
**About the author:** Tom McMahon is the father of two teenagers, a professor of counseling psychology, a nationally recognized syndicated parenting columnist, a bestselling author, and a frequent guest speaker on parenting.

**Summary:** McMahon’s advice is that the most important things a parent can do for their adolescents is to do more listening than talking. Parents must come to respect how their teens express themselves—as long as they can do so safely and legally. McMahon offers hundreds of parenting tips, many suggested by other parents, on a variety of issues—from paying teens an allowance to talking intelligently about drugs and alcohol. A collection of exercises for parents focuses on developing better parental listening skills. A parent’s bill of rights describes both what parents must do for their children and what they should expect from their children in return, in terms of responsible behavior.

**Reviewer** Devin Mesnard has a bachelor’s degree in English and is a former graduate student in secondary education at Northern Illinois University.