

Certificate of Graduate Study in Eating Disorders & Obesity Course Offering Descriptions

- ____ FCNS 529 *Strategies for Modifying Nutrition Behaviors* (3) – Exploration of various strategies for assisting individuals and families to make changes in their behaviors related to food and nutrition. Attention given to nutrition counseling and nutrition education. Active participation in applying strategies to case studies and hypothetical situations. PRQ: FCNS 309 and FCNS 310, or consent of school.
- ____ FCNS 602 **(REQUIRED)** *Issues in Eating Disorders and Obesity* (3) – Interdisciplinary examination of eating disorders within the social and family context. Body image, self-esteem, cultural context, appropriate exercise and nutrition, human development, family science theory, family stress, child abuse, and intervention. Issues related to prevention, intervention, and genetics/physiology. PRQ: Consent of department.
- ____ FCNS 616 *Nutritional Factors in Obesity and Eating Disorders* (3) – Exploration of the etiology, complications, prognosis, and treatment protocols for obesity and eating disorders. Assessment of diet and eating behavior as factor in treatment and prevention of these conditions. Students required to participate as staff volunteers in an on-going weight control program. PRQ: FCNS 309 or consent of school.
- ____ FCNS 637 *The Child in the Family* (3) – Analysis of the reciprocal influences between family and child in the context of other important socializing influences. The biological, cognitive, affective, and social-personal domains of development are examined. Relevant information is included from historical, philosophical, anthropological, cross-cultural, and psychological perspectives. PRQ: Consent of school.
- ____ FCNS 650 *Workshop in Family, Consumer, and Nutrition Sciences* (1-3) – Workshop designed for professional personnel to study current issues, trend, and programs in a specialized area. Topic announced. May be repeated. Maximum of 6 semester hours of workshops may be applied toward master's degree. PRQ: Consent of school.
- ____ FCNS 674 *Clothing and Human Behavior* (3) – Clothing as a reflection of human behavior as related to the concepts from the behavioral sciences. Interpretation of research findings. PRQ: FCNS 464 or consent of school.
- ____ FCNS 684 *The Family with Adolescents* (3) – Developmental tasks of the family with adolescents; parental and adolescent roles, communication networks, adolescent identity an sexuality.
- ____ EPS 508 *Theories and Research in Adolescent Behavior and Development* (3) – Analysis of theory and research concerning the nature of adolescent development and the implications of such for classroom teachers and other professionals who wok with adolescent populations.
- ____ FCNS 685 *Family Stress and Structural Diversity* (3) – Analysis of the possible problems and strengths of families that have experienced nonnormative stressors or reflect structural diversity. PRQ: FCNS 500B or consent of school.
- ____ FCNS 701 *Problems in Family, Consumer, and Nutrition Sciences* (1-3) – Independent study, individual problems, action, or other research. May be repeated to a maximum of 6 semester hours. PRQ: Consent of school.