

Academic Degree Programs Assessment



**Northern Illinois
University**

Submitted to the University Assessment Panel

AY 2022-2023

Part I: Assessment Plan

College of Education

Kinesiology & Physical Education

Kinesiology

BS

2022

Submitted to the University Assessment Panel by:

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Kinesiology Program Director

1. Introduction

Since the most recent program review, the Kinesiology program implemented several improvements based on a thorough review that included peer-institution comparisons, professional organization certification requirements (i.e., knowledge, skills, and abilities), current and former student survey responses, and industry standards. The results of the review led the faculty to make necessary updates to Kinesiology program requirements. The goals of these updates are to better prepare students to 1) successfully matriculate through the program, 2) obtain professional certification, and 3) be competitive in the job market. Changes to the BS Kinesiology program requirements include:

- Minimum grade of C in all the Kinesiology program requirement courses
 - Complete BIOS 357 (Human Anatomy & Physiology – 5 credits)
 - Complete KNPE 464 (Scientific Basis of Exercise Prescription and Programming; 3 lecture, 1 lab)
 - Complete KNPE 486 (Principles of Motor Learning and Performance)
 - Complete either KNPE 305 (Psychological and Sociological Aspects of Exercise & Physical Activity) or KNPE 310 (Psychological Aspects of Sport & Exercise).
 - Complete a new program course requirement - KNPE 469 (Professional Preparation in Kinesiology)
 - Combine KNPE 470 (High Performance – 4 credits) and 472 (Periodization – 3 credits) into one new course, KNPE 471 (High Performance Training – 4 credits) as a program requirement option
 - KNPE 346 (Methods of Group Fitness Instruction) was removed as a program requirement
 - Former 3 program focus areas (Wellness, Performance, and Sport Management) were replaced with the option to Choose 3 of the following 4 courses: 461 (Physical Activity & Wellness), 462 (Clinical Exercise Physiology), 471 (High Performance Training), 438 (Sport & Fitness Management Strategies).
 - The pre-requisite for KNPE 494 (Internship in Kinesiology) was changed to Minimum overall 2.50 GPA, Complete all of the Kinesiology program requirements with a C or better, First Aid and CPR certifications, and consent of department
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2. Student Learning Outcomes (SLOs)

BS Kinesiology Student Learning Outcome

1. Utilize bases in exercise science
 2. Exhibit appropriate professional behavior
 3. Communicate effectively in both written and oral forms
 4. Practice safety consciousness
 5. Apply theoretical information to practical situations
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3. Program-by-Baccalaureate Student Learning Outcomes Matrix

Program Student Learning Outcome	Baccalaureate Student Learning Outcomes							
	A. Global inter-connections and inter-dependencies	B. Intercultural competencies	C. Analyze human life and natural world inter-connections	D. Critical, creative, and independent thought	E. Communicate clearly and effectively	F. Collaborate with others	G. Quantitative and qualitative reasoning	H. Apply knowledge/skills creatively
1. Utilize bases in exercise science		M	M	S	M	S	S	S
2. Exhibit appropriate professional behavior					M	S		M
3. Communicate effectively in both written and oral forms	M	M		M	S	S	M	M
4. Practice safety consciousness						M		M
5. Apply theoretical information to practical situations		M	M	S	M	M	M	S
Overall		M		M	M	S	M	M
<i>Note.</i> Gauge whether each program outcome strongly supports (S), moderately supports (M), or doesn't support (leave blank) each baccalaureate learning outcome								

4. Curriculum Map

Course	Program Student Learning Outcomes						
	1. Utilize bases in exercise science	2. Exhibit appropriate professional behavior	3. Communicate effectively in both written and oral forms	4. Practice safety consciousness	5. Apply theoretical information to practical situations		
KNPE 300	D	D	D	D	D		
KNPE 301	D	P	P	D	D		
KNPE 350	D	D	D	D	P		
KNPE 305 OR 310	P	P	P	P	P		
KNPE 452	P	P	P	P	P		
KNPE 445	P	P	P	P	P		
KNPE 314	P	P	P	D	P		
KNPE 443	D	D	D	D	P		
KNPE 463	D	D	D	D	P		
KNPE 493	P	P	P	P	P		
KNPE 464	D	D	D	D	P		
KNPE 469	P	P	P	P	P		
KNPE 486	D	D	D	D	P		
KNPE 494	P	P	P	P	P		

Note. Course supports the outcome at the B=beginning, D=developing, or P=proficient level.

5. Assessment Methods

EXPLANATION OF ASSESSMENT METHODS TABLE

Assessment Method	Explanation					
	Description	Student-Level Achievement ^a	Program-Level Target ^b	When Data Will be Collected	Person Responsible	SLOs Covered
Internship evaluation by site supervisor	Students are evaluated by their internship supervisor at the conclusion of their 300 hours related to 15-items that correspond to SLOs	A student must receive a score of Average (3) or better for each of the 15-items.	90% of all students must meet the student-level target (i.e., receive a score of Average (3) or better).	During the last week of each semester	Internship Supervisor	1-5
Internship exit surveys	Students complete a Qualtrics survey that addresses the merits of the internship experience, how well prepared they thought they were, areas where they felt they needed more preparation, which courses prepared them the most and any changes they felt were needed to the program.	Each student must complete the survey	100% of all students will complete the internship exit survey	During the last week of each semester	Internship supervisor	1,5

Assessment Method	Explanation					
	Description	Student-Level Achievement ^a	Program-Level Target ^b	When Data Will be Collected	Person Responsible	SLOs Covered
Program exit surveys	Students complete a Qualtrics survey that addresses the merits of their program experience, how well prepared they thought they were, areas where they felt they needed more preparation, which courses prepared them the most and any changes they felt were needed to the program.	Each student must complete the survey	100% of all students will complete the internship exit survey	During the last week of each semester	Program director	1,5
<p><i>Note.</i> ^a Student-level target is the score or performance an individual student must demonstrate to say the student met the student learning outcome. ^b Program-level target is the percent of all students that must demonstrate they meet the student learning outcome.</p>						

ASSESSMENT METHODS-BY-OUTCOMES MATRIX

Assessment Method	Program Student Learning Outcome						
	1. Utilize bases in exercise science	2. Exhibit appropriate professional behavior	3. Communicate effectively in both written and oral forms	4. Practice safety consciousness	5. Apply theoretical information to practical situations		
Internship evaluation by site supervisor	S, D	S, D	S, D	S, D	S, D		
Internship exit surveys	S, D	S, I	S, I	S, I	S, D		
Program exit surveys	S, D	S, I	S, I	S, I	S, D		
<i>Note.</i> F=formative assessment, S=summative assessment, D=direct assessment, and I=indirect assessment. See the paragraph above for an explanation of each type of assessment.							