

Major in Nutrition, Dietetics, and Hospitality Administration: Emphasis 2: Nutrition and Dietetics

College of Health and Human Sciences
Northern Illinois University

Transfer Guide for Illinois Community College Students

The mission of the School of Family, Consumer, and Nutrition Sciences at Northern Illinois University is to generate and transmit knowledge that supports families and individuals in meeting human needs for self development, social interaction, resource allocation, clothing, food and nutrition, and hospitality. All programs lay the groundwork for graduate study.

Students in the nutrition, dietetics, and hospitality administration undergraduate major study all aspects of nutrition, foods, and hospitality. The [*nutrition and dietetics*](#) emphasis prepares students for careers in community nutrition and dietetic internships and meets the American Dietetic Association's didactic requirements. Students completing the emphasis in *nutrition and dietetics* can qualify as Registered Dietitians by completing an accredited dietetic internship after graduation and passing the RD exam.

This transfer guide is designed as an advising tool to facilitate a smooth transition between institutions by identifying relevant course work recommended to be completed prior to transfer. Community college students are advised to also complete an A.A. or A.S. degree prior to transfer and to consult the [NIU Articulation Handbook](#) for information regarding the transferability of courses. All students planning to transfer are advised to consult with the College of Health and Human Sciences for detailed information.

The nutrition and dietetics course work begins with FCNS 309, which is offered only in the fall semester and has a prerequisite of organic chemistry. Therefore, students who enter NIU in a fall semester with an emphasis in nutrition and dietetics, who have completed an A.A. or A.S. degree, and have course work completed in CHEM 110, 111, 230 and BIOS 104 can usually expect to complete the NIU program in two years. Without these specific courses, it will take a minimum of three years to graduate. Students entering NIU in the spring semester, with all of the course work as noted above, will take FCNS 309 the following fall and can usually expect to graduate in 2.5 years.

Special Requirement:

Students must obtain the Illinois State Sanitation Certificate and meet current Illinois Department of Public Health requirements for food handlers. They must also get CPR & First Aid Certification. In addition, students must get 100 hours of hands-on work experience in the food service field.

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Courses Recommended Prior to Transfer

BIOS 104	General Biology (4)
BIOS 213	Introductory Bacteriology (3)
or BIOS 313	Microbiology (4)
BIOS 357	Human Anatomy and Physiology (5)
CHEM 230	Introductory Organic Chemistry (3)
or CHEM 330	General Organic Chemistry I (3)
CHEM 370	Introductory Biochemistry (3)
ECON 260	Principles of Microeconomics (3)
EPFE 201	Education as an Agent for Change (3)
or EPS 300	Educational Psychology (3)
MATH 210	Finite Mathematics (3)
MGMT 333	Principles of Management (3)
PSYC 102	Introduction to Psychology (3)
STAT 208	Basic Statistics (3)
or STAT 301	Elementary Statistics (4)
One of the following:	
ANTH 120	Anthropology and Human Diversity (3)
SOCI 170	Introduction to Sociology (3)
CHEM 110	Chemistry (3), and CHEM 111, Chemistry Laboratory (1)
or CHEM 210,	General Chemistry I (3) and CHEM 212, General Chemistry Laboratory I (1)

Courses to be Completed at NIU

FCNS 200A	Principles of Food Preparation (3)
FCNS 200B	Food Preparation Laboratory (2)
FCNS 309	Science of Nutrition (3)
FCNS 310	Applied Nutrition (3)
FCNS 320	Quantity Food Production (4)
FCNS 409	Nutrition Education for Health Promotion (3)
FCNS 410	Community Nutrition (3)
FCNS 415	Nutrition in Clinical Care I (3)
FCNS 416	Nutrition in Clinical Care II (3)
FCNS 420	Foodservice Management (3)
FCNS 498	Professional Seminar in Family, Nutrition, and Consumer Sciences (1)

Specific information about admission requirements to Northern Illinois University and to programs in the College of Health and Human Sciences can be found in the current [NIU Undergraduate Catalog](#). Contact the Office of Admissions to obtain an application for admission. For additional information on programs in the college, contact HHSAdvisingHelp@niu.edu

¹ Based on requirements in the 2008-2009 *Undergraduate Catalog*

- ❖ College of Health and Human Sciences (815) 753-1891
- ❖ Department of Military Science (815) 752-7682
- ❖ School of Allied Health and Communicative Disorders
 - Clinical Laboratory Sciences (815) 753-1382
 - Speech-Language Pathology, Audiology and Rehabilitation Counseling (815) 753-1484
 - Physical Therapy (815) 753-1383
- ❖ School of Family, Consumer, and Nutrition Sciences (815) 753-6350
- ❖ School of Nursing and Health Studies
 - Nursing (815) 753-1231
 - Health Studies (815) 753-1891
- ❖ Gerontology Program (815) 753-0031
- ❖ Office of Admissions (815) 753-0446

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