

REFERENCES

<http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/career.html>

<http://sun.science.wayne.edu/~nfs/dietetics/whatrd.htm>

http://www.collegeview.com/career/careersearch/job_profiles/mh/diet01.html

<http://www.udel.edu/CSC/nutdiet.html> <http://stats.bls.gov/oco/ocos077.htm>

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<http://www.collegegrad.com/careers/proft76.shtml>

<http://www.niu.edu/careerservices/weblinks/index.html>



Career Opportunities
In
Nutrition and Dietetics

*School of Family
Consumer, and
Nutrition Sciences*

College of Health and Human Sciences

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Requirements to Become a Registered Dietitian

What are the Requirements???

- Complete a bachelor's degree at a U.S. regionally accredited university or college and the course work approved by the Commission on Accreditation for Dietetics Education (CADE) of The American Dietetic Association (ADA). (Northern Illinois University's program meets this requirement.)
- Complete a CADE accredited dietetic internship. A dietetic internship can be in conjunction with a graduate program such as the one here at Northern Illinois University. Typically, an internship takes up to two years to complete. More information is available on the American Dietetic Association website at: http://eatright.org/cps/rde/xchg/ada/hs.xsl/ind_ex.html
- Pass the national examination administered by the Commission on Dietetic Registration (CDR).
- Complete continuing professional educational requirements to maintain registration.
- * In addition to RD credentialing, many states, including the State of Illinois, also require an RD to have a license. This state requirement is met through the same education and training required to become an RD.
- * According to the ADA, 45% of all RD's have a Master's Degree. Additionally, 3% hold Doctoral Degrees.
- * 100% of the students who have completed our combined M.S. Program and dietetic internship get jobs within three months of graduation.

Job Outlook for Dietitians

Employment of dietitians is expected to grow about as fast as average for all occupations through 2014. Faster growth, however is anticipated in nursing homes, residential care facilities and physician clinics.

Why?

- Increased emphasis on disease prevention through improved dietary habits.
- A growing and aging population will boost the demand for meals and nutritional counseling in hospitals, nursing care facilities, schools, correctional facilities, community health programs, and home healthcare agencies.
- Public interest in nutrition and increased emphasis on health education and prudent lifestyles will also spur demand, especially in management.

**AS YOU CAN SEE, THERE ARE
EXCITING CAREER OPPORTUNITIES
WAITING JUST FOR
YOU!**

Keep in Mind...

Career opportunities for nutrition and dietetics graduates are varied and abundant. This is not an inclusive list of career opportunities for this major.

Major Career Areas for Nutrition and Dietetics Graduates

Career Opportunities

Clinical Dietitian:

Provides nutritional services for patients in institutions such as hospitals and nursing care facilities. Assesses patients' nutritional needs, develops and implements nutrition programs, and evaluates and reports the results. Confers with doctors and other healthcare professionals in order to coordinate medical and nutritional needs. Some clinical dietitians specialize in the management of overweight patients or the care of critically ill or renal (kidney) and diabetic patients.



Community Dietitian:

Counsels individuals and groups on nutritional practices designed to prevent disease and promote health. Works in places such as public health clinics, home health care agencies, and health maintenance organizations. Community dietitians evaluate individual needs, develop nutritional care plans, and instruct individuals and their families. Dietitians working in home health agencies to provide instruction on grocery shopping and food preparation to the elderly, individuals with special needs, and children. Dietitians working in WIC programs, Meals on Wheels, and community health programs develop and teach nutrition classes for the public. In health clubs, weight management clinics, and community wellness, dietitians educate clients about the connection between food, fitness, and health.

Consultant Dietitian:

Usually works under contract with healthcare facilities or in their own private practice. Performs nutrition screenings for clients and offers advice on diet-related concerns such as weight loss or cholesterol reduction. Some work for sports teams, supermarkets and other nutrition-related businesses.

Food Service/Management

Dietitian: Oversees large-scale meal planning and preparation in health care facilities, company cafeterias, day-care centers, correctional facilities, and schools. Hires, trains, and directs other dietitians and food service workers; budgets for and purchases food, equipment, and supplies; enforces sanitary and safety regulations; and prepares records and reports.



Research Dietitian:

Usually holds advanced degrees and works in medical and educational facilities, food companies, and the government. Conducts experiments with nutritional approaches to disease prevention and management. Research is conducted in many areas including testing and developing new products, studying nutritionally based diseases, nutrient-drug interactions, links between food and nutrition and specific health effects, nutrient metabolism and nutritional status.



Sales Representative:

Meets with dietitians, nurses, physicians, and other health care professionals, financial and purchasing personnel, administrators and management personnel about products. Develops and maintains relationships with key customer's accounts through on-site sale calls and verbal, written and computerized presentations. Conducts market analysis of customers within designated territories.



Sports Nutrition Programs:

Works with coaches of high school, college, or professional sports teams in recommending appropriate diets for athletes. Works with athletes to determine their nutritional needs based on the sports/exercise they participate in to help them achieve their full potential.



Product Development:

Recommends the nutritional content of products, highlighting trends in nutritional science. Advises on nutrition labeling, claims, and product promotion including advertising.

Education:

Conducts in-service programs for food service employees or medical nutrition therapy dietitians who take part in medical nutrition education in places such as dental facilities and governmental agencies. Many teach students in elementary and secondary schools, colleges and universities.

Food Service Managers:

Responsible for the daily operation of restaurants and other establishments that prepare and serve meals and beverages to customers. Coordinates activities among various departments, such as kitchen, dining room, and banquet operations, and ensures that customers are satisfied with their dining experience. Oversees the inventory and ordering of food, equipment, and supplies and arrange for the routine maintenance and upkeep of the restaurant, its equipment, and facilities. Responsible for all of the administrative and human-resource functions of running the business, including recruiting new employees and monitoring employee performance and training.



Mass Communications:

Writes columns or articles on nutrition for magazines and newspapers, or appears on TV and radio to discuss nutrition issues.



Corporate Wellness Programs:

Works with an organization to promote overall well-being of its employees. Provides education classes and nutritional/exercise plans.



Potential Salaries

The following salaries represent the latest median incomes of registered dietitians. The median is based on all RD's who reported, Regardless of work experience.

Acute care/inpatient	\$41,496
Ambulatory care	\$44,491
Long-term care	\$47,029
Food & Nutrition Management	\$54,538
Community Nutrition	\$42,661
Consultation and Business	\$54,163
Education and Research	\$54,434
All other areas of practice	\$45,760

