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UNIV 101: Unit 2

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Map-Works Results Reflection

The Map-Works survey was a great way for me to learn more about myself and the goals that I want to set for the rest of the semester. It also helped me realize what skills I should focus on and how I can address my concerns. According to the survey I should try to work on enhancing my time management skills, test taking skills, and communication. It was nice to be able to work with a group of my classmates who also wanted to focus on enhancing these same skills.

This assignment helped me realize that I need to take action in order to better these skills. My group and I discussed many everyday things that can be done when it comes to time management. Getting a planner and keeping it up to date would be my first course of action. Using a planner can help me keep track of not only my homework but also any meetings or events from clubs and activities I join. Another way I can take action is to start using post it notes and setting alarms on my phone. Professor Paws suggested that planning out specific times of each day for everything, including time for watching Netflix, might be a great way to help with time management and also procrastination. This way I can schedule time in for studying, meetings, and my favorite T.V. shows as well.

My group decided that study groups were a great option to work on test taking skills. Sometimes it is hard to approach students you do not know in class but most other students feel the same way. Study groups are a good way to help keep focused and gain extra help. Professor Paws also suggested to make sure we are using our campus resources such as the ACCESS tutoring centers to help prepare us before a big test. I think it is great that these tutoring centers are free!

Communication has always been something that I struggled with. My group suggested joining a club such as the NIU Forensics team to help me work on my communication skills. I can also attend a workshop on communication which they offer through the First-Year Success Series Events our Peer Instructor told us about.