Study Abroad
Thursday, September 10 | 12:30-1:30pm
Holmes Student Center, Illinois Room
Studying abroad is an exciting and engaging way to increase intellectual and interpersonal skills. Gain a better understanding of the NIU Study Abroad Program and all of the opportunities it has to offer.

Tackling the Books
Thursday, September 24 | 12:30-1:30pm
Founders Memorial Library, Room 202
Textbooks are filled with information. Hear from ACCESS A+ about various ways to more efficiently use your textbooks.

Research Opportunities
Wednesday, October 14 | 12:00-1:00pm
Campus Life Building, Room 100
Becoming more qualified in your field is extremely beneficial. Hear from faculty and staff about their experiences and the benefits of undergraduate research.

Managing Anxiety
Wednesday, October 28 | 12:00-1:00pm
Campus Life Building, Room 100
School is difficult. Hear from Counseling and Consultation services about ways to combat anxiety.

Test Preparation
Thursday, November 12 | 12:30-1:30pm
Founders Memorial Library, Room 202
STUDENTS! Finals are right around the corner. Hear from ACCESS A+ about ways to better prepare and perform on exams.

Feed Your Brain and Stomach!
For more information please call 815-753-HELP
or email us at osas@niu.edu