African Society, Culture and Development in Ghana

May 17 – June 7, 2015

This study abroad program is coordinated by the Northern Illinois University Study Abroad Office (SAO), in conjunction with the NIU Center for Black Studies and the Department of History.

PROGRAM DATES: In order to arrive in Accra on May 18 students must depart from the U.S. no later than Sunday, May 17, 2015. The program will end in Accra on Saturday, June 6, 2015.

PROGRAM DIRECTORS: Dr. LaVerne Gyant is director of the Center for Black Studies and associate professor in Adult Higher Education at Northern Illinois University, where she teaches classes in both adult/higher education and Black Studies. Dr. Gyant has been involved with the Ghana program since its inception. She has significant travel experience that includes travel to several countries in Africa, as well as Peru, Columbia and The Philippines.

Dr. Ismael Montana is an assistant professor in the Department of History at Northern Illinois University. He received his Ph.D. in History from York University (Canada). His scholarly interests include the African slave trade, African diaspora in the Atlantic and the Islamic worlds, and Islam and colonialism in Africa. He has extensive experience teaching courses on Africa and the Middle East. In addition, he has contributed to the NIU-In-Ghana study abroad program’s partnership with the University for Development Studies (UDS) in Ghana, West Africa. Additionally, he is the primary investigator of NIU and British Library's public research project in Ghana, which digitizes and preserves historical records at the Public Records and Archives Administration (PRAAD) in Tamale, Ghana. He has extensive experience in Ghana and is fluent in two of local languages with a working knowledge of others.

PROGRAM OVERVIEW/OBJECTIVES: The primary purpose of this program is to provide participants with the opportunity to explore aspects of the historical, cultural and artistic foundations of West African civilization. It will provide students the opportunity to personally experience the riches of Ghanaian life and culture, while also engaging in a cross-cultural educational experience at the University of Development Studies, Tamale, Ghana. The program will provide an effective mix of classroom lecture and outside experiential engagement as the core of the study abroad experience.
The Republic of Ghana, roughly equivalent to Oregon in size, lies almost in the center of the countries bordering the Gulf of Guinea. To the east lies Togo, beyond which lies Benin and Nigeria. On the west is Cote D’Ivoire, and to the north, Burkina Faso. Although English is the official and commercial language, several African languages and dialects are spoken in Ghana, including Twi, Fanti, Ga, Ewe, Dagbani, Gonja and Nzima.

PROGRAM SITES: The program will take place in Ghana, West Africa at the University of Development Studies, Tamale. Tamale is one of three commercial capitals in the Northern Region of Ghana and is the site of a number of NGOs.

HIGHLIGHTS: Students will have the opportunity to visit historic monuments such as the slave dungeons at Elmina and Cape Coast, explore the kinte weaving and wood carving villages, visit the cultural center of Ghana in Kumasi, as well as experience and observe the use of traditional African religion by a traditional priest. Additionally, there will be visits to the traditional palace of the King and Queen of Ashanti, as well as a visit to the W.E.B. DuBois Center in Accra.

PROGRAM AUDIENCE: This course is open to all undergraduate and graduate level students in good standing according to University policy. Students who expose themselves to the cultural richness of Ghana will be forever changed, regardless of academic classification or major. Space is limited and qualified applicants will be accepted on a first-come-first-served basis.

INSTRUCTION METHOD: Sessions will include morning lectures on African history and culture, as well as lessons in Twi (the indigenous language for the majority of Ghanaians). Professors from the University Development Studies at Tamale will provide lectures and other educational support for the program. Additionally, students will be participating in several community service projects.

For the NIU students, there will also be one required session that will be held in DeKalb in order to receive academic credit. One session (pre-lecture) will be held prior to leaving for Ghana. Times for this meeting will be coordinated at a later date. While in Ghana, students will attend classes five days a week for approximately six hours per day.
The assignment for the class will be a travel journal documenting the student’s experience during the three-week period. This journal will be turned in for review and feedback upon return to NIU. Other assignments associated with the class lectures and field trips are designed to enhance the student’s cultural experience and not for evaluation purposes.

The course will offer graduate and undergraduate credit. The graduate portion of the course will explore issues and concerns related to community development and higher education in Ghana.

**PROGRAM ACADEMIC CREDIT:** For satisfactory participation in the program, participants will receive 3 semester hours of undergraduate credit in one of the following NIU courses. Students should choose one of the following courses.

<table>
<thead>
<tr>
<th>UNDERGRADUATE CREDIT</th>
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<tbody>
<tr>
<td><strong>HIST 349  African History Since 1600</strong></td>
</tr>
<tr>
<td>Description: Modern African history. Emphasis on colonization and the colonial empire. The fight for independence and liberation; the development of economic dependence and neocolonialism; and the emergence of modern African nations.</td>
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<tr>
<td>OR</td>
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<tr>
<td><strong>HIST 398  Themes in World History: Slavery and the Slave Trade in West Africa</strong></td>
</tr>
<tr>
<td>Description: The intellectual, methodological, and paradigmatic traditions in black studies related to a specific topic with a broad interdisciplinary perspective or scholarly and artistic research, practice, and theory pertaining to people of African descent. May be repeated to a maximum of 6 semester hours when topic varies.</td>
</tr>
<tr>
<td>OR</td>
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<tr>
<td><strong>BKST 219  Introduction to African Studies</strong></td>
</tr>
<tr>
<td>Description: Introduction to the African continent: its art and cultures, social and educational structures, history, economic development, political dynamics, and current crises.</td>
</tr>
<tr>
<td>OR</td>
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<tr>
<td><strong>BKST 302  Topics in Black Studies</strong></td>
</tr>
<tr>
<td>Description: The intellectual, methodological, and paradigmatic traditions in black studies related to a specific topic with a broad interdisciplinary perspective or scholarly and artistic research, practice, and theory pertaining to people of African descent. May be repeated to a maximum of 6 semester hours when topic varies.</td>
</tr>
</tbody>
</table>
CLCE 390  Special Topics in Community Leadership and Civic Engagement  3 semester hours

**Description:** Intensive study of a major theory, issue or movement in community leadership and civic engagement. May be repeated provided no repetition in topics occurs. For community leadership and civic engagement majors, no more than 6 credits will count for the major.

OR

CLCE 410  Nonprofits and Community Engagement  3 semester hours

**Description:** Provides practical and theoretical understanding of nonprofit sector and its role in addressing community challenges. Application of public service and community leadership concepts via service learning projects with community agency partners.

**GRADUATE CREDIT**

HIST 541  The African Diaspora  3 semester hours

**Description:** Major themes in the historical study of the African diaspora in the trans-Atlantic, trans-Saharan, and Indian Ocean regions. Development of African communities, cultures, ethnicities, religion, and identities under conditions of enslavement or forced migration, and processes of identification in the diaspora with the African homeland; New World developments such as creolization, the construction of multiple identities, and the positioning of enslaved Africans within the dynamics of the emergent Atlantic World. Geographic focus may vary depending on instructor.

OR

IDSP 501  Study Abroad Programs  3 semester hours

**Description:** Course work undertaken as part of an approved university study abroad program.

**INDEPENDENT STUDY/RESEARCH PROJECT:** Individuals desiring to earn three additional hours of undergraduate or graduate credit may do so by engaging in an independent study-research project under the direction of Drs. Montana and Gyant. The research report should be at least 10 pages for undergraduate credit and 15 pages for graduate credit.

**Requirements for Independent Study/Research Project:** In order to obtain project approval applicants must:

1. Relate the project to a topic or subject introduced during the program.
2. Complete and submit the project for final evaluation to Drs. Gyant and Montana no later than July 15, 2015.
Participants who enroll for the independent research project will receive 3 semester hours in one of the following NIU courses:

**UNDERGRADUATE CREDIT**

<table>
<thead>
<tr>
<th>Course Code</th>
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<th>Semester Hours</th>
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<tr>
<td>BKST 493</td>
<td>Afrocentricity</td>
<td>3</td>
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**Description:** Capstone course for the minor in black studies. Focus on developing tools for research on Africana populations.
Pre-requisite: IDPS 219, IDSP 300, and consent of director.

**OR**

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<tr>
<td>CLCE 498</td>
<td>Independent Study in Community Leadership and Civic Engagement</td>
<td>3</td>
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**Description:** Special readings and/or research projects in community leadership and civic engagement. May be repeated to a maximum of 6 semester hours.
Prerequisite: Consent of Center.

**GRADUATE CREDIT**

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<tr>
<td>IDSP 501</td>
<td>Study Abroad Programs</td>
<td>3</td>
</tr>
</tbody>
</table>

**Description:** Course work undertaken as part of an approved university study abroad program. May be repeated to a maximum of 9 semester hours.

**HEALTH:** Maintaining good health is of paramount importance when studying overseas. Changes in climate and the fast pace of travel may cause health problems abroad. When considering a study abroad program it is important for students to be aware of the things that can affect their health, thereby permitting students to enjoy their time abroad more fully. General good health is required for this program since students will be doing a great deal of walking every day over various types of terrain.

**APPLICATION AND ADMISSION PROCEDURES:** The program is open to undergraduate students, graduate students, and students-at-large who meet the NIU general admission requirements, and who are interested in African Studies and/or Educational Psychology from a Cross-Cultural Perspective. Currently enrolled students must meet College of Liberal Arts course GPA requirements. Graduate level students must also meet NIU Graduate School admission, course and GPA requirements.

Students must be in good academic standing at the time of application. Students who are on academic probation are not eligible to participate in study abroad programs. **Applicants must participate in the entire program and satisfy NIU undergraduate or graduate admission and course requirements.**

Students cannot have any encumbrances against their NIU records. Any encumbrances placed on a student’s records by NIU (i.e. the Graduate School, Undergraduate Admissions, Bursar’s
Office, Accounts Receivable, Registration and Records, Health Services, Parking Services, etc.) must be cleared before a student is granted admission to a study abroad program. For undergraduate students to be admitted to the program, an applicant’s official transcript must be on file in the NIU Study Abroad Office. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript; the Study Abroad Office will make this request on behalf of the applicant. Students who want to participate in the program and earn academic credit from NIU who have not previously enrolled at NIU, or who are not currently enrolled at NIU, should ask the Registrar at their institution to forward an official transcript as soon as possible to the Study Abroad Office. (Student-issued transcripts and photocopies are not acceptable.) Questions relating to the admission requirements or transcripts should be directed to the Study Abroad Office.

Students who desire to obtain graduate credit must either be admitted to a graduate program within the NIU Graduate School, or be admitted to the status of a “student-at-large” (SAL) within NIU’s Graduate School. For students to be admitted to the program for graduate credit, the applicant’s official transcript must be on file in the NIU SAO. Students who are currently enrolled at NIU, or who have previously enrolled at NIU, do not need to request an official transcript. However, students who will participate in the program in order to earn academic credit as an SAL (students who have not currently enrolled, nor are previously enrolled at NIU) must provide a transcript from the baccalaureate institution and from any institution at which graduate credit has been earned. This document must be provided to the SAO before a student can be admitted as a SAL to the program.

APPLICATION: Click African Society, Culture and Development in Ghana or visit the NIU Study Abroad Office website at https://niu.studioabroad.com (and search for the program name or “Ghana”) to begin the online application process for this program. The online process provides guidance on requesting information, advising, or applying for the program. Please note that at the time of application, applicants will be expected to submit a signature verification form and copy of their ID to the Study Abroad Office. More detailed instructions can be found on the https://niu.studioabroad.com website or by contacting the Study Abroad Office at (815) 753-0700 or niuabroad@niu.edu.

$200 APPLICATION FEE/DEPOSIT: A $200 application fee/deposit is required of all applicants. The $200 is broken down into $100 for the non-refundable application fee and $100 for a program deposit. Both the application fee and the deposit will be applied to the total balance of the program cost. The $100 deposit is refundable only if the participant withdraws prior to the withdrawal deadline indicated on the program materials or for medical reasons verified by a physician if the withdrawal takes place after the withdrawal deadline.

The $200 application fee/deposit will be charged to NIU students’ NIU Bursar's account. (Checks and money orders cannot be accepted from NIU students.) Non-NIU students must submit a check or money order in the amount of $200. More detailed instructions can be found on the website.
IMPORTANT – All applications will be categorized as “Pending – No Deposit” until the $200 application fee/deposit has been received (or, in the case of non-NIU students, once a check has been received). The Study Abroad Office will not consider or process applications without the $200 application fee/deposit. In order to reserve your place in the program you must submit the $200 deposit within 14 days of application. After 14 days applications without a deposit will be inactivated.

APPLICATION DEADLINE: Friday, March 13, 2015. This deadline is critical in determining whether there are enough students enrolled in the program for it to operate. Students should not delay applying for the program to wait to see if it will operate or not. Nor should students delay applying for a passport for this reason. When you apply to the program it’s critical that you also apply for a passport. In addition, if students do not apply by March 14 then it will delay everyone’s ability to purchase airfare at a reasonable price.

ACCOMMODATIONS AND MEALS: Participants will reside at guest houses (hotels) with private bath and toilet facilities. Some meals will be provided throughout the period of residency. (Refer to the Tentative Daily Schedule for specific details regarding housing and meals.)

AIR TRANSPORTATION: Individuals will be responsible for making their own travel arrangements between the U.S. and Accra and for purchasing their own tickets from a travel agent or airline of their choice. (Travel insurance is strongly recommended.) Participants should keep in mind that in order to arrive in Accra in time for the official beginning of the program on Monday, May 18, they should plan to depart the U.S. no later than Sunday, May 17.

LAND TRANSPORTATION: For program-related travel the group will travel by coach. This transportation is provided as part of the NIU program cost. (Refer to the Tentative Daily Schedule for specific details regarding other program-related transportation.)

HEALTH REQUIREMENTS/VACCINATIONS: In order to enter Ghana, students will be required to obtain yellow fever, DPT, tetanus, and MMR immunizations (if not current). Additionally, students will need to obtain anti-malaria medication such as Lariam, and any other immunizations required by the World Health Organization for international travel.

Contact the NIU University Health Service at least eight weeks before departure for the program to allow time for immunizations to take effect. The NIU University Health Service can advise students on what immunizations are required and can administer most immunizations. Most immunizations require a fee. Consult the Travel Clinic several months before you travel. Some vaccines need to be given over a period of months, so participants in this program must START EARLY!
All participants **MUST** possess a valid passport by **FRIDAY, March 13, 2015.**

If you do not have a passport by March 13 then you will be responsible for applying for a visa to enter Ghana on your own.

Potential participants in the Ghana program who do not currently possess a valid passport **must** apply for one immediately. Processing time for passports has increased and can vary significantly.

If you do not already have a passport or have not yet applied for a passport, it is **IMPERATIVE** that you do so immediately and is strongly recommended that you have your application expedited. Information on processing times, how to apply for a passport and how to expedite your application can be found on the U.S. Department of State website at [http://travel.state.gov/content/passports/english.html](http://travel.state.gov/content/passports/english.html).

Foreign passport holders may need special visas for travel and are responsible for obtaining all necessary visas.

*Important Note: U.S. passports must be valid SIX months beyond the intended stay overseas.*

**VISA:** A valid passport is required by March 13, 2015 in order to obtain a visa to enter Ghana. Applicants will be provided with visa application forms by the Study Abroad Office. The NIU Study Abroad Office will collect visa applications and required documents and submit them to the Embassy of Ghana in Washington, DC on the group’s behalf. Note: Students who do not have their passport by March 13 will be responsible for obtaining their own visa.

**INTERNATIONAL STUDENT I.D. CARD:** The ISIC card is provided as part of the program cost. The I.D. card can provide discount on international airfare and other travel. Students will receive an application and instructions for obtaining this card when accepted into the program.

The International Student Identity Card also includes a limited health and accident insurance policy which is only valid outside the U.S. Students will have to pay bills at the time of treatment and will be reimbursed later.

**PASSPORT AND ISIC PHOTOS:** Students may have their passport and/or ISIC photo(s) taken in the NIU Study Abroad Office. Photos are $3.00 for the first photo and $2.00 for each photo after that. After the first two photos, photos must be purchased in multiples of two. Photos are usually developed while you wait. Study Abroad Office hours are 8:00 a.m. – 12:00 p.m. (closed over the lunch hour) and 1:00 – 4:30 p.m.
NIU PROGRAM COST: The program cost pays for the following cost-related services:

- Accommodations and some meals while the group is in Ghana.
- Land transportation in Ghana.
- Admission fees to cultural and historical sites visited as part of the daily schedule.
- Fee for acquiring the visa to enter Ghana.
- International Student I.D. Card
- NIU undergraduate or graduate credit.
- NIU major medical insurance.

PROGRAM COST: $5,200

All prices quoted are subject to change. The information contained in the program documents and forms is presented in good faith and is believed to be correct as of the date presented. Northern Illinois University reserves the right to amend, modify, revise, or delete any information appearing in these documents, including but not limited to the cost of the program. Non-NIU students should consult with their home institutions regarding additional costs that may apply to study abroad. Non-NIU students are responsible for any study abroad charges imposed by their home institution.

ADDITIONAL COSTS TO PARTICIPANTS:
- Air travel between the U.S. and Ghana
- Cost of acquiring a passport (approximately $130).
- Immunization fees
- $40 Undergraduate application fee for non-NIU undergraduate students.
- Independent travel and visa costs associated with independent travel.
- Expenses for free-time pursuits.
- Expenses and purchases of a personal nature.

NIU UNDERGRADUATE APPLICATION FEE: (Applies to Non-NIU students only):
There is a $40 non-refundable Undergraduate Application fee for students applying to NIU for the first time. If you are currently enrolled at NIU as a degree-seeking undergraduate student, you are not required to submit this payment. If you are applying to NIU for the first time you will be provided with a link in your acceptance packet that will guide you to the online NIU Undergraduate Application. In the online application you will be asked to pay the $40 application fee by credit card or check.

FINANCIAL AID: As a participant in a study abroad program through NIU, applicants may be eligible for: Pell Grant, SEOG, Perkins Loan, PLUS Loan, Subsidized or Unsubsidized Stafford Loan, MAP Award or your privately awarded scholarship with consent of awarding organization. Tuition waivers do not apply. Please contact Pamela Rosenberg, the International Programs Business Manager, Williston Hall 407, (815) 753-9530, prosenberg@niu.edu for more information.
WITHDRAWAL FROM THE PROGRAM: Applicants withdrawing from the program after March 13, 2015 will not be refunded the $200 program deposit.

Applicants withdrawing from the program after this date will also be held accountable for any funds obligated or paid to overseas vendors and agents on the applicant’s behalf. This provision is in effect even if the applicant has not submitted the $200 deposit or additional payments, and if the applicant is applying for financial aid.

If the applicant must withdraw after March 13, 2015 for medical reasons, funds obligated or paid on their behalf to overseas vendors can only be refunded if:

1) The request is submitted to the Study Abroad Office in writing and accompanied by a signed statement stating that travel is not advised from a physician on the physician’s letterhead; and
2) NIU is able to obtain refunds from overseas vendors and agents.

CANCELLATION OF THE PROGRAM: The Study Abroad Office reserves the right to cancel this program if the minimum required enrollment is not attained. If prior to the commencement of the program, a U.S. State Department Travel Warning is issued for Ghana, all applicants will be notified promptly of the warning and the possibility of cancellation of the program. If, during the course of the program, a U.S. State Department Travel Warning is issued for Ghana, students will be promptly notified of the warning and the advisability of canceling the program.

NORTHERN ILLINOIS UNIVERSITY RESERVES THE RIGHT TO ALTER OR CANCEL THIS PROGRAM AS MAY BE DEEMED NECESSARY!
## Tentative Daily Schedule

**Sankofa: NIU in Ghana, West Africa**  
**May 16 - June 6, 2014**

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Friday May 16</td>
<td>Depart O’Hare International Airport (ORD) for Accra, Ghana</td>
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</table>
| Saturday, May 17 | Arrive at Accra Airport  
Meet, assist and transfer to your hotel.  
Hotel check-in **2.00pm**  
Dinner *on own account*  
Overnight: UDS Guest House or Similar, Accra                                                                                                                                                                                                                     |
| Sunday, May 18   | City tour of Accra  
Lunch on your own  
Dinner on your own                                                                                                                                                                                                                                                  |
| Monday, May 19   | Depart after breakfast for Aburi  
Lunch at Aburi Gardens on your own  
Continue to Ho in the Volta Region  
Arrive by evening and check into hotel                                                                                                                                                                                                                                      |
| Tuesday, May 20  | Depart after breakfast to visit Tafi-Atome Monkey Sanctuary near Nyagbo.  
Lunch on your own  
Visit Wli waterfalls  
Return to hotel by early evening  
Dinner on your own                                                                                                                                                                                                                                                  |
| Wednesday, May 21| Check out of hotel and depart Ho for Amedzofe  
Lunch on your own  
Depart Ho to Kumasi, capital of Ghana’s Ashanti Region. Drive past several scenic villages and charming towns through the evergreen forests. En route stop at Krobo-Odumase to visit Cedi’s Beads Factory to observe the intriguing bead making process. Arrive by later afternoon  
Rest of the day is free  
Dinner on your own                                                                                                                                                                                                                                                  |
| Thursday, May 22 | Depart after breakfast to a city tour of Kumasi visiting the Manhyia Palace and Palace Museum, National Cultural Centre, Prempeh II Jubilee Museum and Okomfo Anokye Sword site. Lunch on your own  
Afternoon is free  
Dinner on your own                                                                                                                                                                                                                                                  |
<table>
<thead>
<tr>
<th>Day</th>
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| **Friday, May 23** | Breakfast  
Depart after breakfast to visit and University of Science and Technology School of Art and Sculpture.  
Lunch *(on own account)*  
After lunch continue to visit a local NGO to interact with officials.  
Return to your hotel.  
Dinner *(on own account)*  
Overnight: Miklin Hotel/Noda Hotel |
| **Saturday, May 24** | Depart after breakfast to visit a few Ashanti craft villages to see the skill and imagination of local craftsmen using simple tools and traditional technology to produce breath taking artifacts and designs from which you may pick souvenirs for friends and family back home.  
Dinner *(on own account)* |
| **Saturday, May 25** | Depart Kumasi for Tamale in the Northern Region. Drive past several scenic villages and charming towns. Note the change in vegetation forest to savannah.  
Arrive by late afternoon  
Lunch en route *(on own account)*  
Arrive in Tamale  
Dinner *(on own account)*  
Overnight: UDS Guest House or Similar |
| **Monday, May 26** | Depart after an early breakfast for Mole, home to the largest forest reserve in Ghana  
En route stop to visit the Larabanga Village to interact with the local people  
Lunch on your own  
Later afternoon gaming view of Mole National Park  
Dinner on your own |
| **Tuesday, May 27** | Breakfast  
Depart for Guest lecture at UDS and a study tour to a local NGO’s site and facility.  
Lunch *(on own account)*  
Return to your hotel  
Dinner *(on own account)*  
Overnight: UDS Guest House or Similar |
| **Wednesday, May 28** | Breakfast  
Depart for Guest lecture at UDS and a study tour to a local NGO’s site and facility.  
Lunch *(on own account)*  
Return to your hotel  
Dinner *(on own account)*  
Overnight: UDS Guest House or Similar |
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<tr>
<td>Thursday, May 29</td>
<td>Depart after breakfast to Wa in the Upper West Region. Arrive in Wa and proceed to visit the Sankana village surrounded by scenic rock formations covering a four sq.km area. Under this rock formation is a network of caves, which served as bunkers for protection against slave raiders. Oral tradition is that women, children and the aged took refuge in the caves while the warriors posted sentries and laid ambush on top of the rocks and hills. From their strategic hilltop locations, the warriors of Sankana, with their bow and arrow weaponry always unleashed a hail of deadly long distance arrows that slave-raiding bands could never withstand. Lunch <em>(on own account)</em> Return to your hotel by evening. Rest of day free relax. Dinner <em>(on own account)</em> Overnight: Upland Hotel</td>
</tr>
<tr>
<td>Friday, May 30</td>
<td>Depart Wa after breakfast to visit the ancient Larabanga mosque built more than 500 years ago before you arrive at Mole National Park, the largest game park in Ghana. Arrive and go on a late afternoon game viewing of Mole National Park which is home of about 600 elephants, baboons, monkeys monitor lizards, bush-bucks, antelopes and several wild animals. Watch different kinds of animals in their natural habitat. Lunch <em>(on own account)</em> Return to your hotel. Rest of day free to relax. Dinner <em>(on own account)</em> Overnight: Mole Motel</td>
</tr>
<tr>
<td>Saturday, May 31</td>
<td>Early morning Game viewing of Mole National Park which is home of about 600 elephants, baboons, monkeys monitor lizards, bush-bucks, antelopes and several wild animals. Watch different kinds of animals in their natural habitat. Breakfast and hotel check out Depart from Mole to Kumasi. Drive past several rustic farming communities and arrive in Kumasi by late afternoon via a stop at Kintampo waterfalls, one of the impressive falls in Ghana. This Waterfall provides a panoramic scene and superbly displays the beauty of nature. Lunch <em>(on own account)</em> Continue on a scenic drive to Kumasi after lunch. Arrive by late afternoon and check in to your hotel Rest of day is free Dinner <em>(on own account)</em> Overnight: Miklin Hotel/Noda Hotel</td>
</tr>
</tbody>
</table>
| Sunday, June 1 | Depart Kumasi to Elmina, drive past several scenic villages and charming towns through the evergreen forests. Stop en route at Assin Manso to visit the burial site of the remains of the two ancestors exhumed from New York’s Wall Street and Jamaica Kingston and re-interred on the Emancipation Day 1998. Visit the “Enslaved Africa River”. Arrive in Elmina later in the afternoon  
Lunch (on own account)  
Proceed after lunch to visit the Elmina Castle, the first and oldest European structure built of any substance on African soil. This was built by the Portuguese in 1482 and later used as an auction market for a comprehensive guided tour. See the slave dungeons and condemned cells where slave who attempted to escape were incarcerated. View its distinct architecture  
Check in to your hotel  
Dinner at your hotel (on own account)  
Overnight: Elmina Beach Resort/ Coconut Grove Beach Resort |
| Monday, June 2 | Depart after breakfast to visit Kakum National Park. Go on an hour walking tour through one of the remaining vestiges of the Rainforest. For the young at heart, experience the exciting Canopy Walk with a panoramic view of the flora and fauna of the rainforest.  
Lunch at a local restaurant (on own account)  
After lunch, visit the Cape Coast Castle and the West African Historical Museum. The guide will conduct you to the slave quarters and Negotiation Hall where our ancestors were bargained for and sold. Pay a solemn homage to our ancestors.  
Rest of day is free for rest and relaxation  
Dinner (on own account)  
Overnight: Elmina Beach Resort / Coconut Grove Beach Resort |
| Tuesday, June 3 | Breakfast and hotel check out  
Depart Elmina for Axim in the Western Region of Ghana; the region of ancient forts, splendid beaches and Oil Palm and Rubber plantations.  
Arrive in Axim and have lunch (on own account).  
After lunch, visit Fort St. Anthonio which was built by the Portuguese in 1515 and happens to be the second oldest fort in Ghana for a tour. Go on a walking tour of the Axim Township which takes you to some historic buildings like the British West African Bank built by the British in 1918 and sold to Paa Grant a native of Axim in 1957 when Ghana became independent.  
Check into your hotel. Rest of day is free to relax at the beach  
Dinner (on own account)  
Overnight: Axim Beach Hotel or Similar |
| Wednesday, June 4 | Depart your hotel for Beyin. You first challenge is a visit by foot and by hand-paddled canoe to the village on stilts, Nzulezo. This village is built entirely on the Amansure Lake. Interact with the villagers who live on this large lake.  
Return to mainland for lunch at a seaside restaurant (on own account)  
Return to your hotel and spend the rest of the day at the beach. |
<table>
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<tr>
<td>Thursday, June 5</td>
<td>Depart your hotel for Accra after your breakfast. Drive along the coast through several fishing villages and coconut lined beaches Day. Arrive in Accra and have lunch at a local restaurant <em>on own account</em>. Rest of day is free to relax at the beach. Dinner <em>on own account</em>. Overnight: UDS Guest House or Similar, Accra.</td>
</tr>
<tr>
<td>Friday, June 6</td>
<td>Breakfast Morning at leisure for last minute shopping and packing Lunch <em>on own account</em>. Check out of your hotel Transfer to the airport for check in and departure.</td>
</tr>
</tbody>
</table>

*Itinerary subject to change.*