<table>
<thead>
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<th>Monday</th>
<th>Tuesday</th>
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| Cheese Lasagna 6 oz  
Italian Blend 1/4 c  
Apricots 1/4 c  
Whole Grain  
Bread Sticks 1 oz  
NIU: Ital.Chix.Strips 2 oz  
Rested Potatoes 1/4 c  
P: Spinach Salad  
W/Balsamic 1/4 c  
Fresh Pear 1/2  
Whole Wheat Roll 1 oz  | Italian Chicken 6 oz  
NIU: Ital.Chix.Strips 2 oz  
Rested Potatoes 1/4 c  
P: Spinach Salad  
W/Balsamic 1/4 c  
Fresh Pear 1/2  
Whole Wheat Roll 1 oz  | Beef Pattie 2.7 oz  
Steamed Carrots 1/4 c  
Pineapple 1/4 c  
Whole Wheat Bun 2 oz  
Ketchup 1 pk  | Meatloaf W/Ketchup 4 oz  
Mashed Potatoes 1/4 c  
Pineapple 1/4 c  
Whole Wheat Roll 1 oz  | Veggie Goulash 6 oz  
T: Broccoli 1/4 c  
P: Cucumbers W/Dip 1/4 c  
Tropical Fruit 1/4 c  |
| Navy Bean Soup 6 oz  
T: Steamed Carrots 1/4 c  
P: Carrot Sticks  
W/Dip 1/4 c  
Sliced Pears 1/4 c  
Whole Wheat Bread 1 oz  
Sweet & Sour  
Meatballs 2 oz  
Brown Rice 1/4 c  
T: Green Beans 1/4 c  
P: Celery Sticks  
W/Dip 1/4 c  
Fresh Orange 1/2  | Fried Egg Pattie 1.25 oz  
Cheese Slice 1 oz  
Spinach  
W/Garlic Butter 1/4 c  
Mango's 1/4 c  
Whole Wheat Bun 2 oz  
Ketchup 1 pk  | Creamed Chicken 3 oz  
T: Steamed Peas 1/4 c  
P: Tossed Salad  
W/French 1/4 c  
Mandarin Oranges 1/4 c  
Biscuit 1 oz  | Salisbury Steak  
W/Gravy 2.7 oz  
Egg Noodles 1/4 c  
Steamed Beets 1/4 c  
T: Fresh Apple 1/2  | Closed |
| Chicken Salad 2.5 oz  
Shredded Cheese 2/3 oz  
Steamed Carrots 1/4 c  
Fresh Apple 1/2  
Whole Wheat Pita 1 oz  | Baked Ziti  
W/Meat Sauce 6 oz  
Green Beans 1/4 c  
Pineapple 1/4 c  | Beef Stroganoff 6 oz  
T: Steamed Cauliflower 1/4 c  
P: Tossed Salad  
W/Raspberry 1/4 c  
Fresh Pear 1/2  | | |

*Toddlers 4 oz. of Milk at Lunch & Pre Schooler's 6 oz. of Milk served at Lunch  
*MENUS SUBJECT TO CHANGE