Northern Illinois University

Board of Trustees
Northwestern Medicine Partnership Report

Academic Affairs, Student Affairs and Personnel Committee

May 13, 2021
Opportunity arises as Health Services and Athletics have Medical Director vacancies. Discussions with Northwestern Medicine (NM) are initiated.

Spring 2018

Athletics creates partnership with NM for Athletics Medical Director services and oversight.

July 2018

Jan. 2019

NM/NIU launches partnership with NM taking responsibility for management and operations of on-campus Student Health Center.

Mid-point of our agreement with NM (Jan. 2019 – Dec. 2023)

COVID-19 has defined and solidified our partnership.

May 2021
<table>
<thead>
<tr>
<th>Category</th>
<th>Objective</th>
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<tbody>
<tr>
<td>Enhance</td>
<td>Enhance the student experience by expanding the breadth and quality of on-campus medical care delivered to students</td>
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<tr>
<td>Increase</td>
<td>Increase student awareness of and satisfaction with Student Health Center</td>
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<tr>
<td>Affordability</td>
<td>Make on-campus health care more affordable for students and the University</td>
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<tr>
<td>Expand</td>
<td>Expand care with access to the Northwestern Medicine network</td>
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COVID-19 Response
COVID Contributions (AY 20-21)

• Protecting the Pack taskforce
• Services partner
• Symptomatic student response
• Medical oversight of surveillance program
• Return to athletic competition
COVID Services: Fall Response

- Gateway testing - point-of-care
- Surveillance testing
- Symptomatic/exposure testing
- TeleHealth visits
Testing Site
COVID Services: Spring Response

**Gateway**
- Confirmatory negative testing for students prior to moving into NIU student housing
- Conducted at the start of the Spring semester during residence hall move-in days

**Surveillance**
- Students, Faculty & Staff living in NIU Housing, participating in face-to-face classes and/or interaction with public
- Hired 16 NIU Students to staff daily testing
- Monday through Friday with an average of 300 daily tests

**Athletics**
- Surveillance testing for Athletics
- Conducted per the NCAA guidelines
Student Experience
Services

Family Practice
OBGYN exams
Sexual health
Physicals
Labs

Acute Care
Illness
Ailments
Sprains
Strains
Pain

Preventative Care
Immunizations
Screening
Education
Access to Care – Student Health Center

- Medical Director
- Provider visits
- Increased use of telehealth
- Same-day appointments
Access to Care - Athletics

- Medical Director
- Game coverage
- Physical therapy
- Local expansion of services
- Training room
Student Satisfaction

- Satisfaction with Health Center providers for all students (87% up from 82%)

- Satisfied with knowledge demonstrated by designated medical professionals regarding injuries for student athletes (4.42 up from 4.26)

- Quality of care received from team physicians was high for student athletes (4.38 up from 4.22)

- Timely access to team physicians after reporting symptoms or injuries for student athletes (4.38 up from 4.20)
"My experience with Dr. Smyth was fantastic. Throughout the whole process Dr. Smyth made sure that I was comfortable and that we were on the same page with everything. He is very personable, and it is clear his passion for his practice and his patients. He did an outstanding job during my surgery and the recovery has been extremely smooth. Would recommend Dr. Smyth to anybody!"
Expanding Partnership
Relationships

• Protecting the Pack taskforce
• Campus wellness initiative
• Illinois Consortium of Student Health Programs
• Emergency services
• Eating disorder treatment team
Interdisciplinary Treatment Team

Dietician Nutritionist

Nurse Practitioner

Psychologist
Enhancements

- Cardiac screening program
- Fast-track UTI treatment
- Chaperone policy
- Fueling Station
- Trauma-informed care
Looking Ahead

- Marketing strategy to reintroduce the health center to students in the fall
- Reinstate NIU-specific assessments for awareness and satisfaction
- Pilot additional access at satellite location
Thank you...

…to Northwestern Medicine for their continued partnership!

Questions?