

# Major in Health Education: College of Health and Human Sciences Northern Illinois University

## Transfer Guide for Illinois Community College Students

The public health and health education programs at Northern Illinois University offer a [Bachelor of Science in Education](#) degree program (B.S.Ed.) that certifies graduates to teach health education at the 6-12 grade level. The B.S.Ed. in health education is the initial professional degree for certified health education teachers. Primary emphasis is placed on development of the knowledge, concepts, clinical experiences, and professional competencies required of a health education teacher in public and private schools. The competencies are promoted by the Joint Committee on National Health Education Standards (NHES). Successful completion of the ICTS Basic Skills Test is required for entry into the health education teacher certification program.

This transfer guide is designed as an advising tool to facilitate a smooth transition between institutions by identifying relevant course work recommended to be completed prior to transfer. Community college students are advised to also complete an A.A. or A.S. degree prior to transfer and to consult the [NIU Articulation Handbook](#) for information regarding the transferability of courses. All students planning to transfer are advised to consult with the College of Health and Human Sciences for detailed information.

**Special Note:** Students who enter the health education program with the courses listed here and who have completed an A.A. or A.S. degree can usually expect to complete the NIU program in two years (including summer school).

### Major in Health Education<sup>1</sup>

#### Courses Recommended Prior to Transfer

- PHHE 206 Contemporary Health Concepts (3)
- BIOS 311 Functional Human Anatomy (4),  
or BIOS 357, Human Anatomy and Physiology (5)
- FCNS 201 Human Nutrition (3),
- KNPE 262 First Aid and CPR (2)
- PSYC 219 Mental Hygiene (3),  
or PSYC 225, Lifespan Development: Childhood Through Adulthood (3)

#### Courses to be Completed at NIU

- PHHE 208 Introduction to Health Education (3)
- PHHE 300 Health Education in the Middle and High School (3)
- PHHE 306 Human Sexuality (3),  
or PHHE 406, Sexuality Education (3)
- PHHE 304 Drug Use and Abuse (3),

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<sup>1</sup> Based on requirements in the 2008/2009 *Undergraduate Catalog*

or PHHE 404, Drug Education (3)

PHHE 400 Methods and Materials in School Health Education (3)

PHHE 402 Community Health Programs and Issues (3)

PHHE 482 Clinical/Field Experience in Health Education (1-3)

PHHE 484 Middle School Student Teaching in Health Education (6)

PHHE 486 Secondary School Student Teaching in Health Education (6)

EPFE 400 Foundations of Education (3),  
 or EPFE 321, History of American Education (3),  
 or EPFE 410, Philosophy of Education (3)

EPS 406 Issues in Human Development and Learning in the Middle School and High School Years (3)

ETR 440 Secondary Classroom Assessment (3)

ETT 229 Computers in Education (3)  
 or pass ETT proficiency examination (0)

ETT 402 Teaching and Learning with Technology (3)

LTRE 310 Teaching Reading in the Secondary School (3)  
 or LTRE 311, Content Area Literacy Instruction (3)

TLSE 457 Systems for Integrating the Exceptional Student in the Regular Classroom (3)

At least two of the following: PHHE 302, PHHE 304, PHHE 306, PHHE 404, PHHE 406, PHHE 408, PHHE 410, PHHE 412, PHHE 472

### **Additional Requirements**

See “Teacher Certification Requirements” and program director.

**Special Note:** Students seeking middle grades endorsement are required to take TLCI 422, Middle School Organization and Instruction (3), and EPS 419, The Middle School Child (3).

Specific information about admission requirements to Northern Illinois University and to programs in the College of Health and Human Sciences can be found in the current [NIU Undergraduate Catalog](#). Contact the Office of Admissions to obtain an application for admission. For additional information on programs in the college, contact [HHSAdvisingHelp@niu.edu](mailto:HHSAdvisingHelp@niu.edu)

- ❖ College of Health and Human Sciences (815) 753-1891
- ❖ Department of Military Science (815) 752-7682
- ❖ School of Allied Health and Communicative Disorders
  - Clinical Laboratory Sciences (815) 753-1382
  - Speech-Language Pathology, Audiology and Rehabilitation Counseling (815) 753-1484
  - Physical Therapy (815) 753-1383
- ❖ School of Family, Consumer, and Nutrition Sciences (815) 753-6350
- ❖ School of Nursing and Health Studies
  - Nursing (815) 753-1231
  - Health Studies (815) 753-1891
- ❖ Gerontology Program (815) 753-0031
- ❖ Office of Admissions (815) 753-0446

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