
**Summary:** The authors discuss the importance of understanding hate, how to respond to hate, and ways in which parents and children can challenge hate outside of their homes and in their communities. It is important for parents to understand their child’s needs at each stage in the child’s life in order to shape their values. Children need to be taught to appreciate differences among people and how to choose environments that will expose them to a variety of individuals. Children learn to hate by watching, listening, and imitating the actions of those who demonstrate hateful behaviors and attitudes. The authors suggest that explaining racial and ethnic differences among people in ways that promote respect. They provide ten “rules of the road” regarding parent-teen discussions about diversity. Parents can prevent much of the damage that hatred causes by creating a home environment that both educates and demonstrates tolerance for diversity. Further, parents be must always addressing the feelings and attitudes that might otherwise lead their child to hatred of others. There are several possible responses to conflict—avoidance, confrontation, and communication—and how parents can help teens choose the most effective response to such situations. It is a truism that teenagers will encounter conflicts in their day-to-day lives. How they respond to the conflict depends on how well their parents have prepared them for the task.

Reviewed by Christine Bouffard. Christine has a B.A. degree in Communications and Sports Management, and an M.S. in Kinesiology.