
**About the authors:** This book is directed to mothers. Snyderman holds a degree in medicine, is a medical correspondent for ABC News, and the mother of two adolescent girls (one biological, the other adopted). No academic credentials or degrees are indicated for Streep, but she is a writer and a single mother to one adolescent girl.

**Book summary:** *Girl in the mirror: Mothers and daughters in the years of adolescence*, is about the relationships of mothers and daughters on the eve of the 21st century. Using interviews and anecdotes as background, the authors describe the issues that confront adolescent girls and the role their mothers play in raising them. The authors cite numerous research studies that examine topics as diverse as female adolescent development, the role of schooling in development, dating and sex, the importance of peer relationships, and the dangers of mental illness and drug use. Snyderman and Streep stress the importance of a “sense of connectedness” within the family. Mothers can promote this connectedness by being present in their daughters’ lives and by listening, noting that “listening is every bit as important as talking. The more closely you listen, the more you will learn about her feelings and thoughts” (p. 189). The authors encourage mothers to connect emotionally not only with their daughters, but with their own mothers as well.

**About the reviewer:** Allison Klotz holds a B.S. degree in nursing, and is a former graduate student in special education at Northern Illinois University. She has been a Sunday school teacher, a substitute public school teacher, and she is mother to 3 children.