



| Fall 1                             | Credits   | Success Marker |
|------------------------------------|-----------|----------------|
| ENGL 103                           | 3         |                |
| CHEM 210                           | 3         |                |
| CHEM 212                           | 1         |                |
| Quantitative Literacy              | 3         |                |
| GE: Creativity & Critical Analysis | 3         |                |
| PSYC 102                           | 3         |                |
| UNIV 101*                          | 1         |                |
| <b>Total hours</b>                 | <b>17</b> |                |

**Notes/Comments:** 1. If you do not complete UNIV 101, may need another 1 credit of elective at some point before graduation 2. First two years, students follow the Health Sciences - General Emphasis degree requirements

| Spring 1           | Credits   | Success Marker |
|--------------------|-----------|----------------|
| ENGL 203           | 3         |                |
| BIOS 208           | 3         |                |
| BIOS 210           | 1         |                |
| CHEM 211           | 3         |                |
| CHEM 213           | 1         |                |
| COMS 100           | 3         |                |
| <b>Total hours</b> | <b>14</b> |                |

**Notes/Comments:** First two years, students follow the Health Sciences - General Emphasis degree requirements

| Fall 2               | Credits   | Success Marker                               |
|----------------------|-----------|--|
| BIOS 209             | 3         | • Successfully meet NIU math core competency |
| BIOS 211             | 1         |  |
| HDFS 280 or PSYC 225 | 3         |  |
| STAT 208             | 3         |  |
| BIOS 213             | 3         |  |
| Pick 5: AHLS 211     | 3         |  |
| <b>Total hours</b>   | <b>16</b> |  |

**Notes/Comments:** First two years, students follow the Health Sciences - General Emphasis degree requirements

| Spring 2                           | Credits   | Success Marker   |
|------------------------------------|-----------|--|
| BIOS 357                           | 5         | • Apply to the Medical Lab Sciences Program by February 1st (Limited admissions Major) |
| Pick 5: CHEM 230                   | 3         |  |
| Pick 5: CHEM 231                   | 1         |  |
| HSCI 318                           | 3         |  |
| GE: Creativity & Critical Analysis | 3         |  |
| <b>Total hours</b>                 | <b>15</b> |  |

**Notes/Comments:** First two years, students follow the Health Sciences - General Emphasis degree requirements

| Fall 3             | Credits   | Success Marker |
|--------------------|-----------|----------------|
| REHB 200           | 3         |                |
| HSCI 310           | 3         |                |
| HSCI 430           | 3         |                |
| GERO 365           | 3         |                |
| Pick 5: PHHE 295   | 3         |                |
| <b>Total hours</b> | <b>15</b> |                |

**Notes/Comments:**

| Spring 3                  | Credits   | Success Marker |
|---------------------------|-----------|----------------|
| HSCI 410                  | 3         |                |
| HSCI 450                  | 3         |                |
| 300/400 Elective or Minor | 3         |                |
| Pick 5: _____             | 3         |                |
| Elective or Minor         | 3         |                |
| <b>Total hours</b>        | <b>15</b> |                |

**Notes/Comments:**

| Fall 4                    | Credits   | Success Marker |
|---------------------------|-----------|----------------|
| HSCI 455                  | 3         |                |
| HSCI 350                  | 3         |                |
| 300/400 Elective or Minor | 3         |                |
| Elective or Minor         | 3         |                |
| Pick 5: _____             | 3         |                |
| <b>Total hours</b>        | <b>15</b> |                |

**Notes/Comments:**

| Spring 4                  | Credits   | Success Marker |
|---------------------------|-----------|----------------|
| HSCI 460                  | 3         |                |
| 300/400 Elective or Minor | 3         |                |
| 300/400 Elective or Minor | 3         |                |
| Elective or Minor         | 3         |                |
| Elective or Minor         | 3         |                |
| <b>Total hours</b>        | <b>15</b> |                |

*Emphasis 2: General: This emphasis is designed for students intending a major in medical laboratory sciences or nursing to meet application PRQs in the first two years. Course offerings may also prepare students for entry into many other health related fields. Students should explore their academic and career goals regularly with their advisor and make course selections based upon those goals.*

*Pick 5:(in consultation with advisor): [AHLS 211](#)<sup>3</sup>, [AHRs 327](#), [AHRs 472](#),[AHRs 493](#), [CHEM 230/231](#)<sup>2</sup>, [COMD 220](#), [NUTR 201](#)<sup>3</sup>, [PHHE 295](#), [PSYC 316](#), [HSCI 217](#), [AHRs 497](#), or other courses as approved by advisor.*

*Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.*