May 2, 2016

WEEKLY UPDATE

• Announcements
• Events
• The Luminary

ANNOUNCEMENTS

Advising
To schedule your advising appointment, call us at (815)753-0694. Walk-in hours are 8:30AM - 4:30 PM.

Keep in mind this is a busy time of year, so appointments are preferred!

In-Course Contract & Capstone Workshops
You can now visit the Honors homepage to find the dates to future workshops.

See our calendar on the left side of the page.

Honors Mentee Program
Applications are still open for future mentees!

Contact Joe Howard at JHoward5@niu.edu for more information.

Applications can be found here: niu.edu/honors/resources/peer-mentoring/

Honors 5K
A huge thank you to all that participated in the Campus Crawl 5K this past Saturday! We hope you enjoyed yourself.

A special thank you to University Honors Fellow Sharon Tucker for all of her hard work developing and organizing the 5k. Thank you Sharon!
**ANNOUNCEMENTS, cont.**

- **New Honors Engaged Tracking**
  
  Starting the Fall 2016 semester we will be changing how attendance is tracked at our Honors Engaged events. There will be no sign-in sheets. Rather, we will ask for a photo/selfie, your name and Z-ID in an email addressed to:

  HonorsEngaged@niu.edu

  More details to come!

- **Honors Course Offerings**
  
  If you have not registered for an Honors course for the fall 2016 semester yet, or you would like to further take advantage of our other course offerings, please check them out at the link below.

  [niu.edu/honors/_pdf](http://niu.edu/honors/_pdf)

**HONORS ENGAGED EVENTS**

All Students are required to attend two events per semester to stay active in the Honors Program.

The following events are Honors Engaged events

- **Honors House presents**
  
  **Don’t Stress the Test**

  Our final event of the year will have food, fun, and hopefully ukeleles! P.S. You do not have to stay the whole time. We want you to hang out and relax, if only for a bit.

  May 9 from 4-7PM
  CLB 100

  Last chance for Honors Engaged this semester!

- **University Honors presents**
  
  **Mindfulness Mondays**

  Mindfulness has been found to have such a positive impact on our health. Join us and find a boost in focus and a decrease in stress.

  May 9 from 8:10-8:40AM
  CLB 100

  See you next year!
What is the Luminary and why should I check it out?

The Luminary is the Honors blog ran by Honors students. Maggie Miller, the coordinator of The Luminary has redesigned the blog “to capture the experience of Northern Illinois University’s Honors students.”

Visit the website to see what The Luminary has been up to this year!

niuluminary.wordpress.com

How can you get involved?

Whether you are a journalist, photographer, graphic designer or just a student who wants to get involved. The Luminary is always looking to have more Honors students on board to help tell the Honors story.

Reach out to NIULuminary@gmail.com with any questions.