
**About the author:** Chris Abney Zeigler Dendy, M.S., is a mental health consultant with twenty-five years’ experience. Her varied professional roles have included counselor, teacher, school psychologist, administrator, advocate, and parent support provider. She is the co-founder of the Gwinnett County C.H.A.D.D. chapter in Georgia. Her book draws upon her extensive professional experience, as well as her own family’s experience with ADD, including raising two teens with ADD.

**Summary:** Medical experts have not determined the causes of attention-deficit disorders (ADD), but most agree that the symptoms of ADD are beyond the child’s—and parents’—control. Dendy provides an introduction to all forms of ADD and discusses: diagnoses, treatments, family and school life, advocacy, and options after high school. She explains the characteristics of ADD and describes successful interventions for treating these disorders. Teens, parents, educators, and professionals describe their perspectives on ADD which assist the reading in understanding the impact of these disorders on teens’ lives.

**Reviewer** K. R. Miller, M.S., is a former student in secondary school health education at Northern Illinois University.