
**About the authors:** Maurice J. Elais, Ph.D., is a professor of psychology at Rutgers University and vice-chair of the Collaborative for Academic, Social, and Emotional Learning. Steven E. Tobias, Psy.D., is director of the Center for Child and Family Development in Morristown, New Jersey. Brian S. Friedlander, Ph.D., is a software developer and school psychologist in New Jersey. [book jacket]

**Summary:** The authors’ approach draws upon the theory of emotional intelligence. Parents must, however, look inside themselves before they can begin applying emotionally intelligent parenting techniques. The first section of this book is dedicated to parent, child and family appraisals and the authors offer recommendations that prepare the family for emotionally intelligent parenting practices. The specific tools for emotionally intelligent parenting are described in the second section of the book. The final section consists of stories that illustrate the application of emotionally intelligent parenting.

**About the reviewers:** Scott M. Pickett has a B.S. degree in Psychology from Michigan State University. He is a former clinical psychology graduate student at Northern Illinois University. His research and clinical interests include consequences of traumatic events, sexual risk taking behaviors, drug and alcohol abuse, avoidant coping mechanisms and physiological states of emotional arousal and avoidance as they apply to adolescence and young adults. Amy Wlodek is a former graduate student studying education at Northern Illinois University.