

zero to three news



DIRECTOR'S DESK

Campus Child Care
division of student affairs

I hope everyone had a little time to relax during spring break. Now it's time to gear up for the second half of spring semester. I think everyone is looking forward to longer days, warmer temperatures, and spending more time outdoors!

April is always a busy month for us. The teachers are preparing for parent conferences so be sure to sign up for a time to meet with them to discuss your child's progress and development. We will also be celebrating Week of the Young Child during the week of April 20. We will invite parents to participate in a variety of ways so look for more information in the upcoming days and be sure to keep checking our Web site calendar.

Last month I wrote about the importance of allowing young children to learn and develop through play-based experiences. This month, I would like to touch on the importance of early intervention. It is so important for parents to seek help for their children when needed. Making sure they can see (vision), hear, and speak (language development) properly are essential first steps. I discovered my son had a vision problem at age 9. A doctor told me it was probably too late to correct his lazy eye, but I was so distraught by the late diagnosis that I was determined to do whatever I could to help him. It is probably no coincidence that my son, although he could read, did not seem to enjoy picking up a book for pleasure, until his vision problem was diagnosed and treated. I still don't know whether to credit the patch he wore to strengthen his weak eye, or the beginning of the Harry Potter series with his new enthusiasm for reading! Either way, I now have a success story; a nineteen-year-old who can't understand why everyone doesn't love to read. So, when our teachers make referrals to specialists and outside agencies, please listen to their advice. You will be helping your child immensely by seeking help now and monitoring their progress. Sometimes there is a missed opportunity and there may be a price to pay down the road. Next month I will talk about early intervention as it relates to developmental delays.

We are already starting to think about summer enrollment. Janene will be sending out the summer and fall semester application at the same time, so be sure to get yours in by April 27. We will save your spot if you decide not to attend in summer but will return in the fall; but we can only do this if you submit a fall application before we start enrolling new families. We do not know yet if the university will be closed on Fridays, but since they have done this for so many years the application



Student Worker Jennifer reading a book to Katherine and Ella.

April 2009

In this Issue:

Infant Room

Book It
WOYC
Parent Conferences
Classroom Highlights

Toddler Room

Thanks to Amanda's Dad!
Book It
WOYC
Parent Conferences
Dramatic Play Highlights
Moving Up Process

Two / Threes—1 Room

Dramatic Play Highlights
WOYC
Parent Conferences

Two / Threes—2 Room

"All About Me" Posters
Curriculum Highlights: Dramatic Play;
Science; Language; and
Cognitive Activities

Other

Parenting Series
Classroom Photo CDs
Northern View Community
Calendar of Events
Non-Trad Office
WOYC Information



will reflect a Monday—Thursday schedule. As usual, we will open the school-age classroom for children ages 5-8 years. We look forward to having some of our 'old' friends return for the summer. We typically move our kindergarten-bound children into the school-age room for the summer. More information about summer will be in the May newsletter.

Everyone will receive a program evaluation in your parent pocket and staff feedback forms are available in a stand by the pockets. Feel free to fill these out and return them to the drop box on the front counter. We appreciate feedback we receive from parents so we can see the areas in which we are doing well, as well as where we may need to improve.

We have a new feature on our Web site. We've added numerous articles, relating to children's development, under the 'Parent Resource' section (many of which were written by our own teachers). We have also added some links to a variety of educational Web sites, in addition to local and community resources/agencies. We have a calendar where we post all upcoming events, along with important dates (Interim periods, billing dates, semester start and end dates, etc.). Please take a look at this valuable information and let us know on the program evaluation how useful it is to you so we can make adjustments, if needed.

As a note of interest, I am a Deputy Registrar and can register anyone over the age of 18 to vote as long as you have 2 forms of identification (one needs to have your current residence listed). The registration period has been closed but will reopen on April 9.

We hope to see lots of involvement from our parents in the weeks ahead, between parent conferences and Week of the Young Child. It's very exciting to see when parents visit their child's classroom to share a special talent or activity. We recently had a parent who taught a two's class some simple yoga positions and another who shared video segments of the garbage and recycling process; both were great! Feel free to talk with your child's teacher if there's something you would like to share. Happy Spring (it's official now)!!

Chris Herrmann
Director

Parenting Workshop Series

Join us for dinner (school-age classroom) from **5:00-5:30** pm and a workshop presentation (large motor room) from **5:30-7:00** pm. Child care will be provided during the workshop. Parents must sign up in advance (with Janene); the workshop will be limited to 20 participants. All participants will receive a backpack (one per family) filled with lots of great resources (children's books and music, gift certificates, parenting book, board game).

April 8 — "Raising Children with Character"

April 16 — "Establishing Routines"

April 28 — "Using Communication to Invite Cooperation"

ASSISTANT DIRECTOR'S DESK

Hello families and happy spring! The weather has not been very "springy" (as it is currently 40 degrees as I write this....brrrr!) and I am hoping we are in for a better month of April than we had in March! Luckily the children have gotten a few good weather days to play outside despite the mud. With the recent time change, the children have been sometimes able to get outside again in the late afternoon to get some fresh air.

Parent Conferences are quickly approaching. Soon your child's teacher will have a sign-up sheet available for you to choose a time to meet. This is a great time for parents and teachers to meet and talk with no interruptions. The teachers go over a lot of valuable information about each child including a Child Development Summary (assessing their growth and development) as well as the recent additions to the portfolio. Teachers also use this time to go over any concerns they might have about your child's development. As Chris mentioned, we will refer parents to outside agencies or resources if we feel the need. Common referrals are the NIU Speech and Hearing Clinic, your child's pediatrician, and Family and Child Connections. Always let us know when you have followed up with a referral from your child's teacher; it is helpful for us to know what is going on. As a reminder, I like to sit in on several conferences as this gives me a chance to connect with families and learn more about your child.

This time of year starts the process of transitioning the children to the next classroom. In the late spring semester, the children from toddler, and 2/3s classrooms will be "visiting" next age classroom during small intervals of time throughout the rest of the semester. Toddlers will visit the 2/3s rooms and the 2/3s children will visit the preschool classrooms. When the actual transition of moving to the new room happens, at the start of the summer semester, those children will have had a good introduction to the rooms.

Enjoy the rest of the semester and I wish you all well in your classes and at your jobs. My door is always open; come in for anything!

Lisa Schmidt
Asst. Director



REMINDERS

- Summer and Fall child care applications are due by April 27.
- Please remember that enrollment is a two step process. First you fill out the application to request care and then you receive a contract packet to be signed and returned confirming your space. The **Contract needs to be signed and returned by the deadline to save your child's space** for the upcoming semester.
- The last day of spring semester is May 8. Full day care is available during Interim (May 11—June 12); applications are due by April 10.
- Child care bills must be paid in a timely manner to maintain enrollment in our program. Child care is terminated if two consecutive payments are missed.
- Please do not leave your car running in the circle drive. This is an illegal and very unsafe practice.
- For tax purposes, our FEIN# is 36-6008480. **We do not distribute statements regarding your child care payments.**

INFANT ROOM

Happy Spring!

Thank you to those who were able to attend the Family Night. We understand you are all very busy but appreciate spending time with you enjoying a meal and making the take home activity. We have one every semester so if you could not make it, there is always next semester.



We are continuing to participate in the Book It! Program. The poster is starting to fill up with the titles of books you have read to your child. Please continue to list the titles on the cut outs and put them on the poster. In conjunction with the Book It! Program we invited parents to bring a book from home to share with our classroom at either drop off or pick up time. We continue to extend the invitation to you this month. We hope you can spare a few minutes to participate.

This month we will be celebrating Week of the Young Child April 20 - 24. Center wide activities are being planned as well as activities in individual classrooms. During that week we would like to extend an invitation to you to read a book to the classroom, participate in an art activity, take a walk or spend some time in the classroom. Last month we requested a white t-shirt for decorating. We will decorate the t-shirts here at the center and leave them here until the day we will all wear them. We have already started decorating them so if you have not brought one in for your child yet there is still time before WOYC. During that week we would also like to invite you to play a game called *How Well Do You Know the Infant Room*. You should be getting an invitation soon to participate in the center wide activity.

We want to remind you our parent conferences are scheduled for April 6 -10. If you scheduled a time to meet with one of us you should have already received the preconference form. This form serves as a reminder for the conference on the top half and the bottom half of the form is for you to complete and return to us by the date indicated. It helps us prepare for your conference by knowing some questions you may have ahead of time. We look forward to meeting with you. We put a lot of time preparing for conferences so please keep your scheduled appointment.

What have we been up to in the infant room? Well... the children have been extremely busy. Some of the most popular activities have been the garden area, shape sorters, reading books, singing songs and the soft climber. Most of the children are drawn to the garden. They pull them selves up, sit and climb over it. The mailbox draws a lot of attention because the door opens and closes. The shape sorter is an activity that all children can enjoy. Some of the children are mouthing the shapes while others are putting the shapes in the buckets with either with or without the lid on it. Anytime through out the day you may notice at least one child in the book area exploring the books. The climber provides a safe appropriate place for the children to use their natural interest in climbing. You are welcome to visit to see what your child does throughout the day.



Classroom Photo CDs

We will be selling CDs with photos of the children from each classroom for \$5.00, starting April 20. Children who do not have permission will not be included (anyone who checked no 'personal' use of photos on the original enrollment form). Please see Janene if you would like to purchase a CD.

Reminders:



- With spring weather being so unpredictable please have warmer and cooler weather clothing at the center for your child, this includes outdoor clothing. The temperatures can be in the 30s in the morning but warm up dramatically by outdoor time so please have a lighter weight jacket here as well. If you have not already done so please have sunscreen, sun hat and sun glasses for your child.
- In order to help reduce the spread of germs here at the center, we have a policy of all staff and children washing hands upon entering the classroom. Please help your child wash his or her hands when you drop off in the classroom.

- We are still collecting family photos to display in the classroom. You can bring in family photos or email them to Janene and we can print them.

Kellie Fuss
Head Teacher



TODDLER ROOM



We've really been enjoying the warmer weather and being able to spend more time outdoors! Hopefully April isn't too wet so we can continue to get outside as much as possible! Please keep your child's boots here; we will continue to wear them outside when it's muddy. April is another busy month here for us, Book It continues, Week of the Young Child is April 19th through 25th, and then we will be meeting with you for Parent Conferences April 27th through May 1st.

Thank you Mark, Amanda's Dad for taking the time to record and share with us a video of the different Waste Management Trucks! Our class has been fascinated with any and all types of large trucks so we were excited to see the different garbage and recycling trucks in action!

Northern View Community

Northern View invites you to join our community this fall for the 2009-2010 school year. Our newest addition to on-campus housing, Northern View Community, is designed for students who are married, have a domestic partner and/or dependent, are graduate or professional students, or are undergraduate students at least 22 years of age. We are comprised mostly of two-bedroom apartments and rent includes all utilities, Internet, and cable. No security deposit is required and financial aid packages can be utilized. For more information, follow our NVC link from the Campus Child Care homepage, visit our Web site at www.niu.edu/northernview, or give us a call at 815.752.VIEW. Northern View Community; all the comforts of home with the convenience of hassle-free, on-campus living.



Thank you for participating in the Book It program. Your child received a coupon for a free personal pan pizza from Pizza Hut. Reading with your child helps with language development, early literacy skills, a love for books, and is great for bonding and spending time together! We spend a lot of time reading in the classroom with the children in small groups and individually. They've shown us that they love being read to and interacting with books! Book It continues through April, please keep reading with your child and adding the slips to our poster. You will be receiving another coupon at the end of April!

Thank you for joining us for Family Night! We hope you enjoyed spending time with your child and other families in the classroom. The children have been starting to recognize some letters such as the first letter in their name, especially when we're writing it on their artwork everyday and they are showing interest in it. You can help them to recognize that print has meaning when you're driving in the car or out shopping. Point out signs to different places – I'm sure that some already recognize McDonald's! When children see signs that look the same at familiar places they begin to realize that print has meaning.

WOYC (Week of the Young Child) is April 19-25th. The theme is *Bring communities together for children – Children bring communities together*. We would like to invite you into our classroom to help your child decorate an outline of themselves. We will be tracing the children's bodies and would like you to help them fill in their characteristics! We also invite you to come in and share a snack with us, to read a story with the class, or to help with an art activity! Let us know how you would like to participate, or if you have any great activities! Look for more information to come.



Sarah and I will be meeting with you the week of April 27th – May 1st for parent conferences. Please sign up for a time with your child's primary. We will be sharing with you their portfolio and a child development summary. We will also be showing you more resources that are available in the center. We spend a lot of time putting the information together throughout the semester and look forward to sharing it with you! The sign-up sheet will be available in early April.

In the classroom we recently had a grocery store. We had pictures of different stores up and the children seemed to recognize familiar ones. The children spent a lot of time choosing items from the shelf and filling their grocery carts! Another place to help your child recognize print is at the grocery store – I think they all recognized the box of Cheerios! As we played in this area we also demonstrated taking our groceries to pay for them, talking about money, taking them home in shopping bags, and then putting them away in the house. Giving them an opportunity to explore a real life experience through play can make a trip to the grocery store more meaningful. I know that taking your child grocery shopping can be a challenging experience, but giving them an opportunity to be involved in the experience can make it easier. When you take your child shopping with you, give them the opportunity to help make choices – when you're making the list ask them what they would like to buy. You can make them a picture list by drawing or cutting out pictures of items they can look for in the store. You can also give them a choice between two items while at the store that you're comfortable with them choosing either one – example if you plan to buy cereal let your

child choose between Cheerios and Kix, both nutritious choices, but your child will feel better having been the one to make the decision; or if you're buying yogurt let your child choose strawberry or blueberry. At my house, I'll make a list and tell Carter before we go that we're only going to buy what's on the list, that way if he asks for something that I don't want to buy I say, it's not on the list. It's not always going to prevent a problem, but there's less of an argument at the store because he knows the expectation, and I include him when making the list so he'll know that there are some things that he enjoys that we will be buying. If you need any more tips on outings with your child please ask!

As we approach the end of the semester we're getting closer to moving up to a Two's/Three's classroom! We will all move up at the same time, meaning that as you know children have not been moved up individually as they turned two. We will begin visiting with the children so that they can become familiar with the classrooms. The Two's/Three's Classrooms follow a very similar schedule to ours and we have already been preparing for this transition by offering a low table in the classroom for children to sit and do puzzles, and other fine motor activities, and we have also been drinking out of open cups as the children get older! We will talk more with you individually about this during conferences, but please talk to Sarah or me if you have any questions before then!

I hope you enjoy the beginning of spring, and that your schedules aren't too stressful as the semester winds down! We look forward to W.O.Y.C. and meeting with you at Parent Conferences!

Jen Young
Head Teacher

TWO/THREE'S—ONE ROOM

It's spring! It's spring! Spring has sprung. Judging by the activity level of the children; they are feeling it. What I mean by this is we are constantly being asked, "When are we going outside?" As we pass through the door to the playground we literally hear screams of "Yea!"

Playing inside has proved to be fun, too. Stefanie helped the children put the drama in Dramatic Play. She set up a stage, had boas, dress-up clothes, shoes, hats and even microphones available for our performers. We were surprised to see how many creative artists there are. Hannah completed every song ever sung in our room. Alexis and Grace shared the stage for a line of duos. Carter, Kade, Jared, and Graeme especially enjoyed wearing the hats and shoes. Kade, Elisabeth, William, Michael, and Natalie were a bit uncomfortable being in the spotlight. Instead, they dressed-up, sat on the couches, and ate pretend popcorn. The children have spent much time being creative and inventive.





Dramatic Play is such an important part of a child's world. It encourages social interaction between children. It allows children to explore adult roles at work and at home. Dramatic Play helps children make sense of gender, and hopefully avoid stereotypical limits. By this I mean that a child can wear a sparkly blue dress and get a sense of what color, texture, and swirling in loose clothing looks and feels like. A child can have an endless opportunity to be creative. The pan a teacher sets out in a Cooking Center can become a musical instrument or a vessel for holding paper tickets to take on an imaginary airplane. Most of all Dramatic Play helps a child become comfortable in acting out the events in the world in which they live. It gives them a base to have control of this world.

Dramatic Play of course is not limited to just this area of the room. It is an all day ongoing way of playing and a natural and important part of a child's world. It occurs when children make up hide and seek games on the playground. Children engage in Dramatic Play when they decide what to build in the block area. As other children enter that space, more drama is bound to occur. Especially since two's and young threes tend to be pretty dramatic.

I encourage you to help your child create a Dramatic Play box at home. Have your child pick out a few articles of clothes, household goods, etc. Let them be in control of emptying the box, playing, and putting the items back in. Your job will be to let them be the director of play; whether they want to play alone or have you join them. Happy Drama!

The Week of the Young Child is quickly approaching. Stefanie and I have chosen to help our children celebrate by decorating a pot, and placing a spider plant in it. This will be our gift to your child. We invite you to come in and help your child with this special activity. A sign-up sheet will be available to do so.

Also, some parents like to help us honor this special week by doing a planned activity with our group. In the past parents have read to children at Group Time, played an instrument for our listening pleasure, joined us for a meal, led a cooking or art project, and ran around with us on the playground. Let Stefanie and I know if you would like to do any of these. You also may have your own idea for a fun experience. Share it with us. We can set up a time and day. THANKS!

Parent Conferences are quickly approaching. Please watch for the sign-up form. We are required to do a conference for every child in our room. This is a time that Stefanie and I look forward to. It is a nice way to relax and share the Picture Portfolio, Child Development Summary, and the amazing progress your child has made during the course of this year or semester. It also gives parents the opportunity to share amusing anecdotes about their child, or voice any concerns. We will be talking soon!



Thank You:

- Several parents saved milk bottle caps for a counting activity. These were used for a make and take home game at our Family Gathering.
- We appreciate that our families (parents) took the time to join us for our Family Gathering. Sharing your food and conversation was a wonderful way to keep us connected as a home and school family.
- Kade's mom (Jennifer) donated some glittery alphabet stickers that we have used for art and math experiences.



Keep the happy thoughts of spring in your heart!

Kathy Coffman
Head Teacher

Calendar of Events



April 6, 4:45-6:15 p.m. — **Good Evening Huskies** — Commuter and Npn-Traditional Student Services is providing snacks and beverages for commuting students in the main entrance of **Dusable Hall**.

April 22, 4:45-6:15 p.m. — **Good Evening Huskies** — Commuter and Non-Traditional Student Services is providing snacks and beverages for commuting students in the main entrance of **Gabel Hall**.

April 8, 16, 28 — **Parenting Workshop Series** at CCC

April 16, 1:00-2:00 — **'Lunch 'and Learn'** Nutrition workshop (more info will follow)

Week of the Young Child

April 20— **Dessert Day** — parents are invited to bring in a treat for the CCC staff.

April 22, 8:00-9:00 am — **Breakfast for parents/families**—join your child in his/her classroom for a breakfast of eggs, muffins, and fruit before you head off for a busy day!

April 23, 9:30 — **Fancy Day** — an **opera singer** will be here to perform for the children in the large

TWO/THREE'S—TWO ROOM

Dear Two/Three –Two Parents,

It is so hard for me to believe that I'm already writing the April newsletter. Time seems to go by faster and faster every year. We have had so many exciting things happen in the past month- I'm not sure where to start!

Some of our friends have finished their ALL ABOUT ME posters and we have them in the hall way for everyone to see. When we run out of room in the hallway we will put the others on the observation door. As soon as you get your poster done, bring it in so we can talk about it and hang up. This is a wonderful opportunity to work as a family. Remember it can have drawings, photos, stickers, what ever your child wants. This is a poster about them and the poster allows them to express their likes and information they know about themselves. If they don't have an answer for something- just leave it blank and this can be something you talk to them about so they can figure out an answer. For example, if they don't know what their favorite color is, show them a variety of colors and have them pick one. If they don't know what they want to be when they grow up, go to the library and select books about community workers to read to them. The most important thing about this project is to have FUN!

In our Dramatic Play area, I'm sure you all remember having the Rock -N- Roll stage! The children loved having all the different instruments and the microphones to sing on stage. Most of the children could not perform with out their shades on. Our class does not lack imagination or energy! For about a week or so we had the astronaut materials available. I always seemed to be the one stuck out on a planet or floating in outer space and in need of a rescue. The books we have available about our Solar System have gained the attention most of the children. They also like to wear the helmets and space suits. In the Dentist Office we have gloves for the children to where when they are checking teeth and gums. We have two great stories called *The Tooth Book* and *The Mixed -Up Tooth Fairy* that the children really enjoy. When we are finished with the dental care materials the children will get a toothbrush to take home.



Science activities have been exciting now that the weather is getting warmer. We had absorbent crystal to watch grow fat and squishy. Some of the children took some home. When the crystals dry out you can add a little water to them and they will become squishy again!!! We will plant bean seeds in plastic bottles and watch them grow. We had to do something that was somewhat fast while we waited for our flower seeds to sprout! We will have worms for the children to watch and touch. When we are finished with them, we will put them outside to help our garden grow.

For our Language/Literacy activities, we have put out favorite stories that have been turned into velcro stories. We love these activities because they promote memory skills, creativity and they build vocabulary. Some of the children's favorites are *Silly Sally*, *5 Little Monkeys Swinging in a Tree*, *Brown Bear, Brown Bear What do you See?*, *Polar Bear, Polar Bear What do you Hear?* Some new stories we will be sharing with the children are *Where the Wild Things Are*, *The Napping House*, and *The Very Hungry Caterpillar*.



Cognitive Activities - Our children LOVE puzzles- so we have found huge floor puzzles for the children to challenge themselves with. We have introduced sorting objects by their size. We want the children to recognize the difference between small and big, and if they really catch on, we will add a middle size.

Thanks for coming to the Family Gathering on March 25th. The food and camaraderie was excellent. We hope you are enjoying the folder game you made.

Reminders:

- Parent conferences are April 13-17. If you have not signed up yet or can not find a time that works for you, please talk to your child's primary and we will work something out.
- Week of the Young Child is April 20-24. We would love to have ALL parents come in to read us a story, do a cooking project, teach us a new song, play an instrument or show off any kind of talent. We will be making a special project with the children and if you want to come in and help that would be great. Please let us know what day and time works best for you. This is such a fun week for all.

Sherie Newman
Head Teacher



Student Coordinator Positions in Commuter and Non-Traditional Student Services

Student Coordinator Position: Available Fall 2009. Are you a student looking for leadership opportunities or interesting ways to earn a little extra money? We are hiring up to four students to serve as Student Coordinators for the 2009-2010 academic school year.

Commuter and non-traditional students make up a large portion of our student body. We understand, however, that being a commuter and/or non-traditional student presents many challenges. To help provide programs and services for this large population, we are looking for a few key student leaders to serve as Student Coordinators. This position entails program planning, outreach, marketing, a little research, and office duties. Student Coordinators host programs and luncheons, greet and assist students in the office and contribute new ideas to best support students. Serving as a Student Coordinator is a paid position (minimum wage) and offers up to ten hours of work weekly. If you are interested in learning more about this leadership position please contact Jill Zambito, Director of Commuter and Non-Traditional Student Services at 815.753.0100 or zambito@niu.edu. (Applications are due on Monday, April 20, 2009).

Week of the Young Child

April 19–25, 2009

Bring Communities Together for Children Bring Communities Together



The Week of the Young Child (WOYC) is an annual celebration each April sponsored by the National Association for the Education of Young Children, the nation's largest organization of early childhood professionals, with more than 100,000 members. The purpose of this week is to focus public attention on the needs of young children and their families and to support the early childhood programs and services that meet those needs.

Childhood is a time of enormous opportunities—a time when children grow, learn, strive, dream and build the foundations for their futures. Every moment of a young child's life is a chance to learn more about the world, to develop social skills, and to gain critical knowledge and abilities. These early experiences lay the groundwork for all later learning, and help children succeed in school and beyond.

As parents, teachers, policymakers, community leaders, and concerned adults, we all share responsibility for making sure young children get the most out of those opportunities. It's up to all of us to make the early years count.

During WOYC, we will be playing a DVD titled, "**Unconditional Parenting**" by Alfie Kohn, in the front lobby. We hope you will take a few minutes to listen to his views on successful parenting. We will then allow parents to borrow the DVD so you can watch the entire presentation (2 hours).

Alfie Kohn is a renowned expert in education who has authored many books. He believes that traditional discipline doesn't work. So what does? Most advice for parents begins with the question, "How can we get kids to do what they're told?" – and then proceeds to offer various techniques for controlling them. In his landmark book and DVD *Unconditional Parenting*, Alfie Kohn begins instead by asking, "What are our **long-term goals** for our children?" it follows that we need to work *with* them, rather than doing things *to* them, in order to reach those goals.

Kohn argues that punishments (including time-outs) and rewards (including positive reinforcement) may sometimes produce **temporary compliance**, but they do nothing to help kids grow into responsible, caring, ethical, happy people. Moreover, he suggests that permissiveness is less worrisome than a fear of permissiveness that leads us to over control our children. Kohn concludes with **ten important guidelines to help viewers reconnect with their own best instincts as parents**.