WEEKLY REVIEW ACTIVITY
Adapted from (Harackiewicz, 2010)

CHAPTER 2: VALUE

Please reflect on one specific topic or idea you are studying in science right now.

Part A: Pick one of the topics or ideas that was covered in class in the past week.

Part B: Write at least 5 sentences about how this topic or idea relates to “real life.”

Suggestions for writing (you may choose one of these, or choose something else):
- How could information about this topic be useful in your daily life?
- How could information about this topic be related to your future plans?
- How could information about this topic be useful to someone you know?

For example, if you were studying nutrition, choose a topic such as how food is digested. Write about how the food you eat is digested to make energy. Eating healthy food helps your body produce energy to play your favorite sport or study for tests. Your older brother doesn’t eat healthy foods and does not have the energy to do things he likes to do.

The topic I choose to write about is: __________________________________________

This is how this topic relates to “real life” (write at least 5 sentences):

http://www.niu.edu/eteams
A companion website for Enhancing Adolescents’ Motivation for Science, Shumow & Schmidt, 2013

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