



Fall 1	Credits	Success Marker	Spring 1	Credits	Success Marker
ENGL 103	3		ENGL 203	3	• C or better
COMS 100	3		GE: Nature & Technology	3	
GE: Creativity & Critical Analysis	3		PSYC 102	3	• C or better
Quantitative Literacy (Math _____)	3		Elective	3	
SOCI 170	3		STAT 208	3	
UNIV 101	1				
Total hours	16		Total hours	15	
Notes/Comments:			Notes/Comments: Students must meet the Family and Individual Development program prerequisites to apply for admission to the major during the Spring 2 semester. See Limited Admissions in the Undergraduate Catalog.		

Fall 2	Credits	Success Marker	Spring 2	Credits	Success Marker
HDFS 280	3	• Successfully meet NIU math core competency	HDFS 230	3	• Apply to the Family and Individual Development Program by March 1st (Limited admissions Major)
GE: Creativity & Critical Analysis	3	• C or better	Elective	3	
GE: Nature & Technology	3		Elective	3	
Elective: 300/400 Level	3		Elective	3	
Elective: 300/400 Level	3		FCNS 284	3	• C or better in FCNS 284
Total hours	15		Total hours	15	
Notes/Comments: Students must earn a C or better in ENGL 203 or 204; PSYC 102; and SOCI 170, HDFS 230, HDFS 280 or SOCI 170; and successfully complete the NIU math core competency requirement or have a C or better in STAT 208 or MATH 110.			Notes/Comments:		

Fall 3	Credits	Success Marker	Spring 3	Credits	Success Marker
HDFS 180	3	• Only if admitted to the Family and Individual Development program	PSYC 372 or SOCI 260	3	
Choose 1 course from from List 1	3		Pick 4 _____	3	
Pick 4 _____	3	List 1: Choose one of the following: ENGL 350, UHHS 350, MATH 155, 210, 211, 229, PHIL 105 or PSYC 305	Pick 4 _____	3	
HDFS, HDFS 285, NUTR 201 , NUTR 405. or PHHE 406	3		EPS 307	3	
Elective	3		Elective: 300/400 Level	3	
Total hours	15		Total hours	15	
Notes/Comments:			Notes/Comments:		

Fall 4	Credits	Success Marker	Spring 4	Credits	Success Marker
HDFS 445	3	• Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December)	HDFS 484	3	• Meet all degree requirements based on courses in progress.
Pick 4 _____	3		CAHC 400, PSYC 316 or 465	3	
HDFS 343	3		Elective: 300/400 Level	3	
Elective: 300/400 Level	3		Elective: 300/400 Level	3	
Elective: 300/400 Level	3		Elective: 300/400 Level	2-3	
Total hours	15		Total hours	14-15	
Notes/Comments:			Notes/Comments:		

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.

Pick 4: (in consultation with an advisor): HDFS 384, 398, 432, 437, 438, 482, 483, 485, 487, or 488.