Exam Self-Reflection

Class Preparation
• Do you read the textbook before going to class and attempting assignments? ☐ Yes ☐ No ☐ Sometimes
• How much time do you estimate you spend reading and completing assignments?
• Overall, do you think you are preparing well for class? Click or tap here to enter text.

During Class
• Where do you sit in class, and do you think where you sit impacts your attention/performance?
  o Distance-learning alternative: Where do you set up to attend class, and do you think this impacts your attention/performance?
    Click or tap here to enter text.
• Do you attempt all activities in class even if you are unsure? ☐ Yes ☐ No ☐ Sometimes
• Do you leave class with questions that you write down for yourself? ☐ Yes ☐ No ☐ Sometimes
• Are you taking the most complete and effective notes you can be? ☐ Yes ☐ No ☐ Sometimes

Post Class
• Are you asking yourself “why” to the “what” you are doing?
  ☐ Yes ☐ No ☐ Sometimes
• Do you review the PowerPoints and class notes routinely for a short time after each class?
  ☐ Yes ☐ No ☐ Sometimes
• Do you revisit or reread challenging material to answer the questions you have from class?
  ☐ Yes ☐ No ☐ Sometimes
• Are you completing assignments as effective practice or simply completing them for the score?
  ☐ Practice ☐ Scoring
• Are you taking advantage of all the help and resources offered to you?
  ☐ Yes ☐ No
• Do you have study partners that you review class notes with? Are these study sessions active and effective? Click or tap here to enter text.

Exam
• When did you start studying for the exam? (Hint: Two days before the exam is not enough time)
  Click or tap here to enter text.
• Did you finish with time to check over questions? ☐ Yes ☐ No
• Could you teach someone else how to approach and answer each question? ☐ Yes ☐ No
• Did you practice answering all questions again from PowerPoints and on-line homework assignments without any help or notes?  
  ☐ Yes  ☐ No

• Explain what your studying “looks like” if I could watch a video of you doing this.  
  Click or tap here to enter text.

• Are your study habits active and engaging or passive and automated?  
  Click or tap here to enter text.

• Have you reviewed each question of the exam to see why you got each one right or wrong?  
  ☐ Yes  ☐ No

**Moving Forward**

• What do you think you could do to improve your success in this course?  
  Click or tap here to enter text.

• How can you learn from this exam?  
  Click or tap here to enter text.

• What active study strategies do you want to start incorporating?  
  Click or tap here to enter text.

• How do you learn best? What study methods are actually working for you?  
  Click or tap here to enter text.

• Are you using all your resources?  
  Click or tap here to enter text.

• Are you really learning the material or just studying?  
  Click or tap here to enter text.

• How will you know when you’ve mastered the information?  
  Click or tap here to enter text.

**Exam Item Analysis**

Why did you get each question wrong? For each question, explain why you think you got it wrong. Use the choices below.

1. I didn’t understand what the question was asking

2. Understood what the question was asking but wasn’t sure about the content

3. Careless mistake

4. I didn’t know the material because I didn’t study this or I’m not sure we ever talked about this

5. Other, maybe there is another reason you can think of
<table>
<thead>
<tr>
<th>Questions I got wrong</th>
<th>Question Type (Recall, Application, Significance, Relationship, Other)</th>
<th>Reason I got it wrong (use choices above and elaborate)</th>
<th>Where the material can be found (readings, PowerPoints, notes, etc)</th>
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