This study abroad program is coordinated by the Northern Illinois University Study Abroad Office (SAO), in cooperation with the NIU College of Health and Human Sciences and Department of Nursing and Health Studies.

**PROGRAM DATES:** The program will officially begin with a pre-program class in DeKalb Illinois on a date to be determined. Students will arrive Monday, July 8, 2013 in Dublin and will depart on Saturday, July 20. Students will be responsible for making their own air travel arrangements in order to arrive in Dublin on Monday, July 8, 2013. A post-program class will occur in DeKalb, Illinois on a second date to be determined.

**PROGRAM DIRECTOR:** Jeanette Rossetti, Associate Professor in Nursing and Health Studies in the NIU College of Health and Human Sciences.

**Jeanette Rossetti** - Associate Professor of Nursing at Northern Illinois University will serve as director of the program. Professor Rossetti’s specialty is psychiatric and mental health nursing. She received her Master’s in Nursing from St. Xavier University in Chicago, Illinois and her doctoral degree in Adult Education from Northern Illinois University. She is an avid proponent of advocacy and for upholding rights of those hospitalized with mental illness. She is a member of the Illinois Guardianship and Advocacy Commission, Human Rights Authority in the State of Illinois and a member of the American Psychiatric Nurses Association and Sigma Theta Tau International. In 2009 she was one of the recipients of the Excellence in Undergraduate Teaching Award for Northern Illinois University. Currently, she is co-directing a research project titled “Using Findings from the Human Rights Authority Reports to Inform Psychiatric Nursing Practice.”

**PROGRAM OVERVIEW/OBJECTIVES:** The primary purpose of this program is to provide participants with the opportunity to explore a variety of mental health and community psychiatric health care services in Ireland. During this program students will learn about the history of Ireland’s mental health care system, Ireland’s mental health services, Ireland’s community/public health system, Ireland’s Mental Health Commission, Ireland’s mental health law, patient rights of Ireland’s mentally ill, and the preparation and education of Ireland’s psychiatric nurses and mental health care workers. In addition, students will be exposed to a range of cultural events and opportunities to enrich the experience of studying abroad in Ireland.
PROGRAM SITE: This exciting program will take place in Dublin and Galway; a combination which will offer a unique contrasting experience for students.

In DUBLIN, Ireland’s capital city, students will be attending class and staying on the 400 year old historic campus of Trinity College Dublin, Ireland’s oldest university.

A four day field visit of the program will bring students to the edge of the Atlantic Ocean, to the small but vibrant university city of GALWAY, home to centers of medical excellence, flourishing arts scene, and a gateway to the traditional landscape of west of Ireland.

WHY IRELAND?
For students of mental health and allied studies, Ireland with one of the youngest populations in Europe, has seen many challenges and change in relation to the development of mental health policy and practice within a wider European context.

Due to Ireland’s leadership in the mental health arena, the International Initiative for Mental Health Leadership was held in Ireland in 2010. In addition, mental health reform in the second half of the 20th century led to deinstitutionalization of care throughout Western Europe, including Ireland. This has resulted in the closure or downsizing of large psychiatric hospitals and the development of alternative community services.

PROGRAM: The program will combine seminars, onsite visits, meetings with health professionals, with Irish nursing students, round table discussions and a daily post-conference session. The guest seminars will help give historical and cultural background and context for the program including key developments in Ireland’s social and cultural history which has influenced policy and change. Students will also become aware of contemporary culture, and Ireland’s membership of the European Union all of which have contributed to changing social attitudes to mental health.

- Guest lectures by expert mental health/psychiatric faculty from Trinity College, and the National University of Ireland, Galway.
- Tour of the National University of Ireland, Galway’s state of the art simulation lab.
- A full day site visit to St. Patrick’s Hospital, the oldest psychiatric hospital in Ireland. Opportunity to learn about the rich tradition of this psychiatric hospital, built in the 1770’s and the innovative treatment modalities being offered presently.
• Presentations related to Amnesty International, the Health Service Executive, the Irish Advocacy Network and Vision for Change.
• Field trips to Wicklow, Cliffs of Moher, and the Aran Islands.
• A cultural program of events including traditional music, theatre and film.

St. Patrick’s Hospital
This hospital is one of the oldest psychiatric hospitals in the world! Dating back to 1745, it was established on the death of Jonathan Swift, Dean of St. Patrick's Cathedral in Dublin and author of *Gulliver's Travels*, who bequeathed his entire estate to found a hospital for "fools and mad." Its life spans two and a half centuries of tumultuous social and political change in Ireland. Throughout these times, the hospital continued to fulfill its founder's aspirations: contributing to the development of better diagnostic and treatment approaches to psychiatric disorders.

The hospital flourishes and is now the largest and most comprehensive psychiatric hospital in the country. As the affiliated university hospital for the teaching of psychiatry to medical students at Trinity College in Dublin, St. Patrick's organizes an extensive psychiatric residency program and has developed clinical programs in all the major areas of modern clinical psychiatry together with innovative programs including a groundbreaking initiative in Adolescent Mental Health.

PROGRAM AUDIENCE: This program is open to NIU and non-NIU students, undergraduate and graduate students, and students in Nursing and Health Studies as well as students from various other majors. This program may also be of special interest to students majoring in Psychology, Law, Sociology and various other social or health studies. Space is limited and qualified applicants will be accepted on a first-come-first-serve basis.

INSTRUCTION METHOD: This course will include one pre-travel class, two weeks in Ireland, and one post-travel class. Pre- and post-travel classes will be held at the School of Nursing building and will last 2 hours and 40 minutes each.

During the pre- and post-travel class, NIU faculty member Professor Rossetti will provide instruction. A variety of teaching methods will be utilized including lecture, discussion, video presentations, and student presentations.

While in Ireland, instruction will be provided by Professor Rossetti and by faculty from Trinity College Dublin and the National University of Ireland, Galway. In addition, a variety of mental health experts will offer presentations and topic related tours. Daily post-conferences, while in Ireland, will also be held to provide students with time for questions/answers, reflection, and discussion of learning.
Students will have written assignments which will include daily journaling and a formal project to be presented during the post-travel class. Graduate students’ assignments will reflect an increase in expectations and rigor. All students will be expected to complete assignments and attend the pre/post classes and the required course meeting times and events while in Ireland.

**PROGRAM ACADEMIC CREDIT:** For satisfactory participation in the program, participants will receive 3 semester hours of undergraduate or graduate credit in one of the following NIU courses.

**HONORS CREDIT:** Qualified students may also elect to receive Honors credit for any study abroad course(s) with the approval of the NIU faculty or instructor responsible for the course. For more information please contact the University Honors Office.

### UNDERGRADUATE CREDIT:

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>NURS 350</td>
<td>Individual Study in Nursing: Exploring Ireland’s Community and Mental Health Services</td>
<td>3 semester hours</td>
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**Description:** Qualified students pursue an in-depth study into particular problems or areas of nursing.

**Prerequisite:** Written permission of school chair.

OR

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<tbody>
<tr>
<td>INTL 301</td>
<td>Study Abroad Programs</td>
</tr>
</tbody>
</table>

**Description:** Course work undertaken as part of an approved university study abroad program. May be counted toward the satisfaction of general education requirements if approved as the equivalent of an authorized general education course.

### GRADUATE CREDIT:

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>NURS 630</td>
<td>Independent Study: Exploring Ireland’s Community and Mental Health Services</td>
<td>3 semester hours</td>
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**Description:** Independent study under faculty supervision.

**Prerequisite:** Consent of school.

OR

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<tr>
<th>Course Code</th>
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</thead>
<tbody>
<tr>
<td>IDSP 501</td>
<td>Study Abroad Programs</td>
</tr>
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</table>

**Description:** Course work undertaken as part of an approved university study abroad program. May be repeated to a maximum of 9 semester hours.
**INTL 301 and IDSP 501:** Students from majors other than Nursing and Health Studies or students who have already received credit in NURS 350 or NURS 630 may choose to enroll in INTL 301 (undergraduate level) or IDSP 501 (graduate level).

**APPLICATION AND ADMISSION PROCEDURES:** The program is open to Nursing and Health Studies (NUHS) undergraduate and graduate students, NIU students from other majors, and non-NIU students (with priority given to NUHS students) who meet the NIU general admission requirements, and who are interested in mental health and psychiatric services of Ireland. Currently enrolled students must meet College of Health and Human Sciences course GPA requirements. Graduate level students must also meet NIU Graduate School admission, course and GPA requirements.

Students must be in good academic and disciplinary standing at the time of application. Students who are on academic or disciplinary probation are not eligible to participate in study abroad programs. **Applicants must participate in the entire program and satisfy NIU undergraduate or graduate admission and course requirements.**

Students cannot have any encumbrances against their NIU records. Any encumbrances placed on a student’s records by NIU (i.e., the Graduate School, Undergraduate Admissions, Bursar’s Office, Accounts Receivable, Registration and Records, Health Services, Parking Services, etc.) must be cleared before a student is granted admission to a study abroad program.

For undergraduate students to be admitted to the program, an applicant’s official transcript must be on file in the NIU Study Abroad Office. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript; the Study Abroad Office will make this request on behalf of the applicant. Students who want to participate in the program and earn academic credit from NIU who have not previously enrolled at NIU, or who are not currently enrolled at NIU, should ask the Registrar at their institution to forward an official transcript as soon as possible to the Study Abroad Office. (Student-issued transcripts and photocopies are not acceptable.) Questions relating to the admission requirements or transcripts should be directed to the Study Abroad Office.

Students who desire to obtain graduate credit must either be admitted to a graduate program within the NIU Graduate School, or be admitted to the status of a "student-at-large" (SAL) within NIU's Graduate School. For students to be admitted to the program for graduate credit, the applicant's official transcript must be on file in the NIU SAO. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript. However, students who will participate in the program in order to earn academic credit as an SAL (students who have not currently enrolled, nor are previously enrolled at NIU) must provide a transcript from the baccalaureate institution and from any institution at which graduate credit has been earned. This document must be provided to the SAO before a student can be admitted as an SAL to the program.
APPLICATION: Click Exploring Ireland's Community and Mental Health Services or visit the NIU Study Abroad Office website at https://niu.studioabroad.com (and search for “Ireland” or the Exploring Ireland’s Community and Mental Health Services program) to begin the online application process for this program. The online process provides guidance on requesting information, advising, or applying for the program. Please note that at the time of application, applicants will be expected to submit a signature verification form and copy of their ID to the Study Abroad Office. More detailed instructions can be found on the https://niu.studioabroad.com website or by contacting the Study Abroad Office at (815) 753-0700 or niuabroad@niu.edu.

$200 APPLICATION FEE/DEPOSIT: A $200 application fee/deposit is required of all applicants. The $200 is broken down into $100 for the non-refundable application fee and $100 for a program deposit. Both the application fee and the deposit will be applied to the total balance of the program cost. The $100 deposit is refundable only if the participant withdraws prior to the withdrawal deadline indicated on the program materials or for medical reasons verified by a physician if the withdrawal takes place after the withdrawal deadline.

The $200 application fee/deposit will be charged to NIU students’ NIU Bursar's account. (Checks and money orders cannot be accepted from NIU students.) Non-NIU students must submit a check or money order in the amount of $200. More detailed instructions can be found on the website.

APPLICATION DEADLINE: April 8, 2013

ACCOMMODATIONS AND MEALS: While in Dublin, accommodations will be in four and five single bedroom apartments with shared living and kitchen space provided by Trinity College. While in Galway, participants will stay in an area hostel and stay in a four-six bedroom suite with individual twin beds and a shared bathroom. While in Dublin at Trinity College, lunch will be provided daily on campus. A welcome dinner at the beginning of the program and a farewell dinner at the end of the program will also be provided.

AIR TRANSPORTATION: Individuals will be responsible for making their own air travel arrangements between the U.S. and Dublin, Ireland and for purchasing their tickets from a travel agent or airline of their choice. (Travel insurance is recommended.) Participants should keep in mind that in order to arrive in Dublin in time for the official beginning of the program, they should plan to depart the U.S. no later than July 7, 2013. For information regarding airfares and airlines students may wish to check out additional airfare sites on the Internet.

Important - The Study Abroad Office advises all participants that flight reservations for this program should not be booked until:
   a. After the April 8, 2013 application deadline
      AND
   b. The SAO has accepted the minimum number of participants needed to operate this program.
This advisory is given so that participants do not find themselves financially responsible for airline tickets should it be necessary to cancel the program. (See section entitled, **CANCELLATION OF THE PROGRAM**.)

**LAND TRANSPORTATION:** For program-related travel the group will travel by city bus, train, coach bus, DART, and Ferry.

**PASSPORT:** --IMPORTANT--All participants are required to possess a valid passport by May 1, 2013. *Important Note:* U.S. passports must be valid SIX months beyond the intended stay overseas. Individuals who do not currently possess a valid passport should apply for one immediately upon acceptance into the program. Passport applications can take anywhere from two to six weeks to process therefore you must not delay in applying for your passport. Information on applying for a passport as well as expediting a passport application can be found at [http://travel.state.gov/passport/passport_1738.html](http://travel.state.gov/passport/passport_1738.html). Foreign passport holders may need special visas for travel and are responsible for obtaining all necessary visas.

**VISA:** A visa is not required for tourist or business stays of up to three months.

**INTERNATIONAL STUDENT I.D. CARD:** The ISIC card is provided as part of the program cost. The I.D. card can provide discount on international airfare and other travel. Students will receive an application and instructions for obtaining this card when accepted into the program.

The International Student Identity Card also includes a limited health and accident insurance policy which is only valid outside the U.S. Students will have to pay bills at the time of treatment and will be reimbursed later.

**PASSPORT AND ISIC PHOTOS:** You may have your passport and/or ISIC photo(s) taken in the NIU Study Abroad Office. Photos are $3.00 for the first photo and $2.00 for each photo after that. After the first two photos, photos must be purchased in multiples of two. Photos are usually developed while you wait. Study Abroad Office hours are 8:00 a.m. – 12:00 p.m. (closed over the lunch hour) and 1:00 – 4:30 p.m.

**NIU MAJOR MEDICAL INSURANCE:** NIU Student health insurance is required for participation in an NIU study abroad program. Participants not currently enrolled in the NIU Major Medical Insurance Plan will be enrolled by the Study Abroad Office. The NIU Major Medical Insurance Plan has a $250 deductible clause. Students requiring medical attention will be expected to pay any related costs and then file a claim with the NIU Student Insurance Office after returning to the States. Receipts showing payment for all medical expenses are required for reimbursement.
NIU PROGRAM COST: The program cost includes the following cost related services:

1) Housing in self catering apartments on campus at Trinity College Dublin located in the heart of the city and on campus at NUI Galway.
2) Lunch on campus at Trinity during the program with a welcome and farewell dinner.
3) Program-related land transportation including coaches, ferry to the Aran Islands, bike hire and private coach hire.
3) Admission fees to cultural and historical sites visited as part of the daily schedule.
4) International Student I.D. Card.
5) NIU tuition for undergraduate or graduate credit.
6) NIU major medical insurance.

PROGRAM COST: $4,485

All prices quoted are subject to change. The information contained in the program documents and forms is presented in good faith and is believed to be correct as of the date presented. Northern Illinois University reserves the right to amend, modify, revise, or delete any information appearing in these documents, including but not limited to the cost of the program.

Non-NIU students should consult with their home institutions regarding additional costs that may apply to study abroad. Non-NIU students are responsible for any study abroad charges imposed by their home institution.

ADDITIONAL COSTS TO PARTICIPANTS:
- Airfare.
- Cost of acquiring a passport (approximately $135).
- Passport size photos.
- Additional costs associated with obtaining a visa for non-U.S. passport holders.
- $40 Undergraduate application fee for non-NIU undergraduate students.
- All lunches and most dinners.
- Independent travel and visa costs associated with independent travel.
- Expenses for free-time pursuits.
- Expenses and purchases of a personal nature.

FINANCIAL AID: As a participant in a study abroad program through NIU, applicants may be eligible for: Pell Grant, SEOG, Perkins Loan, PLUS Loan, Subsidized or Unsubsidized Stafford Loan, MAP Award or your privately awarded scholarship with consent of awarding organization. Tuition waivers do not apply. Please contact Pamela Rosenberg, International Programs Business Manager, Williston Hall 408, (815) 753-9530, prosenberg@niu.edu for more information.
NIU UNDERGRADUATE APPLICATION FEE (Applies to Non-NIU students only): There is a $40 non-refundable Undergraduate Application fee for students applying to NIU for the first time. If you are currently enrolled at NIU as a degree-seeking undergraduate student, you are not required to submit this payment.

If you are applying to NIU for the first time you will be provided with a link in your acceptance packet that will guide you to the online NIU Undergraduate Application. In the online application you will be asked to pay the $40 application fee by credit card or check.

WITHDRAWAL FROM THE PROGRAM: Applicants withdrawing from the program after April 8, 2013 will not be refunded the $200 program deposit.

Applicants withdrawing from the program after this date will also be held accountable for any funds obligated to overseas vendors and agents on the applicant’s behalf. This provision is in effect even if the applicant has not submitted the $200 deposit or additional payments, and if the applicant is applying for financial aid.

If the applicant must withdraw after April 8, 2013 for medical reasons, funds obligated on their behalf to overseas vendors can only be refunded if:

1) The request is submitted to the Study Abroad Office in writing and accompanied by a signed statement stating that travel is not advised from a physician on the physician’s letterhead; and
2) NIU is able to obtain refunds from overseas vendors and agents.

CANCELLATION OF THE PROGRAM: The Study Abroad Office reserves the right to cancel this program if the minimum required enrollment is not attained. If, prior to the commencement of the program, a U.S. State Department Travel Warning is issued for Ireland, all applicants will be notified promptly of the warning and the possibility of cancellation of the program. If, during the course of the program, a U.S. State Department Travel Warning is issued for Ireland, students will be promptly notified of the warning and the advisability of canceling the program.
Exploring Ireland’s Community and Mental Health Services

Tentative Daily Schedule
Summer 2013

| Monday, July 8 | Arrive in Dublin  
|               | Early Post Conference  
|               | Welcome Dinner  |
| Tuesday, July 9 | Introduction to Ireland Seminar: Setting the Context  
|               | Introductory guided tour of the capital city  
|               | Early Post Conference  
|               | Cultural/Social event  |
| Wednesday, July 10 | Guest Seminar: Introduction to Ireland’s Health and Mental Health System  
|               | Early evening Post Conference  
|               | Cultural event  |
| Thursday, July 11 | St. Patrick’s Hospital Tour  
|               | Guest Seminar from St. Patrick’s staff  
|               | Early evening Post Conference  |
| Friday, July 12 | Guest Seminar  
|               | Early evening Post Conference  
|               | Evening theatre performance in Dublin  |
| Saturday, July 13 | Morning Conference  
|               | Depart for Galway on the west coast  
|               | Afternoon exploring of the city  |
| Sunday, July 14 | Day trip to Aran Islands, off the coast of Galway  |
| Monday, July 15 | Guest Seminar at National University of Ireland Galway (NUIG)  
|               | Tour of NUIG and School of Nursing and Midwifery’s Simulation Lab  |
| Tuesday, July 16 | Visit to the Cliffs of Moher and the Burren  
|               | Attend cultural event at Galway Arts Festival  |
| Wednesday, July 17 | Tour of JIGSAW (Galway Community Mental Health Facility for Adolescents)  
|               | Guest Seminar on Adolescent Mental Health/Illness  
|               | Afternoon return to Dublin  
|               | Early Evening Post Conference  |
### Schedule

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<th>Events</th>
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| Thursday, July 18 | Morning Guest Seminar  
|                | Site visit  
|                | Evening event   |
| Friday, July 19  | Morning Guest Seminar  
|                | Post Conference session  
|                | Free afternoon  
|                | Farewell Dinner   |
| Saturday, July 20 | Depart   |

Schedule subject to change.

Please note that Post Conferences will include wrap-up discussion, question and answer time, and an opportunity to reflect on the day’s learning opportunities.

NORTHERN ILLINOIS UNIVERSITY RESERVES THE RIGHT TO ALTER OR CANCEL THIS PROGRAM AS MAY BE DEEMED NECESSARY!