PERSONAL MASTERY GOAL SCALE

CHAPTER 7: GOAL ORIENTATION

Here are some questions about you as a student in this class. Please circle the number that best describes what you think about this class.

1. It’s important to me that I learn a lot of new concepts in science class this year.

   1  2  3  4  5
   Not at all true Somewhat untrue Neither true or untrue Somewhat true Very true

2. One of my goals is to learn as much science as I can.

   1  2  3  4  5
   Not at all true Somewhat untrue Neither true or untrue Somewhat true Very true

3. One of my goals is to master a lot of new skills in science this year.

   1  2  3  4  5
   Not at all true Somewhat untrue Neither true or untrue Somewhat true Very true

4. It’s important to me that I thoroughly understand my science class work.

   1  2  3  4  5
   Not at all true Somewhat untrue Neither true or untrue Somewhat true Very true

5. It’s important to me that I improve my skills in science this year.

   1  2  3  4  5
   Not at all true Somewhat untrue Neither true or untrue Somewhat true Very true

Note. These questions are adapted from the The Patterns of Adaptive Learning Survey (PALS; Midgley et al., 1997). Please refer to the link to the PALS Manual under the additional information tab if you would like access to the full questionnaire.

http://www.niu.edu/eteams

A companion website for Enhancing Adolescents’ Motivation for Science, Shumow & Schmidt, 2013

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