

## **NIU Campus Child Care Parent Resource Directory**

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## **Education and Assessment Services:**

### **Child and Family Connections**

Child and Family Connections will help families with children between birth and age three to obtain evaluations and assessments. They will help determine eligibility for early intervention services. If eligible, an Individualized Family Services Plan (IFSP) will be developed to help a child learn, grow and receive needed services. See flyer/copy of brochure for more information and other locations.

Website: [www.childandfamilyconnections.org](http://www.childandfamilyconnections.org)

Contact: Child and Family Connections  
1778 W. State St., Suite B  
Sycamore, IL 60178  
Toll free: 888-297-1041 / DeKalb County Office: 815-895-0481

### **State of Illinois Early Childhood Intervention**

Provides Illinois children birth to age 21 who qualify, no-cost diagnostic services if it is suspected that an eligible medical condition exists. DSCC can also provide financial assistance if the child has an eligible medical condition which can be improved through medical treatment and the family needs help to afford the treatment. To find out if a child is medically or financially eligible, call 800/322-3722. Click on "Links" to access an extensive annotated list of helpful resources.

Website: [www.state.il.us/agency/dhs/earlyint/](http://www.state.il.us/agency/dhs/earlyint/) and [www.dhs.state.il.us/ei/](http://www.dhs.state.il.us/ei/)

Contacts: Chicago Administrative Office  
1919 W. Taylor St. (m/c 618)  
8th Floor, Room 800  
Chicago, IL 60612-3772  
312-996-6380

### **DeKalb Pre-K Program**

The Pre-kindergarten Program is a part-time program for preschool children ages three to five who would benefit from developmentally appropriate learning experiences before they reach Kindergarten age. The program also provides services to area day care and nursery centers. Pre-kindergarten has a well established Parent/Child Resource Center with materials and information for parents of preschool children. Preschool screening is available through this program by contacting them for an appointment.

Website: [www.dist428.dekalb.k12.il.us/prek/home](http://www.dist428.dekalb.k12.il.us/prek/home)

Contact: 3225 Sangamon Rd.  
DeKalb IL, 60115  
815-754-9936

### **DeKalb Community Schools/ Education Center**

All DeKalb residents have access to the DeKalb School District for educational or resource needs.

Website: [www.dist428.dekalb.k12.il.us/admin/home](http://www.dist428.dekalb.k12.il.us/admin/home)

Contact: Education Support Center  
901 S. 4th Street  
DeKalb, IL 60115  
815-754-2350  
Hours: Monday-Friday, 7:30 a.m. - 5:00 p.m.  
(The Education Center is closed during the summer on Fridays until August 1st)

### **Sycamore Community Schools**

All Sycamore residents have access to the Sycamore School District for educational or resource needs.

Website: [www.syc427.org](http://www.syc427.org)

Contact: Sycamore Community Schools  
Administrative Offices  
245 W. Exchange St.  
Sycamore, IL 60178  
815-899-8100

### **Kishwaukee Community Hospital Child Development Clinic**

The CD Clinic has a team of qualified health care providers to evaluate your child and to provide an individualized care plan for your child and family that involves medical, behavioral and educational components. Diagnostic services and treatment for children/adolescents with attention deficit/hyperactivity disorder.

Contact: 2727 Sycamore Rd. (located under awning on north side of building, along with the Red Cross)  
DeKalb, IL 60115  
815-748-2957

### **Reading Clinic**

Primarily diagnoses and tutors children grades 2-12. The reading clinic represents the northern part of Illinois.

Contact: Northern IL University  
119 Graham Hall  
DeKalb, IL 60115  
815-753-1416

## **Health and Wellness Services:**

### **NIU Speech-Language-Hearing Clinic**

The clinic is part of the School of Allied Health and Communicative Disorders in the College of Health and Human Sciences. The clinic is located at NIU's Family Health, Wellness and Literacy Center. The clinic's basic objective is to provide effective clinical services to clients and their families. Services include audiology, counseling and rehabilitation services, speech-language pathology.

Website: [www.familyhealth.niu.edu](http://www.familyhealth.niu.edu)

Contact: 3100 Sycamore Rd. (old Monsanto Bldg)  
DeKalb, IL 60115  
815-753-1481

### **All Kids**

The All Kids program offers Illinois' uninsured children comprehensive health care that includes doctor's visits, hospital stays, prescription drugs, vision care, dental care and medical devices like eyeglasses and asthma inhalers. Parents pay monthly premiums for the coverage, but rates for middle-income families are significantly lower than they are on the private market. For instance, a family of four that earns between \$40,000 and \$59,999 a year pays a \$40 monthly premium per child, and a \$10 co-pay per physician visit (figures are from July 2008).

Website: [www.allkidscovered.com](http://www.allkidscovered.com)

### **DeKalb County Health Department**

Family Planning Program; Immunization Program; Influenza Program; Adult Immunization Program; Women, Infants and Children Food Supplement Program; Well Child Clinics; School Physicals; Blood Lead Testing; Healthy Moms/Healthy Kids Program; Communicable Disease Program; Tuberculosis Program; AIDS Antibody Testing Program; Hypertension Program; Vision and Hearing Screening Program; and Employee Wellness Program.

Website: [www.dekalbcountyhealthdepartment.org](http://www.dekalbcountyhealthdepartment.org)

Contact: 2550 North Annie Glidden  
DeKalb, IL 60115  
Hours: 8:00 A.M. - 4:30 P.M.  
815-758-6673

### **Tri-County Community Health Center**

The Tri-County Community Health Center is located on the Kishwaukee College campus in Malta, IL. The NIU center is an academic nursing center staffed and managed by nurses and nurse practitioners. The center provides affordable, primary health care to low income, uninsured, underinsured, and Medicaid families of DeKalb, Ogle and Lee counties. Any resident of the three counties may be seen at the center and fees are calculated on a sliding scale based on income.

Website: [www.chhs.niu.edu/chhs/clinics/tricounty.shtml](http://www.chhs.niu.edu/chhs/clinics/tricounty.shtml)

Contact: Tri-County Community Health Center  
Kishwaukee Community College, Grant Building  
21193 Malta Rd.  
Malta, IL 60150  
815-753-9010

### **Kishwaukee Community Hospital**

Website: [www.kishhospital.org](http://www.kishhospital.org)

Contact: Kishwaukee Community Hospital  
One Kish Hospital Drive  
DeKalb, IL 60115  
815-756-1521

### **Women, Infants, and Children Program (WIC)**

WIC provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who meet nutritional risk criteria and income eligibility. Clients will receive coupons for nutritional foods. Also provides nutritional education, health screenings and referrals.

Website: [www.fns.usda.gov/wic/](http://www.fns.usda.gov/wic/)

Contact: DeKalb County Health Department  
Marie Jobe  
2337 Sycamore Rd.  
DeKalb, IL 60115  
815-758-6673  
Hours: M-F 8:00am-4:30pm

### **DeKalb County Food Pantries**

#### **Salvation Army**

830 Grove St., DeKalb  
815-784-3163

#### **Hope Haven**

1145 Rushmore, DeKalb  
815-758-5765  
Monday – Friday 9am-5pm

**Bethlehem Feed My Sheep**

1915 N. 1<sup>st</sup> St., DeKalb

815-758-3203

Monday 3-5pm; Thursdays 9:30-11:30 am

**The Blessing Well Food Pantry**

DeKalb First Church of the Nazarene

1051 S. 4<sup>th</sup> St., DeKalb

815-758-1588

Wednesday 10am-3pm

**Faith United Methodist Church**

325 S. Stott St., Genoa

815-784-3163

**Sandwich Our Sharing Pantry**

1406 Suydam Rd., Sandwich

815-498-2742

**Sycamore Pantry**

United Methodist Church

160 Johnson, Sycamore

815-895-9113

**DeKalb County Clothing Donations****Neighbors in Christ Ecumenical (N.I.C.E)**

346 S. County Line Road, Lee

Saturday 8:30-11am

**Open Closet (Seventh Day Adventist Church)**

300 E. Taylor Street, DeKalb

815-758-1388

Monday 8:30am-noon

Every other Thursday 4-6pm

**Open Closet (First Lutheran Church)**

510 W. South Street, Kirkland

815-522-3886

Last Monday of month 12-3pm

**We Care Pregnancy Center**

403 N. Fifth St., DeKalb

815-748-4242

## **Emergency / Financial Resources:**

### **Illinois Department of Human Services (formerly Public Aid)**

Provides financial, medical or food stamp assistance to eligible households. Auxiliary services include supportive services such as day care and extended medical coverage for families.

Website: [www.dhs.state.il.us](http://www.dhs.state.il.us)

Contact for DeKalb County: Illinois Department of Human Services (Formally Public Aid)  
1629 Afton Rd.  
Sycamore, IL 60178  
815-895-8667 Fax: 815-895-8679  
Hours: M-F 8:30am-5:00pm

### **Illinois Department of Children and Family Services**

Investigates and manages cases of abused, neglected and dependent children. Provides day care licensing, adoption services, foster care training and licensing and child welfare services.

Contact: 760 Peace Rd.  
DeKalb, IL 60115  
815-787-5300

### **DeKalb County Community Services**

Operates a variety of programs to serve the low-income population of DeKalb County.

**Emergency Assistance:** provides financial assistance to income eligible residents of the County for immediate and critical needs. **Community Services Block Grant Scholarship Program:** available annually on a limited basis to income eligible DeKalb residents. **Info Line:** an information and referral service for human service agencies. **Family Development Program:** self-sufficiency program for low-income families to become self-sufficient and not rely on public aid.

Contact: 2550 N. Annie Glidden Rd.  
DeKalb, IL 60115  
815-758-3910

### **Crisis Line**

Day: 815-756-4875  
Evening: 866-242-0111

### **Hope Haven**

Provides shelter, meals, support services, limited health care, laundry and shower facilities to homeless individuals and families.

Contact: 1145 Rushmore  
DeKalb, IL 60115  
815-758-5765

### **Safe Passage**

It is the mission of Safe Passage to reduce or prevent domestic violence and sexual assault in DeKalb County. 24-hour hotline, emergency shelter, short and long term transitional housing, short term counseling for domestic violence victims and their children (including sexual, emotional, and physical abuse); women and children support groups, advocacy for clients (including legal and medical); referral resources; community education, counseling for children, art therapy, psychological services, substance abuse education, services to abusers, some Latino services in Spanish.

Website: [www.safepassagedv.org/](http://www.safepassagedv.org/)

Contact: Safe Passage  
PO Box 621  
DeKalb, IL 60115  
Hotline: 815-756-5228

### **Housing Authority of DeKalb County**

The Housing Authority of DeKalb County is your housing source for public housing, the Housing Choice Voucher Program, and affordable housing. Public Housing, Section Eight, and rent subsidy program.

Website: [www.dekalbhousing.org/](http://www.dekalbhousing.org/)

Contact: 310 N. 6<sup>th</sup> St.  
DeKalb, IL 60115  
815-758-2692  
Hours: M-F 8:30am-4:00pm, TH closed to walk-ins

## Family Resources:

### Community Coordinated Child Care (4-C)

4-C is a private not-for-profit social service agency that helps families and child care providers by offering services and resources that include child care financial assistance, parent and provider education, nursing, nutrition, social work, mental health, and advocacy. Services provided : Advocacy for children, Child Care Resource and Referral Program, Child and Adult Care Food Program, Financial assistance for child care, Kid care medical assistance for children and families, Nursing services, Parent Education, Social Work, Technical assistance for child care providers and employers, Temporary child care, Toy/Book lending library, workshops and seminars for child care professionals. See flyer for more information about parent education program.

Website: [www.four-c.org/](http://www.four-c.org/)

Contact: 4-C  
155 N 3rd St.  
DeKalb, IL 60115  
815-758-8149 or 800-848-8727  
Fax: 815-758-5652  
Hours: M-F 8:30am-4:30pm

### 4-C Parent Education

Who can receive services: Parents, caretakers and expectant parents with children in DeKalb County.

Ages served: Focus is on parents of children birth to 5 yrs, but parents of children up to 11 yrs will be served.

What parents can expect: Parents can participate in group, individual or parent/child interaction classes.

Topics covered in traditional parenting classes include:

- Child Growth and Development
- Communication
- Fostering Positive Self-Esteem
- Stress and Anger Management for Child and Parent
- Guidance
- Enhancing Family Life (promotes literacy)

Contact information is same as above.

### Family Service Agency

Family Service Agency has been providing services to the community since 1956. It is among the oldest, private nonprofit organizations of local origin in DeKalb County. Services provided: Scholarships available for counseling services. **Big Brother Big Sisters:** provides individual mentoring services to children and youth in DeKalb County. **Center for Counseling:** children, adolescents, and adults, couples, families and groups. Various emotional concerns addressed including stress, depression, anxiety, divorce, grief, loss, abuse, and help with adjusting to life's transitions. Other services include divorce mediation, psychological testing, and assessment, and Kids First. **Generational Care:** assisted living, in-home assistance for older adults with daily living tasks.

**Child Welfare:** In home habilitation services for children and parents and supervised visitation services.

**Respite Care:** Relief for caregivers of a person with a developmental disability.

Website: [www.realsolutionstoday.org/](http://www.realsolutionstoday.org/)

Contact: 14 Health Services Dr.  
DeKalb, IL 60115  
815-758-8616 / TDD 815-758-7569  
Hours: M-TH 8:30am-8:00pm, F 8:30am-5:00pm, Saturdays by appointment

### **Family Center of NIU**

Offers unique therapy services for families, couples, and individuals in Northern Illinois. The primary therapists are graduate student therapists in their second year of study and training in the specialization of Marriage and Family Therapy (SMFT) in the School of Family, Consumer, and Nutrition Sciences. The graduate student therapists receive ongoing supervision from the clinical faculty in the SMFT program. The cost of Family Center services is determined by a sliding fee scale. No client is turned away due to the inability to pay. See flyer for more information about services they provide.

Website: [www.niu.edu/familycenter/](http://www.niu.edu/familycenter/)

Contact: NIU  
Wirtz Hall (near the corner of Lucinda Ave. and Garden Rd.; separate entrance on N side of bldg)  
815-753-1684

### **NIU Psychological Services Center**

The Center provides mental health services to citizens of northern Illinois. Clients range in age from young children to older adults. A sliding fee scale allows us to provide services regardless of ability to pay. Individuals seeking our services are typically experiencing such problems as anxiety, depression, low self-esteem, low achievement at school or work, interpersonal or family conflict, eating disorders, and physical pain. Children and adolescents may also be having behavior problems at home or school, learning problems, excessive fears, bedwetting, developmental delays, or difficulties coping with changes in their families.

Hours: Monday 11am – 7pm  
Tuesday noon – 8pm  
Wednesday, Thursday Friday 9am – 5pm

Contact: Normal Road at Lincoln Highway  
DeKalb, IL 60115  
815-753-0591

### **Ben Gordon Center**

A comprehensive provider of mental health and substance abuse services. Staffed by more than 30 credentialed therapists, as well as social workers, three board certified psychiatrists, a licensed clinical psychologist, registered nurses, and certified addictions counselors. A wide variety of services are available for women, children, adults, and families with twenty-four hour access.

Website: [www.bengordoncenter.org/](http://www.bengordoncenter.org/)

Contact: Ben Gordon Center  
12 Health Services Dr

DeKalb, IL 60115  
815-756-4875

**DeKalb County Youth Service Bureau**

The Youth Service Bureau is a not-for-profit agency serving DeKalb County youth ages 8-18 and their families since 1971. YSB offers a number of programs and services to assist youth as they build healthy lives and relationships with their family, friends, and community. See handout for more information regarding services they provide.

Contact: DeKalb County Youth Service Bureau  
330 Grove St.  
DeKalb, IL 60115  
815-748-2010

**Family Resource Center, Kishwaukee College**

The purpose of the Center is to foster the positive development and growth of families through support, information and learning opportunities. The Family Resource Center provides materials and resources for families on wellness, life skills, parenting, and other issues affecting the family. The FRC provides a setting to connect with community services, social service agencies and other service providers in the district. They have a Children's Lending Library (pre-Kindergarten) and a parent/child drop-in center.

Contact: 21193 Malta Rd.  
Malta, IL 60150  
815-825-2086 x343

## **Recreation Services:**

### **Sycamore Community Center**

The community center is governed by the Sycamore Park District. It houses a gymnasium, game room/pool tables, ping pong and wrestling areas, a fully equipped weight room and meeting rooms available for rental. Numerous recreation programs offered and drop-in times plentiful.

Contact: 357 N. California St.  
Sycamore, IL 60178  
815-895-3202

### **Kishwaukee Family YMCA**

Membership organization serving all ages, with more than 350 programs that develop spirit, mind and body. Facilities include swimming pool, gymnasium, multi-sports center with rollerblading and soccer, racquetball courts, steam and sauna center, cardiovascular and strength training equipment, and Kids Zone activity center.

Contact: Bethany Rd.  
DeKalb, IL 60115  
815-756-9577

### **DeKalb Park District**

The DeKalb Park District provides many recreational and athletic programs for children and adults in the DeKalb community. There are 44 parks in the district, including over 20 neighborhood playgrounds and 4 shelter houses with restrooms available for rent. The Kishwaukee Kiwanis Pathway System is linked to parks throughout the district. Numerous large motor activity classes are offered for young children.

Website: [www.dekalbparkdistrict.com](http://www.dekalbparkdistrict.com)

Contact: 1403 Sycamore Rd.  
DeKalb, IL 60115  
815-758-6663