



Fall 1	Credits	Success Marker
ENGL 103	3	• C or better
COMS 100	3	
GE: Creativity & Critical Analysis	3	
Quantitative Literacy (Math _____)	3	
SOCI 170	3	
UNIV 101	1	
<b>Total hours</b>	<b>16</b>	
<b>Notes/Comments:</b>		

Spring 1	Credits	Success Marker
ENGL 203	3	• C or better
GE: Creativity & Critical Analysis or Elective	3	
PSYC 102	3	• C or better
STAT 208	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b> 1. Students must meet the Family and Social Service program prerequisites to apply for admission to the major during the Spring 2 semester. See Limited Admissions in the Undergraduate Catalog.		

Fall 2	Credits	Success Marker
Elective	3	• Successfully meet NIU math core competency • C or better
HDFS 280	3	
GE: Nature & Technology	3	
Elective	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b> Students must earn a C or better in ENGL 203 or 204; PSYC 102; and FCNS 280 or SOCI 170; and successfully complete the NIU math core competency requirement or have a C or better in STAT 208 or MATH 110.		

Spring 2	Credits	Success Marker
HDFS 284	3	• Apply to the Family Social Services Program by March 1st (Limited admissions Major)
GE: Nature & Technology or Elective	3	
HDFS 230 or EPS 307	3	
Elective	3	
Major Elective (from list) <sup>1</sup>	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b> 1. Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229 PHIL 105 or PSYC 305		

Summer 2	Credits	Success Marker
<b>Total hours</b>	<b>0</b>	• Work on volunteer hours

Fall 3	Credits	Success Marker
HDFS 180	3	• Only if admitted to the Family Social Services program
PSYC 372 or SOCI 260	3	
HDFS 207, HDFS 285, NUTR 201, NUTR 405 or PHHE 206	3	• Attend intern orientation day (September)
Elective	3	
Elective: 300/400 Level	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Spring 3	Credits	Success Marker
HDFS 382	3	• Complete 50 volunteer hours by the end of Spring term
HDFS 438, 482, 483, 485, 486, 487 or PSYC 316	3	
HDFS 384 or 488	3	
HDFS 445 or 484	3	
Elective: 300/400 Level	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Summer 3	Credits	Success Marker
<b>Total hours</b>	<b>0</b>	• Work on volunteer hours

Fall 4	Credits	Success Marker
HDFS 383	3	• Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December)
HDFS 445 or 484	3	
HDFS 343	3	• Attend intern orientation day (September)
HDFS 481	3	
Elective: 300/400 Level	3	• Finish another 50 hours of volunteering and secure an internship
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Spring 4	Credits	Success Marker
HDFS 431	7-15	• 7 credits are required for graduation but if taken during a summer semester for less than 15 credits, additional coursework will be needed in an earlier semester. Best option is to take 15 credits during the spring or 11-12 in the summer (not offered in the Fall)
<b>Total hours</b>	<b>15</b>	• Meet all degree requirements based on courses in progress.
<b>Notes/Comments:</b>		

*Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.*