



Fall 1	Credits	Success Marker	Spring 1	Credits	Success Marker
ENGL 103*	3	*C or better	ENGL 203*	3	*C or better
COMS 100	3		GE: Nature & Technology	3	
GE: Creativity & Critcal Analysis	3		PSYC 102	3	
GE:Nature & technology	3		Elective	3	
SOCI 170	3		STAT 100	3	
UNIV 101	1				
Total hours	16		Total hours	15	
Notes/Comments:			Notes/Comments:		

Fall 2	Credits	Success Marker	Spring 2	Credits	Success Marker
HDFS 280	3	• Successfully meet NIU math core competency	HDFS 230	3	
GE: Creativity & Critical Analysis	3		Elective	3	
Elective:	3		Elective	3	
Elective:	3		Elective	3	
HDFS 180	3		HDFS 284	3	
Total hours	15		Total hours	15	
Notes/Comments:			Notes/Comments:		

Fall 3	Credits	Success Marker	Spring 3	Credits	Success Marker
HDFS 343	3	List 1: Choose one of the following: ENGL 350, HSCI 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	SOCI 260 or PSYC 372 or WGSS 350 or BKST 200	3	
Choose 1 course from from List 1	3		Area of Study Course	3	
Area of Study Course	3		Area of Study Course	3	
HDFS 207, NUTR 201 , NUTR 405, or PHHE 406	3		EPS 307 or NUTR 405 or PSYC 466	3	
Elective: 300/400 Level	3		HDFS 384 or HDFS 488	3	
Total hours	15		Total hours	15	
Notes/Comments:			Notes/Comments:		

Fall 4	Credits	Success Marker	Spring 4	Credits	Success Marker
HDFS 445	3		HDFS 484	3	• Meet all degree requirements based on courses in progress.
Elective: 300/400 Level	3		COUN 400, PSYC 316 or 465	3	
HDFS 477	3		Elective: 300/400 Level	3	
HSCI 460 or PSYC 305	3		HDFS 483	3	
Elective: 300/400 Level	3		Elective: 300/400 Level	2-3	
Total hours	15		Total hours	14-15	
Notes/Comments: Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December)			Notes/Comments:		

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.

Sub Emphasis Course Selection (9) in consultation with advisor