SAFER PARTY TIPS

- Decide ahead of time how much to drink
- Pace drinks to one or fewer per hour
- Eat before and during a drinking occasion
- Keep track of how much you drink
- Consider partying without drinking
- Be cautious about accepting drinks from anyone you don’t know well or long enough to trust
- Don’t make drinking the primary focus of your night out
- If drinking mixed alcohol, like punches, realize that 1 drink may be equal to 3-5 drinks
- If you become impaired when drinking, make sure you have a designated driver or use Huskie Safe Line, which provides a shuttle ride service from 11 p.m. to 5:30 a.m. during late night hours

Consuming or possessing alcohol under the age of 21 is illegal in Illinois.