

## LAURA D. PITTMAN

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Aurora, IL 60502  
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### EDUCATION

- Ph.D., 1996 University of Connecticut, Storrs, Connecticut  
APA accredited Clinical Psychology Program  
Dissertation: The Relationship between Parental Psychological Distress,  
Parental Alcoholism, Family Environment, and Adolescents' Psychological  
Functioning
- 1994-1995 Child Clinical Psychology Internship, Crestwood Children's Center, Rochester,  
New York. (APA Accredited Internship)
- M.A., 1992 University of Connecticut, Storrs, Connecticut  
Clinical Psychology Program  
Thesis: Psychological Symptoms and Competence in Young Adult Children  
of Alcoholic and Psychologically Distressed Parents
- B.A., 1990 Northwestern University, Evanston, Illinois  
Psychology and Mathematical Methods in the Social Sciences with  
Departmental Honors, Phi Beta Kappa

### PROFESSIONAL POSITIONS

- 2008- Associate Professor, Department of Psychology, Northern Illinois University
- 2011-2022 Director of Clinical Training, Department of Psychology, Northern Illinois  
University
- 2002-2008 Assistant Professor, Department of Psychology, Northern Illinois University
- 1999-2002 Research Scientist, Institute for Policy Research, Northwestern University
- 1998-1999 Research Scientist, The Irving B. Harris Graduate School of Public Policy  
Studies, University of Chicago
- 1996-1998 Postdoctoral Fellow, Program in Risk and Resilience in Families, The NIMH  
Family Research Consortium

### HONORS

- 2004 Social Policy Award for Best Journal Article, Society for Research on Adolescence
- 1994 Dissertation Fellowship, University of Connecticut
- 1993 APA Science Directorate Student Travel Award
- 1990 Phi Beta Kappa, Northwestern University

## PROFESSIONAL MEMBERSHIPS

American Psychological Association  
Division 43 - Family Psychology  
Division 53 - Society for Clinical Child and Adolescent Psychology  
Association for Psychological Science  
Society for Research in Child Development  
Society for Research in Adolescence

## RESEARCH GRANTS AND CONTRACTS

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 7/1/22 —6/30/23, \$8,046,823.

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 7/1/21 —6/30/22, \$6,817,267.

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 7/1/20 —6/30/21, \$6,817,267.

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 7/1/19 —6/30/20, \$6,705,743.

Principal Investigator, *St Thomas Strong Study (2017)*. Travel Grant from the Quick Response Grant Program, Natural Hazards Center, Institute of Behavioral Science, University of Colorado- Boulder. \$2,000.

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 7/1/18 —6/30/19, \$6,460,092.

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 7/1/17 —6/30/18, \$6,194,988.

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 7/1/16 —6/30/17, \$5,633,453.

Principal Investigator, *Integrated Assessment Program*, Illinois Department of Child and Family Services, 6/1/15 —6/30/16, \$2,876,534.

Principal Investigator, *Parenting and School Readiness among Low-Income Children*, Grant from National Institute of Child Health and Human Development (NICHD), 1/13/05 - 12/31/07, \$143,296.

Principal Investigator, *Grandmother's involvement among children and adolescents growing up in poverty*, Grant from the Joint Center for Poverty Research, 9/1/02 - 9/30/03, \$30,000.

Principal Investigator on a subcontract from Northwestern University from the grant *Welfare, Children, and Families: A Three-City Study* funded by Robert Wood Johnson Foundation, 9/1/02 - 8/31/03, \$22,890.

**PUBLICATIONS**

(Note italicized names are students)

- Pittman, L.D., *Brendle, C. R., & Ioffe, M.* (2022). Quality and quantity of grandparent contact: Associations with late adolescents' psychological adjustment. *Journal of Family Issues*. Available at <https://doi.org/10.1177/0192513X221127021>
- Shelleby, E., Pittman, L. D., Bridgett, D. J., *Keane, J., Zolinski, S., & Caradec, J.* (2022). Associations between COVID-19 pandemic stress and financial concerns and parent and child functioning. *Journal of Family Psychology*, 36(6), 932–942. <https://doi.org/10.1037/fam0000996>
- Kochanova, K., Pittman, L. D., & Pabis, J.* (2021). Parenting stress, parenting, and adolescent externalizing problems. *Journal of Child and Family Studies*, 30, 2141-2154. <https://doi.org/10.1007/s10826-021-01996-2>. Sharable link at <https://rdcu.be/cmrBS>
- Kochanova, K., Pittman, L. D., & McNeela, L.* (2022). Parenting stress and child internalizing and externalizing problems among low-income families: Transactional associations. *Child Psychiatry & Human Development*, 53(1), 76-88. <https://doi.org/10.1007/s10578-020-01115-0>
- Ioffe, M., Pittman, L. D., Kochanova, K., & Pabis, J.* (2020). Parent-adolescent communication influences on anxious and depressive symptoms in early adolescence. *Journal of Youth and Adolescence*, 49(8), 1716-1730. <https://doi.org/10.1007/s10964-020-01259-1>
- Pittman, L. D., Cutright, N. H., *McNeela, L., Awada, S., Pabis, J., & Shelleby, L.* (2020). Coping strategies and psychological symptoms among children on St. Thomas in the aftermath of Hurricanes Irma and Maria. *Journal of Traumatic Stress*, 33, 151–160. doi: 10.1002/jts
- Cutright, N. H., *Padgett, E. E., Awada, S., Pabis, J., & Pittman, L. D.* (2019). The role of mindfulness in psychological outcomes for children following hurricane exposure. *Mindfulness*, 10, 1760-1767. doi: 10.1007/s12671-019-01135-5
- Murdock, K. W., Pittman, L. D., & Fagundes, C. P.* (2018). Maternal and paternal predictors of child depressive symptoms: An actor-partner interdependence framework. *Journal of Child and Family Studies*, 27, 559-568. doi: [10.1007/s10826-017-0910-6](https://doi.org/10.1007/s10826-017-0910-6)
- Keeperts, C. & Pittman, L. D.* (2017). I wish my parents would stop arguing! The impact of interparental conflict on young adults. *Journal of Family Issues* 38, 839-857. doi: 10.1177/0192513X15613821
- Gummadam, P., Pittman, L. D., & Ioffe, M.* (2015). School belonging, ethnic identity, and psychological adjustment among ethnic minority college students. *Journal of Experimental Education*, 84, 289-306. doi: 10.1080/00220973.2015.1048844
- London, M., Lilly, M., & Pittman, L.D.* (2015). Attachment as a mediator between community violence and posttraumatic stress symptoms among adolescents with a history of maltreatment. *Child Abuse and Neglect*, 42, 1-9. [doi:10.1016/j.chiabu.2014.11.002](https://doi.org/10.1016/j.chiabu.2014.11.002)

**PUBLICATIONS (continued)**

- Stevens, E., Bardeen, J. R., Pittman, L. D., & Lovejoy, M. C. (2015). The interactive effect of individual differences in goal strength and self-discrepancies: Examining negative affective outcomes. *Journal of Social and Clinical Psychology, 34*, 161-180. doi: 10.1521/jscp.2015.34.2.161
- Stevens, E. N., Holmberg, N. J., Lovejoy, M. C., & Pittman, L. D. (2014). When do self-discrepancies predict negative emotions? Exploring formal operational thought and abstract reasoning skills as moderators. *Cognition and Emotion, 28*, 707-716. doi: 10.1080/02699931.2013.845082
- Stevens, E. N., Lovejoy, M. C., & Pittman, L. D. (2014). Understanding the relationship between actual:ideal discrepancies and depressive symptoms: A developmental examination. *Journal of Adolescence, 37*, 612-621. doi: 10.1016/j.adolescence.2014.04.013
- Neese, A. L., Pittman, L. D., & Hunemorder, R. (2013). Depressive symptoms and somatic complaints among Zambian adolescents: Associations with stress and coping. *Journal of Research on Adolescence, 23*, 118-127.
- Pittman, L. D., & Boswell, M. K. (2008). Low-income multigenerational households: Variation in family functioning by mothers' age and race/ethnicity. *Journal of Family Issues, 29*, 851-881.
- Pittman, L. D., & Richmond, A. (2008). University belonging and friendship quality during the transition to college: Links to self perceptions and psychological symptoms. *Journal of Experimental Education, 76*, 343-361.
- Coley, R. L., Lohman, B., Votruba-Drzal, E., Pittman, L. D., & Chase-Lansdale, P. L. (2007). Maternal functioning, time and money: The world of work and welfare. *Children and Youth Services Review, 29*, 721-741.
- Pittman, L. D. (2007). Grandmothers' involvement among young adolescents growing up in poverty. *Journal of Research on Adolescence, 17*, 89-116.
- Pittman, L. D., & Boswell, M. K. (2007). The role of grandmothers in the lives of preschoolers growing up in urban poverty. *Applied Developmental Science, 11*, 20-42.
- Pittman, L. D., & Richmond, A. (2007). Academic and psychological functioning in late adolescence: The importance of school belonging. *The Journal of Experimental Education, 75*, 270-290.
- Lohman, B. J., Pittman, L. D., Chase-Lansdale, P. L., & Coley, R. L. (2004). Welfare history, sanctions, and developmental outcomes among low-income children and youth. *Social Service Review, 78*, 41-73.

**PUBLICATIONS (continued)**

- Chase-Lansdale, P. L., Moffitt, R. A., Lohman, B. J., Cherlin, A. J., Coley, R. L., Pittman, L. D., Roff, J., & Votruba-Drzal, E. (2003). Welfare reform and child well-being: Response. *Science, 301*, 1325-1326.
- Chase-Lansdale, P. L., Moffitt, R., Lohman, B. J., Cherlin, A. J., Coley, R. L., Pittman, L. D., Roff, J., & Votruba-Drzal, E. (2003). Mothers' transitions from welfare to work and the well-being of preschoolers and adolescents. *Science, 299*, 1548-1552.
- Chase-Lansdale, P. L., & Pittman, L. D. (2002). Welfare reform and parenting: Reasonable expectations. *The Future of Children, 12*(1), 167-183.
- Pittman, L. D., & Chase-Lansdale, P. L. (2001). African-American adolescent girls in impoverished communities: Parenting style and adolescent outcomes. *Journal of Research on Adolescence, 11*, 199-224.
- Williams, S. S., Doyle, T. M., Pittman, L. D., Weiss, L. H., Fisher, J. S., & Fisher, W. A. (1998). Roleplayed safer sex skills of heterosexual college students influenced by both personal and partner factors. *AIDS and Behavior, 2*, 177-187.

**BOOK CHAPTERS & CONFERENCE PROCEEDINGS**

(Note italicized names are students)

- Pittman, L. D., Ioffe, M., & Keeports, C. (2016). Young adults' perceptions of living with their grandparents during childhood. In M. H. Meyer & Y. Abdul-Malik (Eds.), *Grandparenting in the United States* (pp. 185-206). Amityville, NY: Baywood.
- Richmond, A., & Pittman, L. D. (2016). Parenting practices, racial socialization, and adolescent functioning in African American families. In B. Voyer, P. Boski, P. Denoux, B. Gabrenya and C. Roland-Lévy (Eds.), *Unity, Diversity and Culture*. Conference Proceedings from the Annual Meeting of the International Association for Cross-Cultural Psychology. (E-Book)
- Mounts, N. S., Pittman, L. D., Karre, J., & Walters, T. (2012). Transformations in relationships, independence and interdependence. In G. Creasy & P. Jarvis (Eds.), *Adolescent development and school achievement in urban communities: Resilience in the neighborhood* (pp. 193-204). New York: Taylor and Francis.
- Pittman, L. D., Wakschlag, L. S., Chase-Lansdale, P. L., & Brooks-Gunn, J. (2012). "Mama, I'm a Person, Too!": Individuation and Young African-American mothers' parenting competence. In P. Kerig, M. Schulz & S. Hauser, (Eds.), *Adolescence and beyond: Family processes and development* (pp. 177-199). New York: Oxford University Press. doi:10.1093/acprof:oso/9780199736546.001.0001
- Pittman, L. D., & Coley, R. L. (2011). Coparenting in families with adolescent mothers. In J. McHale & K. M. Lindahl (Eds). *Coparenting: A conceptual and clinical examination of family systems* (pp. 105-126). Washington, DC: APA Press. doi: 10.1037/12328-005

## **OTHER PUBLICATIONS**

*(Note italicized names are students)*

Stewart, E., Kochanova, K., and Pittman, L. (2016, June). What it takes to be great parents. Sox dos and odn't that will imprpvoe your co-parenting skills. Post on the Wide Wide World of Psychology blog, *Psychology Today*. Available at <https://www.psychologytoday.com/us/blog/the-wide-wide-world-psychology/201606/what-it-takes-be-great-parents>

Pittman, L. D. (2014, October). Unique considerations for children raised by grandparents. How is a child's well-being influenced by living with a grandparent? Post on the Wide Wide World of Psychology blog, *Psychology Today*. Available at <https://www.psychologytoday.com/us/blog/the-wide-wide-world-psychology/201410/unique-considerations-children-raised-grandparents>

Pittman, L. (2013, February). What will be Obama's psychological legacy? Post on the Wide Wide World of Psychology blog, *Psychology Today*. Available at <https://www.psychologytoday.com/us/blog/the-wide-wide-world-psychology/201302/what-will-be-obamas-psychological-legacy>

Pittman, L. D., *Wickery, J. M., & Richmond, A.* (2006). *Block free play coding manual*. Unpublished manuscript. Department of Psychology, Northern Illinois University, DeKalb, IL.

Chase-Lansdale, P. L., Moffitt, R. A., Lohman, B. J., Cherlin, A. J., Coley, R. L., Pittman, L. D., Roff, J., & Votruba-Drzal, E. (2003). *How are children affected by employment and welfare transitions?* (JCPR Policy Brief, vol. 5, no.3). Chicago, IL: Northwestern University/University of Chicago Joint Center for Poverty Research.

Chase-Lansdale, P. L., Coley, R.L., Lohman, B. J., & Pittman, L. D. (2002). *Welfare reform: Where are the children?* (Policy brief 02-1). Baltimore, MD: Welfare, Children and Families: A Three City Study, The John Hopkins University. (Available at [www.jhu.edu/~welfare](http://www.jhu.edu/~welfare).)

Chase-Lansdale, P. L., Coley, R.L., Lohman, B. J., & Pittman, L.D. (2002) Welfare reform and children: Impact of TANF on children's social and emotional health. *Birth 23 News* (newsletter of The Birth to Three Project, Ounce of Prevention Fund), 4(summer): 1-2.

## **MANUSCRIPTS SUBMITTED FOR PUBLICATION**

*(Note italicized names are students)*

Pittman, L. D., *Awada, S., Pabis, J. & Cutright, N.* (2022). *Teachers' Psychological Symptoms in the Aftermath of Two Hurricanes: Links to Children's Psychological Outcomes*. Manuscript submitted for publication.

## **MANUSCRIPTS IN PREPARATION**

*(Note italicized names are students)*

*Caradec, J., Pittman, L.D., Zolinski, S, Dubuclet, C., & Pabis, J.M (2022). Ethnic socialization among White families: Links to adolescents' ethnic identity and interest in diversity and activism. Manuscript in preparation*

*Mangen, K., Pittman, L.D., Ellem, J. R., Mick, C., & Wu, K. J. (2022). Important considerations in pediatric obsessive-compulsive disorder: A review. Manuscript in preparation.*

*McNeela, L., Pittman, L. D., Caradec, J., & Pabis, J. (2022). Coparenting and early adolescent psychological symptoms: A transactional analysis. Manuscript in preparation.*

*Mick, C., Caradec, J., Szollos, S., Mounts, N., Pittman, L.D., & Valentiner, D. (2022). Meta-analyses of parenting influences on anxiety. Manuscript in preparation.*

*Pabis, J., Corning, E., Pittman, L. D., McNeela, L., Shelleby, L., & Cutright, N. H. (2022). Social support and psychological outcomes following hurricanes: The moderating role of the school setting. Manuscript in preparation.*

*Zolinski, S., Dubuclet, C., McNeela, L., Keane, J., & Pittman, L. D. (2022). Coping with discrimination: A latent profile analysis. Manuscript in preparation.*

## **PRESENTATIONS (last 10 years)**

*(Note italicized names are students)*

*Caradec, J. R., Keane, J., Pittman, L. D., Bridgett, D. J., & Shelleby, E. (2023, March 23-35). Coparenting: Possible explanatory mechanism between pandemic stress and children's psychological symptoms [poster presentation submitted]. Society for Research on Child Development, Salt Lake City, UT.*

*Kaur, K, Larkin, K., Pittman, L. D., Shelleby, E., & Bridgett, D. J. (2023, March 23-35). Maternal depression transmission through CHAOS [poster presentation submitted]. Society for Research on Child Development, Salt Lake City, UT.*

*Kaye, J. R., Ung, S. D, Dubuclet, C. M., Bridgett., D. J., Pittman, L. D., Shelleby, E. C. (2023, March 23-35). Association between pandemic stress and parenting behaviors: Mediating role of parenting stress [poster presentation submitted]. Society for Research on Child Development, Salt Lake City, UT.*

*Larkin, K., Kaye, J., Kaur, K., Keane, J., Barrett, C., Pittman, L. D., Bridgett, D. J., & Shelleby, E. (2023, March 23-35). Protective role of positive experiences in the association between pandemic interruption stress and parenting stress [poster presentation submitted]. Society for Research on Child Development, Salt Lake City, UT.*

*Mick, C., Caradec, J., Szollos, S., Mounts, N., Pittman, L.D., & Valentiner, D. (2023, March 23-35). Parental psychological control and child anxiety: A meta-analysis. [poster presentation submitted]. Society for Research on Child Development, Salt Lake City, UT.*

**PRESENTATIONS (continued)**

- Philips, J. S. & Pittman, L. D. (2023, March 23-35). Racial-ethnic socialization practices: Gender and ethnic group differences and links to psychological symptoms [poster presentation submitted]. Society for Research on Child Development, Salt Lake City, UT.*
- Pabis, J. & Pittman, L. D., (2022, October). Parent training workshop for children with selective mutism: A randomized-controlled trial [poster presentation]. Selective Mutism Association Annual Conference, Virtual Meeting.*
- Keane, J. N., Zolinski, S. K., Caradec, J. R., Shelleby, E. C., Pittman, L. D., & Bridgett, D. J. (2022, May 26-29). Parenting stress and child outcomes: The role of parenting behaviors and coparenting during the COVID-19 pandemic [poster presentation]. Association for Psychological Science conference, Chicago, IL.*
- Caradec, J. R., Kochanova, K., & Pittman, L. D. (2022, March). Coparenting and parental anxiety: Exploring transactional associations among families with early adolescents. Poster presented at the Society for Research on Adolescence, New Orleans, LA.*
- Flannery, A. J., Pittman, L. D., Kaur, K., Zolinski, S. K., Pabis & J. M., & Caradec, J.R. (2022, March). Coparenting among families of treatment-seeking adolescents: Associations with marital conflict and psychological adjustment. Poster presented at the Society for Research on Adolescence, New Orleans, LA.*
- Zolinski, S. K., Caradec, J. R., McNeela, L., Dubuclet, C., Keane, J., & Pittman, L. P. (2022, March). Patterns of coping with discrimination among ethnic minority adolescents: Examining relations to psychological outcomes. Presented at the Society for Research on Adolescence, New Orleans, LA.*
- Cutright, N. H., Pittman, L. D., & Pabis, J. (2021, November). An examination of hurricane experience, symptomology, and coping in children. Poster presented at the Caribbean Regional Conference of Psychology, St. Croix, US Virgin Islands.*
- Dubuclet, C., Banks, B., Kaye, J., Bridgett, D. J., Pittman, L. D., & Shelleby, E. (2021, May). The relationship between maternal depressive symptoms and loneliness and their links to child depressive symptoms during COVID-19. Poster presented at the Association for Psychological Science conference held virtually.*
- Kaye, J. R., Caradec, J. R., Banks, B., Bridgett, D. J., Pittman, L. D., & Shelleby, E. (2021, May). Pandemic-related stress and maternal internalizing difficulties: Is mindfulness contraindicated for mitigation? Poster presented at the Association for Psychological Science conference held virtually.*
- Pabis, J., & Pittman, L.D. (2021, April). Parenting behaviors and child anxiety: The role of parent and child gender. Poster submitted presented at the biennial meeting of the Society for the Research on Child Development, Minneapolis, MN.*



**PRESENTATIONS (continued)**

- McNeela, L. & Pittman, L. D. (2020, April). *The impact of attributional style on adolescent stress and outcomes*. [Paper talk]. 92nd Annual Meeting of the Midwestern Psychological Association (MPA), Chicago, IL. (Conference canceled)
- Caradec, J., Zolinski, S., Lahey, K., & Pittman, L. D. (2020, March). *Parenting and anxiety among ethnic minority adolescents: Associations through ethnic identity*. Poster accepted to be presented at the Society for Research on Adolescence in San Diego, CA. (Conference canceled)
- McNeela, L., Pittman, L. D., Caradec, J., Zolinski, S., & Pabis, J. (2020, March). *Coparenting and adolescent psychological symptoms: A transactional analysis*. In L.D. Pittman (Chair), *Coparenting among Families with Adolescents*, accepted to be presented at the Society for Research on Adolescence in San Diego, CA. (Conference canceled)
- Zolinski, S., Caradec, J., Lahey, K., & Pittman, L. D. (2020, March). *Late adolescents' strategies to cope with discrimination: Associations with ethnic-racial socialization*. Poster accepted to be presented at the Society for Research on Adolescence in San Diego, CA. (Conference canceled)
- Corning, E., Pabis, J., McNeela, L., Awada, S., Padgett, E., Kochanova, K., Alfonso, D., & Pittman, L. (March, 2019). *Hurricane exposure and psychological outcomes in children: The moderating role of gender*. Poster presented at the biennial meeting of the Society for the Research on Child Development, Baltimore, MD.
- Pabis, J., Corning, E., Awada, S., McNeela, L., Alfonso, D., Shelleby, E., & Pittman, L. (March, 2019). *The role of parent social support in predicting psychological outcomes in the aftermath of hurricanes*. Poster presented at the biennial meeting of the Society for the Research on Child Development, Baltimore, MD.
- Pabis, J., Corning, E., Padgett, E. & Pittman, L. (October, 2018). *Mindfulness as a buffer of psychological symptoms following children's exposure to hurricanes*. Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
- Padgett, E., Cutright, N. L., Pabis, J., Kochanova, K., Awada, S., McNeela, L. & Pittman, L. (October, 2018). *The association between social support and child PTS symptoms: The moderating role of grade*. Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
- Kochanova, K., Pittman, L.D., & Pabis, J. (April, 2018). *Parental stress, parenting, and externalizing problems: Indirect associations among parents of adolescents*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- McNeela, L., Awada, S., Kochanova, K., Pittman, L. D. & Flannery, A. (April, 2018). *Indirect pathways between maternal anxiety and adolescent outcomes through mother-child relationship and home environment*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

**PRESENTATIONS (continued)**

*Flannery, A.J., Pittman, L. D., Padgett, E., Kochanova, K., & McNeela, L. (April, 2018). Does coparenting within intact families mediate the association between marital conflict and adolescent behavioral problems?* Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

*Padgett, E, Pittman, L.D., & Flannery, A. (April, 2018) Associations between parenting and positive outcomes: Variation by ethnicity.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

*Gomez, B., McNeela, L., & Pittman, L. D. (April, 2018). Co-parenting as a mediator between marital quality and early adolescents' anxiety and depressive symptoms.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.

*McNeela, L., Awada, S., & Pittman, L. D. (May, 2017). Parenting stress as a mediator between parent internalizing symptoms and children's outcomes among low-income families: A longitudinal study of mothers and fathers.* Poster presented at the annual meeting of the Association of Psychological Sciences. Boston, MA.

*Kochanova, K. Pittman, L. D., McNeela, L., & Flannery, A. (March, 2017). Parenting stress and child internalizing and externalizing problems among low-income families: Transactional associations.* Poster presented at the biennial meeting of the Society for the Research on Child Development, Austin, TX.

*Flannery, A., Padgett, E. E., Kochanova, K., Ioffe, M., & Pittman, L. D. (2016, September). Sluggish cognitive tempo (SCT) and poor academic adjustment to college: The potential mediating role of emotion dysregulation.* Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

*Kochanova, K., Pittman, L. D., & Stewart, E. E. (2016, May). Parenting stress, cumulative risk, and children's internalizing and externalizing problems in a sample of low-income families.* Poster presented at the annual meeting of the Association of Psychological Sciences, Chicago, IL

*Ioffe, M., Flannery, A. J., Kochanova, K., Stewart, E. E. & Pittman, L. D. (2016, March). Ethnic/racial discrimination and psychological maladjustment: The buffering role of gender and parent-adolescent relationships.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

*Pittman, L. D., Kochanova, K., Stewart, E. E., Flannery, A. J., & Ioffe, M. (2016, March). Discrimination, racial/ethnic identity and psychological distress: Patterns across Latino and African American adolescents.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

**PRESENTATIONS (continued)**

*Holmberg, N. J., Pittman, L.D., Stewart, E. E., & Ioffe, M. (2015, November). Self-discrepancies in the social role of mother: Associations between self-discrepancies and negative affect.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Keeports, C. R., Pittman, L.D., Holmberg, N. J., & Stewart, E. E. (2015, November). The moderating role of parent-child relationship quality on the associations between interparental conflict and psychological outcomes among young adults.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Keeports, C. R., Pittman, L.D., & Ioffe, M. (2015, November). The moderating role of parent contact on the associations between interparental conflict and psychological outcomes among young adults.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Stewart, E. E., & Pittman, L. D. (2015, March). A mixed methods analysis of what childhood factors enhance the grandparent-grandchild relationship.* Poster presented at biennial meeting of the Society for Research on Child Development, Philadelphia, PA.

*Ioffe, M., & Pittman, L. D. (2015, March). Stressful events and adolescent mental health: Pessimistic attributional style and parent-adolescent communication as moderators.* Poster presented at biennial meeting of the Society for Research on Child Development, Philadelphia, PA.

*Pittman, L. D., Stewart, E. E., & Flannery, A. J. (2015, March). Coparenting is more than coresidence: How grandmother-mother coparenting influences low-income, minority children.* In B. Zvara, & W. R. Mills-Koonce (Chairs), *Coparenting in Clinically and Culturally Diverse Family Systems*. Symposium presented at biennial meeting of the Society for Research on Child Development, Philadelphia, PA.

*London, M. J., Lim, B., Pittman, L., & Lilly, M. M. (2014, November). Attachment as a mediator between community violence and posttraumatic stress symptoms among adolescents with a history of maltreatment.* Poster accepted to the 30th International Society for Traumatic Stress Studies Annual Meeting, Miami, FL. \*Student Poster Award Finalist Presentation.

*Ioffe, M., Stewart, E. & Pittman, L. D. (2014, October). The moderating role of grandparent admiration in the links between parental warmth and adolescent well-being.* Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

*Stewart, E., Ioffe, M., & Pittman, L. D. (2014, October). Grandparent warmth, parental warmth, and late adolescent outcomes: Exploration of indirect associations.* Poster presented at the National Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.

**PRESENTATIONS (continued)**

- Richmond, A., & Pittman, L. D. (2014, July). *Parenting practices and adolescent functioning in African American families: The role of racial socialization*. Paper presented at the International Association of Cross-Cultural Psychology, Reims, France.
- Lopez, J. J., Stewart, E. E., Cardenas, S., Ioffe, M., & Pittman, L. D. (2014, May). *Ethnic Group Differences in Grandparent-Grandchild Relationship Quality*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Ioffe, M., & Pittman, L. D. (2014, March). *High school belonging, social support, and adolescent perceived competence in a sample of at-risk students*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Pittman, L. D., Ioffe, M., Stewart, E. E., & Keeports, C. (2014, March). *Grandmothers' relationship quality and adolescent grandchildren outcomes: Are the associations explained by parental acceptance?* Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX.
- Keeports, C., & Pittman, L. D. (2013, October). *Interparental conflict, young adult adjustment, and appraisals among emerging adults*. Poster presented at the biennial meeting of the Society for the Study of Emerging Adulthood, Chicago, IL.
- Holmberg, N. & Pittman, L. D. (2013, November). *Longitudinal associations between work-family role strain and psychological distress among low-income mothers*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Stevens, E. N., Lovejoy, M. C., & Pittman, L. D. (2013, November). *The discrepancy-depression association: Gender and grade differences*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Stevens, E. N., Holmberg, N., Keeports, C., Lovejoy, M. C., & Pittman, L. D. (2013, November). *Perceived parenting and anxiety: The moderating role of effortful control*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Stevens, E. N., Holmberg, N. J., Keeports, C. R., Lovejoy, M. C., & Pittman, L. D. (2013, November). *A computerized measure of regulatory strength: Relations to self-discrepancies and depressive symptoms*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Pittman, L. D., Keeports, C. R., & Ioffe, M. (2013, April). *The quality and quantity of grandparent contact: Associations with late adolescents' psychological adjustment*. Poster presented at biennial meeting of the Society for Research on Child Development, Seattle, WA.

## **PRESENTATIONS (continued)**

Frangos, R., & Pittman, L. D. (2013, January). *Academic achievement and mental health among fifth graders*. Poster presented at the Illinois School Psychology Association, Springfield, IL.

## **FACULTY-SUPPORTED UNDERGRADUATE RESEARCH EXPERIENCES**

### Undergraduate Research & Artistry Day/CURES

Emily Camposeo with Chynna Dubuclet, Sophie Zolinski & Dr. Laura D. Pittman (April 2021). *Associations between Children's use of Coping Strategies and Posttraumatic Symptoms following Two Hurricanes*. (Awarded 2<sup>nd</sup> place in the Social and Behavioral Sciences Award Category)

Cindy Durran with Sophie Zolinski, Chynna Dubuclet & Dr. Laura D. Pittman (April 2021). *The Role of Coping in the Association between Ethnic Identity Affirmation and Depressive Symptoms* (Awarded 3<sup>rd</sup> place in the Social and Behavioral Sciences Award Category)

Samuel Fitzpatrick with Sophie Zolinski, Chynna Dubuclet & Dr. Laura D. Pittman (April 2021). *Associations between Type of Social Support and Post-Traumatic Symptoms Nine Months After Hurricanes*.

Bianca Gomez with Lauren McNeela, & Laura Pittman (April, 2017). *Co-parenting as a mediator for Marital Satisfaction and Child Anxiety Symptoms*.

Nicole Covello, Anneliese Pipitone, Ted Agbemape, & Bianca Barajas with Lauren McNeela & Dr. Laura Pittman (April, 2017). *The Influence of Parent Gender in the Relationship between Parental Depressive Symptoms, Co-Parenting Quality, and Child Depressive Symptoms*.

Ashley Sands with Dr. Laura Pittman (April, 2014): *Grandfather-Young Adult Relationships*

Guadalupe Lopez with Dr. Laura Pittman (April, 2014): *Psychological Well-being of Undocumented Students*.

Angela Burns with Dr. Laura Pittman (April, 2014): *Links between Father Acceptance and Emerging Adults' Self-Confidence: Socioeconomic Status as a Moderator*

Surina Cardenas & Kelsey Sondgeroth with Micah Ioffe & Dr. Laura Pittman (April, 2013): *Qualitative Exploration of Grandchildren's Perceptions of Living with Grandparents*

Kristen Rabe with Bethany Quinn & Dr. Laura Pittman (April, 2012): *Negative parenting and late adolescents' Mental Health: The Protective Function of Relationships with Grandparents*.

Shay Galto with Danielle Baran & Dr. Laura Pittman (April, 2010): *Longitudinal Links between Neighborhood Problems, Collective Efficacy, and Adolescents' Academic and Socioemotional Outcomes*

Psychology Undergraduate Research Conference (PURC)

- Hannah Licon with Kara Kaur & Dr. Laura D. Pittman (December, 2021). *Teaching modalities associated with child behavioral outcomes during the COVID-19 pandemic.*
- Samuel Fitzpatrick with Sophie Zolinski, Chynna Dubuclet & Dr. Laura D. Pittman (December, 2020). *Associations between Type of Social Support and Post-Traumatic Symptoms in the Aftermath of Hurricanes.*
- Joel Katla with Jill Caradec, Sophie Zolinski, & Dr. Laura D. Pittman (December, 2019). *The Moderation of Coparenting on the Association between Economic Status and Adolescent Externalizing Symptoms.*
- Daniel M. Burks & Kevin E. Lahey with Jacqueline M. Pabis & Dr. Laura D. Pittman (December, 2018). *The Role of Mindfulness in Children's Psychological Outcomes Post-Hurricane Exposure.*
- Jennifer Trempala with Lauren McNeela, & Dr. Laura D Pittman (December, 2018). *Bidirectional association between co-parenting and adolescent depressive symptoms.*
- Kevin E. Lahey & Jenna N. Malamoz with Jacqueline M. Pabis, and Dr. Laura D Pittman (December, 2018). *Links between ethnic socialization and psychological outcomes in minority youth.* (Also presented at Posters Under the Dome, i.e., Illinois Innovation Network Undergraduate Research Day, 5/2/19)
- Rachel Pollock & Courtney Hil with Lauren McNeela. & Dr. Laura D. Pittman (December, 2018). *The Association Between Perceived Social Support and PTSD Symptoms among Child Hurricane Victims.*
- Nicole Covello & Bianca Barajas with Lauren McNeela & Dr. Laura Pittman (December, 2016) *The relationship between parental depressive symptoms co-parenting quality, and adolescents' depressive symptoms.*
- Guadalupe Lopez with Dr. Laura D. Pittman (December, 2014): *Acculturation, Ethnic Identity, and Psychological Outcomes.*
- Jonathan Lopez & Surina Cardenas with Emily Stewart, Micah Ioffe, & Dr. Laura Pittman (December, 2013): *Ethnic Group Differences in Grandparent-Grandchild Relationship Quality*
- Kelsey Sondgeroth with Micah Ioffe, & Dr. Laura Pittman (December, 2012): *The links between grandparent cohabitation situations on the quality of the grandchild relationship.*
- Kristen E. Rabe with Bethany S. Quinn, & Dr. Laura Pittman (December, 2011): *Negative Parenting and Late Adolescents Mental Health: The Protective Function of Relationships with Grandparents.*

Summer Research Opportunities (SROP)

Guadalupe Lopez (Summer, 2014): *The Psychological Well-Being of Undocumented Students*

Undergraduate Special Opportunities in Artistry & Research Program (USOAR)

Guadalupe Lopez: *Factors influencing the psychological well-being of undocumented Latino college students (3/1/2013 – 12/31/2013)*

Capstone Projects

Jennifer Trempala (December, 2018). *Bidirectional association between co-parenting and adolescent depressive symptoms.*

**ADHOC REVIEWER**

*Applied Developmental Science*  
*Canadian Journal of Behavioral Science*  
*Child Development*  
*Children and Youth Services Review*  
*Cultural Diversity & Ethnic Minority Psychology*  
*Developmental Psychology*  
*Educational Psychology Review*  
*The European Journal of Developmental Psychology*  
*Family Process*  
*Infant and Child Development*  
*International Journal of Behavioral Development*  
*Journal of Adolescence*  
*Journal of Adolescent Health*  
*Journal of Applied Developmental Psychology*

*Journal of Child and Family Studies*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Family Issues*  
*Journal of Family Psychology*  
*Journal of Interpersonal Violence*  
*Journal of Marriage and the Family*  
*Journal of Research on Adolescence*  
*Journal of Research on Crime and Delinquency*  
*Lawrence Erlbaum, Publishers*  
*Prentice-Hall, Publishers*  
*Psychiatry Research*  
*Research on Aging*  
*Social Development*  
*Social Science Research*  
*Social Service Review*

**OTHER REVIEWING EXPERIENCE**

- 9/2022 & 10/2014      Member of the review panel on “Developmental Psychopathology” for the 2015 biennial meeting for the *Society for Research on Child Development*.
- 9/2015            Member of the review panel on “Family Processes” for 2016 biennial meeting for the *Society for Research on Adolescence*.
- 9/2008 & 8/2004      Member of the review panel on “Contexts of Development: Family, Neighborhood, Schools, Media, and Religious Institutions” for the 2005 & 2009 biennial meeting for the *Society for Research on Child Development*.
- 9/2009            Member of the review panel on “Psychopathology and Problem Behaviors” for 2010 biennial meeting for the *Society for Research on Adolescence*.

## **OTHER PROFESSIONAL ACTIVITIES**

- 8/04 - 1/05     Consultant for the research project *Welfare, Children, and Families: A Three-City Study*, Northwestern University.
- Spring, 2000    Lecturer, Master of Science in Education, Northwestern University, Evanston, IL.
- 9/93-5/94     Lecturer, Department of Psychology, University of Connecticut, Storrs, CT.

## **PROFESSIONAL AND UNIVERSITY SERVICE**

### **Professional & Community Service**

- Merrill Palmer Institute Steering Committee, Wayne State University, Detroit, MI  
Chair, 2010-2019
- Society for Research on Adolescence, International Young Scholars Program,  
Co-Chair, 2014- 2018
- Society for Research on Adolescence, All Things International Ad Hoc Committee, 2016-2018
- Statistical Consultant, West Chicago School District, West Chicago, IL, Fall, 2009 - 2013

### **University Service**

- Faculty Search Committee, Joint Hire Psychology & Latino and Latin American Studies,  
Member, 2022-23
- Institutional Review Board, Member 2008- 2016, Chair 2014-2016
- Poverty and Inequality Research-to-Action Collaborative (PIRAC), member, 2013 - 2015
- Collaborative on Early Adolescence, Member 2009-2013
- Partnership Committee, Chair, 2009-2011

### **Psychology Department Service**

- Clinical Graduate Admissions Committee, 2003, 2004, 2007, 2009-present  
Chair, 2011-2022
- Clinical Psychology Faculty Search Committee, Member, 2003-04, 2007-08, 2008-2009,  
Clinical Psychology Faculty Search Committee, Chair, 2011-12, 2014
- Developmental Psychology Faculty Search Committee, Fall, 2012
- Director of Psychological Services Search Committee, chair, Spring 2021
- Diversifying Psychology Open House, organizer, 2009 – 2014
- Diversity and Social Justice Committee, Member, 2020 – present, chair 2022 - present
- Faculty Mentor, Child Brown Bag Series, 2006-2008, 2011-2013. 2015-2016, 2018-  
2019, 2020-current
- Policy and Planning Committee, 2012-2013
- PSC Advisory Committee, Chair, 2011-2022
- Psychology Department Personnel Committee, 2003-2006, Chair, 2005-2006; 2009-2010
- Psychology Department Space Committee, 2006-2007, 2008-2010
- Psychology Department Tenure Committee, 2008- present, Chair, 2008-09
- Psychology Visiting Assistant Professor Search Committee, 2008
- School Psychology Faculty Search Committee, 2006-07, 2014
- Undergraduate Advising, Fall, 2002- 2010

### **References Available upon Request**