
**Author credentials**: Schwartz is a professor of sociology at the University of Washington in Seattle. She is the past president of the Society for the Study of Sexuality and is a charter member of the International Academy of Sex Research. Cappello is a nationally recognized designer of parent-child communication programs, and is the creator of the National Education Association’s “Can We Talk?” parent education programs.

**Book Summary**: This book is directed towards both parents. The authors discuss several issues focusing around the interplay between adolescent character development, wise decision-making, and sexual behaviors. Schwartz and Cappello skillfully describe these sensitive issues in ways that both parents and adolescents can understand and appreciate. The book is very timely. For example, not only are age-old topics such as the dynamics between sexuality and emotions discussed, but so are more contemporary concerns such as online sex and pornography.

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**About the Reviewer**: Meredith C. Tarczynski is a former graduate student in English at Northern Illinois University and an English teacher.