Directions from the Director:

Using Leverage

There have been times in my life when I have examined a problem and known how to implement the perfect seven-step process that would lead to success; the problem... I only had time to implement a one- or two-step process. So, what does one do when you have too many great ideas and not enough time? Use leverage!

In physics, using leverage is what allows one to create a greater output force and you can do the same thing with any problem you face. When you find yourself in this situation, examine the problem and all possible solutions, then pick the one that will produce the greatest change. Understand it might not be the perfect solution, but doing the one thing with the “highest point of leverage” will produce the best possible outcome and reinforce your sense of purpose to tackle future challenges.

Todd Anders Gilson Ph.D.
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- **March 28**
  - **9:30 a.m.**

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- **March 21**
  - **9:30 a.m.**

Yoga Matt-Mondays
Come relax with a yoga session led by Matthew Larson! All levels are welcome. Please bring your own mat, if available, and dress comfortably.

- Every Monday
- **8:00-8:50 a.m.**
- CLB 100
- honors@niu.edu
- (815)753-9505

TED Talk Tuesday
Join us in the Honors Office every other Tuesday to watch world renowned TED Talks over Pizza with your fellow NIU students.

- **March 21**
  - **12:00-1:00 p.m.**
  - CLB 110
  - (815)753-0691

Salvation Army
Advanced registration required. Please fill out the online application at:

- [www.salarmydekalb.org](http://www.salarmydekalb.org)
- Various days and times available throughout the semester.
- 830 Grove Street, DeKalb, IL 60115

Discussion with Bob Pritchard
Come meet and talk with State Representative 70th District Bob Pritchard. Food provided. Space limited.

- **April 12th**
  - **9:30am-10:45am**
  - CLB 110
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The Giving Project
The Operating Staff Council (OSC) is hosting workshops as a way for NIU Huskies to give to others. Join some Huskies who are excited about creating practical and useful items for those in need while collaborating on ideas for projects. RSVP to Pam Roesner or OSC at osc@niu.edu. Students must stay for the whole hour to receive Honors Engaged credit.

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Huskie Student Food Pantry
More information can be found here or by contacting Liz McKee for questions. To sign up to volunteer, please click here

- **Every Thursday**
  - **5:30 to 7:30 p.m.**
  - Chick Evans Field House

Social Impact Summit
This event will have a keynote speaker and book signing by Gene Baur, co-founder of Farm Sanctuary.

- **April 7**
  - **8:30 a.m. to 12:30 p.m.**
  - Barsema Alumni Center

Life Hack Conference
Learn tips, tricks, and shortcuts to enhancing your resume and setting career-minded goals. Bring your resume and RSVP to sgaul1@niu.edu by March 27.

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  - **9:30 a.m.**

- **March 29**
  - **3:00 p.m.**

**phone (815)753-0694**
**honors@niu.edu**