIU associate professor with the Center for Nonprofit and NGO Studies and the Department of Public Administration, School of Public and Global Affairs. She has been a speaker in our LLI Notable Series.
This course will read and discuss poems by two great dramatists: William Shakespeare and Harold Pinter. Shakespeare's sonnets 29 and 30 and perhaps, if there is time, his neglected poem "The Phoenix and the Turtle," will be followed by close reading and discussion of early middle and late poems by the Nobel Prize-winning Harold Pinter. Texts of the poems will be available, and the approach will be "formalist" – in other words, based on close reading.

Convener: William Baker is an NIU Distinguished Research Professor Emeritus of English. He is the author or co-author of more than 30 books and over 200 refereed articles. These include studies of William Shakespeare and Harold Pinter.

U.S. presidents in the latter half of the 20th century faced unique challenges as both domestic and global leaders. We’ll see how each was molded by his biography and how each faced the challenges and opportunities afforded to him.

Convener: Carol Zar has an interest in history and biography. She has convened many LLI classes ranging from politics to opera.
# 2018 NIU Academic Summer Camps

**Attention Grandparents!**

FOR MORE INFORMATION, VISIT [WWW.NIU.EDU/CLASEP/CAMPS](http://WWW.NIU.EDU/CLASEP/CAMPS)

815-753-5200 || LASEP@niu.edu

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- [Image]
Registration Form - NIU Lifelong Learning Institute (NIU LLI)  
Spring 2018 (March 13-May 3) Event #15855  
 Holmes Student Center, Northern Illinois University, DeKalb, Illinois

1. PHONE 1-800-345-9472 or (815) 753-0277 to register with a credit card.  
2. ONLINE registration at http://www.lli.niu.edu (click on the appropriate program term) with a credit card.  
3. FAX your form to (815) 753-6900 to register with a credit card.  
4. MAIL completed form with check or credit card information to: Northern Illinois University, NIU Outreach-Registration, DeKalb, IL 60115-2860  

Spring term only membership fee:  
I am a [ ] new (never attended LLI) [ ] renewing member. Please check one.  
______ $85 early-bird registration; $95 after March 5, 2018, Unlimited Study Groups  
______ If you qualify for the LIHEAP program, call NIU External Programming at (815) 753-5200 for authorization to register at a reduced fee.  

$______ Total due  
Name #1______________________________________________________________  
Name #2______________________________________________________________  
Mailing address________________________________________________________________________  
City_______________________________________ State__________ ZIP code (+4)___________________  
E-mail address______________________________________________________________  
Day phone ___________________ Evening phone______________________________________  
Emergency contact name_____________________________________Relationship_____________________

Address________________________________________ Phone (day) ________________________________  
[ ] Check here and attach an explanation (required) if you have special needs that are regulated by the Americans with Disabilities Act. (Contact NIU’s Disability Resource Center for assistance at 753-1303 or www.niu.edu/disability: participants are responsible for any non-credit accommodation charges.)

I heard about the LLI from: [ ] Friend  [ ] Newspaper  [ ] Flyer  [ ] Library  [ ] Radio  [ ] TV  
[ ] Internet  [ ] Catalogue  [ ] Other: ________________________________________________  

All memberships are individual. Membership includes unlimited study groups, lectures, and workshops for the spring 2018 term. Registration for study groups is on a first-come, first-served basis. Mail-in registrations are accepted any time prior to the first study group meeting date, space permitting. All study groups, lectures, and special events are subject to availability and change. The enrollment maximum for all study groups is 40 participants unless otherwise stated.  

(cont’d on reverse side)
Registration Form - NIU Lifelong Learning Institute (NIU LLI)
Spring 2018 (March 13-May 3) Event #15855

Registrant #1 preferred name for nametag: _______________________________________________

Tuesday
[ ] American Indians, 3/13, 9 a.m.  
[ ] Microbes, 3/13, 9 a.m.  
[ ] Roosevelt, 3/13, 1:30 p.m.  
[ ] Music and Art, 3/13, 1:30 p.m.

Wednesday
[ ] D-Day, 3/14, 9:30 a.m.  
[ ] NIU Students, 4/11, 9:30 a.m.  
[ ] Westerns, 3/14, 1 p.m.  
[ ] America, 3/14, 1 p.m.

Thursday
[ ] Money, 3/15, 9:30 p.m.  
[ ] Mobile Devices, 3/22, 9:30 a.m.  
[ ] Poetry, 4/12, 9:30 a.m.  
[ ] Presidents, 3/15, 1 p.m.

Registrant #2 preferred name for nametag: _______________________________________________

Tuesday
[ ] American Indians, 3/13, 9 a.m.  
[ ] Microbes, 3/13, 9 a.m.  
[ ] Roosevelt, 3/13, 1:30 p.m.  
[ ] Music and Art, 3/13, 1:30 p.m.

Wednesday
[ ] D-Day, 3/14, 9:30 a.m.  
[ ] NIU Students, 4/11, 9:30 a.m.  
[ ] Westerns, 3/14, 1 p.m.  
[ ] America, 3/14, 1 p.m.

Thursday
[ ] Money, 3/15, 9:30 p.m.  
[ ] Mobile Devices, 3/22, 9:30 a.m.  
[ ] Poetry, 4/12, 9:30 a.m.  
[ ] Presidents, 3/15, 1 p.m.

$______ Total amount remitted (from previous page)

[ ] Check payable to NIU  
[ ] Charge fee to [ ] VISA [ ] MasterCard [ ] Discover [ ] American Express

Name as appears on credit card__________________________________________________________

Credit card billing address ____________________________________________________________

City______________________________ State__________ ZIP code (+4) _______________________

Account #_________________________ Exp. date___________________

Signature__________________________

Refunds: Membership dues refund requests must be received one week prior to the start of the term, subject to a $10 processing charge. No refunds for term membership fees after March 5, 2018. Full refunds are given to a person when all of the programs for which the person registered are not available because they are canceled or over-subscribed.

_______ Check here to opt out of the forthcoming directory. The directory will be available only to LLI members and will include only your name, phone number, email, and city.

DISCLAIMER: I do not hold the Lifelong Learning Institute or Northern Illinois University responsible for any injury that may occur during an LLI program in which I participate during spring 2018.

Signature__________________________ Date_____________________

Questions: Contact NIU External Programming at (815) 753-5200, e-mail LASEP@niu.edu, or visit www.LLI.niu.edu.
Frequently Asked Questions

What is the Lifelong Learning Institute?

The Lifelong Learning Institute at Northern Illinois University (LLI) is a member-directed group of retirement-age people who seek new learning experiences. Members, regardless of their education, enjoy continuing to learn in an informal, flexible, and non-competitive environment with individual participation. They rekindle old interests and pursue new ones at a reasonable cost without being concerned about credits, grades, exams, or prerequisites.

Members determine the topics offered in study groups, workshops, and lectures and also act as LLI conveners, instructors, and discussion leaders.

A self-supporting organization, the LLI relies on members’ dues for its financial needs and on member volunteers for committees and program administration.

The Northern Illinois University LLI is affiliated with the Elderhostel Institute Network and more than 300 LLIs across the United States.

Who may join the LLI?

The LLI is open to anyone who is retired or at least 50 years of age, with a sense of curiosity and a love of learning. The LLI welcomes all members, from those whose education ended early to those who have earned advanced degrees. Members include retired business people, teachers, Fulbright scholars, homemakers, union members, professionals, and farmers.

Where does the LLI meet?

Unless otherwise noted, sessions meet in the Holmes Student Center (HSC) on the Northern Illinois University campus in DeKalb. LLI members may park in the nearby visitors parking lot at a reduced rate. Various eating places in the center provide locations for members to talk and socialize over lunch.

What does the LLI offer?

Various study groups and workshops are offered each term, with the current term’s offerings described in this catalogue. A curriculum committee of LLI members chooses subjects, primarily from members’ suggestions, based on perceived levels of interest and the availability of conveners.

Study groups, which may meet for as many as eight sessions, have considerable member participation. Much discussion occurs; a straight lecture format is rarely used.

Workshops are hands-on programs that usually involve learning a skill or gaining practical information and generally have fewer sessions.

The LLI Notables Brown Bag Lectures are given by speakers whose expertise and interests often coincide with study group themes. Question-and-answer sessions follow the lectures. Some LLI members join just to attend the LLI Notables Series.

Members may enroll in study groups and workshops, take advantage of just the lecture series, or participate in all LLI activities. Regular attendance is encouraged, but we know LLI members have busy schedules. Early registration is recommended since class size is limited. LLI study groups are open only to LLI members. The LLI Notables Brown Bag Lecture Series is open to the public.

Who are the LLI instructors?

Every study group or workshop has a convener who may also lead some classes. Some groups have an instructor; other groups divide tasks among their members. Some leaders are retired educators; others have had little or no teaching experience but are willing to share their vocational expertise, hobbies, experiences, talent, or knowledge.

When does the LLI meet?

Study groups and workshops are offered on Tuesday, Wednesday, and Thursday mornings and afternoons. The LLI Notables Brown Bag Lecture Series is on Tuesdays, 11:30 a.m.-1 p.m. There are four terms per year: winter, spring, summer, and fall. Traditionally, winter and summer terms last four weeks, and spring and fall terms span eight weeks. Special programs may take place at other times.

How do I become an LLI member?

You become an LLI member by completing an application form and paying a fee. This fee entitles you to enroll in unlimited study groups and workshops and attend the lecture series on a term by term basis. You are also eligible for discounts on other special events that may carry additional fees.

If you have already joined LLI at NIU, mark the registration form as a “renewing member” if you wish to participate in the current term's activities.

LLI study groups are open to all members who wish to participate; scholarships may be available for those needing financial assistance. For information, contact NIU External Programming. All requests are confidential. Please inquire about special registration fees available for persons in the LIHEAP program.

Where can I get more information and/or register?

Call NIU External Programming at (815) 753-5200
E-mail the NIU LLI at NUILLL@niu.edu
Check the LLI website at http://www.LLI.niu.edu