

# Major in Family and Child Studies: Emphasis 1: Family and Individual Development

College of Health and Human Sciences  
Northern Illinois University

## Transfer Guide for Illinois Community College Students

The mission of the School of Family, Consumer, and Nutrition Sciences at Northern Illinois University is to generate and transmit knowledge that supports families and individuals in meeting human needs for self development, social interaction, resource allocation, clothing, food and nutrition, and hospitality. All programs lay the groundwork for graduate study.

All three emphases in family and child studies prepare the student to work as professionals serving families and children, or to pursue secondary teaching certification in Family and Consumer Science. The [\*family and individual development\*](#) emphasis provides career enhancement for students who have prior work experience with individuals and/or families, or who plan to pursue a career in secondary education, or higher education in family and child studies and related fields. It is recommended as a preparation for advanced degrees in related fields with a research rather than a service focus. Students hoping to do graduate work should strongly consider a minor in sociology, psychology, or political science.

The family and child studies major is a limited admissions program which requires students to submit a program application directly to the school office. Students must have already completed the course requirements as described in the *Undergraduate Catalog* [limited admission section for Family & Child Studies](#) prior to submitting an application. Applications for fall admissions are due by March 1 and applications for spring admission are due by September 15. Student admitted to NIU, but not to a specific major in the school, will be classified as pre-majors in the School of Family, Consumer and Nutrition Sciences.

This transfer guide is designed as an advising tool to facilitate a smooth transition between institutions by identifying relevant course work recommended to be completed prior to transfer. Community college students are advised to also complete an A.A. or A.S. degree prior to transfer and to consult the [NIU Articulation Handbook](#) for information regarding the transferability of courses. All students planning to transfer are advised to consult with the College of Health and Human Sciences for detailed information.

Prospective students should make formal application to the School of Family, Consumer, and Nutrition Sciences by March 1 of their sophomore year. A student who enters the program with the courses as listed and who have completed an A.A. or A.S. degree can usually expect to complete the NIU program in two years.

## Major in Family and Child Studies – Emphasis in Family and Individual Development<sup>1</sup>

### Courses Recommended Prior to Transfer

ENGL 104\* Rhetoric and Composition II (3)  
FCNS 230\* Child Development (3)  
FCNS 280\* Human Development, the Family and Society (3)  
PSYC 102\* Introduction to Psychology (3)  
SOC 170\* Introduction to Sociology (3)  
SOC 260 Introduction to Social Psychology (3)  
or PSYC 372 Social Psychology (3)  
STAT 208\* Basic Statistics (3)  
or STAT 301\* Elementary Statistics (4)  
One of the following: ENGL 250, IHHS 350, MATH 155, MATH 210, MATH 211, MATH 229, PHIL 105, PSYC 305

\* requires a C or better for admission to the family and child studies major at NIU (refer to catalog).

### Courses to be Completed at NIU

One of the following:

FCNS 201 Human Nutrition (3)  
FCNS 285 Introduction to Family Life Education (3)  
FCNS 405 Child Health and Nutrition (3)  
PHHE 306 Human Sexuality (3)  
PHHE 404 Drug Education (3)  
FCNS 284 Introduction to Family Relationships (3)  
FCNS 343 Family Financial Planning (3)  
FCNS 445 Management of Human and Family Resources (3)  
FCNS 484 Family Theories (3)

One of the following:

PSYC 316 Introduction to Psychopathology (3)  
PSYC 465 Advanced Developmental Psychology (3)  
CAHC 400 Exploration in the Counseling Profession (3)  
PSYC 424 Adolescent Development (3)  
or EPS 307 Development of the Adolescent (3)  
Three of the following (9): FCNS 384, FCNS 432, FCNS 437, FCNS 438, FCNS 486, FCNS 488, FCNS 489B-D

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<sup>1</sup> Based on requirements in the 2008-2009 *Undergraduate Catalog*

Specific information about admission requirements to Northern Illinois University and to programs in the College of Health and Human Sciences can be found in the current [NIU Undergraduate Catalog](#). Contact the Office of Admissions to obtain an application for admission. For additional information on programs in the college, contact [HHSAdvisingHelp@niu.edu](mailto:HHSAdvisingHelp@niu.edu)

- ❖ College of Health and Human Sciences (815) 753-1891
- ❖ Department of Military Science (815) 752-7682
- ❖ School of Allied Health and Communicative Disorders
  - Clinical Laboratory Sciences (815) 753-1382
  - Speech-Language Pathology, Audiology and Rehabilitation Counseling (815) 753-1484
  - Physical Therapy (815) 753-1383
- ❖ School of Family, Consumer, and Nutrition Sciences (815) 753-6350
- ❖ School of Nursing and Health Studies
  - Nursing (815) 753-1231
  - Health Studies (815) 753-1891
- ❖ Gerontology Program (815) 753-0031
- ❖ Office of Admissions (815) 753-0446

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