Happy Fall 2016 semester NIU Huskies! Student Involvement & Leadership Development (SILD) staff are looking forward to connecting with our returning students and are thrilled to welcome new students to the Huskie family!

The Leadership & Student Organizational Services (LSOS) team has been working throughout the summer to ensure that you have opportunities to get connected early in the semester. This semester, LSOS is offering several new workshops for NIU leaders. These workshops range from developing self-confidence, marketing your leadership skills, stress management and much more. We are also implementing our second annual Leadership Week this semester. During this week, you will have opportunities to attend workshops and complete activities that will enhance your leadership skills. The culminating Leadership Week event is our LEAD Summit on Saturday, November 12. Read more about Leadership Week on page 13 and the LEAD Summit on page 2.

In addition to the topics mentioned above, in this eNewsletter you will have an opportunity to learn more about the Leadership Academy, emotional intelligence, leadership lessons from Charlie Brown, and more.

If you have questions about your leadership journey, don’t hesitate to connect with us at leadership@niu.edu or 815-753-6505. Please stop in and see us in room 150 of the Campus Life Building. We look forward to working with you!

Happy reading!

Leadership & Student Organizational Services Staff
The NIU LEAD Summit is a free leadership conference for all NIU undergraduate students. Participants will have the opportunity to:

- Attend various leadership workshops
- Hear from national keynote speakers
- Network with other student leaders and staff members
- Enjoy a complimentary continental breakfast and lunch
- Attend a Greek track specifically designed for fraternity & sorority members

REGISTRATION OPENS ON OCTOBER 3RD

Questions? Contact Jill Zambito at zambito@niu.edu or 815-753-6707.
The Leadership Academy is committed to enhancing students’ self-awareness, preparing students to have a positive impact at NIU and the greater community, developing students’ leadership skills to enhance their future personal and career success, and fostering connections between students and the University.

JOIN THE LEADERSHIP ACADEMY TODAY!

Are you looking to get involved on campus and within the DeKalb community? Are you interested in gaining personal and professional leadership skills? Do you want to attend workshops and events led by outstanding speakers from the campus and community who are eager to share their wealth of knowledge with you? If so, then join the Leadership Academy today! If you have any questions or are interested in learning more about the program, please contact us or visit our website at www.leadershipacademy.niu.edu.

To apply to the Leadership Academy, visit: www.leadershipacademyapp.niu.edu.
5 Qualities of Leaders With High Emotional Intelligence

What is emotional intelligence? Psychology Today defines it as the “ability to identify and manage your own emotions and the emotions of others.” Leaders with high emotional intelligence are generally thought of as more successful in business and in communicating and motivating their teams. If you aim to be this type of inspirational and respected leader, here are five qualities to adopt:

1. Show empathy
When you ask your assistant to stay late for the fifth night in a row and she agrees, does she really mean yes? Did her shoulders slump and tone of her voice drop when she responded? Show empathy to your employees but looking for subtle clues like these and responding to them. Try to put yourself in the position of each of your employees and observe your behavior and demands from their viewpoint. Employees deserve respect, and so do their feelings, and leaders with high emotional intelligence have mastered this concept.

2. Build relationships
Alan Mulally, the former CEO of Ford Motor Company, used to write handwritten notes to employees thanking them for their hard work on a regular basis. How did the employees respond? Many were so flattered by the gesture that they hung these notes up around their cubicles! Leaders with high emotional intelligence take a cue from Mulally and go to great lengths to build strong relationships with employees. No matter the size of your office, this is possible!
3. Know your own strengths and weaknesses
Leaders with high emotional intelligence recognize they have limitations in their skill set. The greatest leaders are aware of their own shortcomings, and openly admit to them. If you want to be a leader with a high emotional intelligence, know when you should delegate work and when you should trust your employees’ opinions over your own. These leaders accept imperfection, both in their employees and in themselves, and are not too proud to reach out for help.

4. Focus on the positive
Emotionally intelligent people know that there is no point in being negative, and thus they only focus on the positives. This does not mean they act oblivious to a problem that may arise, but rather they choose to only focus on the parts they have control over. These leaders do not obsess over something that is beyond their control because they understand it’s a waste of energy.

5. Presence
Leaders with high emotional intelligence understand they need to be present in the here and now. These leaders do not allow texts, emails or passing conversations to grab their attention, and instead choose to focus on what’s right in front of them. Why does being present matter? It helps leaders become more self-aware and develop strong relationships with those around them who feel they have the leader’s undivided attention. These two traits are the backbone of emotionally intelligent leaders, and being present is the first step.

- Joel Goldstein, January 19, 2016, Business to Community

“The human mind and what we’ve achieved with it is remarkable. But it does not come close to what we can do, be, see and heal with our hearts”
- Rasheed Ogunlaru
Student Spotlight:
Eileen Lennon

What does leadership mean to you? I’m a huge believer in leading by example. So, to me, leadership is holding yourself to a high standard and encouraging others to do the same. Leadership is about how you can help others around you reach their goals or a goal you share.

What are some recommendations you have for students as it relates to leadership and campus/community involvement? I would recommend finding something you like to do on campus and pouring yourself into it. Becoming a leader is very easy when you care a lot about what you’re doing. If you enjoy what you are involved in, you’ll be enthusiastic and you’ll work hard. It will make others around you do the same, and that is leadership!

How has being involved enhanced your experience at NIU? Getting involved at NIU has significantly impacted my life inside and outside of the classroom. Because I have more to handle than just school work, my time management skills have improved. I have had a lot of great experience working with others in my student organizations which makes group projects and classroom activities more enjoyable. I have grown so much as a student and a person because I got involved on campus!

What is your favorite motivational quote? “You miss 100% of the shots you don’t take” -Wayne Gretzky

Where do you see yourself in 10 years? I want to go into sales after graduation. So in 10 years, I see myself having worked my way up to a leadership position within a company. I see myself having lived downtown and having traveled a lot of the world!

What clubs and activities are you involved in? Harmelodics, | American Marketing Association | University Honors Program | Leadership Academy | Northern Ambassador | Marketing Intern for the DeKalb County Economic Development Corporation

Student Organization Spotlight:

Join Deaf Pride!

Deaf Pride is a student organization that has been around for about 20 years. The group promotes Deaf culture and awareness on and around campus. The members range on a continuum of Deaf, hard-of-hearing, and hearing. All of our members express an interest in some aspect of the culture and/or history surrounding the Deaf community. Knowledge of American Sign Language (ASL) is not required to be a member in this organization. We promote values of service, leadership, and education to our members and others around.

For more information, contact Sarina Munoz at z1708102@students.niu.edu.
Here are 11 incomplete sentences that describe people. Each sentence has four possible endings. Give 4 points to the phrase that is most like you, 3 points to the phrase that is next to most like you, 2 points to the phrase that is like you and 1 point to the phrase that is least like you.

1. When I make decision:
   A. I do it quickly and go with first impressions
   B. I think about it, consider the options and then decide
   C. I listen to my feelings and consider how my decision affects others
   D. I take it seriously and always try to make the right decision

2. The best way for others to show me that they care about me is to:
   A. Do fun things with me
   B. Give me space to be myself
   C. Spend time with me doing whatever
   D. Do what I want to do; do not let me down or go back on their word

3. When I am with friends, I like to provide:
   A. The excitement; the fun, the jokes
   B. Questions, answers: a logical way of looking at things.
   C. Concern for others; a lot of caring
   D. The planning; sense of security; a good standard

4. I like to:
   A. Act on a moment’s notice, do risky things
   B. Provide answers or give thought to people’s questions
   C. Help maintain a sense of harmony and togetherness
   D. Be responsible, dependable, and helpful to others

5. One thing that I am really good at is:
   A. Acting courageously
   B. Thinking
   C. Being sensitive
   D. Organizing

6. Friends who know me best would say that I am:
   A. Competitive
   B. Reserved, thoughtful
   C. Emotional, friendly
   D. Neat, prepared

7. My basic approach to life is:
   A. To take one day at a time and have fun
   B. To figure out what life is all about
   C. To help others to be happy and succeed
   D. To plan for the future and to make it as good as possible

8. When I am feeling discouraged or “down in the dumps”:
   A. I often become mad, rude, or sometimes even mean
   B. I withdraw, don’t talk very much, and try to think my way out of the problem
   C. I feel emotional, I am sad and I usually like to talk it out with someone
   D. I try to figure out what’s causing the problem and fix it
9. I feel good about myself when:
   A. I can do things that are difficult
   B. I can solve problems or figure out things
   C. I help other people
   D. I am appreciated or rewarded for the things I do

10. Teachers at school (who saw me when I wasn’t on my best behavior) describe me as:
    A. Rowdy or a little wild
    B. Arrogant
    C. Talkative
    D. Dominant, worry wart

11. Teachers at school (who like me, and in whose classes I do well in) would describe me as:
    A. Charming, a natural leaders, clever, someone who is has to figure out problems
    B. Thoughtful, someone who has good answers, someone who has to figure out problems
    C. Nice, friendly, someone how gets along with the other students and is helpful to teacher and others
    D. Neat, organized, prepared, someone who does the assignments and is a good student

Add up the total points for each of the letters!!!

   ___A. Strawberry
   ___B. Pear
   ___C. Peach
   ___D. Apple

“Strawberry!!!

Strengths
- Practicality
- Adept problem-solving skills, particularly at hands-on tasks
- Resourcefulness
- A special sense of immediate needs

As Students: Often shun intellectual pursuits. Learn best those subjects that seem practical and immediately rewarding.

As Leaders: When a crisis needs solving, geniuses at generating solutions. Sometimes create crises to solve just to give them sense of purpose.

“The person that you will spend the most time with in your life is yourself, so you better try to make yourself as interesting as possible.”
Pear!!!

**Strengths**
- An ability to readily see the big picture
- A talent for conceptualization and system planning
- Insight into the internal logic and underlying principles of systems and organization
- Ability to speak and write clearly and precisely

**As Students:** Learns by discussing, can work a point to death.

**As Leaders:** Strategic planners and researchers, but sometimes overlook day-to-day business.

Peach!!!

**Strengths**
- A phenomenal capacity for working with people and drawing out their best
- Being articulate and persuasive
- A strong desire to help others
- The ability to affirm others freely and easily

**As Students:** Like to please their teachers, but take criticism too personally

**As Leaders:** Peaches are positive people who have a warm style that others have a hard time disagreeing with. Peaches often have a hard time being firm and often give workers too much leeway.

Apple!!!

**Strengths**
- Administration
- Dependability
- Ability to take charge
- Always knowing who’s in charge

**As Students:** Respond will to teachers who are organized a deliver what they promise.

**As Leaders:** Phenomenal administrators of systems that require precision and organization. Do what needs to be done today, often to the neglect of what must be done tomorrow.
Leadership Lessons from Charlie Brown
by Sompong Yusoontorn

Lesson #1: Persistence
Charlie Brown always took his chance to kick the football. He didn’t let his previous failures deter him. Leaders will sometimes fail, but they take action when they encounter new opportunities for success.

Lesson #2: Rewrite
Snoopy began all his novels with, “It was a dark and stormy night.” This comedic riff became a classic Peanuts joke. It reminds us that leaders revise, but aren’t afraid to write that lousy first draft.

Lesson #3: Exultation
When the Peanuts gang gets together we get great moments like the Christmas dance that has become iconic of the series. Leaders know how to keep their teams motivated by creating a joyful atmosphere. An example of this practice is Ben & Jerry’s “Joy Gang” formed in 1987.

Lesson #4: Confidence
Charlie Brown rarely came across as a confident leaders, but he always managed to pull the group together in a crunch. In “Race for Your Life, Charlie Brown,” he gets the kids out of a dire situation by taking charge. Leaders often are individuals willing to take responsibility in a crises.

Lesson #5: Character
The character of Woodstock was mute, but we always knew his intentions. His actions spoke volumes. Leaders project an aura you can sense without the need for words.

Lesson #6: Communication
The adults in the world of Charlie Brown could not be understood by readers. In the TV specials their voices were represented by the familiar “wah, wah, wah” sound. To effectively lead one must be able to clearly communicate with the team.
Lesson #6: Loyalty

Leaders respect their followers and foster loyalty between the group members. One of the most endearing traits of the Peanuts gang is their friendship. They band together when trouble appears.

Lesson #8: Listening

Lucy’s entrepreneurial spirit led her to a psychiatric practice. The sign on her booth read, “The Doctor is In” and we knew that she would be there to listen. While Lucy rarely gave good advice, she did hear the kids out just like a leader must do with his

Lesson #9: Acceptance

A leader accepts his followers and what they have to offer. Linus and his security blanket are just as welcome as Pigpen’s cloud of dust. Each Peanuts character has their foibles, but they still belong to the group.

Lesson #10: Vision

Most of my favorite strips featured one character. I loved reading about Snoopy’s adventures as the flying ace dueling with the Red Baron. Great leaders have an imagination and creativity that can envision what seems

Lesson #11: Supporters

No leaders can lead without supporters. You need a network willing to work on your ideas and recruit others to the cause. The relationship of Peppermint Patty and Marcy is an enduring reminder of the importance of a devotee.

Lesson #12: Autonomy

“You’re a Good Man, Charlie Brown” was the name of the musical based on the original strip. Chuck knew despite his struggles he had done the best he could with the cards dealt. Leaders too have this internal compass that directs their behaviors towards their goals.
Each semester, Student Involvement & Leadership Development (SILD) hosts workshops on leadership development through their Leadership Academy. The workshops below offer students the opportunity to learn more about leadership and understand how to apply leadership skills in the real world. During these workshops, students will also have an opportunity to learn more about SILD's Leadership Academy, including the Leadership Academy requirements and application process.

**LEADERSHIP 101**
Tuesday, September 6
2:00 pm

**DEVELOPING SELF-CONFIDENCE**
Wednesday, September 14
12:00 pm & 3:00 pm

**LEADERSHIP ACADEMY GENERAL MEETING**
Thursday, September 22
12:00 pm

**LEADERSHIP ETHICS**
Monday, October 3
12:00 pm & 3:00 pm

**LEADERSHIP 101**
Wednesday, October 12
1:00 pm

**STRESS MANAGEMENT**
Thursday, October 20
12:00 pm & 3:00 pm

Leadership Academy General Meeting
Tuesday, October 25
3:00 pm

**LEADERSHIP 101**
Monday, November 7
10:00 am

Marketing Your Leadership Skills
Wednesday, November 9
12:00 pm & 3:00 pm

**Leadership Academy General Meeting**
Monday, November 16
2:00 pm

**LEADERSHIP 101**
Wednesday, November 30
3:00 pm

**LEADERSHIP ACADEMY GENERAL MEETING**
Thursday, December 1
11:00 am

All workshops are located in the Campus Life Building Room 100.

Questions? Contact Leadership & Student Organizational Services at leadership@niu.edu or 815-753-6505.
Leadership Week 2016

Student Involvement and Leadership Development (SILD) is proud to host the second annual Leadership Week at Northern Illinois University. Leadership Week is an opportunity for students to learn skills and tools for being an effective leader. To participate in Leadership Week, check out our events calendar listed below.

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<tr>
<th>Monday, November 7th</th>
<th>Tuesday, November 8th</th>
<th>Wednesday, November 9th</th>
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<tr>
<td><strong>Leadership 101 Workshop</strong>&lt;br&gt;2:00pm&lt;br&gt;CLB 100</td>
<td><strong>Election Day Leadership Program</strong>&lt;br&gt;To Be Announced</td>
<td><strong>Marketing Your Leadership Skills Workshop</strong>&lt;br&gt;12:00pm &amp; 3:00pm&lt;br&gt;CLB 100</td>
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<td>During this workshop, participants will be able to better understand their personal leadership style, traits of effective leaders, and will participate in leadership activities.</td>
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<td>During this workshop, participants will learn how to best market their leadership skills.</td>
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<th>Thursday, November 10th</th>
<th>Friday, November 11th</th>
<th>Saturday, November 12th</th>
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<td><strong>Grassroots Leadership: Promoting Change in the Social Media Age</strong>&lt;br&gt;6:00pm&lt;br&gt;Carl Sandburg Auditorium</td>
<td><strong>Feed My Starving Children Service Event</strong>&lt;br&gt;3:00pm-5:00pm</td>
<td><strong>LEAD Summit</strong>&lt;br&gt;9:00am-3:45pm&lt;br&gt;Barsema Hall</td>
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<td>Payton Head is a recent graduate of the University of Missouri where he served as President of the Missouri Students Association. In the aftermath of the Ferguson protests, he has been at the forefront of conversations about improving race relations on campuses, working to create institutional change.</td>
<td>Interested in volunteering with Feed My Starving Children? To reserve your spot, contact Mary Kate Olofson at <a href="mailto:molofson1@niu.edu">molofson1@niu.edu</a>.</td>
<td>The NIU LEAD Summit is NIU’s premier leadership conference during which participants have opportunities to attend various workshops related to developing leadership skills, hear from keynote speakers, and network with other students and staff members.</td>
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MEET THE STAFF

Leadership & Student Organizational Services

**JILL ZAMBITO**

Director

*Phone:* 815-753-6707  
*Email:* zambito@niu.edu

Jill Zambito is the Director of Student Involvement & Leadership Development. She has proudly served in this role since May 2011. Jill is a doctoral student in NIU's Adult & Higher Education program and she has a master of science in education from Colorado State University.

Her professional interests include student involvement, leadership, student centers, and non-traditional student support services. She is excited to be working with leadership programs within SILD.

**MARY KATE OLOFSON**

Graduate Assistant

*Phone:* 815-753-6595  
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Mary Kate is the Graduate Assistant for Leadership & Student Organizational Services. She has been in the role since July 2015. Mary Kate previously attended the University of Illinois at Urbana-Champaign where she studied Psychology and Spanish and worked as a Counseling Center Paraprofessional and Resident Advisor.

Mary Kate is in her second year in the College of Education’s Counseling Program and aspires to have a career in school counseling upon graduation.