
**About the authors:** Law has been a lifetime teacher, author, and is a recognized poet. Co-author Harris is a psychotherapist who has done post-graduate work and training in family therapy. Both authors have established a personal and teaching relationship that spans over 30 years [from the book jacket].

**Summary:** The authors examine issues arise during the course of parenting teenage children. Their goal is to equip parents with the tools to become persons who can inspire their children through positive, consistent behavior. Parents must, according to Law and Harris, understand that their actions are much more significant than their words. Parents who parent best are those who lead by example. Adolescents are more sophisticated, more experienced, and—significantly—much more critical of their parents' actions than were teens in years gone by. Parents' behaviors have direct consequences for teens. Thus, the book is organized around several behavioral dichotomies, beginning with a focus on negative parenting behaviors and their consequences in the first several chapters. When parents' exert undue pressure on their teens to conform, the child will be hampered by feelings of stress. Parental domination can lead teens to disregard rules. Broken promises contribute to teens' disappointment. But, when parents demonstrate respect, their children learn to honor them. Parental trust leads the child to being honest and open. Parental openness contributes to a sense of discovery. These more positive dimensions of parenting are described in the latter portion of the book.

**Reviewed** by Kimberly Reuille. Kimberly has a Bachelors of Arts degree. She is also a parent.