T-shirt Pom Poms

Supplies

- t-shirts, 1 per pom pom
- scissors
- cardboard

Use round objects to trace circles onto cardboard to make 2 templates like those shown above. You can use a roll of tape and a camera lens cap…. the diameter of the outer circle is 6.5” and the diameter of the inner circle is 2.5”. You can play around with different template sizes to get different sized pom poms.

http://www.craftaholicsanonymous.net/t-shirt-pom-poms-tutorial
retrieved 12.15.2014
Cut your t-shirt into 1/2” strips from the sleeves down.

Take one strip and one template - place strips (as shown) close to the inner circle.

Sandwich the strip by putting the other template on top.
Take a fabric strip and place on cardboard with the end even with the outer edge.

Wind around the template as shown. Pull the strip tightly so that it stretches the material. When you get to the end of the strip….

Take another strip and place the edge even with the outer circle like you did at the beginning. When you wind it around the first time, be sure to overlap the end of the previous strip so that it is held in place.
Continue winding the strips around the template until you reach the other side.

Do 2 more layers of strips {so that you have 3 total layers}

Now take the sandwiched strip and pull tight and wrap around each other once. This will help hold things in place for the next step.
Warning: this next step is messy!

With one hand holding the strips in place, use scissors to cut the fabric strips along the template. Use sharp scissors, and preferably pointy ones.

After all the strips are cut, pull the string tight and tie into a knot. Remove templates.

Should look something like this.
Now give your crazy ball a good hair cut! Cut two 4.5” diameter circles out, then sandwich the ball and cut around to make a nice round pom pom. Remove circles, fluff and trim as needed.